

# DECOMPRESS AND PRESS



**4 Chiropractic Sessions**

**Save 35%**

**8 Personal Training Sessions**

**Reg.  
\$840**

**\$540**

Work with registered Professionals to get the most out of fitness. Decompress and Press is a 2 month program that combines a Nationally Accredited Trainer and Licensed Chiropractor to maximize your potential.

- ***No Memberships***
- ***No Hidden Fees***
- ***No Long-term Commitments***

## **Contact Information**

***ENCOMPASS FITNESS***

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