



A STEP-BY-STEP GUIDE TO HELP YOU PREPARE FOR YOUR WEDDING DAY BEAUTY — CREATED BY GOLDEN VEIL BRIDAL LLC

6-12 MONTHS OUT — FOCUS: HEALTHY HABITS

- ☐ Establish a consistent skincare routine (cleanser, moisturize, SPF)
- ☐ Schedule dermatologist or esthetician consultation if needed
- ☐ Begin regular trims and weekly deep-conditioning treatments
- ☐ Hydrate, eat well, and prioritize rest
- ☐ Book your dream beauty team early (hair + makeup)
- ☐ Experiment with new color or haircut now — early enough to adjust
- ☐ Save inspiration photos that feel authentically you

WEDDING WEEK — REST & REFINE

- ☐ Wash and blow-dry hair the day before (unless advised otherwise)
- ☐ Skip heavy oils, masks, or deep conditioners
- ☐ Stick to calming, familiar skincare only
- ☐ Stay hydrated, eat balanced meals, and rest well
- ☐ Pack a touch-up kit: lipstick, powder, blotting papers, bobby pins, hairspray
- ☐ Exhale — your beauty team has you covered

3-6 MONTHS OUT — REFINE AND MAINTAIN

- ☐ Schedule bridal hair and makeup trials; bring accessories or extensions
- ☐ Continue your skincare routine — consistency over change
- ☐ Book gentle facials or treatments approved by your esthetician
- ☐ Maintain trims, glosses, and color adjustments
- ☐ Confirm extension color match and care plan
- ☐ Stay mindful of hydration, nutrition, and stress levels

OPTIONAL ADD-ONS — FOR THE EXTRA DETAILED BRIDE

- ☐ Silk pillowcase or satin wrap for overnight hair protection
- ☐ Gentle body exfoliation or hydrating mask a few days before
- ☐ Practice a quick touch-up routine with your MUA or stylist

1-2 MONTHS OUT — FOCUS & PROTECT

- ☐ Finalize all beauty appointments and timing
- ☐ Keep skincare gentle — no new products or aggressive treatments
- ☐ Test tanning, lash lift, or brow services early this month
- ☐ Book final hair color or gloss 1-2 weeks before the wedding
- ☐ Clean, dry, and store extensions ready for the big day
- ☐ Maintain healthy habits — sleep and water matter most now

FINAL REMINDER

You've cared for every detail — now it's time to let it all come together. Your prep, your patience, and your trust in the process will shine through in the most effortless way.

On your wedding morning, take a breath, slow down, and soak it all in. You've done the work — now your only job is to enjoy it.

GOLDEN VEIL BRIDAL — TIMELESS, EFFORTLESS, AND UNFORGETTABLE. BECAUSE IN THE END, IT'S ALL IN THE DETAILS.