

Post treatment 1540 non-ablative resurfacing

- Immediately post treatment, expect **moderate swelling** and **redness** of treatment area, this generally resolves in 1-5 days sometimes longer.
- **Avoid** using any **cosmetics** in the treatment area for **24hrs** unless advised by your technician. You may use a gentle cleanser or rinse with water when showering. Gently pat dry with a clean towel. You may apply Laser Enzyme gel immediately post treatment as needed for the first 24hrs.
- Once the treatment area begins to heal, some **itching** and or dryness may occur. Use of an OTC **1% hydrocortisone cream** with moisturizers provide relief. Those prone to acne breakouts should avoid oil based products and make-up cosmetics for 3-5 days post treatment.
- **Breakouts** are a normal side effect for some after the treatment. The skin may form of pustules. Do attempt to pick or extract pimples. Keep the area clean and you can use vinegar soaks (1 tsp vinegar to 2 cups chilled water on wash cloths). Pustules should resolve on their own in 3-5 days. If condition seems to worsen talk to your primary physician about prescribing an oral antibiotic to clear.
- **Avoid over heating** the skin, strenuous exercise, and excessive sweating 7 days post-treatment.
- One week post-treatment start your regular skincare program. Skin may have a mild rough texture up to 3 weeks post-treatment until scab debris clears. This texture is usually not noticeable by others and is the normal healing process.

Before applying products post-procedure, test spot on a small area of treatment site, wait 5 minutes. If no irritation occurs apply to the rest of treatment area. If irritation occurs, remove products with water and a gentle cleanser. Wait another 24 hours then test products again.

Best results are achieved in a series of 4 treatments every 4-6 weeks. New skin will begin to form and keep regenerating up to 6 months post a treatment series. It is essential to avoid injury and direct sun exposure at least 4- 6 months to avoid post procedure hyperpigmentation. Touch ups are recommended every 6 months to a year to maintain results.