

Post-treatment PicoSure Skin Renewal

Post-treatment expectations:

- Redness typically resolves in less than an hour but in some cases may linger for 24-48 hours or longer.
- Frosting on pigmented lesions usually fades in 30 minutes.
- Unwanted pigment will continue to darken and may turn 2-3 shades darker than original color for the next 5-10 days. The pigmented lesions will typically shed or fade for the next 10-30 days.
- Most unwanted pigment will significantly lighten or clear in 2-4 treatments.
- Skin revitalization, collagen and elastin production typically seen 6 months from the successions of 4 treatments.
- Hypopigmentation may occur when treating epidermal pigmented lesions. It is usually transient and resolves over a 4-6 month period.
- Post-inflammatory hyperpigmentation and or hypopigmentation may occur with any laser treatment. Typically both resolve spontaneously without any intervention in 6-12 months.

Post-treatment instructions:

- Warmth or heating sensation is expected and will last for about 1 hour.
- A light swelling or redness of the treated area may occur after treatment.
- Cool the skin post-treatment as needed with cold gel/ice packs (place towel in between skin and ice), cool gel, and or cool air.
- Wash the treatment area gently with soap or cleanser. Apply moisturizers for sensitive skin as needed.
- Avoid exfoliating products / retinol or any products that may irritate skin for 7 or more days depending on sensitivity.
- Do not soak or shave the treated area and avoid heat in the treatment area for the next 24-48 hours.
- There may be a slight bronzing of the skin noticeable 3-10 days post-treatment that will resolve without intervention.
- For some patients breakouts may occur after treatment, consider waiting 24 hours before applying any topical products.
- An itching sensation may occur along with red blotching breakouts 1-5 days post-treatment, Oral antihistamines, topical 1% OTC hydrocortisone will help resolve these side effects. This is a normal response for some to the treatment.