



Pre-treatment Instructions Chemical Peel

Before Your Treatment

- Avoid systemic acne treatment products such as accutane or Differin 3 months prior.
- Discontinue any retin A or Hydroquinone Products 3 days prior
- Avoid waxing, depilatory creams, Laser Hair removal or electrolysis one week prior.
- Botox or dermal fillers should be administered 2 weeks prior.
- Avoid direct sun exposure at least 1 week prior and use an SPF 50 or higher on a daily basis.
- Wait 4 weeks post-laser treatments in the same area, sometimes longer if major resurfacing has been performed.
- If prone to Herpes breakouts in the area being treated, talk to your doctor about preventative medication such as a prescription acyclovir. Chemical peels can stimulate a cold sore breakout in those with a past cold sore history.
- *** (Perfect Derma Peel includes a take home product kit for use while peeling)
- Post procedure kits are available for deeper PCA peels