

**Your Logo**

Welcome to the

**Your Business Name**

Your slogan or tag line

## Your Health & Well-Being

Our commitment to you and your family begins with creating a team that focuses on how to best serve our customer's needs, which is the foundation of our sustainable business model.

We all spend a lot of time at work. And creating a safe & healthy environment is of paramount importance to the agency. Our goal is to create a place that supports your health & well-being.

- ✓ Monthly lunch & learns on topics that include
  - Nutrition
  - Fitness
  - Stress
- ✓ Healthy snacks & cool water.
- ✓ 1 day off a quarter for you to volunteer for cause important to you.
- ✓ Access to [HWP Today](#) health & wellness resources.



## Our Mission

Our goal is to be recognized in our community as the best option when looking for a trusted insurance source.

- ✓ We will listen to our customers.
- ✓ Provide value-based solution for .
  - Protection (auto, home & commercial)
  - Financial (life & retirement)
  - Employee Benefits (health & supplemental)
- ✓ Respond in timely manner.
- ✓ Do the right thing.

## Employee Benefits

### Medical Insurance

- ✓ Contribution provided for you to help purchase health insurance, with access to resources to help make the best decision for your needs. .

### Dental & Vision Insurance

- ✓ Contribution provided for these benefits that includes routine exams.

### Paycheck Protection

- ✓ Disability and Accident benefits

### Life Insurance

### Identity Protection

- ✓ Protecting your identify from theft. In 2020 victims experienced over \$13 billion in fraud.

### PTO

- ✓ Time to rest, relax and rejuvenate

## HEALTH & WELLNESS CALENDAR

YOUR BUSINESS NAME

JANUARY 2023

### WALKING TOGETHER

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### 2023 Monthly Lunch & Learn Topics

*Month / Day*

*Resource / Description*

#### January

As we make our New Year's resolutions, this is an opportunity to review and discuss General Colin Powell's 13 rules to live by.

#### February

10- minute workout can do more than you think.  
Wall Street Journal.-

#### March

Keep Sharp. Build a Better Brain at Any Age  
Book Review.  
Dr. Sanjay Gupta

### *It's about the process.*

*You don't have to be a football or sports fan to pick up some tips from successful coaches and athletes. Here are some words from University of Alabama Football Coach Nick Saban, after a loss, that can be applied to our efforts to be the best we can be at home, work & play.*

*"Stay focused on the process, not so concerned about the results you get, but what you've got to do to get the results you want."*