

SERVICE REQUEST

REQUEST FOR TRAINING

Organization Name - Contact Details

Number of Attendees



Service Request Form

DESCRIPTION

Emotional Health First Aid Mental and Emotional Health Strategies for Self Success. Topics of discussion, emotional health and wellness, anger, grief, resiliency, tolerance, anxiety, literacy and culture education, problem solving strategies for life skills success. Tips, skills and processes for real life application.

OBJECTIVE

To develop leadership capacity strategies for emotional intelligence and peace education. Land based learning, culture education solutions and strategies for self empowerment, mental and emotional health strategies for anger, tolerance, problem solving and resiliency.

OPPORTUNITY SOLUTIONS

A time to engage in round table dialogue and discussion with strategies and tools for self empowerment and implementation applied to your current situation. Arts therapy, culture education perspectives celebrating cultural diversity and peace.

DELIVERY OPTIONS - CHOICE

2.5 Hour Basic Workshop - Evening Workshop 6:30 - 9:00 pm - General

5 Hours Day Training - 8:30 - 3:30 pm - Educator - General - Division - Club - Armed Forces - Police

Min group 5

Max Indoor - Outdoor Pending COVID Restrictions

COST PROGRAM - PER PERSON

Day Training \$300

Evening Workshop \$50.00

Social Service Request - Pro Bono

Cost does not include text books or study aid's. Digital aids only.

Additional fees for trainer transportation, accommodation, .

Training Requirements - Internet, projector, screen