

Frankie Rowland's

s t e a k h o u s e

Virginia's Blue Ridge Restaurant Week Menu 2026

September 12th-19th

\$50 per person

Salad

Please Choose One

Fresh Mixed Greens

Fire Roasted Tomatoes, Red Onion, Feta Cheese, Crostini, Green Goddess Dressing

Classic Caesar Salad

Entrée

Please Choose One

Certified Angus Beef 10oz Center Cut Filet of Sirloin

Seared Filet of Salmon with Bourbon Pecan Sauce

Oven Roasted Airline Chicken Breast with Rosemary Beurre Blanc

Enhancements

Additional Charge

Lobster Tail ... \$49

Shrimp ... \$17

Crab Cake ... \$24

Scallops ... MKT

Oscar ... \$19

Béarnaise ... \$3

Bordelaise ... \$3

Peppercorn Sauce ... \$3

Side

Please Choose One

Yukon Gold Mashed Potatoes

Creamed Spinach

****No substitutions or splits on restaurant week menu. Does not include beverages, tax, or gratuity.****