

Walker Bag tote

Instructions based on YouTube video by Pat Tagliarini at Sew Journey

Needed: (1) 16" x 43" fabric front, (1) 16" x 44" fabric back/pocket, (1) 16.5" x 43.5" batting or fusible fleece; 6" Velcro

Quilt the front 16" x 44" fabric if using batting as desired, no need to quilt if using fusible fleece.

Place the two pieces of fabric right sides together and sew around the entire piece with an approximate ¼ inch seam leaving an opening for turning on one side, at least 5 inches wide.

Trim the corners to reduce bulk.

Turn right sides out, push out the corners.

Press flat with a dry iron.

Sew/top stitch a ¼ inch seam across the two short ends.

Cut the Velcro into (2) three inch pieces.

Mark the center of the sewn unit all the way across on the back side of the unit. Measure 4.5 inches on either side of the center line and 1 & ½ inches from the side and make a mark. This is the placement of the Velcro. Pin the Velcro in place horizontally and stitch with backstitch at the beginning and end for all 4 Velcro units (2 loops, 2 hoops). When finished, fold over to ensure they meet. You are almost done!

Next, fold up the short edge 8 inches or so on both sides to form the pockets, use clips to hold into place (fold an equal distance on each side). Sew the sides all the way across. Backstitch at the pocket opening to reinforce.

Sew dividing seams to divide the pockets on each side. Make sure they are at least 5 inches wide. You can make 2 on one side and 3 on the other side or however you would like. Having at least one large pocket ensures the user can carry a larger item such as a book/magazine.

Ta Da! You are done. Congratulations. The bag will provide a measure of independence to someone using a walker to safely ambulate.

Flying Needles Quilt Guild,
Diane Roberson

