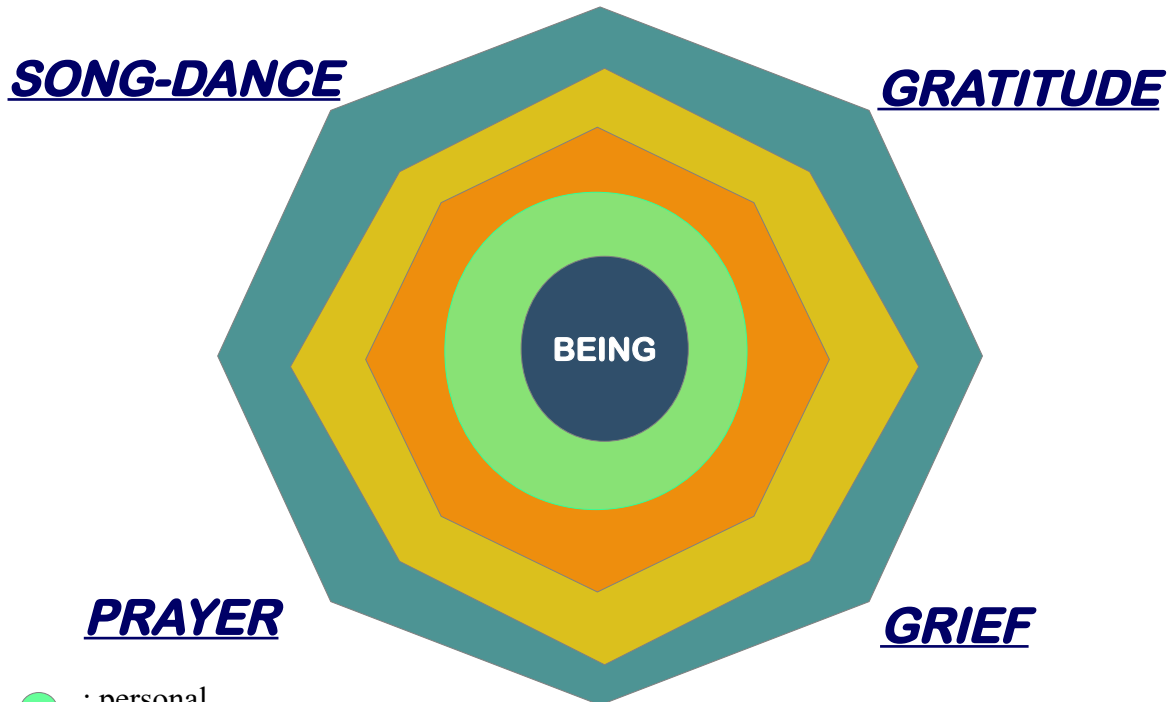


Harmony Homestead & Wholeness Center, Inc.

Prayer – A – Thon 2020

400 Days of Prayer: Thanksgiving Day 2018 to New Years Day 2020

Prayers to heal from racism, related systemic oppression, and to renew our sacred connection to the Earth from the inside out



- : personal
- : local community
- : global human community
- : global wildlife-human community

Prayer Wheel

1. Start at the center of the wheel, take time to simply observe BEING, without any agenda
2. Spend a quarter of your time on each section, *uniquely and naturally as it flows for you*:
 - offer **GRATITUDE** for each area of our communities: personal life, local community, global human community, then wildlife-human community>> observe any **GRIEF** present for each area>> offer **PRAYER** for each area (optional: collective prayer list available) >> offer **SONG-DANCE** in celebration of this time spent with Divine
3. To close your time, return quietly to the center of BEING

JOIN THE CONTINUOUS FLOW OF PRAYER INTO 2020

- **Individuals and Families**: sign up for a day; **Organizations/Houses of Faith**: sign up for a week
~ contact shinebrightblack07@gmail.com
- **Ask friends** to join in prayer and sponsor your time with a tax-exempt donation to Harmony via PayPal
www.unveilwholeness.com

"THE FAMILY THAT PRAYS TOGETHER STAYS TOGETHER"