

Harmony Homestead &
Wholeness Center, Inc.
Berkshires/Columbia County, NY

Winter 2018/2019

Dear Beloved Community,

Great news! The wood frame glass greenhouse you helped us erect is doing all it can via passive energy collection to carry on growing greens this winter. We've had 3 degree temperatures at night, yet the greens continue!

Other great news is that we continue to lean into regular practice of the trauma-releasing tool Reevaluation Counseling (RC) and will continue prayer vigil and meditation this December with new staff support coming from the West coast. She brings skills in environmental advocacy and education, leading backpacking trips for POC youth and adults, as well as a passion for facilitating healing for women of color in water.

We are blessed to marinate in and share a bounty of gifts with the community.

Please join in the good news. We ask for your support in ways that flow joyously from the heart. Please consider underwriting an expense or offering an in-kind donation of the following (current season priorities in **bold updated for Winter 2018/2019**):

- A homestead/farm expense
 - **Small chainsaw**: \$150 or some portion _____
 - **Arbor materials**: \$300 or some portion _____
 - **Farm Carry-All**: \$2500 or some portion _____
 - **Farm shed**: \$1200 or some portion _____
 - **Outdoor benches/tents/tables**: \$500 or some portion _____
 - Chicken Housing: \$1500 or some portion _____
 - Solar power conversion: \$10000 or some portion _____
 - 3-Point tractor and implements: \$22,500 or some portion _____
 - Meeting hall and dormitory (Spring 2020): \$40,000 or some portion _____
 - Dug pond: \$7000 or some portion _____
- A structural expense
 - Property Insurance (annual): \$2500 or some portion _____
 - Electricity (annual): \$1200 or some portion _____

- Wood stove #2 flute conversion: \$300 or some portion _____
- Grounds Maintenance (annual): \$6000 or some portion _____
- An administrative and programs (annual) expense
 - **Wifi and Phone:** \$1100 or some portion _____
 - **Paid Staff:** \$30,000 or some portion _____
 - **Guest teachers/consultants:** \$8000 or some portion _____
 - Disaster/Crisis Relief Support: \$3000 or some portion _____
- Other in-kind donations
 - **Chest Freezer**
 - **Meditation/Prayer mats**
 - **Back-up projector bulb**
 - **CPA services**
 - **Carpentry services (all levels)**
 - Bunk beds (2-3 sets)
 - Gift cards from local vendors
 - House plants
 - Books on farming, homesteading, Earth-centered cultures and spirituality
 - Afro-centric and Earth-centric artwork
 - **Ceremonial items: incense, drums, flutes, other instruments**
- A retreat for one underserved community member:
 - 1 daylong retreat: \$40
 - 1 overnight retreat: \$80
 - 1 weekend retreat: \$150

Arrange for in-kind donation delivery or pick-up via email shinebrightblack07@gmail.com .

Easily send a contribution to our PayPal account on the website

<https://unveilwholeness.com/wish-list> .

Thank you for supporting harmony, wholeness, and the reparations needed to restore communal health between humans and Earth, between races, between body, heart, and soul. This work on one patch of the planet ripples out and synergizes with all the other healing communities and prayers around the world. You are in our hearts. Please keep us in yours.

Peace and Eternal Gratitude,

Harmony Homestead & Wholeness Center, Inc.

www.unveilwholeness.com