

# Short walks in Melton Mowbray

## Your details

We understand that you may want to keep some information private. However, by answering the following questions we can use it to improve services and support for specific groups.

Are you male or female? Male  Female

How old are you? 16-24  25-34  35-44   
45-54  55-64  65+

What is your ethnic group? White   
Mixed (e.g. White and Asian)  Asian or Asian British   
Black or Black British  Any Other Ethnic Group

Do you have any long-standing illness, disability or infirmity? Yes  / No

If yes, does this limit your activities in any way? Yes  / No

Would you like to receive information on physical activity sessions, walking and cycling in your area? Yes  / No

## Your contact details:

Forename ..... Surname .....

Address .....

Postcode ..... Contact Number .....

Email Address .....

**Please return the completed form to:** Access Officer, Strolls on your doorstep, Environment and Transport Department, Leicestershire County Council, County Hall, Glenfield, Leics, LE3 8TE

*The free prize draw will take place at the end of July, October, January and April – winners will be notified shortly afterwards. All entries to the prize draw must be submitted by an adult over 18 years of age. The decision of Leicestershire County Council is final and no correspondence will be entered into. Members of the Countryside Service are not permitted to enter the prize draw. Personal data supplied will be held on computer and will be used in accordance with the Data Protection Act 1998 for statistical analysis, management, planning and in the provision of services by Leicestershire County Council and its partners.*

H0928

## When out and about please observe the Countryside Code

- Be safe – plan ahead and follow any signs
- Leave gates and property as you find them
- Protect plants and animals, and take your litter home.
- Keep dogs under close control.
- Consider other people.

Published 2010



# Strolls on your Doorstep

This booklet contains 10 walks in and around Melton Mowbray, designed to introduce local walking opportunities. The walks range from a twenty minute stroll around a local park to a one hour forty five minute walk within Melton Country Park.

There is information and grading for each walk to help you decided which is most suitable for you. The times given are for guidance only and may vary according to your ability and whether you stop en-route. The easiest and shortest walks are listed first. So if you fancy doing something different, the challenge is to complete all the walks building up to over 34,370 steps, over 15 miles in total.

Please remember when walking to follow the countryside code and to wear appropriate clothing and footwear.

## MELTON MOWBRAY



### Key

Time	Distance (miles / km / steps)
<b>Type of surface/gradient</b>	
Flat	Gradual uphill
	Moderate uphill
<b>Difficulty</b>	
Beginners	Intermediate
	Advanced
Wheelchair Friendly	Pushchair Friendly
	Stiles / Gates
Toilets	Benches
	Play Area
Walking boots required, Muddy in places	Other Information

### Routes

- |   |  |   |
|---|--|---|
| <b>1</b> Melton Mowbray Town Estate         | <b>5</b> Melton Mowbray Town Centre and Estate | <b>8</b> South end of Melton Country Park |
| <b>2</b> Egerton Park                       | <b>6</b> Dalby Road, Ankle Hill and Parks      | <b>9</b> Rhubarb Island                   |
| <b>3</b> Baldock's Lane, River and Railways | <b>7</b> Kirby Fields Park                     | <b>10</b> Melton Country Park extended    |
| <b>4</b> Melton Country Park                |  |   |

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# Route 1

## Melton Mowbray Town Estate










A pleasant park with lots going on.

Start from the main gates of **Wilton Park, Wilton Road**, and walk straight ahead along the left hand path between the bowling green and tennis courts, then cross the bridge over the river. Take the left path alongside the river and continue around the **perimeter** of the park to eventually reach the rear of **St Mary's Church**. Carry on until you get to a path on your right hand side that passes by an avenue of trees. Cross the **black and white bridge** and follow the path with the river on your right to reach the road. Turn right to return to the start.

Start Here



### Route Information

 20 minutes	 0.7 miles / 1.1 km / 1570 steps	
 flat, tarmac	 Beginners	 Wheelchair Friendly
 Pushchair Friendly	 Benches throughout the route	 Play Area
 Parking at Wilton Park, toilets and a café at the start		

# Route 2






## Egerton Park

Escape to this open space, and watch the water wildlife.

Starting from outside the gates to **Wilton Park, Wilton Road**, turn left and walk away from the town centre towards the traffic lights. Cross the road with care and enter **Egerton Park** through the main gates. Take the surfaced track passing a pavilion on your left, until it ends at a second pavilion. Continue behind the pavilion along the water side. Keeping the river on your left, walk around the **perimeter** of the playing fields, until you come to the main **river bridge**. With the road on your left, return to main gates, cross the road and walk back to the starting point.



### Route Information

 20 minutes	 0.76 miles / 1.2 km / 1700 steps	
 flat, grass	 Beginners	 Parking, toilets and a café at the start

Route 3

# Baldock's Lane, River and Railways

Some of this interesting circuit follows the Jubilee Way

Start at **Baldock's Lane** where a broad path leads between **Numbers 43 and 45** to access the playing fields. Follow the surfaced path across the field to the children's play area then, pass under the **railway line**. A wide un-surfaced path leads right between the river and the railway line into a wooded area. Follow the main path parallel to the railway then cross the **bridge** over the railway lines, (note, steps at this point), to reach **Lowesby Close**. Turn immediately right along a surfaced path and continue as it crosses two roads to emerge onto **Branston Crescent**. Walk along the Crescent to its junction with **Baldock's Lane** and turn right to return to the starting point.



## Route Information



25 minutes



0.8miles / 1.3km / 1850steps



Flat, mix of tarmac, stone and some un-surfaced



Beginners



steps over railway bridge



Benches in Playing fields



Play Area in Playing fields

# Route 4









## Melton Country Park

This lovely Country Park has space, grassland, woodlands and water

Starting from the **Melton Country Park** car park, off **Wymondham Way**, take the path at the end of the Visitor centre and walk through the trees and over the **bridge**. Take the right hand path towards the **lake edge** and soon you will see the picnic area. Just before you reach the picnic tables take the path left and then right just below the **old railway line** and head through the trees. Take the path to the right that leads alongside the lake below the **dam**. At the end of the dam turn right, then after a short distance the path splits, take the left hand path to return to the car park.



### Route Information

-  30 minutes
-  1 mile / 1.6km / 2300steps
-  Flat, surfaced
-  Intermediate
-  Pushchair Friendly
-  Benches throughout route
-  Play Area
-  Parking, toilets and refreshments available at the start



# Route 5

## Melton Mowbray Town Centre and Estate

Enjoying the parks and gardens in Melton Mowbray

Starting at the **Corn Cross** walk along **Nottingham Street** to **Norman Way**, and turn right. After a short distance turn right again onto **St Mary's Way**. Following the footpath through the small park, then pass between the buildings to emerge onto **King Street**. Turn left and walk down the pedestrian street to the **Market Place**, then across to **Leicester Street** to join **Park Lane**. At the end go into the park and immediately turn right along the footpath. When it reaches the river do not cross the bridge but turn left along the bank to cross by the **next bridge**. On the far side follow the path straight on to emerge onto the road at the traffic lights. Re-cross the canal, then the road at the pedestrian crossing. Walk along the road into town, just after the river bridge a small gate on the left leads into the delightful gardens of **Egerton House**. Follow the surfaced path around them then return to **Melton Road**. Cross at the pedestrian crossing and walk straight ahead along **High Street** to return to the **Corn Cross**.

### Route Information



45 minutes



1.2 miles / 1.95 km / 2800 steps



Flat, tarmac and surfaced



Beginner



Wheelchair Friendly



Pushchair Friendly



Benches Various points en-route



Play Area in town parks



Parking, toilets and refreshments available at the start

A607 Norman Way

Nottingham Street

St Mary's Way

Car Park

High Street

Start Here

Leicester Street

Park Lane

New Park

Play Close

A607 Wilton Road



Route 6

# Dalby Road, Ankle Hill and Parks

Stride out up the hill out of the town.




Starting from outside the gates to **Wilton Park, Wilton Road**, turn left and walk away from the town centre towards the **traffic lights**. Turn left and take the surfaced path immediately to the left that descends to the **canal side**. Pass a bridge on your left and walk up hill across the swimming pool car park to **Dalby Road** and turn left. After passing **The Drive** cul-de-sac, take a footpath to the left between a fence and wall. This narrow path soon opens into a tree lined path to meet **Ankle Hill**.

Turn left and walk down the hill and over the bridge, crossing the river and railway line, before continuing into **Burton Street**. Just after the **Anne of Cleves** turn left to walk adjacent to the church to reach **Play Close**. Turn right following the surfaced path around the edge of the Park then cross the bridge to return to the start.

## Route Information

 45 minutes  1.27mile / 2km / 2850steps

 one long, gradual incline, tarmac


 Intermediate  Benches - within Melton Mowbray Town Estate Parks

 Play Area in Melton Mowbray Town Estate Parks

 Parking, toilets and refreshments available at the start


## Route Information

 50 minutes
  1.2 miles / 1.9km / 2700 steps

 Uphill across an arable field, tarmac and grass

 Intermediate

 Benches - within Kirby Fields Park

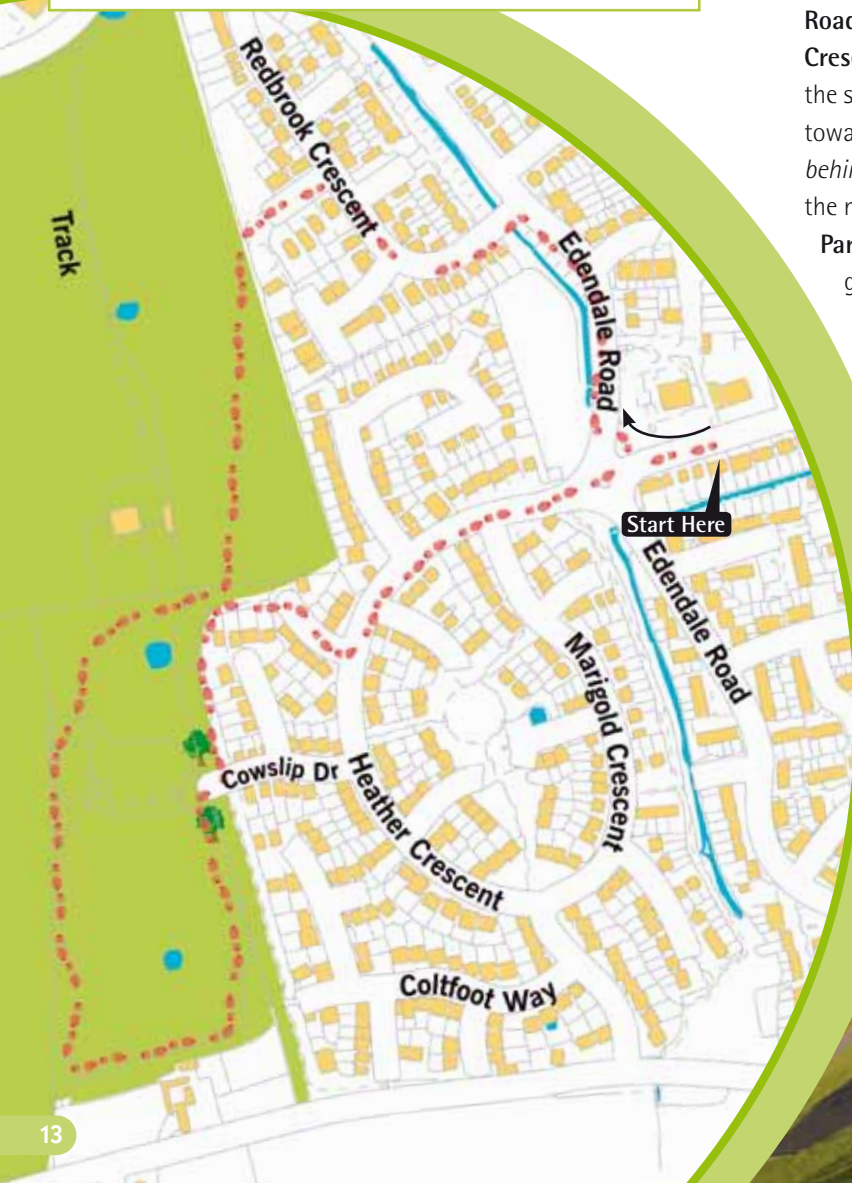
 Play Area - within Kirby Fields Park

## Route 7

## Kirby Fields Park

A rural walk and lovely play area on the South-West edge of Melton

Starting from the **Post Office** on **Valley Road** head towards the traffic island and turn right along **Edendale Road**. Cross over and take the first left into **Redbrook Crescent**. Take the second left into **Gilpin Close**, cross the stile at the end and head diagonally left up the field towards the **brick barn** in the top corner. *If you look behind you, there are good views of Melton.* Go around the metal barrier in the field corner and into **Kirby Fields Park**. Pass the pond on the left and aim for the hand-gate in the top right corner. With the basketball court on the left, walk the perimeter of the park and exit by the **big green gates**. Turn immediate left onto a **tarmac path** which leads to **Teasel Drive**. Walk down this short cul de sac then turn left into **Heather Crescent** and walk down the hill to the traffic island, the shops and start point.





# Route 8

## South end of Melton Country Park

Explore the Country Park on this route, then try making up your own route.

Starting from the small car park for **Melton Country Park** off **Redwood Avenue**, a surfaced path leads out towards the town and after a few metres splits. Take the left path and follow it alongside **Scaford Brook**. Turn left over the brook and skirt around the **allotment gardens**. Once at the dam follow the path slightly uphill and continue through the trees on the **old railway line**. In about 400 metres drop down to the right and follow a **path up hill**. Turn right at the top and walk **alongside the hedge** and the houses. When you reach a track, keep left and follow top route which is **Doctors Lane**. Shortly, take the track on the right to descend to a bridge over the brook and a **children's play area**. On reaching the rear of some houses, turn right and follow the path back to the car park.



### Route Information

 1 hour 30 minutes

 2.2 miles / 3.5 km / 5000 steps

 Undulating, surfaced

 Intermediate

 Pushchair Friendly

 Play Area - near Scaford Brook

## Rhubarb Island

Walk the old Melton Mowbray Navigation towpath and return along public footpaths.

Starting from outside the gates to **Wilton Park, Wilton Road**, turn left and walk away from the town centre towards the **traffic lights**. Cross the road with care and go through the kissing gate down to the **canal side**. Walk the length of this **canal stretch** with the water always on the right. After passing through several kissing gates and under two bridges you eventually reach a **bridge over the water**. Cross this and shortly cross another bridge over the **derelict canal lock**.

Turn right and follow the **track**, which soon bends left to run alongside the **railway line**. Turn right over the **railway bridge** and walk down **Sysonby Grange Lane** to the **church** on the right. Go through the black gates into the **church yard** and up the path alongside the church. Cross the stile found **behind the church** and head diagonally right over this rough ground, with a boundary fence on your right. At the wooden fence and concrete track cross over, maintaining the same direction over the field, **parallel to the river**.

The path becomes enclosed at the backs of the houses then, opens on to a tarmac footway through the **housing estate**. Look out for the **fingerpost** guiding the path alongside the disused railway embankment to reach **Asfordby Road**. Turn right and walk back towards the town centre. At the traffic lights turn right down **Wilton Road**, walk over the **Bridge** and to the start point.



### Route Information



1 hour 45 minutes



2.8 miles / 4.5km / 6430 steps



undulating, unsurfaced  
can be muddy in places



Advanced



Walking boots/  
stout shoes  
recommended



Parking, toilets and  
refreshments available  
at the start

## Route 10

## Melton Country Park extended

A great countryside walk within easy distance of the town centre.

Starting from the **Melton Country Park** car park, off **Wymondham Way** with the visitor centre, toilets and café, take the path at the end of the building and walk through the trees and over the **bridge**. Take the left hand path which goes under the bridge and gradually **uphill**. Turn right at the top and walk **alongside the hedge** and the houses. When you reach a track, keep left and follow top route which is **Doctors Lane**. Continue straight along this track which becomes a road, until you reach **Thorpe Road**. Turn right, and at the junction for **Stafford Avenue** take a footpath diagonally right, leading between the houses. At the crossroads walk straight on along **Algernon Street** which continues into a footpath over **Scalford Brook**. Turn left at the end and follow the road to **Norman Way**. Turn right, then right again up **Snow Hill**. At the end take the **cycleway** leading onto a footpath alongside the brook. Just before the allotments take the left hand path alongside a hedge, and then continue to the dam. Follow the path around the end of the **dam**, then after a short distance take the left hand path to return to the car park.

## Route Information



1 hour 45mins



2.88 miles / 4.6km / 6570 steps



undulating, tarmac and surfaced



Advanced



Pushchair Friendly



Benches within the Country Park



Play Area alongside Scalford Brook, within Country Park



## Walking is Wonderful

There are many benefits from taking a purposeful, brisk walk on a regular basis. It can:

- Give you more energy and help you feel good
- Reduce stress and help you sleep better
- Keep your heart 'strong' and reduce blood pressure
- Help build and maintain healthy bones, muscles and joints
- Help to manage your weight

Plus:

- Almost everyone can do it, anywhere and any time
- It's a chance to meet and make new friends
- Its free and you don't need special equipment
- You can start slowly and build up gently

To obtain other Strolls on your Doorstep booklets, and further information on walking in Leicestershire please contact Access Officer, Environment and Transport, Leicestershire County Council, County Hall, Glenfield, Leicester, LE3 8TE.

Tel: **0116 305 0001**, Fax: **0116 305 7965**, Minicom:

**0116 305 7334**, Email: [customerservices@leics.gov.uk](mailto:customerservices@leics.gov.uk)

Website: [www.leics.gov.uk/paths](http://www.leics.gov.uk/paths)

## The NEW Countryside Guide

Packed with details about Leicestershire's country parks, walking, cycling and horse riding routes and more, this **FREE** guide is a 'Must Have' to help you explore this beautiful county. Available spring 2010 from libraries, Service Shops, country parks and local Tourist Information Centres, phone: **0116 305 0001** or email: [customerservices@leics.gov.uk](mailto:customerservices@leics.gov.uk).



**Active Together** is a county-wide programme across Leicestershire that aims to encourage adults, aged 16+ to become more active more often.

To find out what's happening in the **Melton** area, and to be regularly updated on activity sessions, please contact the local Physical Activity Development Officer, Melton Borough Council, Nottingham Road, Melton Mowbray, LE13 0UL, tel: **01664 502389**, email: [sports@melton.gov.uk](mailto:sports@melton.gov.uk), or visit the website [www.lrsport.org.uk/active](http://www.lrsport.org.uk/active).

**Natural England's Walking for Health** encourages you to enjoy your local spaces and benefit your health by taking part in health walks. Find your local Walking for Health scheme at [www.wfh.naturalengland.org.uk/walkfinder](http://www.wfh.naturalengland.org.uk/walkfinder)



Win  
£25 of Blacks  
Vouchers

Have you found this walking guide useful?

# Tell us what you think.

Help us improve future walking information by telling us what you think of this guide and you will be entered into our free prize draw to WIN £25 of Blacks Vouchers. We value your comments and feedback.

How many of the 10 walks have you completed? .....

Which route did you most enjoy? Number .....

Were the directions easy to follow? Yes  / No

Comments: .....

Could the routes be improved? Yes  / No

If yes, how .....

Do you think other information is needed? Yes  / No

If yes, what .....

Where did you obtain this booklet?

Direct from Leicestershire County Council

Leisure Centre  Library/ Museum/ Service Shop

Council Offices  On a Health Walk

Other  .....

Do you currently partake in activities organised by Active

Together or Walking for Health? Yes  / No

If yes, please specify .....

If no, have you been encouraged to walk regularly? Yes  / No

Have you visited our website for walking information,

[www.leics.gov.uk/paths](http://www.leics.gov.uk/paths)

Over the past four weeks, how many days a week, on average have you taken part in 30 minutes or more of moderate intensity physical exercise?

*In this instance moderate intensity physical activity includes all types of activity that makes your breathing and heartbeat faster and makes you feel warmer. It includes all sports and recreation including recreational walking and cycling, but does not include gardening, housework, DIY or physical activity which is part of your work or travelling to work. It can be built up of 10 minute bursts and does not have to be done all at once.*

1  2  3  4  5  6  7

Please continue overleaf