



24
JANUARY

10 AM - 5 PM

**HARVEST CENTRE
WESTERN PARK
RED DEER**

FITNESS | NUTRITION | LIFESTYLE



FREE!

ONE FAMILY

OR

ONE ADULT

General Admission

JAN 24, 2026
10 AM - 5 PM

HARVEST CENTRE
WESTERNER PARK
RED DEER

PRESENT AT ENTRANCE FOR ONE FREE ADMISSION - FAMILY OR ONE ADULT