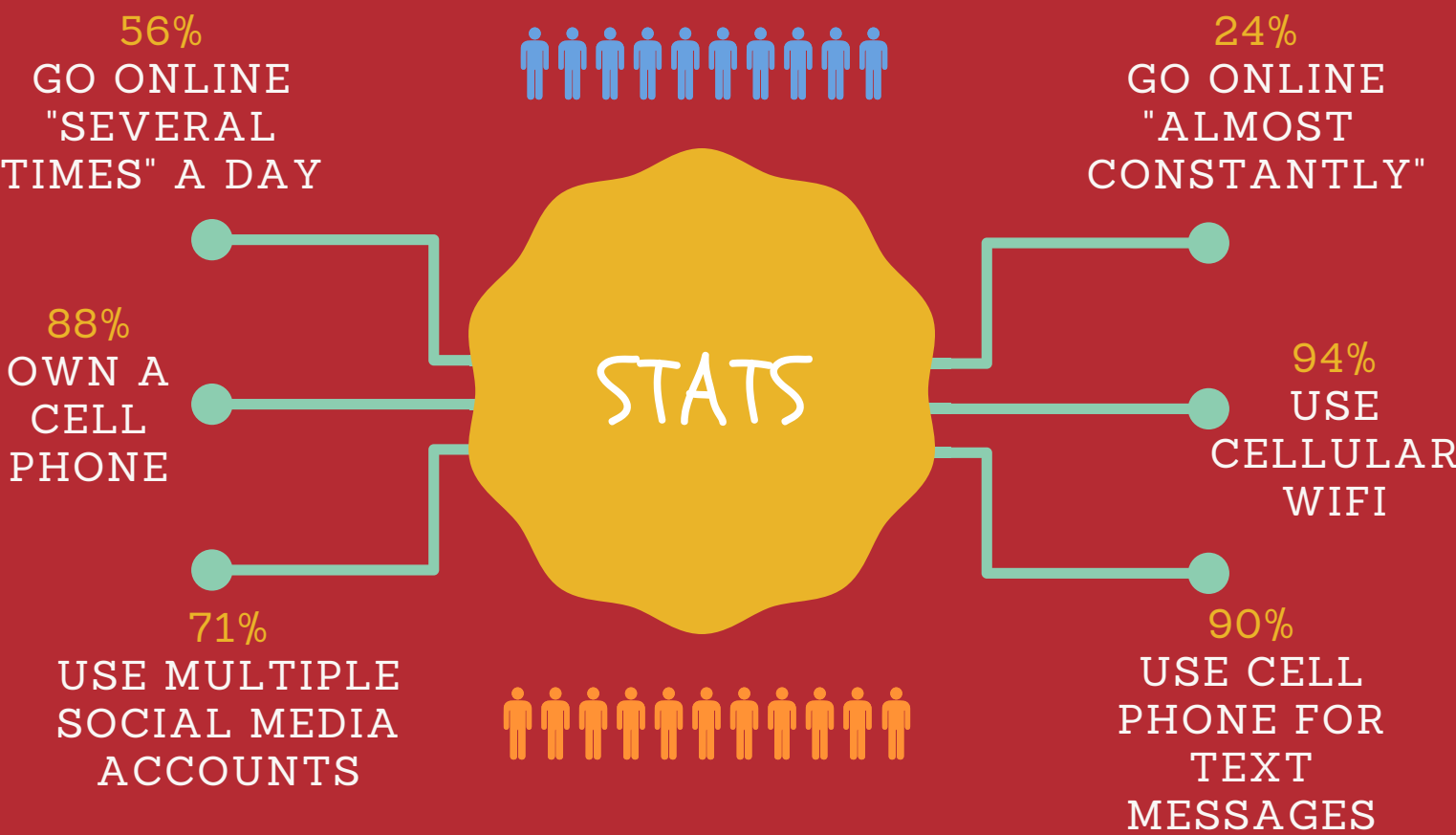


SAVAGE SOCIAL MEDIA

The boom of social media and the increased use of technology in all aspects of our lives finds educators, parents and students at a place unfamiliar- along a path uncharted. Although social media does have some positive results; we can't ignore that there is a ‘dark side of the world wide web’.

13- 17 YEAR OLDS

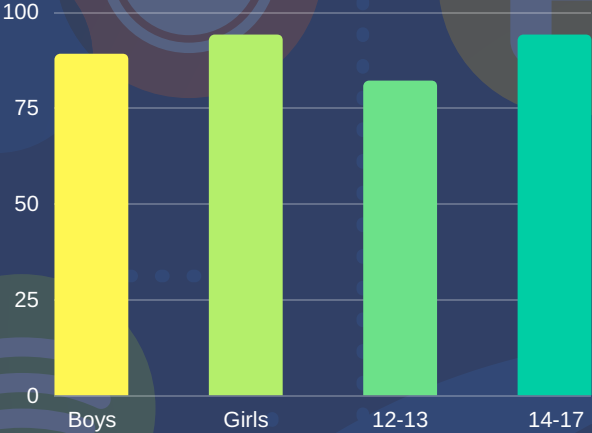
STUDIES BY PEW RESEARCH CENTER



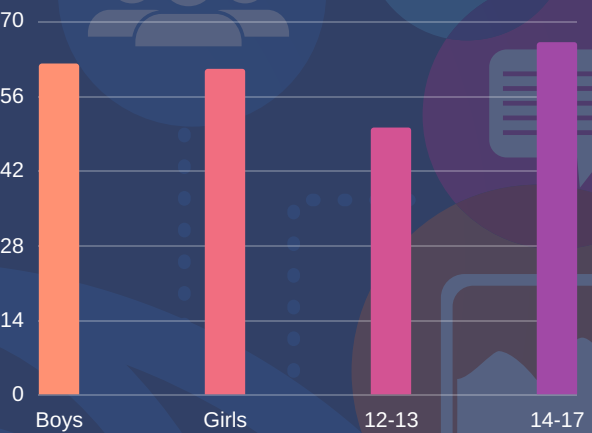
ONLINE SHARE

PERSONAL INFO SHARED ON SOCIAL MEDIA, BY AGE AND GENDER (12-17 YEAR OLDS)

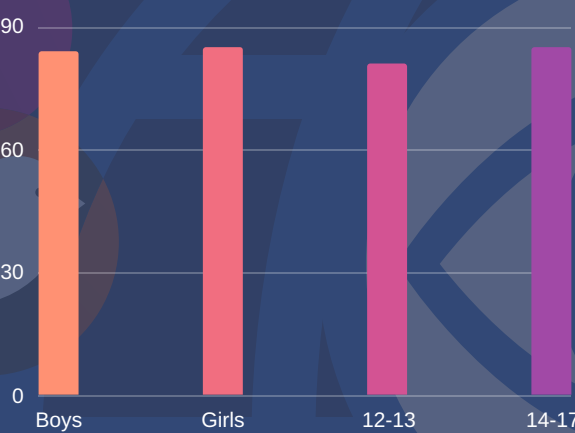
SHARE A PHOTO OF YOURSELF



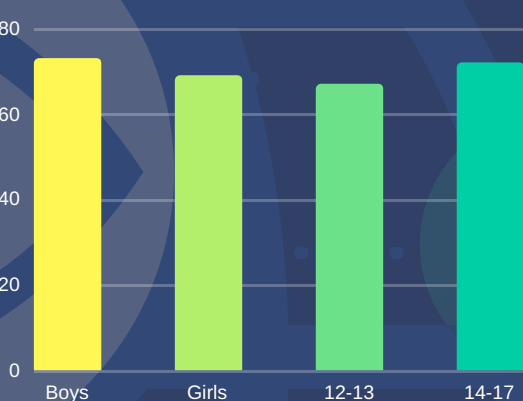
RELATIONSHIP STATUS



INTERESTS (MOVIES, MUSIC, ETC.)



CITY OR TOWN OF RESIDENCE



PROBLEMS

What are some of the problems with Adolescents and Social Media use?

MISUSE OF TECHNOLOGY

TIME-MANAGEMENT

The myth of multitasking schoolwork and managing social media “Indeed, student today are sent enormous mixed messages with technology-they need to use technology to be academically successful; however, that same technology can provide their greatest distraction from attaining academic success and personal fulfillment. “ (from Myth of the Perfect Girl)

MISUNDERSTANDING OF THE POWER OF WORDS

- Cyberbullying
- “Just kidding” syndrome

“More than ever, sincerity and genuine kindness have been replaced with sarcasm and other communication styles that are more painful than uplifting” (from The Myth of the Perfect Girl)



MISUNDERSTANDING OF THE DEPTH OF THE INTERNET

Posts & tags follow you for life
Loss of privacy and online safety
False sense of intimacy and “distracted friendship.”
“We would have wondered about the judgment of someone who spends their time on their mobile phone and makes such awful remarks,” Mr. Meiklejohn said. (They Loved Your G.P.A. Then They Saw Your Tweets.)
"It's just insane what some of them think is OK," he said.
"When I know it's them and I read it and I see some of the things out there, if I'm on the road, I'll call a coach — let his high school coach know we're no longer interested."
[Duke coach David Cutcliffe].
(Colleges are watching your social media behavior)

NEED TO FIT IN MORE IMPORTANT THAN DOING THE RIGHT THING

Online, kids can say very hurtful things about other people anonymously, and they don't have to look them in the eye or see their reactions'...but it doesn't stop there...using the Joke Persona a girl made a boy think she had a crush on him and lured him to a public rendezvous. When he got there, the whole class was there to laugh at him. She had told them all about her scheme, and a shocking number of kids showed up to witness it." (Talking Back to Facebook)

PROBLEMS CONTINUED

What are some of the problems with Adolescents and Social Media use?

MISUNDERSTANDING OF THE DEPTH OF THE INTERNET (CONTINUED)

"17% of teens say they've been contacted online by someone they didn't know in a way that made them feel scared or uncomfortable

30% of teens say they've received online advertising that was inappropriate for their age"
(Teaching Kids to be smart about social media - Nemours)

"...problems like cyberbullying and online predators, kids also can face the possibility of a physical encounter with the wrong person. Many newer apps automatically reveal the poster's location when they're used. This can tell anyone out there exactly where to find the person using the app."
(Teaching Kids to be smart about social media - Nemours)

"The internet has fundamentally changed the way we engage with our world and the people in it. But as access and global connectivity increases, getting to know those physically closest to us has gotten a lot harder."

NEED TO FIT IN MORE IMPORTANT THAN DOING THE RIGHT THING (CONTINUED)

Acceptance is important for any of us, but it becomes so much bigger during adolescence. Understandably, when the messages that are coming back to them – or the messages they think are coming back to them – aren't nourishing and positive, it can bruise them from the inside out.
(Teens and Depression – Why Teens Are More Vulnerable, and the Risk Factors Parents Need to Know About

"The most insidious effect of technology's creep may be the disturbing reality that there's no time for reflection." (from The Myth of the Perfect Girl"

45% OF TEENS WHO
WITNESSED BULLYING ON
SOCIAL MEDIA REPORT
THAT OTHER LIKE THEM,
HAVE IGNORED THE
BEHAVIOR

Teen Cyberbullying and Social Media Use on the Rise

66% OF TEENS WHO HAVE
WITNESSED ONLINE
CRUELTY, HAVE ALSO
WITNESSED OTHERS
JOINING IN

Teen Cyberbullying and Social Media Use on the Rise



PROBLEMS CONTINUED

What are some of the problems with Adolescents and Social Media use?

MENTAL HEALTH

ADDICTION

- Self Esteem
- Instant gratification
- Decreased Attention
- Violence - Video Games

"With social media, teens can curate their lives, & the resulting feeds read like highlight reels, showing only the best and most enviable moments while concealing efforts, struggles, and the merely ordinary aspects of day-to-day life....there's evidence that those images are causing distress for many kids. (Jacobson, Rae. Social Media and Self-Doubt)

Sexting "age compression" a 'loss of innocence' what older kids and adults do, younger kids today are doing it
Internet Porn 5th most popular Internet search for kids age 6 and up!
[Talking Back to Facebook]

BODY IMAGE DISTORTIONS (BODY DYSMORPHIA)

"Body dysmorphic: a psychological condition in which a person becomes obsessed with her appearance and a perceived flaw in her appearance."

"... this is time when the social man is created, but not yet reached full development, that in this epoch practically every defect in adjustment to social life originates. These defects may have dangerous results, either for the future of individuals (timidity, anxiety, depression, inferiority complex), or for society (incapacity to work, laziness, dependence on others, or cynicism and criminality). (Maria Montessori, From Childhood to Adolescence, p. 63)

34% OF TEENS ADMITTED TO LYING ABOUT THEIR AGE TO GAIN ACCESS TO WEBSITES

*Nemours Childrens Hospital

12.5%

OF 12-17 YEAR OLD'S HAD AT LEAST ONE MAJOR DEPRESSIVE EPISODE

*2015 National Institute of Mental Health

90% OF STUDENTS ADMIT TO USING MOBILE PHONES FOR NON-EDUCATIONAL REASONS DURING SCHOOL

*A day in the life of the app-addicted teen

4 IN 10 STUDENTS SAY THEY GET DISTRACTED IN SCHOOL BY TEXT MESSAGES, EMAILS, SOCIAL MEDIA AND WEB SURFING

2016 Student and Technology Research Study

SOLUTIONS

What can we do now?



FILM: "SCREENAGERS"

- View
- Socratic Seminar

TALKING BACK TO FACEBOOK BY JAMES P. STEYER

- Read
- Socratic Seminar

FACE-TO-FACE COMMUNICATION

READING SOCIAL CUES & BODY LANGUAGE

REAL CONNECTIONS AND INTIMACY

RE-EVALUATE & DISCUSS TECHNOLOGY USE RULES



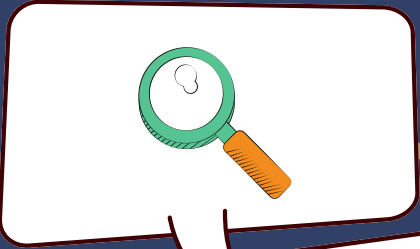
ADULT MODELING

- Parents
- Teachers

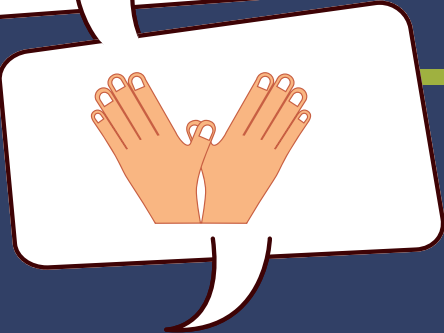


NURTURE STRONG ADOLESCENT COMMUNITY THAT REINFORCES

- Grace
- Courtesy
- Proper use of Technology
- Partnership

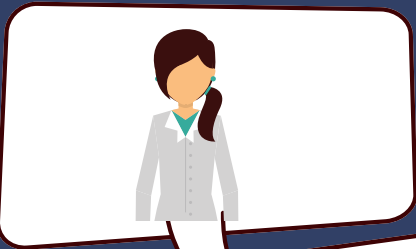


VIGILANCE, OBSERVATION



SUPPORTIVE PARENTAL SUPERVISION

- Equip teens with tools and critical thinking skills to deal with this digital exposure
- Limit access to the Internet
- Digital Citizenship
- Time limits and limited
- Screen/life balance
- Keep up with Social Media trends



SEEK PROFESSIONAL HELP FOR ISSUES YOU ARE NOT EQUIPPED TO HANDLE



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