

اللَّهُ

"Do you not see that Allah is glorified by all those in the heavens and the earth, and the birds with wings outspread? Each one knows its own [mode of] prayer and praise. And Allah is fully aware of what they do." (24:41)

And the Lord God formed man of the dust of the ground, and breathed into his nostrils the breath of life; and man became a living soul. (Genesis 2:7)

Five Human Hand Digits:

These digits have specific colloquial, medical, and anatomical designations:

- **Thumb (1st Digit):** Also anatomically known as the *pollex*. Unlike the other digits, it has only two bones (phalanges) and is fully opposable to the rest.
- **Index finger (2nd Digit):** Commonly called the **pointer finger** or **forefinger**.
- **Middle finger (3rd Digit):** Also referred to as the **long finger**. It is typically the longest digit on the hand.
- **Ring finger (4th Digit):** Traditionally where wedding bands or engagement rings are worn.
- **Little finger (5th Digit):** Also widely known as the **pinky**, **pinkie**, or **small finger**.

Five Human Senses:

- **Sight (Vision):** The ability to detect light and form images using the **eyes**.
- **Hearing (Audition):** The ability to perceive sound vibrations via the **ears**.
- **Taste (Gustation):** The ability to detect flavors (like sweet, sour, salty, bitter, and umami) using the **tongue**.
- **Smell (Olfaction):** The ability to detect odors and chemical particles in the air with the **nose**.
- **Touch (Tactition):** The ability to feel textures, pressure, temperature, and pain through the **skin**.

Five Solar Mental Connections:

The five obligatory Islamic prayers, along with their Arabic names and approximate daily timings based on the sun's position, are:

- **Fajr** (فجر): Dawn
- **Dhuhr** (ظهر): Midday / Early Afternoon
- **Asr** (عصر): Late Afternoon
- **Maghrib** (مغرب): Sunset
- **Isha** (عشاء): Night

Five Primary Reasons behind the five daily prayers include:

- **Fulfilling Divine Purpose:** In Islam, the ultimate purpose of human life is to know and worship God.
- **Spiritual Nourishment:** Just as the physical body needs food and water daily to stay healthy, the soul and spiritual heart require regular nourishment through prayer to avoid spiritual fatigue.
- **Mindfulness and Discipline:** Praying at specific intervals throughout the day and night (dawn, noon, afternoon, sunset, and night) keeps God at the forefront of a believer's mind. It breaks up the day, offering moments to practice gratitude, seek guidance, and reset focus.
- **Washing Away Sins:** Prayer serves as an act of purification. Muslims believe that stepping away to pray—along with the required ritual washing (*wudu*)—helps spiritually cleanse the soul of minor sins and shortcomings.
- **Divine Commandment:** According to Islamic tradition, the five daily prayers were specifically gifted and commanded directly to the Prophet Muhammad during the miraculous Night Journey (Isra and Mi'raj).

In Islamic theology, Allah created mankind out of supreme wisdom and mercy **to know Him, worship Him, and act as His stewards (vicegerents) on Earth**. Human beings were designed with free will and intellect, making them uniquely capable of choosing to follow divine guidance.

The ultimate reasons for human creation encompass:

Five Core Principles:

- **Worship and Submission:** The primary purpose of human existence is to recognize Allah and worship Him. This is detailed in the Quran (51:56) where Allah states: "And I did not create the jinn and mankind except to worship Me". Worship here encompasses all acts of obedience, righteousness, and living a life according to divine guidance.
- **The Divine Test:** This earthly life is an opportunity for spiritual growth. Allah states in the Quran (67:2) that He created life and death to "test which of you is best in deeds". The trials, blessings, and choices we face allow us to develop virtues like patience, gratitude, and compassion.
- **Vicegerency (Khalifah):** Allah honored humans by making them His deputies on Earth. We are tasked with establishing justice, protecting the Earth, and representing Allah's laws and mercy in the physical world.
- **Free Will and Elevation:** Unlike angels, who are created to obey without desire, humans were granted free will and earthly desires. When humans choose to resist temptation and strive to do good, their spiritual rank rises, making them uniquely beloved to the Creator.
- **Blessings of Peace:** The promised reward for human beings fulfilling the purpose of their creation is eternal paradise, divine closeness, and ultimate spiritual fulfillment in the Hereafter. Because the human role of vicegerency spans both the physical and spiritual realms, Abrahamic theology outlines rewards that manifest in the two distinct dimensions:

Ultimately, Allah does not need humanity; rather, humanity's creation is an act of Divine mercy designed to allow humans to earn eternal reward, draw close to their Creator, and return to Paradise

FIVE LAWS OF NATURE

Self-Preservation (the innate instinct to protect oneself from harm).

Change is the only true constant in the universe. At its core, it encompasses the principle that all energy, matter, and circumstances are in a constant state of flux, transition, and evolution, never remaining entirely static.

Cause and effect is a foundational relationship in which one event, action, or process (the **cause**) directly produces an outcome or consequence (the **effect**).

Conservation of Mass matter cannot be created or destroyed in an isolated system. It can only change its physical form or be rearranged into different chemical combinations.

Principle of Polarity—everything in the universe is dual and has its opposite. Matter and energy are interconnected, with opposites simply being the same thing at different degrees.

FIVE BOOKS REVEALED TO MOSES

- **Genesis:** The story of creation and the early ancestors of humanity.
- **Exodus:** The story of the Israelites leaving slavery in Egypt.
- **Leviticus:** Rules and laws for the priests and religious life.
- **Numbers:** The census and travels of the people in the desert.
- **Deuteronomy:** The final speeches and a restatement of the laws by Moses.

The five books revealed to Moses—known as the Torah or Pentateuch (Genesis, Exodus, Leviticus, Numbers, and Deuteronomy)—are significant because they establish the foundational core of law, history, and the covenant for both Judaism, Christianity, and Islam.

Imam Warith Deen Mohammed, president of the American Society of Muslims, gives a talk titled "The Truth about Al-Islam: An Overlooked Role for Muslims in World Leadership."