Homemade Lemonade

Skip the sugar and let me show you how to make homemade lemonade with honey. Check out this easy homemade lemonade recipe plus 4 flavorful and fruit lemonade variations!

Categories Clean Eating, Drinks, Kid-Friendly, Paleo
Difficulty Easy

Keyword homemade lemonade, how to make lemonade, lemonade recipe

Prep Time 10 minutes Cook Time 10 minutes Total Time 20 minutes

Servings 6 Calories 59 kcal Author Lacey Baier

Ingredients

Homemade Lemonade

- 6 cups water, divided
- 1/3 cup raw honey
- 1 cup freshly squeezed lemon juice (approx. 4-6 large lemons)

Strawberry Lemonade

- 1 lb strawberries (to yield 1/2 cup juice)
- 2 cups Homemade Lemonade (see recipe above)

Blueberry Lemonade

- 2 pints blueberries (to yield 1/2 cup juice)
- 2 cups Homemade Lemonade (see recipe above)

Peach Lemonade

- 3 cups chopped peaches (approx. 3 lg. peaches, to yield 1/2 cup juice)
- 2 cups Homemade Lemonade (see recipe above)

Raspberry Lemonade

- 1 cup raspberries (to yield 1/2 cup juice)
- 2 cups Homemade Lemonade (see recipe above)

Instructions

Homemade Lemonade

- 1. Combine 1 cup of the water with raw honey and cook over medium-high heat until the honey is dissolved, then transfer out of the <u>sauce pan</u> and allow to cool. Set this aside because we'll be using it in a little bit.
- 2. Add the freshly squeezed lemon juice to the bottom of a pitcher, followed by our simple honey syrup, and then fill the remainder of the pitcher up with the remaining 5 cups water. Stir to combine. This now makes our base honey-sweetened Homemade Lemonade recipe.

Strawberry Lemonade

- 1. To break down the strawberries, add fresh strawberries to a blender and then puree them until they're evenly broken down.
- 2. Then, transfer the pureed strawberries to a <u>fine mesh sieve</u> and press through to get strained strawberry juice. If you wanted to add the strawberry pieces to the lemonade, that would work as well, but this step will make it a smooth lemonade.
- 3. Add 1/4 cup of the strawberry juice to the bottom of a mason jar or tall glass, followed by the base lemonade recipe we made earlier, and then top it off with some ice cubes to keep it cool.

Blueberry Lemonade

- 1. Start by adding fresh blueberries to a <u>sauce pan</u> and heating over medium-high heat. We want the blueberries to break down and release their juices. They'll also become a darker color in the process.
- 2. Then, transfer the cooked blueberries to a <u>fine mesh sieve</u> and press through to get strained blueberry juice.
- 3. Add 1/4 cup of the juice to the bottom of a glass, followed by our fresh lemonade, and then add some ice cubes to finish it off.

Peach Lemonade

- 1. Add diced peaches to a <u>sauce pan</u> and heat over medium-high heat. We want the peaches to break down and release their juices, so cook them, stirring occasionally, until they become soft and liquidy.
- 2. Then, transfer the cooked peaches to a <u>fine mesh sieve</u> and press through to get strained peach juice.
- 3. Add 1/4 cup of the peach juice to the glass, then fill it to the top with the lemonade recipe, and then add ice cubes to get it cold.

Raspberry Lemonade

- 1. Break down the raspberries by adding them to a blender and then puree them until they're evenly broken down.
- 2. Then, transfer the pureed raspberries to a <u>fine mesh sieve</u> and press through to get strained raspberry juice. If you wanted to add the raspberry pieces to the lemonade, that would work as well, but this step will make it a smooth lemonade.
- 3. Add 1/4 cup of the raspberry juice to a mason jar or glass, then fill it to the top with the base lemonade and then add a few ice cubes to get it cold.