Hamilton House Courier

September/October 2025









A beautiful day, and great turnout at our Annual Garden Party in June!

Programs & Special Events

Please note any sign up or payment requirements. Please consider whether you will be able to attend most sessions before signing up for limited space activities

- SPECIAL EVENTS -

The Membership and Special Events Committees

New Member Coffee

Wednesday, September 17 at 9 am - 10:45 (DR) A wonderful opportunity for new members to meet, mingle, and learn more about how to take advantage of your Hamilton House membership! Light refreshments will be served.

Film & Feast

Friday, September 19 at 11 am-2 pm (DR) Seating limited to 35 | Cost: \$15 pp. Sign up & pay at Front Desk. | Sign up deadline: September 12

Film & Feast returns! Featuring the Greek film, A Touch of Spice, and a Greek luncheon feast served from the café—prepared by Chef Sandra Gifford. Menu: Koulori (bread ring), Imam Biddi (vegetable mixture), Soutzoukakia (meat balls) and Kazan Dibi (a custard dessert)

<u>Vaccinations Clinic: Blue Cross Blue Shield of RI/Asthenis Pharmacy</u>

Thursday, September 25 at 2pm - 4pm (Oak) Sign up sheet is on bulletin board in the reception area, along with details and requirements. Sign up deadline: September 18

OktoberFest

Thursday, October 9 at 4 pm-6:30 pm (DR) Savor German food prepared by Chef Sandra Gifford, while enjoying beer, games, music and dance.

Cost: \$15pp. Sign up and pay at Front Desk | Sign up deadline: October 2.

<u>Historic Hamilton House Scavenger Hunt!</u> Begins October 15 and ends October 27

Clues will be available at the Front Desk on October 15. Prizes will be awarded to the winner(s) on October 29 at 1:45 pm in DR. Contact member Jenny Rosen for information at jedgehthco@yahoo.com

Coffee, Tea & Conversation

2nd Wednesday of each month, held in the Dining Room September 10 & October 8 at 10 am (DR)

Enjoy socializing with other members at this informal social gathering over tea and coffee. All members are invited.

Monthly Friday Social

4th Friday of each month, held on the Garden Patio, weather permitting
September 26 at 4 pm-6 pm

October 24 at 3 - 6 pm* (new time for Fall/Winter!)

Enjoy the autumn fresh air & catch up from summer with friends and meeting new members. Light fare will be served, but members are asked to bring a beverage of choice for themselves or to share. Members, neighbors, and friends are all welcome.

- PRESENTATIONS -

<u>A Call for Citizen Archivists - National Park</u> Service & the National Archives

Allison Horrocks, park ranger, Blackstone River Valley National Historical Park

Jill Forrester, park ranger, Blackstone River Valley National Historical Park

Wednesday, September 10 at 12:30 pm (DR)

In celebration of the 250th anniversary of American independence, the National Archives and the National Park Service are collaborating on a special project to transcribe Revolutionary War Pension Files. Thousands of Citizen Archivist volunteers have transcribed the pension files of Revolutionary War veterans, uncovering interesting stories that give battlefield stories, sightings of famous generals, a glimpse of life in the 18th century, and more.

Bring your device to learn how to get started OR just come to learn about the project.

New Series! Conversations in Science

Wednesdays at 12:30 (DR)

Hamilton House and the Voss Fellows Program at the Institute at Brown for Environment and Society (IBES) have teamed up to give <u>their</u> seniors an opportunity to share research projects with <u>our</u> seniors.

September 17: How Models Can Help Inform Environmental Health Research and Policy; Lola Maldonado. Lola focuses on advancing environmental health research, particularly addressing health disparities in minority and frontline communities.

September 24: Real Estate Coalition Influence on California Wildfire Resilience Land Use Policy; Caitlyn Carpenter. Caitlyn studies the actors and decision–making structures that influence climate policy on all levels of government, particularly on the local–level.

October 15: It Smells Like Environmental Racism": Mapping Residents' Experiences of Environmental (In)justice in Providence, RI; Emma Blankstein. Emma researches urban air quality and impacts of fossil fuel infrastructure on surrounding communities.

October 29: Swirls, Scales, and Fronts in Ocean Models: How Small Differences in Temperature and Salinity Have Large Impacts on the Ocean; Wyatt Sieminski. Wyatt looks at problems related to climate modeling to better understand the Earth's complexity and changes.

In the works: Developing a similar program with Brown's Department of Earth, Environmental & Planetary Sciences (DEEPS)

Roger Williams & Witchcraft

Andy Schnetzer, park ranger, Roger Williams National Memorial **Wednesday, October 1 at 12:30 pm**

Roger Williams's English world was filled with the fear of witchcraft, demonology, and satanic practices. Although his own father-in-law had published a popular book on the topic, Williams's views were more subtle and complex. Join Andy as he explores this uncanny world of Roger Williams.

Inspired by Craft, Culture & the Natural World

Christine Chitnis, author/photographer Wednesday, October 22 at 12:30 (DR)

From documenting textile traditions in Rajasthan and Portugal to capturing the seasonal rhythms of New England, Christine shares how she weaves together narrative and photography to honor a sense of place.

An award-winning author, particularly travel, Christine explores the power of observation, the value of slow travel, and the importance of uplifting local voices. Her visually-rich books, *Patterns of India, Patterns of Portugal*, and *East Coasting* will be for sale.

- LUNCH & LEARN -

Talking About Art: Paris! City of Light

Presenter: Suzanne Lewis

Friday, September 5 at 12:30 (DR)

Talking About Art is a discussion group for those who want to learn more about Art and Artists. Explore Paris from a different angle, with lesser known artists such as Gustave Caillabote, the American Maurice Prendergast, and Russian emigrants such as Marc Chagall and Sonia Delaunay. This discussion will also include movements such as Fauvism, the Nabis, Surrealists and Orphism.

- CONCERTS -

Ed Sweeney Wednesday, October 8 at 12:30 pm (DR)

Ed is back with his guitar, banjo, and a wide variety of traditional British and American songs, ballads, and instrumentals. His approach to performing is to be 'edutaining,' and his music has been featured in documentaries, TV soundtracks, and at Disney venues. Members will remember Ed from his St Paddy's Day gig with Mary King and Cathy Clasper–Torch, but today it's pure Ed!

- TRAVEL -

Sign up is required at the Front Desk for Trips. Any payment due <u>must</u> be made when signing up.

Trip details will be posted on the bulletin board in the Reception Area.

The Travel Committee is looking for a new Chairperson. Contact member Gail R. if interested: romanovich.gail@gmail.com

Roger Williams Park Botanical Gardens

Thursday, October 23*, 10 am-2 pm (*subject to change, check the bulletin board for the final date)

Group size limited to 14. | **Cost:** \$15 pp (includes admission and sack lunch) | **Sign up at Front Desk** City van transportation. Meet at HH parking lot at 9:45 am.

Enjoy a self-guided tour through the beautiful botanical gardens at Roger Williams Park!

Hamilton House Exclusive! A Private Tour by the artist – Liz Collins: Motherlode Exhibit at RISD Museum

Sunday, September 28 at 11 am-12 pm

Cost: \$5 | Sign up at Front Desk Group size limited to 20 | To carpool from HH meet at HH parking lot at 10:35 am

A new exhibition at the RISD Museum presents the first-ever US survey of work by artist and RISD alum Liz Collins 91 TX/MFA 99. Curated by Kate Irvin, Liz Collins: *Motherlode* (on view through January 11, 2026) comprises five galleries filled with apparel, drawings, paintings, tapestries, rugs, textiles and performance artifacts that speak to the artist's devotion to her medium and to her community.

INSIDE TRACK: Artist Liz Collins is the daughter of member Marcia Collins! Thank you Marcia & Sylvia for arranging this wonderful tour.

<u>Providence Public Library Tour and Lunch at CHOP</u>

Wednesday, September 17 at 10 am to 2:30 pm

Cost: Tour and van are free. Lunch is self pay. | Sign up at Front Desk.

Group size limited to 14. | City van transportation. | Meet at HH at 9:45 am

- LITERATURE -

<u>Tea With Irish Writer, Colum McCann: A</u> <u>Four-Week Novella & Short Story Class</u>

Instructor: Member Maggie Miles

Mondays: September 8, 15, 29 and October 6 at 10:00 am-to 11:30 am. (No class on Sept. 22)

Class Size: 13 max | Sign up at Front Desk

Class text: "Thirteen Ways of Looking." This book is available in libraries, online and bookshops.

McCann is the award-winning author with a unique style using lyrical prose, stream of consciousness and elements of his own life. The class will explore themes of perspective, memory and storytelling.

Requirement: Please read the story "What Time Is It, Where Are We Going?" for the first class.

<u>The Long & Short of It - A Deep Dive Into the Very Short Stories of Lydia Davis.</u>

Instructor: Member John Lord

Fridays September 12, 19, 26 & October 3 at 10 am (Oak)

Davis is best known for her short, micro, or flash fiction, a form of the short story that she virtually invented. Join us for this 4-week exploration of some of her best stories as we once again grapple with the idea of what it means to be "a story."

VISUAL ARTS & HANDICRAFTS -

Drawing : The Visual Diary Sketchbook

Instructor: Robert Ramspott

Friday, September 12 at 9:30 am - 11 am (Pt.1) Friday, October 10 at 9:30 am - 11 am (Pt.2) (Art Studio)

Suitable for all levels from beginner to advanced, this class focuses on cultivating a vibrant visual diary through daily drawing and sketching.

The class will explore ways to create a day as a visual remembrance starting on page one and continuing to draw for a month. The class will reunite after a month to see each member's artistic reflections of nearly thirty different images in almost 30 days.

A sense of ritual and inspiration is all a part of this process and experience.

Materials

Artist's journal notebook; A pencil

Famous Paintings

Presenter: Member Jerry DeSchepper Thursdays October 2, 9, 16, 23 at 10:30 am (DR)

Why are some works of art and certain artists' names so well known - Mona Lisa (Leonardo); Water Lilies (Monet); The Artist's Mother (Whistler); even Andy Warhol's Soup Cans?

The class will view a number of well known paintings (portraits, landscapes, historical scenes) and consider various cultural and artistic factors that contribute to their enduring appeal.

Kawandi Hand Quilting

Instructor: Member Elizabeth Gibson **Tuesday October 7 and 14 at 10 am - 11:30 am (DR)**Class size limited to 8. Sign up at the Front Desk

Ever wonder what to do with those piles of fabric scraps, old blankets and old clothing? Kawandi Quilting is a method of hand quilting that uses scraps of fabric and hand stitching from the outside toward the center of the quilt. Repurpose & reuse!

Participants should have a basic knowledge of sewing. Bring basic sewing notions and materials to class.

- HISTORY & CULTURE -

Professor Charlotte Carrington-Farmer

Lectures. Dr. Carrington-Farmer is a Professor of History, specialising in early American History.

<u>Discovering Thomas White: One Man's Flight from Slavery to Freedom on the Sea</u>
Wednesday, September 3 at 12:30 pm

Hidden away for more than 150 years, a 40-page hand-stitched document was discovered on the back porch of a Barrington home two years ago. The words, written in fading ink from the early 19th century, reveal the story of a 15-year-old boy named Thomas White who succeeded, against all odds, in emancipating himself from enslavement.

Join Dr. Carrington-Farmer as she shares her role in recovering Thomas' story and the exciting ongoing research into the manuscript.

- HEALTH & WELLNESS -

Wingate Water Aerobics

Instructor: Jodie Thompson-Piccerelli Fridays at 11:00 am, Wingate East Side, 1 Butler Ave, Providence, RI 02906

<u>A waiver will be required.</u> Members must <u>sign in and</u> <u>out</u> at the Wingate East Side Front Desk.

Aquatic exercise is considered an "effective, joint-friendly way to strengthen the cardiovascular system and muscles," and burn calories. The exercises will be similar to Jodie's Zoom class.

Locker and changing room available. Bring whatever personal items needed (i.e. bathing suit and towel.)

This activity is currently free to Hamilton House members. *Thank you*, *Wingate East Side!*

Ongoing Activities

Please note any RSVP requirements or payment details

- LANGUAGE -

French: Conversation and Culture

Instructor: Member Sheila Zompa Mondays at 9:50 am (DR)

Designed for beginner and intermediate French learners who have a basic knowledge of French grammar. Emphasis will be on speaking. French culture will often enhance the conversational experience.

German: Intermediate Study Group Mondays at 11 am (Mirror)

Join a self-directed gathering of studious German language students.

Spanish I & II

Instructor: Member Alicia Elwin **Tuesdays (Mural), starting September 9**

Class size for I & II: 10 max Sign up for both classes at Front Desk

- Spanish I: 10 am

This is a class for beginners and continuing students. Grammatical concepts will be explained in both English and Spanish. In addition, students will begin reading Spanish Short Stories that increase in difficulty.

- Spanish II: 11:30 am

A comfortable knowledge of Spanish grammar and verb usage is advisable. This is an advanced Spanish conversation class. Reading material for discussion may include novels, short stories or articles written in Spanish.

LITERATURE/POETRY/WRITING

Book Club

Coordinator: Member Sylvia Danforth
Last Monday of the month at 1 pm (DR)

Monday, September 29 "<u>How To Read A Book</u>" by Monica Wood

An uplifting novel about a chance encounter at a bookstore, exploring redemption, unlikely friendships, and the life-changing power of sharing stories. It illuminates the decisions that define a life and the kindnesses that make life worth living.

Monday, October 27 "My Friends" by Fredrick Blackman

An unforgettably funny, deeply moving tale of four teenagers whose friendship creates a bond so powerful that it changes a complete stranger's life twenty-five years later. Louisa, an inspiring artist, is proof that happy endings don't always take the form we expect in this stunning testament to the transformative, timeless power of friendship and art.

Poetry Writers' Workshop

Coordinator: Member Nancy Cherico Second and fourth Mondays at 11 am to 12:30 pm September 8 & 22. October 6 & 20 (Mural—subject to change)

These sessions will provide a supportive space to get feedback from other writers about how to enhance the work—the high points, what works, what leaves questions for the reader, and what might work better. Bring a poem (or 2) to be work-shopped. Open to all members.

Poetry Group

Instructor: Member John Lord **Tuesdays at 10:30 am (Oak)**

Each month focuses on a poet's works and influence on the genre.

Classic Novels

Instructor: Member Joan Pettigrew Thursdays at 11 am (Mural)

Classic Novels takes an in-depth look at a variety of novels that have stood the test of time, and explores novels and authors who may be en route to this distinction.

- DISCUSSION FORUMS -

Readings & Discussion

Coordinator: Member John Stevenson

Wednesdays at 11 am (DR)

Join a lively, weekly discussion group about a stimulating essay or short article. Titles and links to the readings are listed in the weekly ebulletin.

Current Topics

Facilitator: Member Rick Tropper
Alternating Fridays at 12:30 pm (DR)
(September 19 this group will meet at 2 pm)

This is an opportunity for those who enjoy a good discussion to share their opinions about what they've been reading and hearing in the news. Bring a topic suggestion.

- ART/FILM/MUSIC -

Opera for Everyone

Instructor: Member Sherry Slovick
Tuesdays at 12:30 pm (Mirror)

The class reviews various operas in an informal setting.

Friday Flicks

2nd & 4th Fridays | 10 am - 12 pm (Mirror)

Members gather for a movie and popcorn!

September 12: The Life Ahead (2020) September 26: Sunday Best (2025) October 10: I'm No Longer Here (2019) October 24: Will & Harper (2024)

Note: Films are scheduled at the time they are available on Netflix. Substitutions may occur.

- VISUAL ARTS -

Watercolor Studies
Instructor: Anne Wert

Tuesdays, September 30, October 7, 14, 21 & 28

1 pm - 3:30 pm

The class will learn various watercolor techniques and touch on the basics of painting, including color, value, and composition. Each class will start with a demo or lesson and end with a group critique. →

Artists should bring their own reference images. Some watercolor experience is recommended.

NOTE: There are four seats available for the Sept/Oct class session. Sign-up is required at the Front Desk. Once enrolled, new students must email Anne for the materials list at apwert@yahoo.com.

Hand-Building Pottery

Instructor: Kate Champa

New dates! Wednesdays: September 17 & 24 and

October 1 & 8 at 1:00 pm—3:00 pm

(Pottery Studio)

Materials Fee: \$12 to be paid directly to the instructor at the first class of the new session. This fee covers the cost of clay and firing the electric kiln. Students will learn about clay, forming objects without a wheel, glazing, and firing.

Sign up at the Front Desk.

Art Studio Group

Self-directed (assistance is available)
Thursdays at 10 am

This time is available for members who want to work on a project, but not necessarily be alone.

An artist volunteer will be in the studio to offer feedback or assistance if requested. A still life will be set up for inspiration. A few art materials will be available for anyone to use.

Intermediate Watercolor

Instructor: Anne Rourke

Thursdays 1:00 pm-3:30 pm (DR)

This is a class for students with previous training or experience in watercolor. Students will be able to explore a variety of techniques.

Open Art Studio

The Art Studio is located in the basement. An automated 'stair chair' is available.

All members are welcome to use the studio to explore their creativity in this quiet space. The studio is available when art classes are not in session. Please check the schedule. Please leave the studio in good order.

- HANDICRAFTS -

Card Making Workshops

Instructor: Member Ann Thomas

First Monday of every month at 1:00 pm - 3:00 pm (Art Studio) September 8 & October 6

Class limit: 10. Contact Ann directly the Friday before class to join.

\$10 materials fee to be paid directly to instructor at workshop. BYO glue and scissors. All other materials/envelopes will be provided. Contact Ann to join: annthomas8432 @yahoo.com, 303-619-7622.

- HEALTH, WELLNESS & COMMUNITY -

NOTE: Non-member adults 55+ are welcome to attend as a 'drop-in' at **Tai Chi & Yoga**. The fee is \$5 to be paid at Hamilton House Front Desk before class. A liability waiver is required.

Yoga

Instructor: Sara Davidson Flanders

Mondays at 11 am (Chapel Hall & Zoom)
(No class September 1)

These weekly sessions of Anusara Yoga bring attention to specific actions to hone awareness and open subtle channels of energy. Actively moving energy through the body cultivates steadiness, strength, and freedom. Classes are in-person and on Zoom; the link is sent in the weekly ebulletin.

Zoom Exercise Class

Instructor: Jodie Thompson-Piccerelli **Tuesdays and Thursdays at 11 am** (Zoom)

Link is in the weekly ebulletin This is a low impact class with upper and lower body exercises for active older adults. The class helps with balance, strength, preserving bone density, vitality, and mobility. **Zoom link is provided in the weekly eBulletin.**

Tai Chi

Instructor: Bob McManus
Tuesdays at 1 pm (Chapel Hall)

This ancient Chinese martial art is known for its slow, intentional movements, gentle exercise, and active meditation.

Meditation Circle

Facilitator: Lee Clasper-Torch Wednesdays at 9:30 am (Oak) This activity starts September 3.

Breathe. Center. Relax. Enjoy sharing quality time of sitting silence, and meditating on various poems and passages to inspire open and mindful conversations with one another. This ongoing group welcomes all members.

Wednesday Walks at Wingate September – October at 10 am - 11 am Meet at Wingate Residences on the East Side Foyer, 1 Butler Ave.

Join Fitness Instructor Jodie Thompson for a walk along the scenic Seekonk River and East Bay Bike Path, just steps from Wingate's patio. The walks are designed for all fitness levels to enjoy fresh air, exercise and conversation.

Transportation is not provided to Wingate Residences on the East Side. It is located at 1 Butler Ave, a 6 min (0.9 mile) drive from Hamilton House. Members are encouraged to carpool.

HH Walking Group Thursdays at 9am

Meetup in the Reception Area for a walk around the neighborhood, weather permitting.

Women's Circle

Coordinator: Member Janice Arsenault Alternating Thursdays at 1 pm (Mirror) (September 11, 25 and October 9, 23)

Women will meet and share what is on their minds in a safe, supportive environment, without judgement, allowing bonds of friendship to form.

Women's Health & Wellness Group

Facilitator: Member Pat Donovan **Alternating Thursdays at 1 pm (Mirror)**(September 4, 18 and October 2, 16, 30)

The Women's Health and Wellness Group is an opportunity for women to explore life issues to share, discuss and problem-solve. The group decides the topics. Consistent attendance is expected and essential to ensure commitment and confidentiality.

Please contact Pat Donovan directly to inquire about joining: elmgroveavenue25@gmail.com
Group limit: 11.

Men's Group

Coordinator: Member John Stevenson Alternating Fridays at 12:30 pm-2 pm (Mural) (September 12, 26 and October 10, 24)

All male members are welcome. Conversations explore ways in which men are dealing with aging and life choices, reflecting on things learned over the years about what makes life interesting, and gaining perspective on barriers and struggles (including some continuing), all from a perspective of being "men" in today's society. Please contact John with any questions: istevenson@uri.edu

Horticulture Therapy At-Home Kits

Certified Horticulture Therapist: Sally Gruber

September: Sailing into Floral Design To be delivered: Tuesday, September 30

Cost: \$24.00 per participant
Order by: Tuesday, September 23

October: Autumn Wood

To be delivered: Tuesday, October 21

Cost: \$24.00 per participant Order by: Tuesday, October 14

Members order the kits to construct at home. Each personally-delivered kit includes instructions, fresh flowers and greens, accents, container, thematic poetry or music, and an edible treat!

Call or email Sally directly to order: 401-823-8077 or flowersforeveryone@msn.com

The American Horticultural Association notes that horticultural therapy in its various forms helps improve memory, cognitive abilities, task initiation, language skills, and socialization.

- GAMES -

Scrabble

Mondays at 12:30 pm (Mural)

All player levels are welcome. Contact member Charlene Kneath with questions: chark46@aol.com, 401-339-6922

Contract Bridge

Thursdays at 1 pm-3 pm (Mural)

All levels welcome.

We are always looking for new players! If you're interested, or would like more information contact

member Joan Breen: jjj606@verizon.net or 401-521-0276

Backgammon

Fridays at 10 am (Mural) All player levels are welcome.

Pool Table

The pool table is located in the basement and available for members to use at their leisure during the day. Please remember to leave the room as you have found it.

Volunteer Ian Steller provides a free tutorial for members. As more players become familiar with the game, he will plan group activities in the 'pool hall.' For lessons contact Ian at ianmsteller@gmail.com

Technology Help-Desk Hours

Tech Volunteer: JD Stettin
Thursdays at 11 am

By appointment only. Sign up at the Front Desk.

Genealogy & Family History Explorations

Researcher: Member Helen Litterst

Appointments required (Drop-ins accommodated if possible) Please email: helenlitterst@gmail.com

Helen assists members in their searches and also provides information about the myriad resources available to research family history.



- Executive Director's Note -



Dear Members.

It's hard to believe that September is just around the corner! I hope your summer has been as full and joyful as ours. Collin and I were delighted to welcome our daughter, Eden Jo Mills on June 19th, and are deeply grateful for the warm congratulations and kindness we've received from our friends at Hamilton House.

As I begin transitioning back into my work, I want to take a moment to share my heartfelt thanks. To our staff: Liz Kelley (Programs Manager), Patty Tanalski (Cafe Assistant), and Catherine Morris (Administrative Support during my leave), for keeping our operations, programs, and lunch service running smoothly all summer long. To our Board of Directors, for being present throughout—especially on Mondays—to staff the building and support our members. To our committee chairs and members, for their dedication in keeping things moving, meeting as necessary, and ensuring our summer social events were a success. And to each of you, our

members, for keeping the energy and spirit of Hamilton House alive this summer.

As I make my return, it has been wonderful to see both new and longtime members engaging with our mission in new and meaningful ways. I look forward to seeing you around at the House soon!

Warmly, Chloe Clasper-Torch

- Program Manager/Editor's Note -

Welcome back from summer and hello Autumn!

July/August wasn't exactly lazy here, but the summer does tend to slow us down a bit to enjoy long days and the outdoors. The September/October schedule will barely let you catch your breath as it is packed with new activities, including presentations by national park rangers, and a new partnership with Brown's science departments: Conversations in Science. The series invites Brown PH.D students to discuss their various research projects. We'll also be celebrating various cultural holidays through food and music (TBA), and there will be plenty of other social events and day trips to enjoy, along with old favorites. And don't forget to prepare for flu season - BCBSRI is sponsoring a vaccination clinic in late September. Stay safe and healthy, because you won't want to miss a day of all that's happening here at Hamilton House!

See you soon, Liz Kelley

House Information & Announcements

Hamilton House Café

Soup | Sandwiches | Dessert | Snacks | Coffee | Tea Open weekdays 11:30 am-1:30 pm Cash and checks are accepted at this time.

Non-member guests are welcome! The cafe menu is emailed to members every Monday. *Please note that items are subject to change based on popularity!*

If you would like to volunteer to serve during a lunch shift, contact Chloe to learn more or sign-up.

House Closure Dates

- Monday, September 1, Labor Day
- Monday, October 13, Columbus Day / Indigenous Peoples Day

Closure Policy: Hamilton House is closed on all Federal Holidays, when the Providence Public Schools are closed for weather-related events, or if there is a city-wide parking ban. A notice will go out via email, social media and on our website when the building is closed.

Parking Lot Reminders

Please do not park in the space that has the 'Reserved Parking' sign. This space is for our 2nd floor office tenant.

Cars <u>entering</u> the driveway have <u>the right of way</u>. Cars leaving the driveway, MUST back up—even with cars behind yours.

We ask that members who do not require accessible parking, please park on the street. Parking decals are available at the Front Desk for *members only*.

September is National Senior Center Month!

Rhode Island Office of Healthy Aging (OHA) notes that "September marks National Senior Center Month, and this year's theme, 'Powering Possibilities: Flip the Script' is all about challenging outdated stereotypes and spotlighting how senior centers fuel creativity, connection, and purpose in later life." And Hamilton House is all about that!

Learn more about events around the state in the month of September at https://oha.ri.gov/

Donations for Rhode Island Community Food Bank

The Special Events Committee will be accepting donations for the local food bank at all special events, starting with September's Film and Feast event on the 19th.

The donation box is located in the main entrance near the door. Donations: Canned and boxed goods only.

Please do not donate open, expired, or damaged items. Please do not include glass packaging, perishable, or prepared foods.

This donation event will be ongoing, with special events. For any questions, please contact Janet Bryant at pjabryant@gmail.com

Thank you Janet for making this wonderful suggestion!









Get Social! Search @hhlearningexchange to Follow and Like our Organization Page on Facebook! If you aren't on Facebook, consider leaving us a review on Google. This helps us greatly when members of our community look us up online. Click the icons or scan the QR codes provided.

Hamilton House Committees & Chairs

Interested in becoming involved with one of our active standing committees? Members are welcome to reach out to committee chairs with questions and interest. Please find their contact information listed below

Development Committee Frank Capecci, fcapecci@aol.com

Governance Committee
Sylvia Danforth, sdanforth42@gmail.com

Finance Committee, Carl Romanovich, carlromanovich@yahoo.com

Kitchen Committee

John Lord, jonskydozer@msn.com

Membership Committee Sylvia Danforth, <u>sdanforth42@gmail.com</u>

Personnel Committee

Pat Donovan, elmgroveavenue25@gmail.com

Program Committee
Elissa Arffa & Charlene Kneath
earffa@cox.net
chark46@aol.com

Property Committee Collin Mills, collin.n.mills@gmail.com

Social Events Committee Chair Vacant, hamiltonhouse276@gmail.com

Travel Committee
Chair Vacant, hamiltonhouse276@gmail.com



Monday	Tuesday	Wednesday	Thursday	Friday
Closed for Labor Day	10am – NO Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – NO Spanish II (Mural) 1pm – NO Tai Chi (CCC) Watercolor Studies will return September 30	9:30 am - Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm - SPEAKER: Prof Charlotte Carrington-Farmer (DR)	9am - Walking Group 10am - Art Studio Group (Art Studio) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Health & Wellness (Mirror)	10am - Backgammon (Mural) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30pm – Current Topics (DR)
9:50am - French Conversation (DR) 10 am Maggie Miles – 4-week Novella & Short Story class 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 11 am -Poetry Writers' Workshop (Mirror) 12:30pm - Scrabble (Mural) 1pm Cardmaking Workshop (Art Studio)	10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC)	9:30 am- Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm — SPEAKER: National Park Service/American National Archives: Citizen Archivists/(DR)	9am - Walking Group 10am - Art Studio Group (Art Studio) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Circle (Mirror)	9:30 am-11 am The Visual Diary Sketchbook (Pt. 1. Art Studio) 10am - Backgammon (Mural) 10 am Literature: The Long & Short of It (Oak) 10 am-12 pm Friday Flicks "The Life Ahead" (Mirror) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm -2 pm Men's Group (Mural) 12:30 pm Talking About Art: Paris! The City of Light (DR)
9:50am - French Conversation (DR) 10 am Maggie Miles – 4-week Novella & Short Story class 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 12:30pm - Scrabble (Mural)	10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC)	DAY TRIP: Providence Public Library Tour & Lunch 9 am-10:45 am New Member Coffee (DR) 9:30 am Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 – SPEAKER: Conversations in Science (DR) 1pm - Pottery Class (Pottery Studio)	Pam - Walking Group 10am - Art Studio Group (Art Studio) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Health & Wellness (Mirror)	19 10am - Backgammon (Mural) 10 am Literature: The Long & Short of It (Oak) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 11 am – 2 pm Film & Feast "A Touch of Spice." Greek cuisine lunch (DR) 2 pm Current Topics (DR)
9:50am - French Conversation (DR) 10 am NO Maggie Miles 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 11 am -Poetry Writers' Workshop (Mirror) 12:30pm - Scrabble (Mural)	Deadline to order Floral Home Therapy Kit 10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC)	9:30 am- Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm — SPEAKER Series: Conversations in Science (DR) 1pm - Pottery Class (Pottery Studio)	9am - Walking Group 10am - Art Studio Group (Art Studio) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Circle (Mirror) 2pm Flu/Covid vaccination clinic (Oak)	10am - Backgammon (Mural) 10 am Literature: The Long & Short of It (Oak) 10 am – 12 pm Friday Flicks "Sunday Best" (Mirror) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm -2 pm Men's Group (Mural) 4 pm – 6 pm Monthly Friday Social
9:50am - French Conversation (DR) 10 am Maggie Miles – 4-week Novella & Short Story class 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 12:30pm - Scrabble (Mural) 1 pm Book Club – "How to Read a Book"	Delivery of Floral Home Therapy Kit 10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC) 1 pm – 3:30 pm Watercolor Studies (DR)	DAY TRIP REMINDER: <u>Sunday</u> , September 28: Hamilton House's exclusive private tour of the RISD Museum Exhibition, Liz Collins: Motherlode, by the artist herself! Previous sign up required.		Room Abbreviations KEY: Dining Room - DR Mural Room - Mural Mirror Room - Mirror Oak Room - Oak Central Congregational Church - CCC located next door (entrance on Diman Pl.)

Monday	Tuesday	Wednesday	Thursday	Friday
Room Abbreviations KEY: Dining Room - DR Mural Room – Mural Mirror Room - Mirror Oak Room – Oak Central Congregational Church – CCC located next door (entrance on Diman Pl.)		9:30 am Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm— SPEAKER: Nat'l Park Service - Roger Williams & Witchcraft (DR) 1pm - Pottery Class (Pottery Studio)	9am - Walking Group 10am - Art Studio Group (Art Studio) 10:30 am Famous Paintings (DR) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Health & Wellness (Mirror)	10am - Backgammon (Mural) 10 am Literature: The Long & Short of It (Oak) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm Current Topics (DR)
9:50am - French Conversation (DR) 10 am Maggie Miles – 4-week Novella & Short Story class ENDS 11 am -Poetry Writers' Workshop (Mirror) 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 12:30pm - Scrabble (Mural)	10 am – 11:30 am Kiwandi Hand Quilting (DR) 10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC) 1 pm – 3:30 pm Watercolor Studies (DR)	9:30 am Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm— CONCERT: Ed Sweeney (DR) 1pm - Pottery Class (Pottery Studio)	9 9am - Walking Group 10am - Art Studio Group (Art Studio) 10:30 am Famous Paintings (DR) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Circle (Mirror)	9:30 am-11 am The Visual Diary Sketchbook (Pt. 1. Art Studio) 10am - Backgammon (Mural) 10 am-12 pm Friday Flicks "I'm No Longer Here" (Mirror) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm -2 pm Men's Group (Mural)
CLOSED for Columbus Day/Indigenous Peoples' Day	Order Home Floral Therapy Kit 14 10 am – 11:30 am Kiwandi Hand Quilting (DR) 0am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm - Tai Chi (CCC) 1 pm – 3:30 pm Watercolor Studies (DR)	9:30 am Meditation Circle 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm— SPEAKER Series: Conversations in Science (DR)	9am - Walking Group 10am - Art Studio Group (Art Studio) 10:30 am Famous Paintings (DR) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Health & Wellness (Mirror)	17 10am - Backgammon (Mural) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm Current Topics (DR)
9:50am - French Conversation (DR) 11 am -Poetry Writers' Workshop (Mirror) 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 12:30pm - Scrabble (Mural)	Delivery Home Floral Therapy Kit 21 10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC) 1 pm – 3:30 pm Watercolor Studies (DR)	9:30 am Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm SPEAKER: Christine Chitnis - travel author/photographer	DAY TRIP: RWP Botanical Garden 9am - Walking Group 10am - Art Studio Group (Art Studio) 10:30 am Famous Paintings (DR) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Circle (Mirror)	10am - Backgammon (Mural) 10 am-12 pm Friday Flicks "Will & Harper" (Mirror) 10 am-Wingate Water Aerobics (Wingate Residences on the East Side) 12:30 pm -2 pm Men's Group (Mural) 4 pm – 6 pm Monthly Friday Social
9:50am - French Conversation (DR) 11am - German - Intermediate (Mirror) 11am - Yoga (CCC) 12:30pm - Scrabble (Mural) 1 pm Book Club "My Friends" (DR)	10am – Spanish I (Mural) 10:30am - Poetry Group (Oak) 11am - Exercise (Zoom) 12:30am - Opera For Everyone (Mirror) 11:30am – Spanish II (Mural) 1pm -Tai Chi (CCC) 1 pm – 3:30 pm Watercolor Studies (DR)	9:30 am Meditation Circle (Oak) 10 am-Wingate Walks (Wingate Residences on the East Side) 11am - Readings & Discussion (DR) 12:30 pm— SPEAKER Series: Conversations in Science (DR) 1:45 HH Scavenger Hunt Awards (DR)	9am - Walking Group 10am - Art Studio Group (Art Studio) 10:30 am Famous Paintings (DR) 11am - Classic Novels (Mural) Exercise (Zoom) Genealogy Drop-in (Library) Tech Help. (By Appt.) 1pm - Bridge Club (Mural) Watercolor: Intermediate (DR) Women's Health & Wellness (Mirror)	10am - Backgammon (Mural) 12:30 pm Current Topics (DR)