

Hamilton House Courier 2025 Winter Catalog January/February



NEW Programs & Special Events

*Please note any payment, RSVP requirements and deadlines
Announcements on Pages 5-6; Ongoing Activities page 7*

PRESENTATIONS

Providence's Lost Chinatown

Speakers: Angela Yuanyuan Feng & Julieanne Fontana
Wednesday, January 29 at 12:30 pm (DR)

Brown doctoral candidate Yuanyuan Feng & National Park Ranger Julieanne Fontana researched this forgotten history and produced the slideshow for a class project while college students.

Between 1906 and 1917, approximately 100- 300 Chinese people lived in this enclave on Empire and Westminster streets. The community was later lost to demolition. Using photos and archives, the speakers are keeping this memory from being lost as well.

Today marks the Chinese New Year (Year of the Snake.) Special lunch options will be available in the cafe to celebrate!

Plantation Goods: A Material History of American Slavery

Speaker: Seth Rockman
Wednesday, February 5 at 12:30 (DR)

Seth Rockman is an associate professor at Brown, and an historian of the United States focusing on the period between the American Revolution and the Civil War.

His lecture is based on his newest book which cleverly traces certain objects to illustrate what one review described as the interdependence of the Northern industrial economy and Southern slave labor. NOTE: His book will be available for sale.

The History of Playing Pool at Hamilton House

Speaker: Ian Steller
Monday, February 10 at 12:45 pm -1:30 pm (DR)

Join Ian for this fun presentation about the game of pool, how it was part of Hamilton House's history—an heirloom which traces back more than 100 years, all the way to Mrs. Hamilton herself. and the lovely pool table that now sports new leather pockets and a new felt cover!

My Life in Bookland

Speaker: Ilene Weismehl
Wednesday, February 26 at 12:30 pm (Library)

A bookseller and collector, Ilene loves books and enjoys talking about them with fellow bibliophiles! She will speak about her book collection: how she built it; organized it; and why she calls it a “collection” – versus just books on her shelves. Members will have a chance to share their bookish interests.

Ilene has a Master's in English Literature from UMass Boston, works a dual career in IT and bookselling; she also participates in a local writing group, which she founded in 2010.

CONCERTS

Nicholas Galinaitis, pianist

Wednesday, January 8 at 12:30 pm (Hallway)

Nicholas Galinaitis is a dynamic and upcoming concert pianist who performs a repertoire that includes Chopin, Rachmaninoff, Liszt, Gershwin Scarlatti, and sacred music.

Nick will also be staying for lunch after the concert and looks forward to chatting with members.

Along the Silk Road Route and Back

Cathy Clasper-Torch & Shelley Katsch

Wednesday, January 22 at 12:30 pm (Hallway)

An instrumental concert/journey with Cathy and Shelley performing on violin, piano, cello, accordion & erhu. NOTE: CDs will be on sale after the concert.

Mary King, harpist and the Sally Rocket A Cappella Group

Tuesday, February 25 at 12:30 (Hallway)

Celtic harpist Mary King and the 4-person female a-cappella group Sally Rocket are combining talents to fill the air with melody, harmony and joy with Celtic and folk songs.

The harp is an ancient instrument, elegantly shaped like a butterfly's wing, with plucked strings that produce gentle, ethereal melodies. The human voice may well be the first and oldest instrument, and a cappella is a wonderful expression of 'vocal music' with its vocal texture and precise ability to blend diverse voices.

SPECIAL EVENTS

Coordinated and planned by the Special Events Committee.

January

Wine Tasting

Beyond Prosecco: The World of Sparkling Wines

Tuesday, January 14, 5pm-7pm

\$20 per person

Registration limited to 24 – Sign up now

Join host Eric Taylor from Bottles as he guides us through some of the many varieties of sparkling wines. Add a bit of pizzazz to this darkest time of the year.

February

Roaring 20s Murder Mystery Dinner

Tuesday, February 18, 5pm -7pm

\$22 per person

Registration limited to 20 – Sign up now
(Parts assigned after registration)

A Decadent Mansion

A Sumptuous Three-Course Meal

Bathtub Gin

Flappers and Dappers...and Murder!

A classic "Who-dun-it"

where the "Who" could be "You"!

LUNCH & LEARN/FOOD FOR THOUGHT/ OTHER DELECTABLES

Coming to America & Adjusting to a New Life

Various members will share their immigrant stories

Monday, January 13 at 12:30 pm (DR)

Learn about the melting pot of America right here at Hamilton House! Speakers from England, Ireland, Scotland, Germany, India, China, Argentina and other countries will share their stories, and open the floor to other members.

The Animals in Our Families

Member Gwen Edwards

Wednesday, February 12 at 12:30 pm

Many of us share our lives with companion animals. For some of us, these are beloved members of our family. For others, they are our only family.

Join this non-judgmental discussion of our pets and their meaning in our lives. We will share experiences, memories, and resources. We can discuss a variety of topics such as wills and trusts, pet insurance, elective medical procedures, and grief and bereavement.

This discussion is particularly for members who have or have had furry or feathered companions, but all are welcome.

Members are welcome to send their pets' photos for a slideshow to John Stevenson at jstevenson@uri.edu.

Talking About Art

Suzanne Lewis

This is a monthly discussion group for anyone who wants to learn more about art and artists – and grab a bite to eat from the cafe or bring from home.

January: Winter Scenes

Wednesday, January 15 at 12:30 pm (DR)

Winter can be seen as dreary and dark or magical when snow sparkles in the sunlight. As students explore their own views on this season, they will compare and contrast how three American artists depicted winter through their use of composition, color and subject matter to evoke a feeling in viewers: Willard Metcalf (American Impressionist 1882-1925), George Bellows (Ashcan School 1882-1925) and Andrew Wyeth (Realist 1917-2009).

February: Elizabeth Catlett

Wednesday, February 19 at 12:30 pm (DR)

In recognition of Black History Month this talk will feature African American painter, printmaker and sculptor, Elizabeth Catlett (1915-2012.) Follow her fascinating life from her art education at Howard University and her marriage to fellow artist Charles White, to her eventual move to Mexico. Discussions will include the Mexican and African American influences in her art.

LITERATURE/POETRY/WRITING

One Amazing Thing

An in depth study of Chitra Divakaruni's novel *One Amazing Thing*

Member Maggie Miles

Tuesdays 10:30 am- 12:00 pm (DR)

February 4- 25

Sign up at Front Desk. Limited to 13*

One Amazing Thing by novelist and poet Chitra Divakaruni tells the story of nine people from diverse backgrounds and beliefs who become trapped inside an office during an earthquake. They decide to take turns telling a personal story they've never told anyone before. Similarly, in the last class, students will share "one amazing thing" from their own lives. The book is readily available in local libraries and online booksellers (new/used). **NOTE:** Be prepared to discuss chapters 1-4 at the first class

**Please consider whether you will be able to attend most sessions before signing up for limited space activities.*

Crafting a Non-Traditional Memoir:

The Lyrics of Your Life

Member Mike Fink

Thursdays at 12:30 pm (Oak)

February 6-27

Have a favorite song or scene in a movie that seems to sum up your life? This class is designed for members to share such heartfelt depictions. Students will select favorite and meaningful lyrics or other performances that helped define the decades of their lives or resonated at different junctures.

ARCHITECTURE/HISTORY

Professor Charlotte Carrington-Farmer Lectures

Dr. Charlotte Carrington-Farmer is a Professor of History, specialising in early American History.

Loyalists in the American Revolution

Wednesday, January 22 at 2:00 pm (DR)

The traditional historical narrative depicts the American Revolution as almost a done deal in a quest for independence and liberty. This lecture will examine the lives of several loyalists from around New England and New York to examine their values and experiences in the late 18th-century. A wide range of primary sources, including letters, diaries, newspapers, court records, and images will help to reconstruct the loyalists lives and beliefs.

Roger Williams and His World

Wednesday, February 12 at 2:00 pm (DR)

This lecture focuses on the topic of Charlotte's new book about Roger Williams, a 17th-century English immigrant to New England and famously banished from the Massachusetts Bay Colony in 1635. He was banished for his "new and dangerous opinions" on religious freedom, the separation of church and state, and Indigenous land rights.

Williams is the most written-about person of 17th-century New England, yet he is notoriously difficult to read. This lecture/book draws together a wide range of primary sources by and about Williams in order to make this history accessible to a broad audience.

NOTE: Signed books will be available for sale.

VISUAL ARTS

Introduction to Drawing: Learning to See

Robert Ramspott

Wednesdays at 9:30 am- 11:00 am (Art Studio)

January 8 - February 26

Sign up required at Front Desk. A minimum of five students is required, with a max. at 10.

NOTE: Anyone on the waiting list will be given priority for the next semester.

Students will learn the basic fundamentals of drawing, while experimenting with various materials as they study Still Life, Landscape, Figure, and many other subjects. This exploration will heighten students' artistic expression and visual sensibilities.

The class will have fun discovering different techniques and concepts to master this art form. Students will also be able to focus on their own vision, which the Instructor will assist and help to clarify. Students will complete the session with a portfolio of drawings.

Robert Ramspott received an MFA from Pratt Institute. He was an art teacher for 28 years; a designer in Textile Design, Home Furnishings; and product manager for wrapping paper, woven textiles, wallpaper and prints at leading fashion/lifestyle houses.

Supply List (Items can be purchased at Staples and any discount store) *Strathmore Drawing Paper 11x14", Faber-Castell Classic Sketch Set, 2 HB Staedler Norica Pencil Set.*

HEALTH & WELLNESS

Journaling for Emotional Wellness

Members Elissa Arffa & Charlene Kneath

Thursdays at 11:00 am (DR)

January 2-30

Anyone who has ever kept a diary understands the concept and benefits of journaling! It's simply writing down one's thoughts and feelings to understand them more clearly. Journaling can help us gain control of our emotions, improve our mental health, and provide an opportunity for positive self-talk and identifying negative thinking.

In this four-week class, students will receive writing prompts with time to write and share if they'd like. Each week the class will discuss how the process is going and help each other to continue writing.

Caregiver Discussion and Support Group

Members Pam Elizabeth & Elissa Arffa

Mondays at 1:00 pm (Mirror)

January 6-27

This discussion and sharing group is designed for anyone who is or has been a primary caregiver or anticipates becoming a primary caregiver.

The group will focus on the challenges and rewards of caregiving in a safe, respectful and emotionally supportive space.

Members will learn about caregiving from one another and share experiences about this very personal and intense commitment to caring for another person. All are welcome to attend one or all four meetings.

Extended Community Partnership Opportunities

Off-Site: Wheeler School Community Ethics

Forum (CEF). 216 Hope St. Providence, RI.

Second and fourth Fridays at 12:45 pm -1:30 pm
January 10, February 14 & 28; no meeting January 24

Ian Steller, a volunteer at Hamilton House and a teacher at Wheeler, invites members to join the Wheeler Upper School Ethics Club/Ethics Bowl Team for bi-monthly discussions about timely and provocative ethical dilemmas. The format is case-based. Ian is faculty supervisor of the Ethics Club.

Both organizations are based around community and learning, and also share a desire to promote intergenerational learning. Perhaps our greatest gift as community elders is our life-long experiences and perspective.

Members interested may write to Ian Steller:
iansteller@wheelergmail.org.

*More Community Partnerships & Ongoing Programs
Continued on Page 7*



Staff Messages & Announcements

Executive Director's Note

Dear Members,

As I write this note we are approaching the winter solstice (Dec. 21) the shortest, and darkest day of our year here in the northern hemisphere. The weeks to follow offer the promise of brighter days to come – and this feels right – there is lots to look forward to in the new year here at Hamilton House! With January just around the corner, I'd like to share a few updates and reminders with you all.

Year End Giving

First off, a big Thank You to all of our members who have made year-end gifts to Hamilton House! Your generosity ensures that Hamilton House remains a vibrant community— not just today, but for years to come. If you have not yet made a gift - *there is still time!* Members can give via check, card or online. If you didn't receive a year-end giving card, you may pick one up at the front desk or contact me with questions.

We realize that participating in a fund-drive at the end of the year is not ideal for everyone. Please know that a donation to Hamilton House at *any* time of the year

makes a meaningful impact. We celebrate that members are generous in supporting our mission not only through monetary gifts that assist in sustaining our operating needs, but also with your time and talents that bring our vision to be an vibrant adult lifelong learning community, to life!

2025 Membership Renewal

This year membership renewal will look a bit different than in years past. Any members who joined or renewed their membership during last year's "membership drive" (January through March 2024) will receive notice that your annual membership is ready to renew

after the new year. All annual memberships now begin on the day dues are paid, and are good for one year (i.e. April 1, 2025 - April 1, 2026). Forms for renewal will be available soon! *We hope that we will see all of you again in 2025!*

Community Meetings

Our first community meeting will be held in February. I encourage each of you to attend and share your ideas and aspirations for Hamilton House, as well as any concerns or questions. We are a member-driven organization, and *your voice matters!*

I am filled with gratitude for being a part of this inspired community. Thank you for a wonderful year! Wishing you all happy holidays and bright days ahead. Warmly, Chloe

Program Manager/Editor's Note

It can be difficult to live in the moment when planning programs because it involves looking at the road ahead, yet in these last few days of 2024, I'm reminded to look *back* at the year that was and all of the moments within. Each week, Hamilton House offers members about 29 different activities. This year we enjoyed approximately 28 new classes, 14 Special Events, eight speakers, eight day trips, seven clinics, seven art exhibits and one pottery exhibit, six concerts, six Lunch & Learn or similar member presentations, three guest lecturers, two RISD Design Labs, our first Diwali celebration, our first PorchFest, and our first Mindful Retreat..... there's probably a partridge in a pear tree around here somewhere too!

And let's not forget the wonderful visit from our esteemed mayor, Brett Smiley. The mayor's office is one of the many relationships we continue to nurture as we stay connected to our wider community.

Speaking of all we have here, I'm grateful for the instructors/facilitators who make these classes and programs possible. I'm also grateful for all of you who 'show up' each week to support them, and one by one build and strengthen our community. I hope in the new year, more of you will be active members and try something new each semester, as our brains, and no doubt our spirits, need new stimulus to stay healthy. Have the merriest of holidays and a healthy new year. — Liz Kelley

House Information

COMMUNITY MEETING

Thursday, February 13 at 9:30 am -11:30 am

It's a New Year and much to share and talk about. Board President Frank Capecci and Executive Director Chloe Clasper-Torch cordially invite all members to attend this first community meeting of 2025.

This is a great opportunity to hear what is taking place at Hamilton House, to ask questions and give suggestions, which our member surveys have noted are important to you. It is also a great way to meet fellow members, the Board and committee members.

And as always, when there is a group of us gathered we will have time to socialize!

No other activities will take place during the Community Meeting.

HOUSE CLOSURES

Monday, January 20 Martin Luther King, Jr., Day
Monday, February 17 Presidents' Day

Hamilton House Café

Open weekdays 11:30 am-1:30 pm
Cafe menu is emailed every Monday.

Cash and checks are accepted at this time.

Non-member guests are welcome!

Please consider signing up for a shift to serve lunch on Fridays. Contact Chloe to learn more.

Parking Lot Reminders

Cars entering the driveway have the right of way. Cars leaving the driveway, **MUST back up—even with cars behind yours.**

We ask that members who do not require accessible parking, please park on the street. Parking decals are available at the Front Desk for members.



Get social! Follow and like us on Facebook! Search @hhlearningexchange to stay connected via social media. We are encouraging our members to like and share posts as we develop this new Facebook page. If you aren't on Facebook, consider leaving us a review on Google! This helps us greatly when members of our community look us up online. **Click the icons or scan the QR codes provided.**

Also check the website and online calendar at www.historichamilton.org

Room Abbreviations

- Dining Room - DR
- Mural Room - Mural
- Mirror Room - Mirror
- Oak Room - Oak
- Central Congregational Church - CCC; located next door
- Chapel Hall - located next door at CCC
- Fireplace Room - FP; located next door at CCC

Board of Directors

Frank Capecci, president
John Lord, vice president
Rob DiStefano, Jr., treasurer
Jerry DeSchepper, secretary

Jane Adler, director
Elissa Arffa, director
Thomas Bain, director
Sylvia Danforth, director
Vincent Messina II, director
Sue Pandit, director
John Stevenson, director

Hamilton House Staff

Chloe Clasper-Torch, executive director
Liz Kelley, programs/outreach/editor
Collin Mills, facilities/ maintenance manager
Patty Tanalski, kitchen assistant

**Community Partnership Opportunities Continued
from pg. 4**

**Off-Site: School One Intergenerational Art:
Advanced Drawing Class** 220 University Ave,
Providence, RI.

Tuesdays at 3:00 pm - 6:00 pm

Led by Michael Gunn, there will be quick creative warm-up activities and imaginative processes that get students drawing without overthinking. The class will cover essential topics like line, value, perspective, space, shape, texture, pattern, and design through engaging classroom activities.

Winter/Trimester 2: December 2 - March 4
(includes school vacation December 20- January 5)
Spring/Trimester 3: March 17 - June 5 (includes
school vacation April 21-25)

This class is free. All skill levels welcome. To sign up, complete this registration [form](#). Or contact Diana at School One. 401-331-2497/
dianac@school-one.org.

Ongoing Activities

Most classes are on a drop-in basis. Please note any RSVP requirements or payment deadlines

LANGUAGE

French: Conversation and Culture

Instructor: member Sheila Zompa
Mondays at 9:50 AM-10:50 AM (TBA)

Designed for beginner and intermediate French learners who have a basic knowledge of French grammar. Emphasis will be on speaking. French culture will often enhance the conversational experience.

German: Intermediate Study Group

Mondays at 11:00 AM (Mirror)

Join a self-directed gathering of studious German language students.

Spanish I & II

Instructor: member Alicia Elwin
Tuesdays (Mural)
Maximum size for both classes is 10

Spanish I: 10:00 AM-11:00 AM

This is a class for beginners and continuing students. Grammatical concepts will be explained in both English and Spanish. In addition, students will begin reading Spanish Short Stories that increase in difficulty.

Spanish II: 11:30 AM- 12:30 PM

A comfortable knowledge of Spanish grammar and verb usage is advisable. This is an advanced Spanish conversation class. Reading material for discussion may include novels, short stories or articles written in Spanish.

LITERATURE & DISCUSSION

Book Club

Coordinator: member Sylvia Danforth

Monday, January 27, 2025, 1:00 pm (DR)

"Miss Morgan's Book Brigade" by Janet Skeslien Charles

Based on the extraordinary little-known history of the women who received the Croix de Guerrero medal for courage under fire in 1918 as the Great

War rages. Jessie Carson takes a leave of absence from the New York Public Library to work for the American Committee for Devastated France. She establishes children's libraries, turns ambulances into bookmobiles and trains the first French librarians and disappears. Then in 1987 an aspiring writer and librarian becomes consumed with her fate but has no idea their paths will converge in surprising ways across time.

Monday, February 24, 2025, 1:00 pm (DR)
"Caleb's Crossing" by Geraldine Brooks

Bethia Mayfield is a restless and curious young woman growing up in Martha's Vineyard in the 1660's amid a small band of pioneering English Puritans when at age 12 she meet Caleb, the young son of a chieftain. The two forge a bond that draws each into the alien world of the other. This story brilliantly captures the triumphs and turmoil of two brave, open hearted spirits who risk everything in a search for knowledge at a time of superstition and ignorance.

Poetry Writers' Workshop

Coordinator: member Nancy Cherico

The poetry workshop will be meeting at 11:15 on the second and fourth Mondays in January and February. (Mural—subject to change)

These sessions will provide a supportive space to get feedback from other writers about how to enhance your message—the high points, what works, what leaves questions for the reader, and what might work better. Bring a poem (or 2) to be work-shopped. **Open to all members.**

Poetry Group

Instructor: member John Lord
Tuesdays at 10:30 AM (Oak)

Each month focuses on a poet's works and influence on the genre.

Classic Novels

Instructor: member Joan Pettigrew
Thursdays at 11:00 AM (Mural)

This class takes an in-depth look at a variety of novels that have stood the test of time, and explores novels and authors who may be en route to this distinction.

Readings & Discussion

Coordinator: member John Stevenson
Wednesdays at 11:00 AM (DR)

Join a lively, weekly discussion group about a stimulating essay or short article. Titles and links to the readings are listed in the weekly ebulletin.

Current Topics

Facilitator: member Rick Tropper
Alternating Fridays at 12:30 PM (DR)

This is an opportunity for those who enjoy a good discussion to share their opinions about what they've been reading and hearing in the news. Bring a topic suggestion.

ARCHITECTURE/ART/FILM/HISTORY/ MUSIC

FILM

Friday Flicks

Popcorn is provided

Selma (2014)

Friday, January 17 at 10:00 am -12:00 pm (Mirror)

This film depicts the African American campaign and struggle to pass the Voting Rights Act, led by Rev. Martin Luther King, Jr., Director: Ava DuVernay. January 20 is Martin Luther King Day.

Descendant (2022)

Friday, February 14 at 10:00 am - 12:00 pm
(Mirror)

February is Black History Month. This documentary follows descendants of the survivors from the Clotilda, the last ship that carried enslaved Africans to the United States, as they reclaim their story. Director: Margaret Brown.

VISUAL ARTS

Watercolor Studies

Instructor: Anne Wert
Tuesdays at 1:00 PM-3:30 PM (DR)

The class will learn various watercolor techniques and touch on the basics of painting, including color, value, and composition. Each class will start with a demo or lesson and end with a group critique. Artists should bring their own reference images. Some watercolor experience recommended.

Art Studio Group

Self-directed
Thursdays at 10:00 AM-11:00 AM

Art Studio Group is for members to work on their art individually, yet without being alone. Bring your own supplies and pieces to work on.

Introduction to Watercolor Painting

Instructor: Mike Bowen

Fridays at 9:30 AM– 11:00 AM (Art Studio)

Class limit: 10

Sign up at Front Desk. New students welcome. Please Contact Mike for a list of supplies you will need at mikebowen464@gmail.com

No prior experience necessary. Students will learn drawing, primary colors, design and composition, wet on wet/wet to dry methods, and explore all aspects of making a successful watercolor painting. Classes will include a demo, followed by studio time to paint.

Intermediate Watercolor

Instructor: Anne Rourke

Thursdays 1:00 PM–3:30 PM (DR)

This is a class for students with previous training or experience in watercolor. Students will be able to explore a variety of techniques.

Open Studio

All members welcome. Explore your creativity in this quiet space that is available when art classes are not in session.

The Art Studio is located in the basement. An automated 'stair chair' is available.

Hand-building Pottery

Instructor: Kate Champa

Wednesdays at 1:00 PM—3:00 PM **NEW TIME**
(Pottery Studio)

Sign up at the Front Desk.

Materials Fee: \$25 to be **paid directly** to instructor at the **first** class of each new two-month session. This fee covers the cost of clay and firing the electric kiln. Students will learn about clay, forming objects without a wheel, glazing, and firing.

HANDICRAFTS

Card Making Workshops

Instructor: member Ann Thomas

First Monday of every month at 1:00 PM – 3:00 PM
(Oak)

Class limit: 10. Contact Ann directly the Friday before class to join.

\$10 materials fee to be paid directly to instructor at workshop. BYO glue and scissors. All other materials/envelopes will be provided. Contact Ann to join: annthomas8432@yahoo.com, 303-619-7622.

HEALTH & WELLNESS

Exercise with Jodie (Zoom & In person off-site)
Tuesdays and Thursdays at 11:00 AM

Members have the option of attending this class in person at Wingate on the East Side, 1 Butler Drive. If you'd like to go to Wingate: Park in front of their building, sign in at the lobby desk and the concierge will direct you to the gym. Bring a mat. There will be 1-3 lb weights available. **Zoom link is provided in weekly eBulletin.**

This is a low impact class with upper and lower body exercises for active older adults. The class helps with balance, strength, preserving bone density, vitality, and mobility.

Tai Chi

Instructor: Bob McManus

Tuesdays at 1:00 PM (Chapel Hall at CCC)

This ancient Chinese martial art is known for its slow, intentional movements, gentle exercise and moving meditation.

Women's Circle

Coordinator: member Janice Arsenault
Alternating Thursdays at 1:00 PM (Mirror)
(Begins January 2)

This group will gather to socialize and share what's 'going on' in their lives, and be both supportive and supported through friendly conversation in a welcoming setting.

Women's Health & Wellness Group

Facilitator: member Pat Donovan
Alternating Thursdays at 1:00 PM (Mirror)
(Begins January 9)

The Women's Health and Wellness Group is an opportunity for women to explore our life issues to share, discuss and problem-solve. As a group we decide the topics to discuss: what we are grateful for and what we need to find ways to cope with or find solutions for.

Men's Group

Coordinator: member John Stevenson
Alternating Fridays at 12:30 PM-2:00 PM (Mural)
(Begins January 3)

Yoga Mondays (In person & Zoom)

Instructor: Sara Davidson Flanders
Mondays at 11:00 AM (TBA)

These weekly sessions of simple actions create powerful and positive effects for your body, mind, emotions, and spirit. Classes are in-person and on Zoom; the link is sent in the weekly ebulletin.

Horticulture Therapy (formerly Floral Arrangements)

Coordinated Certified Horticulture Therapist, Sally Gruber

The American Horticultural Association notes that horticultural therapy in its various forms helps improve memory, cognitive abilities, task initiation, language skills, and socialization.

Members order the kits to construct at home. Each personally-delivered kit includes fresh flowers and greens, accents, container, instructions, thematic poetry or music, and an edible treat!

Call or email Sally directly to order: 401-823-8077 or flowersforeveryone@msn.com

January

Japanese New Year Floral Kit

To be delivered: Tuesday, January 21
Cost: \$24.00 per participant
Order by: **January 14**

February

Falling in Love with Flowers Floral Kit

To be delivered: Tuesday, February 25
Cost: \$24.00 per participant
Order by: **February 18**

GAMES

Have fun, socialize and keep that brain active!

Scrabble (Mural)

Mondays at 1:00 PM
All player levels are welcome.
Contact member Charlene Kneath with questions:
chark46@aol.com, 401-339-6922

Contract Bridge

Thursdays at 1:00 PM-3:00 PM (Mural)

All levels welcome. Contact member Joan Breen for information: jjj606@verizon.net, 401-521-0276

Backgammon

Fridays at 10:00 AM (Mural)

TECH HELP-DESK

Techie Volunteer: JD Stettin
Thursdays at 11:00 AM

By appointment only. Sign up at Front Desk.

GENEALOGY & Family History Explorations

Researcher: member Helen Litterst
Thursdays at 11:00 AM

Appointments required (Drop-ins accommodated if possible) Please email: helenlitterst@gmail.com

Helen assists members in their searches and also provides information about the myriad resources available to research family history.



THINKING OF BECOMING A VOLUNTEER?

Here are some reasons to help you make up your mind.

- **Meet new friends.** Volunteering brings people together.
- **A chance to give back.** Helping your community.
- **Learn new things.** Step outside your comfort zone.
- **Have a voice.** Share in the Hamilton House mission and values.
- **It's good for you.** Personally and socially.

HAMILTON HOUSE COMMITTEES

Development
Governance
Finance
Kitchen
Membership

Personnel
Programs
Property & Grounds
Special Events
Travel

Additional Opportunities include Front Desk Reception, Board Member, Class Facilitator, Data Entry, Gallery support, Newsletter collation & more!

BE A VOLUNTEER: Good for you, good for all of us!

January

2025

Monday	Tuesday	Wednesday	Thursday	Friday
		1 <i>Happy New Year!</i> Hamilton House is CLOSED	2 10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Journaling for Wellness 11 am - Tech Help (By Appt.) 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Circle	3 9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Men's Group
6 9:50 am - French 11 am - German 11 am - Yoga 1pm - Cardmaking Workshop 1 pm - Caregiver Support Group 1 pm - Scrabble	7 10 am - Spanish I 10:30 am - Poetry Group 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing	8 9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - CONCERT: Pianist Nicholas Galinaitis 1pm - Pottery Class	9 10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Journaling for Wellness 11 am - Tech Help (By Appt.) 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Health & Wellness	10 9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Current Topics in the News
13 9:50 am - French 11 am - German 11 am - Yoga 12:30 - FOOD FOR THOUGHT: Coming to America & Adjusting to a New Life 1 pm - Caregiver Support Group 1 pm - Scrabble	14 10 am - Spanish I 10:30 am - Poetry Group 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing 5 pm - SPECIAL EVENT: Wine Tasting	15 9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - Lunch & Learn: Talking About Art 1 pm - Pottery Class	16 10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Journaling for Wellness 11 am - Tech Help (By Appt.) 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Circle 1 pm - [Offsite] Monthly Board Meeting	17 9:30 am - Intro to Watercolor 10 am - Backgammon 10 am - Friday Flicks: <i>Selma</i> 12:30 pm - Men's Group
20 Hamilton House is CLOSED in observance of: <i>Martin Luther King Jr. Day Inauguration Day</i>	21 10 am - Spanish I 10:30 am - Poetry Group 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing	22 9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - CONCERT: Cathy Clasper-Torch & Shelley Katsh 1 pm - Pottery Class 2 pm - LECTURE: Loyalists in the American Revolution	23 10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Journaling for Wellness 11 am - Tech Help (By Appt.) 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Health & Wellness	24 9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Current Topics in the News 12:45 pm - [Off Site] Wheeler School Ethics Club
27 9:50 am - French 11 am - German 11 am - Yoga 1 pm - Book Club: <i>Miss Morgan's Book Brigade</i> 1 pm - Caregiver Support Group 1 pm - Scrabble	28 10 am - Spanish I 10:30 am - Poetry Group 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing	29 9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - PRESENTATION: Providence's Lost Chinatown 1 pm - Pottery Class	30 10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Journaling for Wellness 11 am - Tech Help (By Appt.) 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Circle	31 9:30 am - Intro to Watercolor 10 am - Backgammon 12:30pm - Men's Group

Monday	Tuesday	Wednesday	Thursday	Friday
3	4	5	6	7
<p>9:50 am - French 11 am - German 11 am - Yoga 1pm - Cardmaking Workshop 1 pm - Caregiver Support Group 1 pm - Scrabble</p>	<p>10 am - Spanish I 10:30 am - Poetry Group 10:30 am - Book Study with Maggie Miles: <i>One Amazing Thing</i> 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing</p>	<p>9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - SPEAKER: Seth Rockman 1 pm - Pottery Class</p>	<p>10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Tech Help (By Appt.) 12:30 pm - Crafting a Non-Traditional Memoir 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Health & Wellness</p>	<p>9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Men's Group</p>
10	11	12	13	14
<p>9:50 am - French 11 am - German 11 am - Yoga 12:45 pm - SPEAKER: The History of Playing Pool at Hamilton House, Ian Stellar 1 pm - Caregiver Support Group 1 pm - Scrabble</p>	<p>10 am - Spanish I 10:30 am - Poetry Group 10:30 am - Book Study with Maggie Miles: <i>One Amazing Thing</i> 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing</p>	<p>9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - FOOD FOR THOUGHT: Animals in our Family 1 pm - Pottery Class 2 pm - LECTURE: Roger Williams and His World by Prof. Charlotte Carrington-Farmer</p>	<p>9:30 am COMMUNITY MEETING <i>Regularly scheduled activities will resume after lunch</i> 12:30 pm - Crafting a Non-Traditional Memoir 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Circle</p>	<p>VALENTINE'S DAY 9:30 am - Intro to Watercolor 10 am - Backgammon 10 am - Friday Flicks: <i>Descendant</i> 12:30 pm - Current Topics in the News 12:45 pm - [Off Site] Wheeler School Ethics Club</p>
17	18	19	20	21
<p>Hamilton House is CLOSED in observance of: <i>Presidents' Day</i></p>	<p>10 am - Spanish I 10:30 am - Poetry Group 10:30 am - Book Study with Maggie Miles: <i>One Amazing Thing</i> 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies 3 pm - [Offsite] School One Intergenerational Art Class: Advanced Drawing 5 pm - SPECIAL EVENT: Murder Mystery Dinner</p>	<p>9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - Lunch & Learn: Talking About Art (Elizabeth Catlett) 1 pm - Pottery Class</p>	<p>10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Tech Help (By Appt.) 12:30 pm - Crafting a Non-Traditional Memoir 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Health & Wellness 1 pm - [Offsite] Monthly Board Meeting</p>	<p>9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Men's Group</p>
24	25	26	27	28
<p>9:50 am - French 11 am - German 11 am - Yoga 11:15 am - Poetry Writers' Workshop 1pm - Book Club: <i>Caleb's Crossing</i> 1 pm - Caregiver Support Group 1 pm - Scrabble</p>	<p>10 am - Spanish I 10:30 am - Poetry Group 10:30 am - Book Study with Maggie Miles: <i>One Amazing Thing</i> 11 am - Exercise (Zoom/In-Person Offsite) 11:30 am - Spanish II 1 pm - Tai Chi (held next door at CCC) 1 pm - Watercolor Studies</p>	<p>9:30 am - Introduction to Drawing 11 am - Readings & Discussion 12:30 pm - SPEAKER: Ilene Weismehl 1 pm - Pottery Class</p>	<p>10 am - Art Studio Group 11 am - Classic Novels 11 am - Exercise (Zoom/In-Person Offsite) 11 am - Genealogy 11 am - Tech Help (By Appt.) 12:30 pm - Crafting a Non-Traditional Memoir 1 pm - Bridge Club 1 pm - Watercolor (Intermediate) 1 pm - Women's Circle</p>	<p>9:30 am - Intro to Watercolor 10 am - Backgammon 12:30 pm - Current Topics in the News 12:45 pm - [Off Site] Wheeler School Ethics Club</p>