

Discover  
Natural  
Connection™  
November 2020



**Kinnikinnick**  
Pie Crusts  
13.75 OZ

**GF**  
**\$3.99**



**Farmer's Market**  
Organic  
Pumpkin Pie Mix  
or Organic  
Cranberry Sauce  
15 OZ

**USDA ORGANIC**  
**GF**  
**\$2.49**



**Quorn Foods**  
Meatless Roast  
Turkey  
16 OZ

**\$6.99**



**Imagine Foods**  
Organic Gravy  
Roasted Turkey  
Flavored  
13.5 FL OZ  
Selected Varieties

**GF**  
**USDA ORGANIC**  
**2/\$4**



**If You Care**  
Parchment  
Roasting Bags  
Non-Stick, Extra  
Large  
2 CT

**\$5.79**



**Cascadian Farm**  
Organic  
Green Beans  
Cut  
16 OZ  
Selected Varieties

**USDA ORGANIC**  
**GF**  
**\$2.79**



**Bulk**  
Organic Pecans  
Halves & Pieces

**\$11.59/lb**



**Bulk**  
Organic Cranberries  
Sweetened

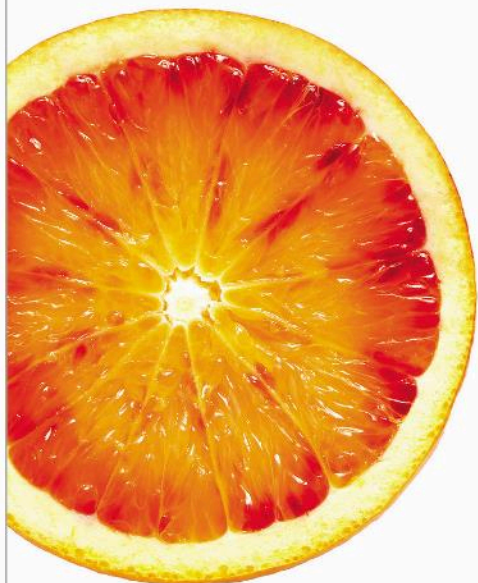
**\$4.29/lb**

Some items may not be available. See store for details.  
Printed with soy ink on recycled paper. Not responsible for typographical errors.

**Lifeway**  
EST. 1986

## Immune-Boosting Beverage

As consumers look for healthy, immune-boosting beverage options, Lifeway Kefir may support immunity with probiotics, protein, and vitamin D.



**Lifeway Kefir**  
Whole Milk Kefir  
Blood Orange  
32 FL OZ  
Selected Varieties



**\$4.99**



**Cabot Creamery**  
White Cheddar Cheese  
Seriously Sharp, Cracker Cut  
7 OZ  
Selected Varieties



**\$4.49**



**Go Veggie!**  
Vegan Parmesan Style  
Topping  
Grated  
4 OZ

**\$3.79**



**Miso Master**  
Organic Miso  
Mellow White  
8 OZ  
Selected Varieties



**\$4.99**



**Nasoya Foods**  
Organic  
Tofu Dumplings  
Vegetable  
9 OZ



**\$3.79**

# KEVITA®

## Good Health Starts with Your Gut



**Kevita**

Organic Sparkling Probiotic Drink  
Lemon Ginger or Lime Mint Coconut

Organic Apple Cider Vinegar Tonic  
Elderberry

Organic  
Master Brew Kombucha

French Oak Apple  
or Blackberry Hops

15.2 FL OZ

**\$2.79**

Selected Varieties



# butter your way through the holidays

Add rich flavor to your favorite recipes with traditional dairy or an alternative butter.



**Meyenberg**  
Goat Milk Butter  
European Style  
8 FL OZ

**\$6.49**



**Green Valley Creamery**  
Lactose-Free Butter  
Lightly Salted  
16 OZ

**GF**  
**\$5.79**



**Miyoko's Creamery**  
Organic Vegan Butter  
Hint of Sea Salt  
8 OZ  
Selected Varieties

**GF** **USDA ORGANIC**  
**\$5.79**



**Minerva Dairy**  
Sea Salted Butter  
Amish Roll  
2 LB

**\$11.49**



**Makers of Artisanal Plant-Based Meats & Cheeses**

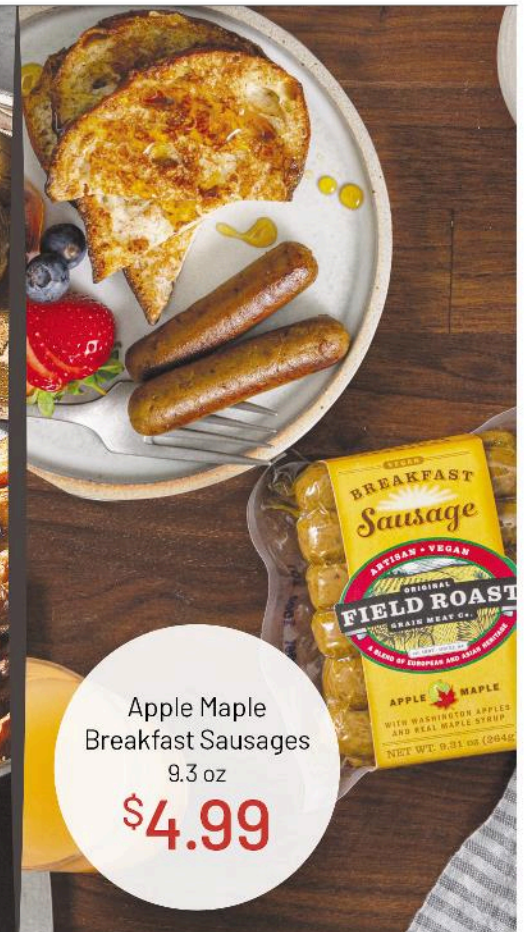
Get inspired at [FieldRoast.com](http://FieldRoast.com)



Hazelnut  
Cranberry Roast  
En Crouste  
2 lb  
**\$18.49**



Smoked Apple  
Sage Sausages  
12.95 oz  
**\$5.49**  
Selected Varieties



Apple Maple  
Breakfast Sausages  
9.3 oz  
**\$4.99**

# Traditional Fresh Fruit

All Natural Cranberries, frozen at peak freshness. That's it. They select only the ripest, freshest fruit to package for you and are proud to provide you with a premium quality product. From flower to package, they are striving to integrate all the latest sustainable technologies and pledge to do their share in protecting the environment.



**Cape Cod Select**  
Frozen Cranberries  
Whole  
16 OZ



**\$3.49**



**Nate's**  
Meatless  
Meatballs  
Zesty Italian  
10.5 OZ  
Selected Varieties

**\$4.29**



**Applegate Farms**  
Gluten-Free  
Chicken Breast  
Tenders  
8 OZ



**\$5.79**

## BLAKE'S *All Natural Foods*

Chicken  
Pot Pie



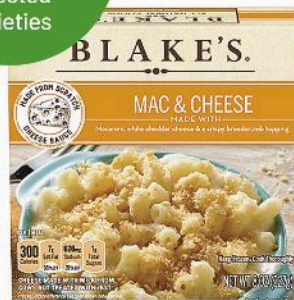
Chicken  
Pot Pie



8 oz  
**\$2.99**

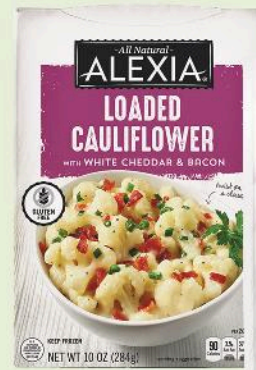
Selected  
Varieties

Shepherd's  
Pie



Mac &  
Cheese  
Old Fashioned

## ALEXIA



**Alexia**  
Butternut Squash Risotto  
Mexican-Style Street Corn  
OR  
Loaded Cauliflower  
10-12 OZ

10-12 oz  
**\$3.49**  
Selected  
Varieties





**Tofurky**  
Plant-Based Roast  
& Wild Rice Stuffing  
26 OZ



**\$11.99**



**Dancing Deer  
Baking Company**  
Molasses Cookies  
with Cinnamon + Clove  
9 OZ  
Selected Varieties

**\$3.79**

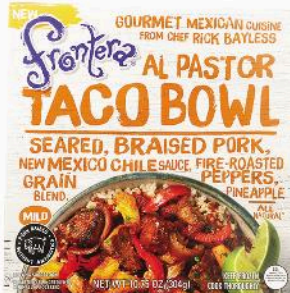
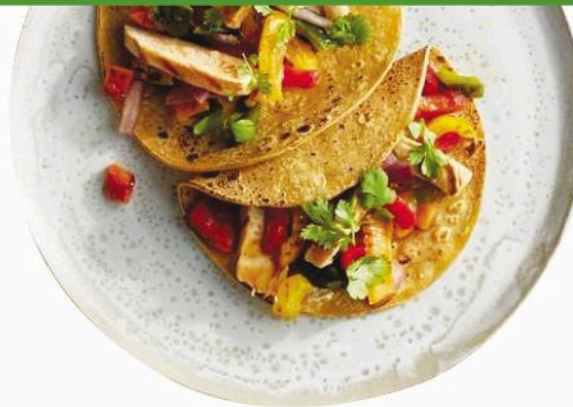


**Daiya Foods Inc**  
Gluten-Free Pizza  
Meatless Pepperoni  
16.7 OZ  
Selected Varieties



**\$6.79**

## Being Short On Time Is No Reason To Skimp On Flavor



**Frontera**

Taco Bowls

- Chicken
- Tinga
- Al Pastor
- Barbacoa

10.75 - 11.5 OZ

**\$3.79**

Selected Varieties

In these frozen Mexican dinners, fire-roasted veggies, tender meats, and layers of authentic seasonings are ready in minutes.

Skillet Meals

- Chicken Fajita
- Barbacoa Taco
- Chicken Taco

20 OZ

**\$7.29**

Selected Varieties

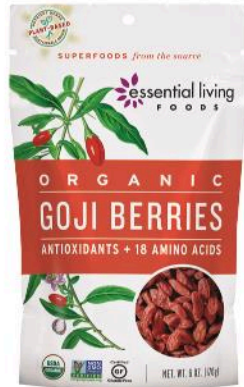


Made with organic fruits and vegetables, our pouches are perfect for kids on-the-go!

**Peter Rabbit Organics**  
Organic Super Oats & Seeds  
Banana & Strawberry  
4 OZ  
Selected Varieties



**\$1.79**



**Essential Living Foods**  
100% Organic  
Dried Goji Berries  
6 OZ  
Selected Varieties



**\$4.99**

**Barnana**  
Organic Chewy  
Banana Bites  
Peanut Butter  
3.5 OZ  
Selected Varieties



**\$3.49**



**Essential Living Foods**  
Organic Machu Picchu Mix  
Cacao + Goldenberry + Cashew  
6 OZ  
Selected Varieties



**\$5.99**

**Patience Fruit & Co**  
Organic Dried Cranberries  
No Added Sugar  
4 OZ  
Selected Varieties



**\$3.79**



Nut-free, School Safe with one full serving of fruits and veggies in this kid-favorite treat.

**This Bar Saves Lives**  
Rice Krispy Treats  
Unicorn Sprinkle Surprise  
6/7.8 OZ  
Selected Varieties

**\$3.99**

# How The Best Days Begin



**Safari Cocoa Crunch Cereal**

16 OZ

**2/\$7**



Selected Varieties

- Gluten free
- Non-GMO Project Verified
- Made with Real Cocoa
- No Artificial Flavors or Preservatives
- No High Fructose Corn Syrup





**Nielsen-Massey Vanilla**  
Pure Vanilla Extract  
Madagascar Bourbon  
4 FL OZ

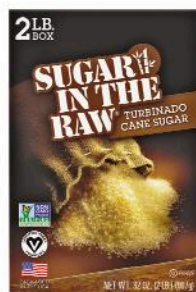
**GF**  

**\$16.99**



**King Arthur**  
All-Purpose Flour  
Unbleached  
5 LB  
Selected Varieties

**\$4.49**



**In The Raw**  
Raw Cane  
Sugar  
Turbinado  
2 LB

**\$4.49**



**Madhava Honey**  
Organic Coconut  
Sugar  
Unrefined  
16 OZ

**GF**  

**\$4.99**



**Wholesome**  
Organic  
Cane Sugar  
2 LB

**GF**  

**\$4.99**



**California Farms**  
Organic  
Sweetened  
Condensed Milk  
14 FL OZ



**\$3.79**



**Let's Do Organic**  
100% Organic  
Shredded Coconut  
Unsweetened  
8 OZ  
Selected Varieties

**GF** 

**\$2.79**



**Nutiva**  
Organic  
Shortening  
Original  
15 OZ

**\$5.79**



**Local Hive**  
Honey  
Clover  
12 OZ  
Selected Varieties

**\$4.79**



**Sweet Leaf**  
Stevia Syrup  
Maple Flavor  
12 FL OZ  
Selected Varieties



**\$4.29**



**Coombs Family Farms**  
Organic Maple Syrup  
Grade A Dark Color  
32 FL OZ



**\$23.99**



*Bulk*

Organic Coconut  
Medium Shredded  
**\$2.49/lb**

Organic Oats  
Regular Rolled  
**\$1.09/lb**

Deluxe Mixed Nuts  
Roasted & Salted  
**\$11.79/lb**

Pistachios  
Roasted & Salted  
**\$8.29/lb**

Organic Cranberries  
Sweetened  
**\$4.29/lb**

Organic Popcorn  
Yellow  
**\$1.49/lb**

100% Organic Pecans  
Halves  
**\$11.59/lb**

Organic Sugar  
**\$1.19/lb**

Organic  
Chocolate Chips  
Dark  
**\$6.89/lb**

Sliced Almonds  
Raw  
**\$6.79/lb**

**Golden Temple**

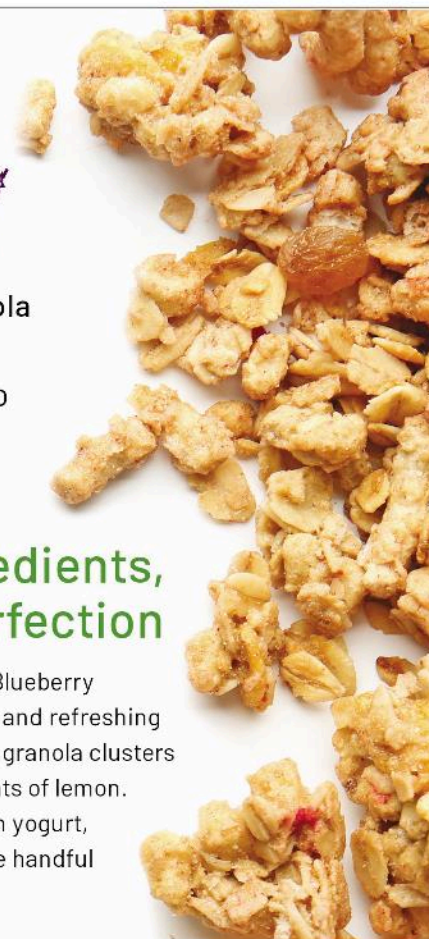
*Bulk Granola at its Best!*

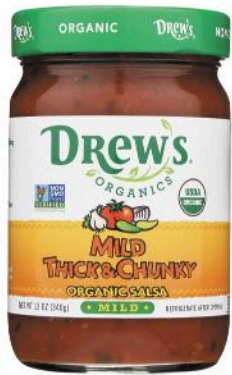
Golden Temple Granola  
Blueberry Limoncello

**\$4.49/lb**

**Premium Ingredients,  
Toasted to Perfection**

Try Golden Temple Granola's Blueberry Limoncello granola! This light and refreshing granola combines rice crisps, granola clusters and dried blueberries with hints of lemon. Enjoy it for breakfast, mixed in yogurt, topped on ice-cream or by the handful for a satisfying snack.





**Drew's Organics**  
Organic Thick &  
Chunky Salsa  
Mild  
12 OZ  
Selected Varieties



**\$3.99**



**Good Health**  
Sweet Potato  
Kettle Chips  
Sea Salt  
5 OZ  
Selected Varieties



**\$2.49**



**Kettle Brand**  
Potato Chips  
Sea Salt  
5 OZ  
Selected Varieties



**2/\$5**



**Late July Snacks**  
Organic  
Potato Chips  
Sea Salt  
5 OZ  
Selected Varieties



**\$2.99**



**Terra Chips**  
Exotic  
Vegetable Chips  
Herbed Stuffing  
5.75 OZ  
Selected Varieties



**2/\$5**



**Skinny Pop**  
Popcorn  
Popped Chips  
Sea Salt  
4 OZ  
Selected Varieties



**2/\$7**

## Build a simple charcuterie board

Start with any board,  
platter or tray.

Arrange a selection  
of cheeses, meats,  
fruits & nuts, olives,  
condiments and your  
favorite breads and  
crackers.

Enjoy with family  
and friends.



**Sesmark Foods**  
Savory Rice Thins  
Original  
3.2 OZ

**\$2.59**



**Back To Nature**  
Crackers  
Crispy Wheat  
8 OZ  
Selected Varieties



**\$2.99**



**Dr. In The Kitchen**  
Organic Flax  
Seed Crackers  
Sea Salt  
5 OZ  
Selected Varieties



**\$4.29**





100% Organic Tea  
White, Oolong  
or Green  
100 bags  
**\$4.99**  
Selected Varieties



Ginger Honey  
Crystals  
Lemon or Original  
10 bags  
**\$2.99**



4 oz  
**\$1.69**  
Selected Varieties

Combining natural flavors with the immense health benefits of ginger, every soft, chewy bite of their Ginger Chews will satisfy your ginger craving. Equal parts sweet and spicy, these mouth-watering delights are made with natural ingredients. Each Chew is individually wrapped for your convenience. Whether at home or on the go, simply unwrap, chew and enjoy to instantly warm the senses or comfort the stomach.

Prince of Peace  
popus.com



**Bark Thins**  
Snacking Dark  
Chocolate  
Almond with Sea Salt  
4.7 OZ  
Selected Varieties  
**\$3.79**



**Theo Chocolate**  
Organic Dark  
Chocolate Bar  
Salted Almond  
3 OZ  
Selected Varieties  
**2/\$5**



**Nibmor**  
Organic Dark  
Chocolate Pieces  
Tart Cherry  
3.26 OZ  
Selected Varieties  
**\$3.99**



**McVities**  
Digestive Biscuits  
Milk Chocolate  
10.5 OZ  
Selected Varieties  
**\$3.99**



**Nana's Cookie**  
Gluten-Free  
Cookies  
Lemon  
7 OZ  
Selected Varieties



**2/\$7**



**Alter Eco**  
Organic Truffles  
Super Dark  
4.2 OZ  
Selected Varieties  
**\$6.29**



**Panda**  
Natural Licorice  
Strawberry  
7 OZ  
Selected Varieties  
**2/\$6**



**Pur Gum**  
Aspartame  
Free Gum  
Spearmint Three  
12 CT  
Selected Varieties  
**\$1.79**



**Bakeology**  
Crunchy  
Cookie Bites  
Chocolate Chip  
6 OZ  
Selected Varieties  
**\$4.59**



**Rip Van Wafels**  
Mini Wafels  
Snickerdoodle  
3.55 OZ  
Selected Varieties



**2/\$6**



**Celestial Seasonings**  
Herbal Holiday Tea  
Gingerbread Spice  
20 BAG  
Selected Varieties



**2/\$5**



**Pukka Herbal Teas**  
Organic Tea  
Elderberry  
& Echinacea  
20 BAG  
Selected Varieties

**GF** **USDA ORGANIC**  
**\$4.99**

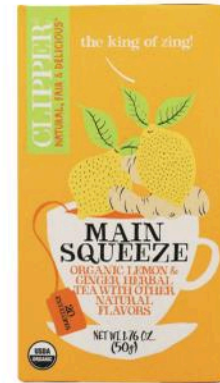


**Stash Tea**  
Caffeine Free  
Herbal Tea  
Lemon Ginger  
20 BAG  
Selected Varieties

**GF** **USDA ORGANIC**  
**\$3.29**



Sip into the season  
fall favorites



**Clipper Tea**  
Organic Main  
Squeeze Herbal Tea  
Lemon & Ginger  
20 BAG  
Selected Varieties

**USDA ORGANIC** **GF**  
**\$2.99**



**Good Earth**  
Caffeine Free  
Herbal Tea  
Sweet & Spicy  
18 BAG  
Selected Varieties

**GF**  
**\$3.29**



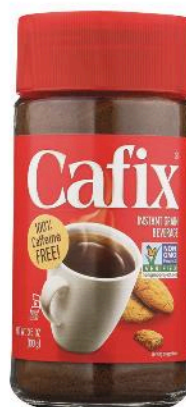
**Yogi**  
Organic  
Throat Comfort Tea  
Honey Lemon  
16 BAG

**USDA ORGANIC** **GF**  
**\$3.79**



**Lavazza**  
Roasted  
Ground Coffee  
Cafe Espresso  
8 OZ

**\$7.49**



**Cafix**  
Caffeine Free  
Coffee Substitute  
Instant  
3.5 OZ

**GF**  
**\$4.79**



**High Brew Coffee**  
Cold Brew Coffee  
Creamy  
Cappuccino + Protein  
8 FL OZ  
Selected Varieties

**\$1.99**

**Topo Chico**  
Sparkling  
Mineral Water  
25.4 OZ  
**\$1.79**



**Topo Chico**

**Topo Chico**  
Sparkling  
Mineral Water  
4/12 FL OZ  
Selected Varieties  
**GF**  
**\$3.99**



**Vita Coco**  
Coconut Water  
Original  
1 LT  
Selected Varieties  
**GF**  
**2/\$7**



**Evamor**  
Naturally  
Alkaline Water  
64 FL OZ  
**\$2.49**



**Voss Water**  
Sparkling Water  
Lemon Cucumber  
12.7 FL OZ  
Selected Varieties  
**\$1.29**



**Mountain Valley  
Spring**  
Spring Water  
1LTR  
Selected Varieties  
**2/\$4**



**San Pellegrino**  
Sparkling  
Mineral Water  
750 ML  
**3/\$5**



**Waiakea**  
Hawaiian  
Volcanic Water  
Naturally Alkaline  
33.8 FL OZ  
**GF**  
**\$1.99**



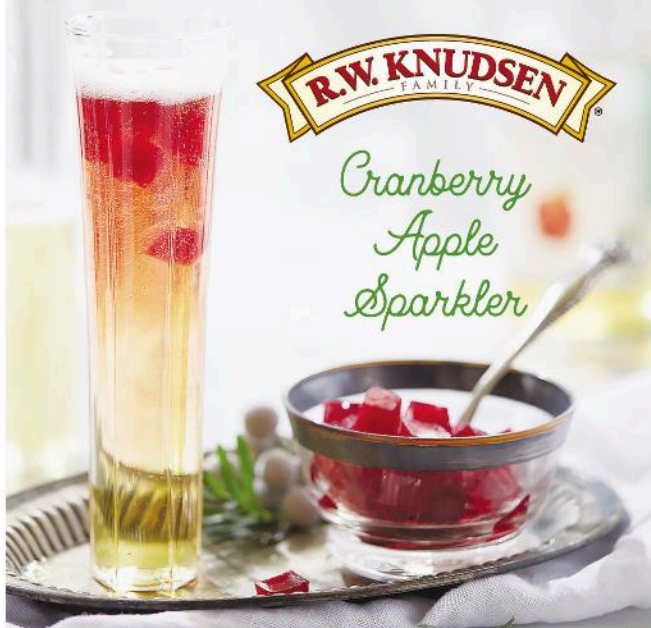
**Runa**  
Organic Clean  
Energy Drink  
Blood Orange  
12 FL OZ  
Selected Varieties  
**2/\$4**



**North Coast**  
Organic Apple Cider  
Honeycrisp  
64 FL OZ  
Selected Varieties  
**\$7.49**



**Ripple Foods Pbc**  
Plant Protein  
Shake  
Chocolate  
12 FL OZ  
Selected Varieties  
**\$2.49**



**R.W. KNUDSEN**  
FAMILY

*Cranberry  
Apple  
Sparkler*



**R.W. Knudsen**  
Sparkling Cider  
Crisp Apple  
750 ML  
OR  
Apple Juice  
Cider & Spice  
32 FL OZ  
**\$2.79**  
Selected Varieties

Find recipe online: [www.rwknudsenfamily.com/recipes](http://www.rwknudsenfamily.com/recipes)

**SANTA  
CRUZ**  
organic



**Santa Cruz Organic**  
Organic  
Apple Sauce  
23 OZ  
**\$3.29**  
Selected Varieties

ORGANIC  
**TRUROOTS**  
KNOW YOUR ROOTS™



**Truroots**  
Organic Quick Cook  
Rice & Lentil Blend  
Olive Oil & Sea Salt  
8.5 OZ  
**\$2.19**  
Selected Varieties



**R.W. Knudsen**  
Organic  
Very Veggie Juice  
Original  
32 FL OZ  
**\$2.79**  
Selected Varieties



**R.W. Knudsen**  
Simply Nutritious  
Juice  
Morning Blend  
32 FL OZ  
**GF**  
**\$2.79**  
Selected Varieties



**R.W. Knudsen**  
Organic Juice  
Beet  
32 FL OZ  
**GF**  
**\$5.49**  
Selected Varieties



**Mia's Kitchen**  
Pasta Sauce  
Vodka  
25.5 OZ  
Selected Varieties

**GF**  
**\$7.49**



**Imagine Foods**  
Organic  
Chicken Broth  
Low Sodium  
32 FL OZ  
Selected Varieties

**GF** **USDA ORGANIC**  
**2/\$6**



**Sharwood**  
Simmer Sauce  
Tikka Masala  
14.1 FL OZ  
Selected Varieties

**\$3.49**



**Davinci**  
Pasta  
Bucatini  
16 OZ  
Selected Varieties

**\$1.29**



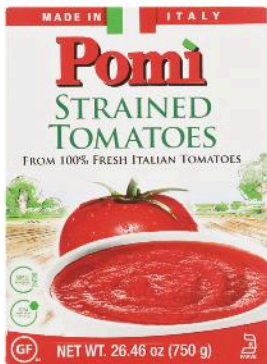
**Kettle And Fire**  
Beef Broth  
32 OZ

**\$3.99**



**Season Brand**  
Anchovies  
in 100% Olive Oil  
2 OZ  
Selected Varieties

**\$1.79**



**Pomi Tomatoes**  
Tomatoes  
Strained  
26.46 OZ  
Selected Varieties

**GF** **NON GMO VERIFIED**  
**\$3.19**



**Kitchen Basics**  
All Natural  
Chicken Stock  
32 FL OZ  
Selected Varieties

**GF**  
**\$2.99**



**Reese**  
Quinoa Harvest Bowl  
8.10 OZ  
Selected Varieties

**\$2.49**



**Liviva**  
Organic  
Shirataki Spaghetti  
with Oat Fiber  
14.11 OZ  
Selected Varieties

**GF** **USDA ORGANIC**  
**\$3.19**



**Better Than Bouillon**  
Roasted Chicken Base  
8 OZ  
Selected Varieties

**\$3.49**



**Reese**  
Water Chestnuts  
Sliced  
8 OZ  
Selected Varieties

**NON GMO VERIFIED**  
**99¢**

**La  
Tourangelle**  
Avocado Oil  
Delicate  
16.9 FL OZ

**\$10.29**



**LA TOURANGELLE**  
ARTISAN OILS

**La  
Tourangelle**  
Avocado Spray Oil  
Delicate, Non-Aerosol  
5 FL OZ

**\$5.29**



**Dr. Bronner's**  
Organic Regenerative  
Coconut Oil  
Virgin Unrefined  
30 FL OZ

**\$15.49**



**Gaea**  
Extra Virgin  
Olive Oil  
Greek  
17 FL OZ

**\$10.29**



**Lucini Italia**  
Extra Virgin Olive Oil  
Everyday  
17 FL OZ

**\$8.99**



**Primal Kitchen**  
Avocado Oil  
16.9 FL OZ

**\$9.99**



**Modern Products**  
Spike Seasoning  
Original  
7 OZ  
Selected Varieties

**\$4.49**



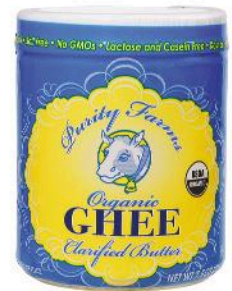
**A Vogel**  
Spicy  
Sea Salt  
8.8 OZ

**\$6.49**



**Bornier**  
Organic  
Dijon Mustard  
7.4 OZ

**\$3.49**



**Purity Farms**  
100% Organic Ghee  
Clarified Butter  
7.5 OZ

**\$8.49**

## 5 Spice Chai Tea Latte

### Ingredients

- 1/2 tsp Simply Organic Five Spice Powder
- 1/8 tsp Simply Organic Cardamom
- 1/8 tsp Simply Organic Cinnamon
- 1 cup water
- 2 tsp loose leaf black tea
- 1 cup milk or almond milk
- 1 TBSP sugar
- Softly whipped cream (optional)

### Directions

1. In a pot over medium-high heat, bring water, loose leaf tea, five spice powder, cardamom and cinnamon to a gentle simmer. Add milk and heat through.
2. Remove pot from heat and let steep for 5 minutes. Then pour liquid through a fine mesh strainer.
3. Add sugar and top with softly whipped cream and a sprinkle of five spice, if desired.

Find online: [www.simplyorganic.com/community/recipe/Five-Spice-Chai-Tea-Latte](http://www.simplyorganic.com/community/recipe/Five-Spice-Chai-Tea-Latte)

**simply  
Organic.**

Simply Organic  
Organic Cinnamon

2.45 OZ

**\$4.29**

Selected Varieties





**Biokleen**  
Dish Liquid  
Citrus & Aloe  
25 FL OZ  
Selected Varieties

**\$2.99**



**Ecover**  
Zero Dish Soap  
Fragrance Free  
25 FL OZ  
Selected Varieties

**2/\$7**



**Go By Greenshield**  
**Organic**  
Organic Laundry  
Detergent  
Free & Clear  
100 FL OZ  
Selected Varieties

**\$12.49**



**Counter Culture**  
**Living LLC**  
Organic Probiotic  
All Purpose Cleaner  
Lemongrass  
24 FL OZ

**\$5.99**



**Greenpolly**  
Tall Kitchen Bags  
13 Gallon Drawstring  
20 BAG

**\$3.29**



**Fruitables**  
Healthy Dog Treats  
Pumpkin & Cranberry  
Flavor  
7 OZ  
Selected Varieties

**2/\$7**



**I And Love And You**  
Canned Cat Food  
Oh My Cod! Pate  
3 OZ  
Selected Varieties

**\$1.19**



**Nummy Tum Tum**  
100% Organic  
Pumpkin  
For Dogs & Cats  
15 OZ

**2/\$6**



**Old Mother**  
**Hubbard**  
P-Nuttier Dog  
Biscuits  
Small  
20 OZ  
Selected Varieties

**\$5.49**

# natracare®

## Is it time to manage your period and personal care in a plant-based, planet friendly way?

Natracare products are made from just a few simple, natural materials:

- 100% Organic cotton
- FSC and PEFC certified sustainable wood pulp
- GM-Free Plant Starch

Using high quality natural materials makes Natracare products extremely soft on your skin, and because they are biodegradable, gentle on the planet too.

Say goodbye to plastics, perfumes and chlorine, with Natracare's organic and natural range of tampons, pads, liners and wipes. Trusted by women since 1989.

www.natracare.com

**Natracare**  
Organic  
Cotton Tampons  
Regular  
16 CT  
**\$6.49**



**Sagely Naturals**  
CBD Cream  
Relief & Recovery  
2 FL OZ  
**\$15.99**



**Similasan**  
Eye Drops  
Dry Eye Relief  
.33 FL OZ  
Selected Varieties  
**\$8.99**



**Andalous Naturals**  
CannaCell Vitamin Shampoo  
Rosemary + Lemon Balm  
8.5 FL OZ  
Selected Varieties  
**GF**  
**\$6.49**



**Every Man Jack**  
2-in-1 Shampoo + Conditioner  
Anti-Dandruff  
13.5 FL OZ  
Selected Varieties  
**GF**  
**\$7.99**



**Herbatint**  
Permanent Hair Color Gel  
4N Chestnut  
4 FL OZ  
Selected Varieties  
**\$12.49**



**One With Nature**  
Bath Salts  
Muscle Soothing  
Eucalyptus  
2.5 OZ  
Selected Varieties  
**\$2.19**



**Kiss My Face**  
Liquid Rock Deodorant Sport  
3 FL OZ  
Selected Varieties  
**GF**  
**\$4.99**



**Sukin**  
Hydrating Day Cream  
Rosehip  
4.06 FL OZ  
**\$11.49**



**American Health**  
Ester-C 1000  
With Citrus  
Bioflavonoids  
90 CAP

**\$18.99**



**Earthrise**  
Spirulina  
Natural  
90 TAB

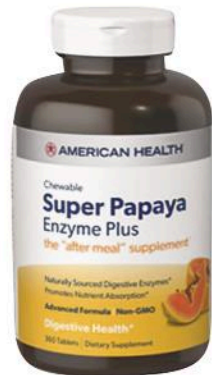
**GF**

**\$7.49**



**Natren**  
Dairy Free  
Megadophilus  
60 CAP  
Selected Varieties

**\$25.99**



**American Health**  
Super Papaya  
Enzyme Plus  
Chewable  
360 TAB

**\$12.99**



**Boiron**  
Diaralia  
Diarrhea  
Relief  
60 TAB

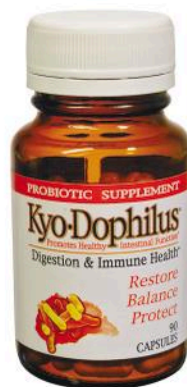
**\$8.99**



**Honey Gardens**  
Elderberry Drink  
Immune Boost  
10.1 OZ

**GF**

**\$2.49**



**Kyo\*Dophilus**  
Digestion &  
Immune Daily  
Probiotic  
90 CAP

**GF**

**\$15.99**



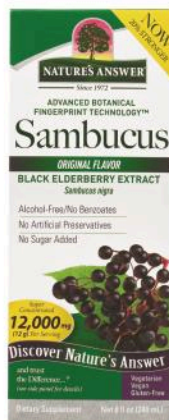
**Vital Proteins**  
Collagen  
Coffee Creamer  
Vanilla  
10.6 OZ  
Selected Varieties

**\$26.99**



**Rescue**  
Stress Relief  
Gum  
Fresh Mint  
25 CT

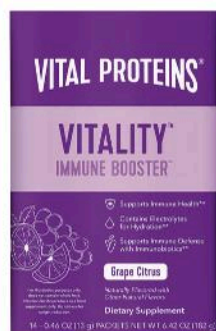
**\$4.49**



**Nature's Answer**  
Sambucus  
Black Elderberry Extract  
8 FL OZ

**GF**

**\$18.49**



**Vital Proteins**  
Vitality  
Immune Booster  
Grape Citrus  
.5 OZ

**GF**

**\$1.99**

**Hyland's**  
Calming  
Tablets  
Baby  
125 TAB

**\$7.49**



Relieves occasional  
sleeplessness, fussiness and  
irritability in babies.

Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease. CBD items may not be available as restrictions vary by state and are subject to change. See store for details.





Immaculate Baking  
Chocolate Chunk Cookies

14 oz

**2/\$6** GF

Selected Varieties

Organic  
Chocolate Chip Cookies

12 oz

OR

Organic Cinnamon Rolls

17.5 oz

**2/\$7** USDA ORGANIC

Selected Varieties



# Give Thanks

For Sweets & Side Dishes

The season for cooking and baking has arrived. We all want to create a special meal and delicious desserts for our loved ones. Take a little help from these brands Cascadian Farm, Muir Glen, Immaculate Baking and Annie's Homegrown. They have organic, gluten free and ready to bake options that are sure to please your guests.



Annie's Homegrown

Organic  
Graham Crackers

Honey

14.4 oz

**\$4.49** USDA ORGANIC



Annie's Homegrown organic honey graham crackers are a wholesome and delicious snack. Made with organic whole wheat flour and 10 grams of whole grains per serving. No artificial flavors or synthetic colors here - just certified organic, craveable honey crunches. Try 'em plain, as s'mores, or in your favorite pie crust recipes.



Immaculate Baking  
Organic Flaky Biscuits  
16 oz  
OR  
Organic Crescent Rolls  
8 oz



**2/\$5**    
Selected Varieties



Cascadian Farm  
Organic  
Frozen Cauliflower  
Riced, 12 oz  
**\$3.29**   
Selected Varieties



Cascadian Farm  
Organic  
Frozen Potatoes  
Spud Puppies  
16 oz  
**\$3.29**   
Selected Varieties



Pack more of what you need into every meal  
with Cascadian Farm's simply delicious  
organic frozen vegetables.




Cascadian Farm  
Organic Plants Blend  
Sweet Potato, Farro,  
Bean, Spinach  
24 oz  
**\$6.99**   
Selected Varieties



Cascadian Farm  
Organic Frozen  
Sweet Peas  
10 oz  
**2/\$5**   
Selected Varieties



Cascadian Farm  
Organic Frozen  
Green Beans  
Cut  
16 oz  
**\$2.79**   
Selected Varieties



Muir Glen  
Organic Tomatoes  
Whole Peeled  
28 oz   
**\$2.19**   
Selected Varieties

Muir Glen  
Organic  
Crushed Tomatoes  
Fire Roasted  
28 oz   
**\$2.29**   
Selected Varieties