

August 2024

# Natural Connection



**Tofurky**  
Plant-Based Deli  
Slices  
Oven Roasted  
5.5 OZ  
Selected Varieties



**\$4.49**



**Silver Hills Bakery**  
Bread  
Squirrely  
21 OZ  
Selected Varieties



**\$3.79**



**That's It**  
Mini Fruit Bars  
Mango & Blueberry  
7 OZ



**\$7.99**



**Primal Kitchen**  
Squeezable Mayo  
with Avocado Oil  
17 OZ



**\$11.29**

Scan to see this ad online

Some items may not be available. See store for details.  
Printed with soy ink on recycled paper. Not responsible for typographical errors.



Sambazon  
Organic Acai Bowl  
Mango Passionfruit  
5.9 OZ  
Selected Varieties

GF USDA ORGANIC  
**\$3.19**

Enjoy the tropical flavors of Sambazon's Mango Passion Fruit Acai Bowl, with a blend of mangoes, tangy passion fruit, and exotic Açaí. Crafted to promote a healthy gut, it's a refreshing escape to paradise in every spoonful.



Perfect Bar  
Organic Protein Bar  
Dark Chocolate  
Peanut Butter  
2.3 OZ  
Selected Varieties



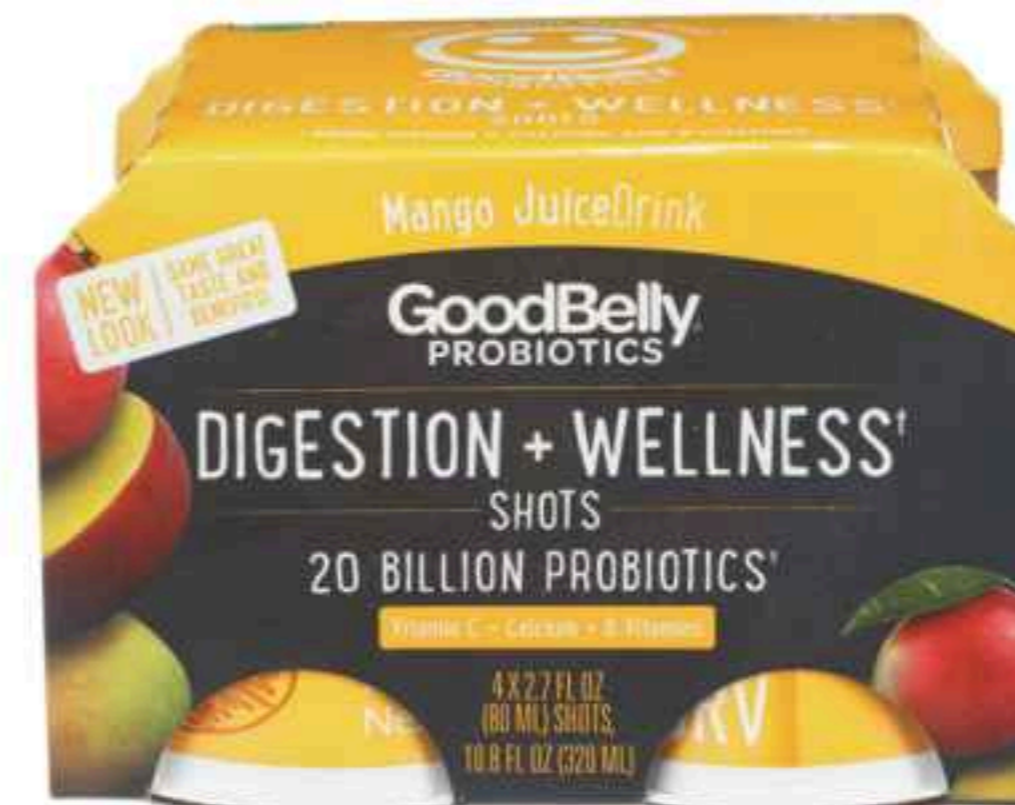
**\$2.79**



Ripple  
Plant-Based  
Kids Milk  
Original  
48 FL OZ



**\$6.99**



Good Belly  
Organic Digestion +  
Wellness Shots  
Mango  
4/2.7 FL OZ  
Selected Varieties



**\$3.79**

Lifeway  
**PROBUGS**  
ORGANIC

WHOLE MILK KEFIR

A tart and tangy snack that is lactose intolerance friendly and loaded with probiotics for mini microbiomes.

LifewayFoods.com

**\$4.09**  
4 PACK





**Deep**  
Frozen Entree  
Chicken Tikka Masala  
9 OZ  
Selected Varieties

**GF**

**\$6.19**

Roasted Chicken | Creamy Sauce  
Cumin Basmati Rice

**Amy's**  
Breakfast Wrap  
California  
6 OZ  
Selected Varieties

**2/\$8**



**Amy's**  
Breakfast Scramble  
California  
8.65 OZ  
Selected Varieties

**GF**

**\$6.49**



**Tasty Bite**  
Simmer Sauce  
Butter Chicken  
13 OZ  
Selected Varieties

**\$4.99** **GF**



Embark on a culinary voyage with Tasty Bite Simmer Sauce!

**Van's**  
Gluten Free Waffles  
Blueberry  
9 OZ  
Selected Varieties

**GF**

**\$3.79**



**Alden's Organic**  
Organic Fudge Bars  
Chocolate  
4/2.5 FL OZ  
Selected Varieties

**\$4.99**



**Udi's Gluten Free**  
Gluten Free  
Hamburger Buns  
Classic  
10.4 OZ

**GF**

**\$3.49**



**Carbonaut**  
Low Carb  
Bread  
Seeded  
19 OZ

**\$5.29**

Probar  
Organic Bolt Energy Chews  
Strawberry  
2.1 OZ  
Selected Varieties



2/\$4



Sometimes you need a quick boost to get you through the finish line. ProBar Strawberry BOLT gummies are an easy-to-digest energy chew with a sweet taste of strawberries, electrolytes, and B vitamins that deliver energy to keep you moving.



Made Good  
Organic Soft Baked  
Morning Bars  
Cinnamon Bun  
5.3 OZ  
Selected Varieties

GF USDA  
\$3.79



Kind  
Mixed Nuts Bar  
Dark Chocolate, Nuts  
& Sea Salt  
1.4 OZ  
Selected Varieties

GF  
\$1.79



Bobo's Oat Bars  
Dipp'd Oat Bar  
Original + Dark  
Chocolate  
5 OZ  
Selected Varieties

GF  
2/\$8



Think!  
High Protein Bars  
Creamy Peanut Butter  
5/2.1 OZ  
Selected Varieties

GF  
\$10.49



Gomacro  
Organic MacroBar  
Oatmeal Chocolate Chip  
2.3 OZ  
Selected Varieties

GF USDA  
\$2.79



Clif Kid Zbar  
Organic Energy  
Snack Bars  
Chocolate Chip  
6/1.27 OZ  
Selected Varieties

USDA  
\$5.49

More yum for everyone

MOM'S  
BEST  
cereals

Selected Varieties  
17.5-22 oz

2/\$6

How the best days begin



• No artificial flavors • No preservatives  
• No high-fructose corn syrup

# Fill your days with stacks of fun



GF

\$5.29

just add  
water  
& mix



\$4.49



Purely Elizabeth  
Superfood  
Oatmeal Multipack  
Blueberry Flax  
9.12 OZ  
Selected Varieties

\$4.99



Kind  
Granola  
Banana Peanut Butter  
with Dark Chocolate  
11 OZ  
Selected Varieties

GF  
\$5.29



Coombs Family Farms  
Organic  
Maple Syrup  
Grade A Dark Color  
12 FL OZ

\$12.79



Crofters  
Organic  
Premium Spread  
Berry Harvest  
16.5 OZ  
Selected Varieties

GF  
\$4.99



Crofters  
Organic  
Premium Spread  
Strawberry  
16.5 OZ  
Selected Varieties

GF  
\$4.99



One Degree  
Organic Foods  
Organic Quick Oats  
Sprouted  
24 OZ  
Selected Varieties

GF  
\$5.49



Purely Elizabeth  
Superfood  
Cereal  
Chocolate Almond  
11 OZ  
Selected Varieties

GF  
\$6.29



Justin's  
Almond Butter  
Honey  
16 OZ  
Selected Varieties

GF  
\$9.99



Artisana  
Organic Hazelnut  
Cacao Spread  
8 OZ

GF  
\$9.79



Fix & Fogg  
Peanut Butter  
Smooth  
13.2 OZ

\$5.99



Four Sigmatic  
Organic Ground Coffee  
Think  
12 OZ  
Selected Varieties

**\$14.49**



Steaz  
Organic Yerba Mate  
Golden Mate  
16 FL OZ  
Selected Varieties

**2/\$4**



Mineragua  
Sparkling Water  
9/12.5 Z

**\$9.29**



Vita Coco  
Organic Farmers  
Coconut Water  
Original  
33.8 FL OZ

**\$4.29**



Santa Cruz  
Organic  
Organic 100%  
Lime Juice  
16 FL OZ

**\$3.79**

3.29



3/\$5



3/\$5



2/\$6

**Grab & Go  
Superfood  
Snacks**



**4.79**

roasted to light crispy perfection • a great substitute for chips

# Ginger: Enjoy the goodness of Nature's spice

**\$2.19**

4 oz



Pick Up  
Pick Up  
Mini Cookies  
Original  
10/.37 Z

**\$4.29**



Yumearth  
Organic Fruit Snacks  
7 OZ



**\$6.99**



Epic  
Bison Bar  
Bacon Cranberry  
1.3 OZ  
Selected Varieties

**GF 2/\$5**



Siete  
Grain Free  
Cookies  
Mexican Wedding  
4.5 OZ  
Selected Varieties

**GF \$3.79**



Michel Et Augustin  
Cookie Squares  
Milk Chocolate Caramel  
4.9 OZ  
Selected Varieties

**\$4.79**



Epic  
Baked Pork Rinds  
Pink Himalayan & Sea Salt  
2.5 OZ  
Selected Varieties

**GF 2/\$7**

# Snack SMART



SNYDER'S  
Pretzel Sticks  
Gluten Free  
8 OZ  
**\$4.29**

KETTLE BRAND  
Krinkle Cut Potato Chips  
Salt & Ground Pepper  
13 OZ  
Selected Varieties  
**\$5.29**

LATE JULY  
Salsa Verde  
Medium  
15.5 OZ  
Selected Varieties  
**\$4.99**

PRETZEL CRISPS  
Pretzel Crisps  
Cheddar Cheese  
7.2 OZ  
Selected Varieties  
**\$3.29**



Enjoy Life  
Lentil Chips  
Cheddar  
4 OZ  
Selected Varieties  
GF **2/\$7**



Lundberg  
Family Farms  
Rice Chips  
Sea Salt  
6 OZ  
Selected Varieties  
GF **\$3.29**



Popchips  
Potato Chips  
BBQ  
5 OZ  
Selected Varieties  
GF **2/\$7**



Lesser Evil  
Organic  
Popcorn  
Snack Pack  
Himalayan Pink Salt  
8/.46 OZ  
USDA ORGANIC **\$4.79**



Pipcorn  
Cheese Balls  
Cheddar  
10Z  
**\$6.29**



Skinny Pop  
Microwave Popcorn  
Sea Salt  
6/2.8 OZ  
**\$5.99**



Dr. In The Kitchen  
Organic Flax Seed Crackers  
Sea Salt  
5 OZ  
Selected Varieties **2/\$8**

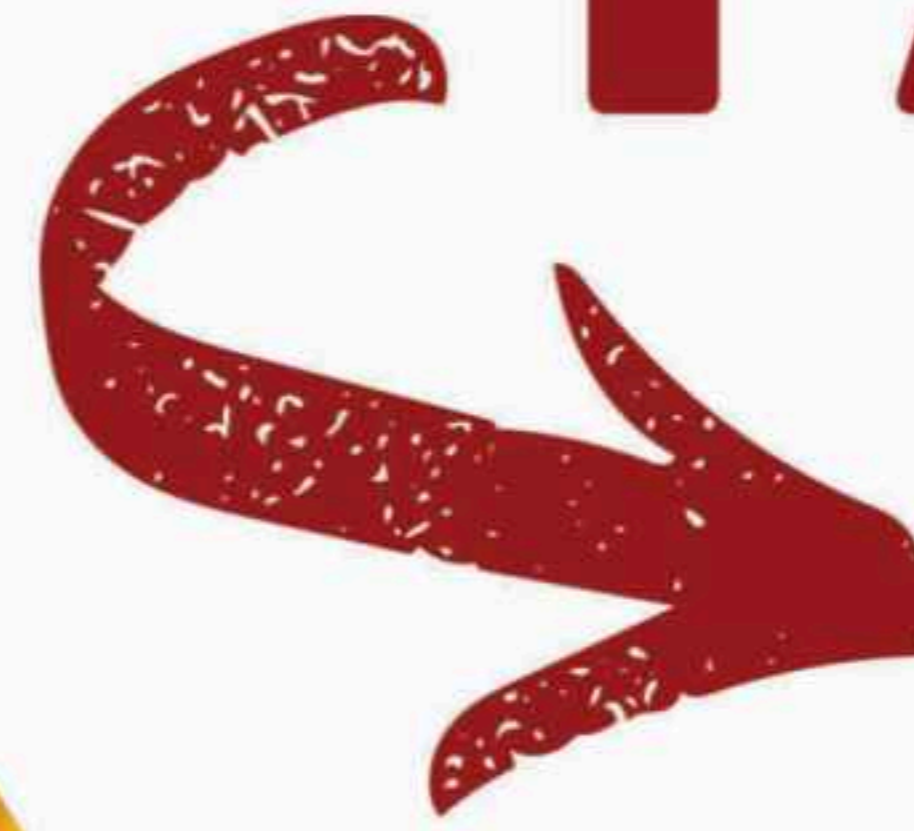


Simple Mills  
Pop Mmms  
Baked Snack  
Crackers  
Cheddar  
4 OZ  
GF **\$4.49**





# HARVEST PAELLA



click for recipe



\$6.79



2/\$6



2/\$5



2/\$5



2/\$7

See this month's  
in-store bonus  
circular to help you  
and your family  
prepare for the  
return to school



Cleaner  
All Purpose  
23 FL OZ  
**\$4.29**



Dish Soap  
Free & Clear  
19 FL OZ  
**\$3.49**



Liquid Laundry  
Detergent  
Free & Clear  
90 FL OZ  
**\$13.29**



Seventh  
Generation  
Dishwasher  
Detergent Packs  
Free & Clear  
20 CT  
**\$6.49**

save when you  
buy in  
**bulk**



Organic Coconut  
Medium Shredded  
**\$3.39/lb**

Organic Mangoes  
Dried  
**\$9.89/lb**

Organic Quinoa  
Tri-Color  
**\$2.49/lb**

Walnuts  
Raw & Halves & Pieces  
**\$3.79/lb**

100% Organic Beans  
Adzuki  
**\$2.99/lb**

100% Organic Dates  
Rolled in Coconut  
**\$4.89/lb**

100% Organic  
Pearled Barley  
**\$1.89/lb**

100% Organic  
Navy Beans  
**\$2.39/lb**

100% Organic Almonds  
Raw  
**\$7.89/lb**

100% Organic  
Diced Almonds  
Butter Stock  
**\$8.99/lb**

**Golden  
TEMPLE**  
*Bulk Granola at its Best!*

Granola  
Blueberry with Flax  
**\$4.29/lb**

E-8/24



**Organic Superfoods  
Protein Powder**  
2.02 LBS  
**\$40.99**



**Organic  
Kids Protein Shake**  
8.25 FL OZ  
**\$2.19**

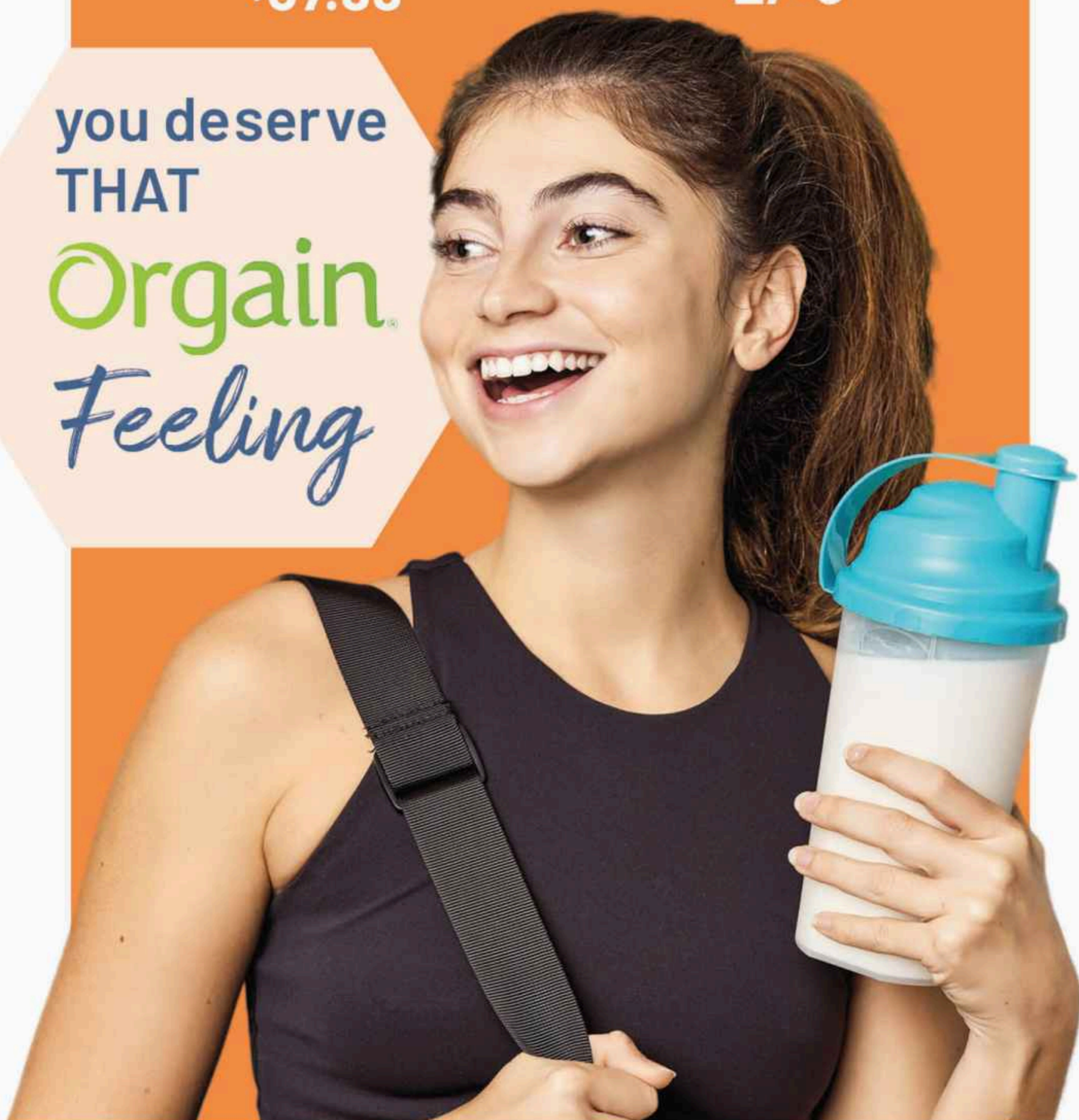


**Organic  
Protein Powder**  
2.03 LBS  
**\$37.99**



**Organic  
Nutrition Protein Shake**  
11 FL OZ  
**2/\$6**

you deserve  
THAT  
**Orgain**  
Feeling



**Andalou Naturals**  
Age Defying Shampoo  
Argan Stem Cell  
11.5 FL OZ  
Selected Varieties  
**\$6.49**



**Similasan**  
Earache  
Relief  
10 ML  
**\$9.49**



**Desert Essence**  
Ultra Care Toothpaste  
Tea Tree Oil Mega Mint  
6.25 OZ  
Selected Varieties  
**GF**  
**\$4.99**



**SmartyPants**  
Gummy Multi &  
Omegas Vitamins  
Teen Guy  
120 CT  
**GF**  
**\$23.99**



**Childlife Essentials**  
Kids Liquid Vitamin C  
Orange  
4 FL OZ  
**GF**  
**\$5.99**



**Bach**  
Stress Rescue Pastilles  
Black Currant  
50 GRM  
Selected Varieties  
**\$9.99**



**Amazing Grass**  
Superfood Greens Blend  
The Original  
8.5 OZ  
Selected Varieties  
**GF**  
**\$27.49**

Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease. CBD items may not be available as restrictions vary by state and are subject to change. See store for details.



\$4.99



\$4.99



2/\$8

# SNACKS to Pack



\$4.99



2/\$8



\$5.49



2/\$5



2/\$4



2/\$8



\$4.49