

# Discover Natural Connection™

October 2020



**Rao's**  
Penne Rigate  
Pasta  
16 OZ  
Selected  
Varieties

**\$2.49**



**Rao's**  
Marinara  
Sauce  
24 OZ  
Selected Varieties

**\$6.99**



**Applegate Farms**  
Organic Meatballs  
Asian Style  
10 OZ

**GF** **USDA ORGANIC**  
**\$5.99**



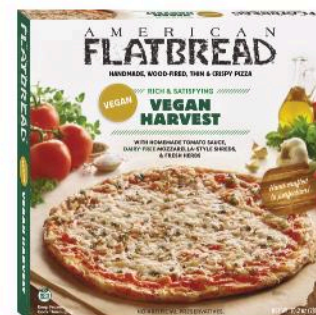
**Miyoko's**  
Creamery  
Organic  
Vegan Mozz  
Made from Plants  
8 OZ

**USDA ORGANIC**  
**\$7.99**



**Lucini Italia**  
Olive Oil  
Extra Virgin  
1 LTR

**GF** **USDA ORGANIC**  
**\$14.49**



**American**  
Flatbread  
Frozen Pizza  
Vegan Harvest  
10.2 OZ  
Selected Varieties

**\$6.49**



**House Foods**  
Noodles  
Tofu Shirataki  
Spaghetti  
8 OZ  
Selected Varieties

**GF** **USDA ORGANIC**  
**\$2.19**



**Vita Coco**  
Coconut Water  
Original  
500 ML  
Selected Varieties

**GF** **USDA ORGANIC**  
**2/\$4**

Some items may not be available. See store for details.  
Printed with soy ink on recycled paper. Not responsible for typographical errors.

**Kite Hill**  
Dairy Free Dip  
French Onion  
8 OZ



**\$4.29**



**kite hill**  
Plant-Based Artisans

**Kite Hill**  
Almond Milk Greek  
Style Yogurt  
Vanilla Unsweetened  
16 OZ



**\$4.99**



**Siggi's Skyr**  
2% Milk-Fat Skyr Yogurt  
Pumpkin & Spice  
5.3 OZ  
Selected Varieties



**3/\$5**



**Brown Cow**  
Cream Top Whole  
Milk Yogurt  
Vanilla  
5.3 OZ  
Selected Varieties



**\$1.29**



**Redwood Hill Farm**  
Goat Milk Yogurt  
Plain  
6 OZ  
Selected Varieties



**\$2.19**



**The Collaborative**  
Plant-Based Yogurt  
Plain  
4.2 OZ



**\$1.99**





**Daisy Brand**  
Sour Cream  
16 OZ

**GF**  
**2/\$5**

**Vive Organic**  
Organic Wellness Shot  
Immunity Boost  
2 FL OZ  
Selected Varieties



**2/\$6**



**Good Belly**  
Organic Probiotic  
Juice Drink  
Blueberry Acai  
32 FL OZ  
Selected Varieties



**2/\$6**

**Honey Mama's**  
Cacao-Nectar  
Bar  
Dutch  
2.5 OZ  
Selected Varieties



**\$5.19**



## Easy Pumpkin Pie Bites

14.1 ounce box refrigerated pie crust, softened  
1 cup pumpkin puree  
1/3 cup sugar  
5 ounce can evaporated milk  
1 egg  
1 teaspoon pumpkin pie spice  
1/2 cup **Daisy Sour Cream**  
2 tablespoons powdered sugar

Heat the oven to 400 degrees. Unroll 1 pie crust on a work surface. Pat out to an 11-inch circle. Cut 12 (2 1/2-inch) circles from the dough. Fit in 12 miniature muffin cups and press in the bottom and sides. Repeat with the remaining pie crust. Bake the crusts for 10 minutes. In the meantime, in a medium bowl, beat the pumpkin, granulated sugar, evaporated milk, egg and pumpkin pie spice until smooth. Remove the crust from the oven. Spoon a rounded tablespoon of the mixture in each crust. Bake on the bottom rack for 13 to 18 minutes or until golden brown and knife inserted in the center comes out clean. Cool in the pan for 10 minutes. Carefully remove to a cooling rack. Cool completely (about 1 hour). Meanwhile, in small bowl, mix the sour cream and powdered sugar. Spoon a small dollop of the sweetened sour cream on each tartlet just before serving. Store in the refrigerator.



[www.daisybrand.com](http://www.daisybrand.com)

# Breakfast Done Right

Delicious mini everything bagels stuffed with a healthy veggie cream cheese. An authentic New York City recipe made with real ingredients. They are sure to start your morning off on the right foot.

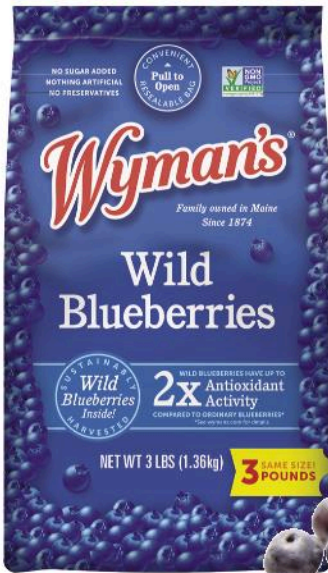
## Bantam Bagels

Mini Stuffed Bagels  
Everybody's Favorite  
6/1.3 OZ  
Selected Varieties

\$4.99



Wyman's



Wyman's Of Maine  
Frozen Fresh Fruit  
Wild Blueberries  
3 LB  
Selected Varieties

\$11.19

Wild Blueberries are one of Mother Nature's leading antioxidant superfruits! Wyman's makes it easy to enjoy the taste and healthy goodness of these special little berries year-round, in convenient resealable bags.



PLANT-BASED  
& INCREDIBLE Taste



Lightlife®  
Buffalo Tempeh, 7 oz

\$3.99  
Selected Varieties



Lightlife®  
Smart Bacon Strips, 5 oz

\$3.29  
Selected Varieties



Lightlife®  
Smart Dogs, 12 oz

\$3.39



Artisanal Plant-Based  
Meats & Cheeses



Field Roast®  
Hazelnut Cranberry Roast  
En Croute, 2 lbs

\$18.49



Field Roast®  
Field Burger, 13 oz

\$6.99



Field Roast®  
Chao Slices,  
Creamy Original, 7 oz

\$4.99  
Selected Varieties

Lightlife & Field Roast Have All of Your Favorites This Fall



**Annie Chun's**  
Organic Potstickers  
Shiitake Vegetable  
7.6 OZ  
Selected Varieties



**\$3.99**



**Van's Natural Foods**  
Power Grains Waffles  
Original  
9 OZ  
Selected Varieties



**\$3.19**



**Sonoma Flatbreads**  
Cauliflower Crust Pizza  
Pepperoni  
11.62 OZ  
Selected Varieties

**\$8.99**



**Feel Good Foods**  
Egg Pockets  
Bacon, Egg & Cheese  
8 OZ  
Selected Varieties

**\$4.49**



**Cappello's**  
Grain Free Pizza  
Margherita  
10.82 OZ  
Selected Varieties



**\$6.99**



Got a picky eater? You're not alone. **Happy Tot**  
is here with trusted, organic snacks & meals  
for your little one's budding palate.

**Happy Tot**  
Organic Fiber & Protein Pouch  
Pear, Blueberries & Spinach  
4 OZ  
Selected Varieties



**\$1.29**



**Jolly Llama**  
Sorbet Pops  
Strawberry  
4 CT  
Selected Varieties



**\$3.99**



**SmartSweets**  
Sweet Fish  
1.8 OZ  
Selected Varieties  
**GF**  
**\$2.49**



**Yumearth**  
Organic Candy Corn  
10/7 OZ  
Selected Varieties  
**USDA ORGANIC**  
**NON GMO**  
**VEGETARIAN**  
**\$5.99**



**Rj's Licorice**  
Soft Eating Licorice  
Raspberry  
1.4 OZ

**79¢**

**Justin's**  
Organic Mini  
Peanut Butter Cups  
Dark Chocolate  
4.7 OZ  
Selected Varieties



**\$4.19**



**Lily's Sweets**  
Milk Chocolate  
Covered Almonds  
Stevia Sweetened  
3.5 OZ  
Selected Varieties

**GF**  
**\$5.49**



**Fritt**  
Chewy  
Candy Strips  
Fruity Bunch  
4.4 OZ

**GF**  
**\$2.69**



**Sheila G's**  
Brownie  
Brittle  
Chocolate Chip  
5 OZ  
Selected Varieties  
**\$2.99**



**Ocho Candy**  
Organic Mini Dark  
Chocolate Bars  
Coconut  
3.5 OZ  
Selected Varieties



**2/\$6**



**Alter Eco**  
Organic Grass Fed  
Milk Chocolate Bar  
Salted Almond  
2.65 OZ  
Selected Varieties

**GF**  
**\$2.99**



**Endangered  
Species Chocolate**  
Dark Chocolate  
Panther Bar  
88% Cocoa  
3 OZ  
Selected Varieties

**GF**  
**2/\$5**



**Endangered  
Species Chocolate**  
Dark Chocolate  
Bee Bar  
Oat Milk, Sea Salt &  
Almonds  
3 OZ  
Selected Varieties

**GF**  
**2/\$5**



**Glee Gum**  
Natural Gum  
Peppermint  
16 PC  
Selected Varieties



**\$1.09**



**Bare Fruit**  
100% Organic  
Apple Chips  
Fuji & Reds  
3 OZ  
Selected Varieties

**GF**  
**\$4.29**



**Little Secrets**  
Mini Crispy  
Wafers  
Dark Chocolate  
Sea Salt  
3.5 OZ  
Selected Varieties

**\$5.29**



**Midel**  
Ginger  
Snaps  
10 OZ  
Selected Varieties

**2/\$7**



## Late July Snacks

Organic  
Multigrain  
Tortilla Chips  
Sea Salt  
6 OZ  
Selected Varieties



**2/\$5**



## Late July Snacks

Organic No Grain  
Tortilla Chips  
Sea Salt  
5.5 OZ  
Selected Varieties



**2/\$5**



## Plant Snacks

Cassava  
Root Chips  
Sea Salt  
5 OZ  
Selected  
Varieties



**2/\$5**



## Barnana

Plantain Tortilla  
Chips  
Himalayan Pink Salt  
4 OZ



**\$2.99**



## Stacy's

Pita Chips  
Pita Chips  
Multigrain  
7.33 OZ  
Selected Varieties



**2/\$5**



## Harvest Snaps

Baked  
Crunchions  
Kick'n BBQ  
2.5 OZ  
Selected Varieties

**\$2.19**



## Pretzel Crisps

Gluten Free Deli  
Style Pretzel Crisps  
Original  
5 OZ



**\$2.79**



## Snyder's Of

Hanover  
Gluten Free  
Pretzels  
Mini  
8 OZ

**2/\$6**



## Schar

Gluten Free  
Table Crackers  
Multigrain  
7.4 OZ  
Selected Varieties



**\$4.29**



## R. W. Garcia

Organic Gluten  
Free Crackers  
Lentil Turmeric  
5.5 OZ  
Selected Varieties



**2/\$7**



## Crunchmaster

Multi-Seed  
Crackers  
Original  
4 OZ  
Selected Varieties



**\$2.79**



## Green Mountain

Grimo  
Medium Salsa  
Pasilla & Jalapeno  
16 OZ  
Selected Varieties



**\$4.29**



# Frontera

**Authentic  
Mexican  
Flavor**



**Frontera  
Tortilla Chips**  
Thin & Crispy  
10 OZ

**\$2.49**

Selected Varieties

**Frontera  
Salsa**

Jalapeno Cilantro or Tomatillo  
16 OZ

**\$2.99**

Selected Varieties

## Frontera

Guacamole Mix  
4.5 OZ

**\$1.49**



**Angie's  
Boomchickapop  
Kettle Corn**  
Sweet & Salty  
7 OZ

**\$2.49**

Selected Varieties



**Angie's  
Boomchickapop Kettle Corn**

Dark Chocolate Drizzled Sea Salt  
or  
Cinnamon Roll Drizzled  
5.5 OZ

**\$2.99**

Selected Varieties



**Real Simple  
Ingredients &  
Gluten Free**



# Two Waters with Legendary History



POLAND SPRING  
Spring Water  
30.4 FL OZ

**2/\$4**

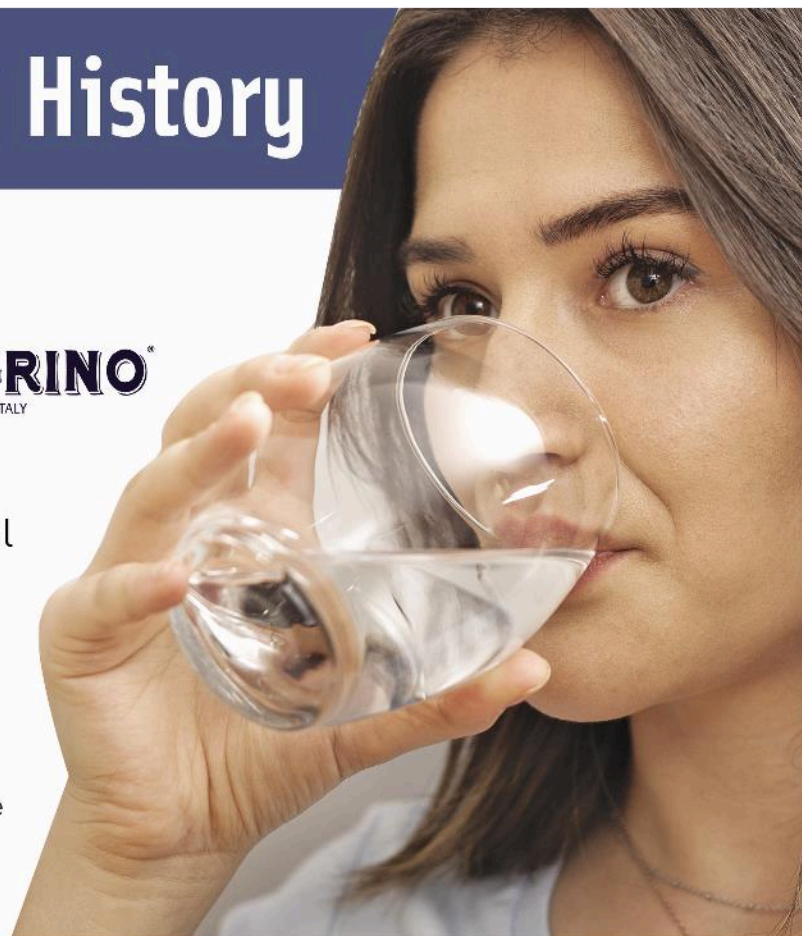
Celebrating 175 years  
of 100% Spring Water  
from the heart of Maine



SAN PELLEGRINO  
Sparkling Mineral  
Water  
750 ML

**\$1.79**

120 years of Italian style  
and authentic taste



Crystal Geyser  
Alpine Spring Water  
50.7 FL OZ

**65¢**



Crystal Geyser  
Alpine Spring Water  
1 GAL **\$1.09**



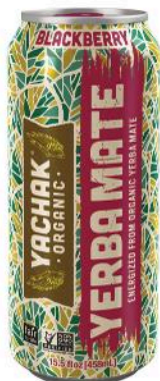
Gerolsteiner  
Sparkling Natural  
Mineral Water  
6/16.9 FZ **\$6.49**



Waiakea  
Hawaiian Volcanic  
Water  
1.5 LTR **\$2.19**



C2o Pure Coconut Water  
Pure Coconut Water  
Original  
33.8 FL OZ **2/\$7**



Yachak  
Organic Yerba  
Mate  
Blackberry  
15.5 FL OZ  
Selected Varieties

**GF** **USDA ORGANIC** **NON GMO VERIFIED**  
**\$1.99**



Clean Cause  
Organic Sparkling  
Yerba Mate  
Blackberry  
16 FL OZ  
Selected Varieties

**GF** **USDA ORGANIC** **NON GMO VERIFIED**  
**2/\$4**



Runa  
Organic Clean  
Energy Drink  
Blood Orange  
12 FL OZ  
Selected Varieties

**USDA ORGANIC** **NON GMO VERIFIED**  
**2/\$4**



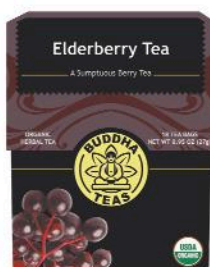
Steaz  
Organic  
Energy Drink  
Berry  
12 FL OZ  
Selected Varieties

**USDA ORGANIC**  
**3/\$5**



**Cameron's Coffee**  
Organic  
Coffee Pods  
French Roast  
12 CT

 **\$6.99**



**Buddha Teas**  
100% Organic  
Herbal Tea  
Turmeric Ginger  
18 BAG

 **\$4.79**



**Choice**  
Organic Teas  
Organic  
Herbal Tea  
Rooibos  
16 BAG

 **\$3.79**



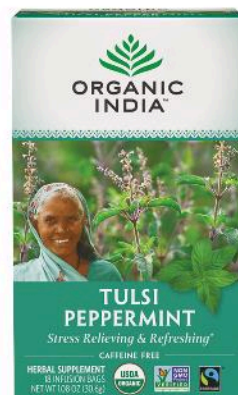
**Itoen**  
Matcha  
Green Tea  
Traditional  
20 CT  
Selected Varieties

**\$3.69**



**Numi Tea**  
Organic  
Herbal Tea  
Rooibos  
18 BAG  
Selected Varieties

 **\$5.29**



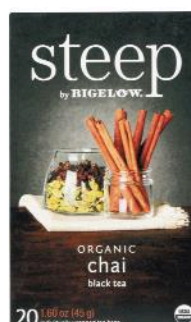
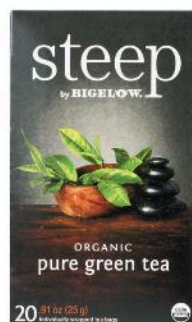
**Organic India**  
Organic  
Herbal Tea  
Tulsi Peppermint  
18 BAG  
Selected Varieties

 **\$3.79**



**Rishi**  
Organic Herbal  
Immunity Tea  
Elderberry Healer  
15 BAG

 **\$5.49**

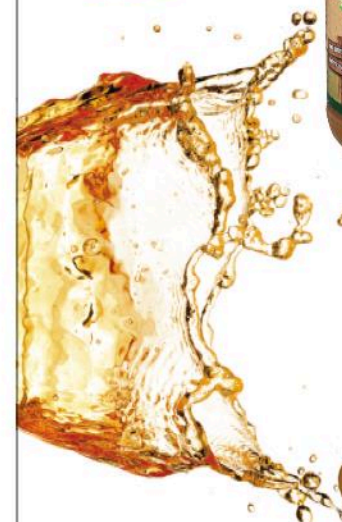


**Steep By  
Bigelow**  
Organic  
Black Tea  
Chai  
20 BAGS  
Selected Varieties

 **2/\$6**

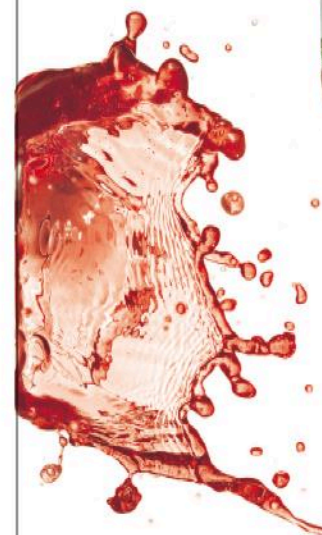
**North Coast**  
Organic Apple Juice  
32 FL OZ  
Selected Varieties

 **\$3.99**



**R.W. Knudsen**  
Organic Apple Juice  
32 FL OZ

 **\$2.79**



**R.W. Knudsen**  
Organic Cherry Juice  
Just Tart  
32 FL OZ  
Selected Varieties

 **\$6.49**





**Barbara's Bakery**  
Puffins Cereal  
Peanut Butter  
11 OZ  
Selected Varieties **2/\$8**



**Gomacro**  
Organic Kids MacroBars  
Oatmeal Chocolate Chip Cookie  
6.3 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**\$4.19**



**Good To Go**  
Keto Snack Bar  
Blueberry Cashew  
1.41 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**\$1.79**



**Health Warrior**  
Chia Bar  
Coconut  
.88 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**\$1.29**



**Mighty Sesame Company**  
Tahini Bars  
Cocoa Nibs  
6/3.8 OZ  
Selected Varieties **GF**  
**\$3.49**



**That's It**  
Fruit Bar  
Apple & Blueberry  
1.2 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**2/\$3**



**Shanti Bar**  
Organic  
Fortitude Bar  
Nut Butter Chocolate  
Chip MACA  
1.90 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**\$2.19**



**Zing Bars**  
Vitality Bar  
Dark Chocolate  
Peanut Butter  
1.76 OZ  
Selected Varieties **GF** **USDA ORGANIC**  
**2/\$4**



**Nugo Nutrition Bar**  
Vegan Slim Bar  
Crunchy Peanut Butter  
1.59 OZ  
Selected Varieties **GF**  
**\$1.59**



**Kind**  
Mixed Nuts Bar  
Dark Chocolate, Nuts & Sea Salt  
1.4 OZ  
Selected Varieties **GF**  
**2/\$3**

**SOME LIKE IT**  
**Hot!**

It's the perfect season to  
try your granola warm



**\$4.49** 12 OZ  
Select **Bear Naked®** Granolas  
Selected Varieties

Grab your favorite  
Bear Naked granola  
Pour in  
your milk  
Turn up the heat  
(for 30 secs)  
Taste that bowl  
of goodness



**2/\$7**  
**Kashi® GO Coconut**  
& Autumn Wheat  
13.2 - 16.3 OZ  
Selected Varieties



**2/\$7**  
**Kashi® by Kids**  
Super Loops  
9.5 OZ  
Selected Varieties



**\$3.99**  
**Kashi® Grain Free**  
Granola Bars  
5 1/2 OZ  
Selected Varieties **GF** **Gluten Free**

®, TM, © 2020 Kashi Company  
®, TM, © 2020 Bear Naked, Inc.



## Kick-Start Your Morning

Inspired by your favorite CLIF BAR® flavors, CLIF® Granola is the perfect way to fuel up. Enjoy as an alternative to cereal at breakfast or as a satisfying snack any time of day.

- Gluten free and non-GMO
- No high-fructose corn syrup or artificial flavors
- 8 grams of non-soy, plant-based protein
- 25-29 grams of whole grains



**Clif Bar**  
Energy Granola  
White Chocolate  
Macadamia Nut  
10 OZ  
Selected Varieties

**\$4.29**



**Gemini**  
Tigernut Muffin & Cake Mix  
Chocolate  
10.7 OZ

**GF**  
**\$5.49**



**Purely Elizabeth**  
Protein Pancake Mix  
Grain-Free  
10 OZ  
Selected Varieties

**\$5.49**



**Scharffen Berger**  
Baking Dark Chocolate  
Bittersweet  
9.7 OZ

**\$6.19**



**Sweet Leaf**  
Sweet Drops Liquid Stevia  
Vanilla Creme  
2 FL OZ  
Selected Varieties

**\$6.79**



**Crofters**  
Organic  
Superfruit Spread  
Blueberry Blast  
16.5 OZ  
Selected Varieties

**USDA ORGANIC**  
**GF**  
**\$4.19**



**Creative Snacks**  
Drizzlers  
Honey Pecan  
10 OZ  
Selected Varieties

**2/\$8**



**Made In Nature**  
Organic  
Dried Mangoes  
3 OZ  
Selected Varieties

**USDA ORGANIC**  
**GF**  
**\$4.49**



**Peanut Butter & Co**  
Peanut Butter  
Smooth Operator  
16 OZ  
Selected Varieties

**GF**  
**\$2.99**



**Manitoba Harvest**  
Organic  
Hemp Hearts  
Shelled  
7 OZ

**GF**  
**USDA ORGANIC**  
**\$6.79**



**Stryve Foods**  
Beef Sliced Biltong  
Hickory Seasoned  
2.25 OZ  
Selected Varieties

**\$5.29**



**Tinkyada**  
Organic Brown Rice  
Pasta  
Spaghetti  
12 OZ  
Selected Varieties

**\$3.49**



**Explore Cuisine**  
100% Organic Black  
Bean Spaghetti  
8 OZ  
Selected Varieties

**\$3.79**



**Jovial**  
100% Organic Penne  
Grain Free Cassava  
8 OZ  
Selected Varieties

**\$3.39**



**Organic Valley**  
Organic Ghee  
Clarified Butter  
7.5 OZ

**\$8.49**



**Near East**  
Rice Pilaf  
Original  
6 OZ  
Selected Varieties

**2/\$4**



**Tasty Bite**  
Organic Coconut  
Squash Dal  
10 OZ  
Selected Varieties

**\$2.79**



**Colavita**  
Wine Vinegar  
Prosecco  
.5 LTR

**\$4.79**



**Bono**  
Organic  
Extra Virgin  
Olive Oil  
Sicilia  
16.9 FL OZ

**\$11.49**



**Zoe**  
Extra Virgin  
Olive Oil  
1LTR

**\$10.99**

**Chosen Foods**  
Simmer Sauce  
Spanish Romesco  
12 FL OZ  
Selected Varieties



**\$6.99**

**Chosen**  
FOODS



**Pacific Natural Foods**  
Organic Free Range  
Chicken Broth  
Low Sodium  
32 FL OZ  
Selected Varieties

**\$3.29**



**Rao's**  
Chicken  
Noodle Soup  
16 OZ  
Selected Varieties

**\$3.99**



**San-J**  
Tamari Lite Soy  
Sauce  
50% Less Sodium  
10 FL OZ

**\$3.19**



**Annie Chun's**  
Soup Bowl  
Japanese-Style Miso  
5.9 OZ  
Selected Varieties

**\$3.19**



**Ark Naturals**  
Dog  
Dental Chews  
Brushless  
Toothpaste  
18 OZ

**GF**  
**\$13.99**



**Biokleen**  
Stain + Odor  
Remover Spray  
Bac-Out  
32 FL OZ

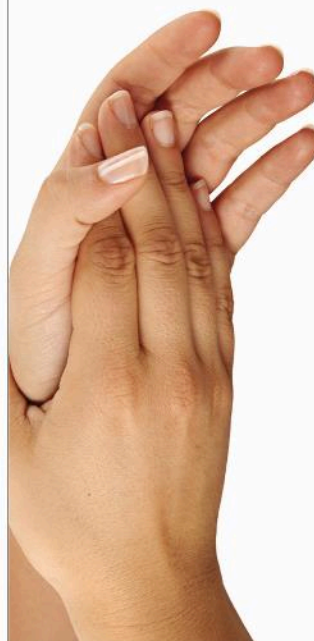
**\$6.99**

## Stay Clean & Healthy

Quality hand sanitizer that contains **aloe vera**, **Vitamin E** and natural fragrance to help reduce the harshness you may experience with other alcohol sanitizers.



ASHEVILLE BOTANICALS®



**Asheville Botanicals**  
Hand Sanitizer  
with Aloe Vera & Tea  
Tree Oil  
16 FL OZ

**\$10.49**

**Asheville Botanicals**  
Hand Sanitizer  
with Aloe Vera  
& Tea Tree Oil  
8 FL OZ

**\$8.99**



**Citrus Magic**  
Natural Odor  
Eliminating Air  
Freshener  
Fresh Orange  
3.5 FL OZ  
Selected Varieties

**\$6.59**



**Zum Clean**  
Laundry Soap  
Frankincense & Myrrh  
64 FL OZ  
Selected Varieties

**\$15.99**



## Bulk

100% Organic Coconut  
Medium Shredded

**\$2.49/lb**

Organic Raisins  
Thompson Seedless

**\$2.99/lb**

100% Organic Millet  
Hulled

**\$1.39/lb**

100% Organic Quinoa  
Tri-Color

**\$2.79/lb**

Deluxe Mixed Nuts  
Roasted & Salted

**\$11.99/lb**

100% Organic Dates  
Rolled in Coconut

**\$4.89/lb**

Organic Chocolate Chips  
Dark

**\$7.09/lb**

Organic Popcorn  
Yellow

**\$1.59/lb**

Organic Cashews  
Raw & Whole

**\$8.19/lb**

Organic Pistachios  
Roasted & Salted

**\$10.19/lb**



**Nourish**  
Organic Moisturizing  
Face Cleanser  
Watercress & Cucumber  
6 FL OZ  
Selected Varieties

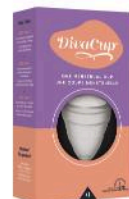


**\$10.49**



**Dr. Bronner's**  
Castile Liquid  
Soap  
Peppermint  
32 FL OZ  
Selected Varieties

**\$12.49**



**Diva Cup**  
Menstrual Cup  
Model 1  
CT  
Selected Varieties



**\$31.99**



**Desert Essence**  
Activated  
Charcoal  
Toothpaste  
Fresh Mint  
6.25 OZ  
Selected Varieties



**\$4.99**



**Nourish Botanical  
Beauty**  
Cream Cleanser  
Glow Getter  
6 FL OZ  
Selected Varieties

**\$8.99**



**Green Goo**  
Skin Repair  
Aloe Vera, Rosehip  
Oil, Helichrysum  
1.82 OZ  
Selected Varieties

**\$8.99**



**Sana Botanicals**  
Relieve  
Hemp Salve  
200mg  
2 OZ

**\$32.99**



**Eco-Dent**  
Daily Care  
Toothpowder  
Original Mint  
2 OZ  
Selected Varieties

**\$5.99**



**Sera Topical**  
Brilliance CBD  
Cream  
Day & Night  
1 OZ

**\$42.99**



**Strength Of Hope**  
CBD & Hemp  
Relieve Balm  
Lavender & Tea Tree  
1 OZ

**\$30.99**



**Boiron**  
Arnicare Cream  
Value Pack  
2 CT

**\$11.49**



**Eco-Dent**  
ExtraBrite  
Toothpowder  
Dazzling Mint  
2 OZ

**\$6.99**



## Why CannaCell®?

Because everyone deserves a  
DAILY DOSE of indulgent self-care  
that is lovingly formulated from  
nature's most perfect ingredients  
for BEAUTY & WELLBEING.

HEMP STEM CELLS  
HEMP SEED OIL  
PURE PLANT ESSENTIAL OILS

**ANDALOU**  
NATURALS

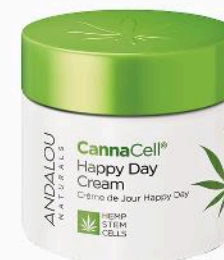
BEAUTY • BOTANY • WELLBEING



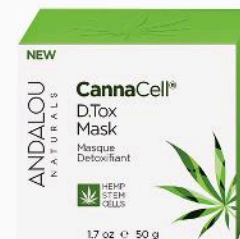
**CannaCell®**  
Beauty Oil  
1 FL OZ  
**\$13.99**  
Selected Varieties



**CannaCell®**  
Cleansing Foam  
5.5 FL OZ  
**\$8.49**



**CannaCell®**  
Cream  
Happy Day  
1.7 OZ  
**\$13.99**  
Selected Varieties



**CannaCell®**  
Mask  
D. Tox  
1.7 OZ  
**\$9.99**  
Selected Varieties



**Zenify**  
Stress Relief  
Beverage  
Zero Sugar  
12 FL OZ

**\$1.49**



**Ginger People**  
Ginger  
Rescue Shot  
Coconut  
2 FL OZ  
Selected Varieties

**2/\$4**



**Zenify**  
Stress Relief  
Beverage  
Original  
12 FL OZ

**\$1.49**



**Lily Of The Desert**  
Organic  
Aloe Vera Juice  
Inner Fillet  
32 FL OZ

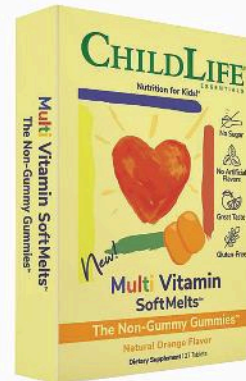


**\$5.99**

# Keep Kids Thriving

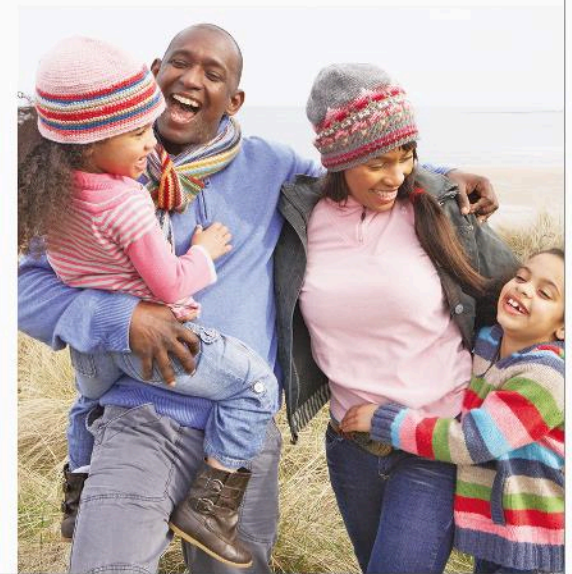


ChildLife® Multi-Vitamin SoftMelts are perfect for when you're travelling or on the go. They are naturally sweetened and free from the sugar found in many gummy supplements. Just one tablet a day provides **essential** vitamins and minerals that little ones need to thrive and it's available in a delicious orange flavor they will actually enjoy.



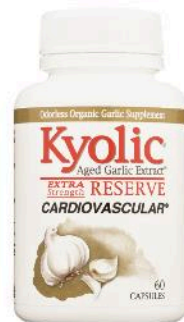
**Child Life Essentials**  
Multivitamin  
SoftMelts  
Orange Flavor  
27 TAB

**\$12.49**



**Plantfusion**  
Inspire Women's  
Meal Shake  
Powder  
Creamy Vanilla Bean  
15.87 OZ

**\$23.99**



**Kyolic**  
Cardiovascular  
Aged Garlic Extract  
Extra Strength Reserve  
60 CAP



**\$12.99**



**Manitoba Harvest**  
Hemp Protein  
Powder  
Unsweetened  
16 OZ



**\$10.49**



**Vital Proteins**  
Collagen Coffee  
Creamer  
Vanilla  
10.6 OZ  
Selected Varieties

**\$26.49**



**Sambucol**  
Black  
Elderberry  
Pastilles  
20 CT

**\$6.49**



**Doctor's Best**  
Elderberry  
Gummies  
with Vitamin C & Zinc  
60 CT

**\$14.49**



**Navitas Organics**  
Organic Superfood  
+ Adaptogen Blend  
6.3 OZ  
Selected Varieties



**\$10.99**



**Nuun Hydration**  
Immune Support  
Tablets  
Orange Citrus  
10 TAB  
Selected Varieties



**2/\$10**

Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease. CBD items may not be available as restrictions vary by state and are subject to change. See store for details.



Udi's Gluten Free  
Gluten Free Bread  
Delicious Multigrain  
Sandwich  
OR  
Cinnamon Raisin  
12 OZ  
Selected Varieties

**\$4.99**



Udi's Gluten Free  
Gluten Free Bagels  
Plain  
13.9 OZ  
Selected Varieties

**\$4.99**



Udi's Gluten Free  
Gluten Free Muffins  
Banana  
Chocolate Chip  
10 OZ

**\$5.49**



Udi's Gluten Free  
Gluten Free  
English Muffins  
White  
15.7 OZ

**\$5.79**



Udi's Gluten Free  
Gluten Free  
Bread  
French Baguette  
8.5 OZ

**\$4.99**

Selected Varieties

**glutino**  
FOREVER GLUTEN FREE



Glutino  
Gluten Free  
Pretzel Chips  
Original  
6 OZ  
OR  
Gluten Free  
Pretzel Twists  
Honey Mustard  
6 OZ  
Selected Varieties

**\$3.29**



Glutino  
Gluten Free  
Pretzel Twists  
Original  
14.1 OZ

**\$4.79**

Gluten Free  
Covered Pretzels  
Fudge  
5.5 OZ

**\$4.29**



Glutino  
Gluten Free  
Crackers  
Original  
4.4 OZ

**\$3.29**

Selected Varieties



Glutino  
Gluten Free  
Cornbread Mix  
12 OZ

**\$3.99**

Selected Varieties



Glutino  
Gluten Free Wafers  
Lemon  
7.10 OZ  
Selected Varieties

OR  
Gluten Free Cookies  
Chocolate Vanilla Creme  
10.5 OZ  
Selected Varieties

**\$3.99**

# DISCOVER THE ENDLESS POSSIBILITIES

Celestial Seasonings teas are an invitation to bring the perfect balance to your day. The finest herbs, teas, spices and botanicals are used. They lovingly package them in engaging, thoughtful boxes that truly represent the goodness found inside. There's a Celestial Seasonings herbal tea that's perfect for any moment.



Herbal Tea  
Sleepytime  
40 BAGS

**2/\$8**  
Selected Varieties



Wind down your day  
with Sleepytime Tea  
which contains chamomile,  
cool spearmint and  
fresh lemongrass.



# Brewing Basics

While you're heating the water for your next cup, be sure to think about the three basic principles of brewing tea. Have a plan before you pour.

**Freshness.** Try to use fresh, filtered water each time you brew. Repeatedly boiling and cooling water brings oxygen (the "O" in "H2O") out of solution – resulting in flat-tasting water and (eventually) tea.

**Temperature.** Most types of tea call for a full, rolling boil to bring out the best aroma, flavor and benefits.

**Steeping time.** The most common brewing mistake is over-steeping, which can bring out off flavors and increase bitterness. Keep a timer (or a timer app) handy to make sure you remove the tea bag at just the right moment.



## Herbal Tea

- Bengal Spice
- Sleepytime
- Cinnamon Apple Spice
- Red Zinger
- Lemon Zinger

20 BAGS

**\$2.79**

Selected Varieties



# Bengal Spice Mushroom Soup

## Ingredients

1 diced shallot

2 large portobello mushrooms, cubed

2 cups button mushrooms, sliced

2 Tbsp butter

4 cups water

4 bags **Celestial Seasonings  
Bengal Spice® Herbal Tea**

1 cup heavy cream

2 Tbsp cornstarch

Salt and pepper

## Instructions

Sauté the shallot and mushrooms in butter until tender. Bring the water to a boil in a saucepan and add the tea bags. Lower to a simmer and steep for 5 minutes. Remove and discard the tea bags. Add the cream to the tea; then whisk in cornstarch. Return to a boil over medium heat until thickened. Then add the mushrooms and shallots and salt and pepper to taste.

Find recipe online: [www.celestialseasonings.com/discover-tea/recipes/bengal-spice-mushroom-soup](http://www.celestialseasonings.com/discover-tea/recipes/bengal-spice-mushroom-soup)

