

# Discover Healthy Advantage™

September  
2022

Monthly Ad  
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**Bob's Red Mill**  
Gluten Free Instant Oatmeal  
Apple Cinnamon  
9.88 OZ  
Selected Varieties **\$3.79**



**Nancy's**  
Probiotic Oatmilk Yogurt  
Vanilla  
5.3 OZ  
Selected Varieties **\$2.09**



**Sweet Earth**  
Benevolent Bacon  
Hickory & Sage  
5.5 OZ  
Selected Varieties **2/\$8**



**Alter Eco**  
Organic Granola  
Dark Chocolate  
8 OZ  
Selected Varieties **\$6.49**



**Mount Hagen**  
Organic  
Instant Coffee  
Fairtrade, 3.53 OZ **\$9.19**



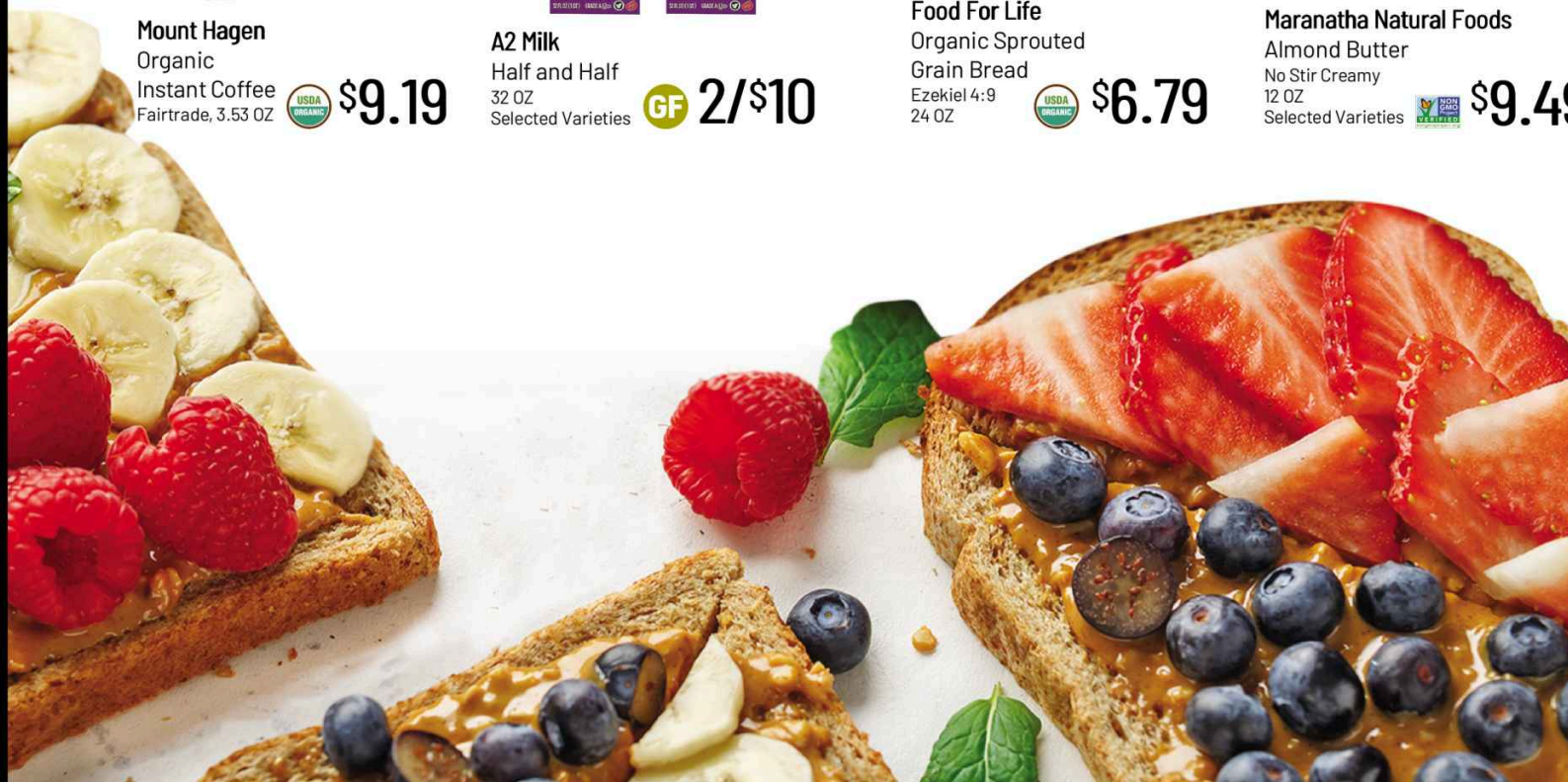
**A2 Milk**  
Half and Half  
32 OZ  
Selected Varieties **2/\$10**



**Food For Life**  
Organic Sprouted  
Grain Bread  
Ezekiel 4:9  
24 OZ **\$6.79**



**Maranatha Natural Foods**  
Almond Butter  
No Stir Creamy  
12 OZ  
Selected Varieties **\$9.49**



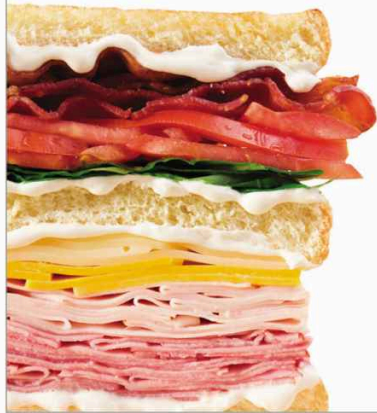
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## Sandwich Ready Slices

Ooey, gooey goodness made with mom-approved ingredients.  
From pasture-raised cows – where more time outside means happy, healthy animals. Always organic. They never use antibiotics, synthetic hormones, toxic pesticides or GMOs.



**Organic Valley**  
Organic  
Cheese Slices  
American  
6 OZ  
Selected Varieties



**\$5.49**



**Lifeway®**  
EST. 1986

## Plant-Based Milk

Lifeway Oat is the unrivaled choice for those who are thirsty for plant-based nutrition.  
Unlike traditional oat milk, Lifeway Oat is boosted by 10 live and active probiotic cultures, plus the prebiotics to support them. Available in a variety of flavors, these dairy-free, gluten-free, premium plant-based drinks are made with all-natural ingredients for a clean, smooth taste. Lifeway Oat is oat milk, elevated.



**Lifeway**  
Oat Milk  
Peaches and Cream  
32 FL OZ  
Selected Varieties



**\$6.29**



**Brew Dr. Kombucha**  
Organic Kombucha  
Clear Mind  
14 FL OZ  
Selected Varieties



**\$2.79**



**Dr. Praeger's**  
Chick'n Littles  
8 OZ  
Selected Varieties



**2/\$9**



**Bubbies**  
Sauerkraut  
25 OZ  
Selected Varieties



**\$8.79**



**Chobani**  
Plant Based  
Coffee Creamer  
Caramel Macchiato  
24 FL OZ  
Selected Varieties



**2/\$10**



**Miso Master**  
Organic Miso  
Mellow White  
16 OZ



**\$8.79**



**Cascadian Farm**  
Organic Frozen  
Spud Puppies  
16 OZ  
Selected Varieties



**\$3.79**



PLANT-BASED  
**FIELD ROAST**  
MEAT & CHEESE CO.



**Field Roast**  
Plant-Based  
Breakfast Sausages  
Apple Maple  
9.3 OZ



**\$5.29**

**Rudi's Organic Bakery**  
Organic Bread  
Rocky Mountain  
Sourdough, 22 OZ  
Selected Varieties



**2/\$9**



**Daiya Foods Inc**  
Dairy Free Slices  
American Style  
7.8 OZ  
Selected Varieties



**2/\$8**



**Amy's**  
Organic  
Macaroni  
& Cheese  
9 OZ

**\$3.99**



**Halo Top**  
Light Ice Cream  
Peanut Butter Cup  
16 FL OZ  
Selected Varieties



**\$5.49**



**Reed's**  
Real Ginger Ale  
Original  
4/12 FL OZ  
Selected Varieties



**2/\$10**



**Bragg**  
Organic Apple Cider  
Vinegar Refresher  
Apple-Cinnamon  
16 FL OZ  
Selected Varieties



**\$3.29**



**R.W. Knudsen**  
Simply Nutritious  
Juice  
Morning Blend  
32 FL OZ  
Selected Varieties



**2/\$7**





**Muir Glen**  
Organic Tomatoes  
Diced  
14.5 OZ  
Selected Varieties



**2/\$4**



**Spectrum Naturals**  
Organic Olive Oil  
Extra Virgin  
25.4 FL OZ



**\$11.49**



**Newman's Own**  
Pasta Sauce  
Marinara  
24 FL OZ  
Selected Varieties



**2/\$7**



**Annie's Homegrown**  
Deluxe Macaroni  
& Cheese  
Shells & Four Cheese  
11.3 OZ  
Selected Varieties



**2/\$8**



**The New Primal**  
Dipping & Wing Sauce  
Medium Buffalo  
12 OZ  
Selected Varieties



**\$6.99**

0g of Sugar



**Pacific Foods**  
Organic Creamy  
Oatmilk Soup  
Garden Tomato  
32 FL OZ  
Selected Varieties



**\$4.19**



**Simply Organic**  
Organic  
Simmer Sauce  
Southwest Taco  
8 OZ  
Selected Varieties



**\$2.79**



**Ka'me**  
Fried  
Rice  
Vegetable  
8.8 OZ

**\$2.49**



**Kettle And Fire**  
Organic Broth  
Chicken  
32 OZ  
Selected Varieties



**\$3.79**



**Kettle Brand**  
Krinkle Cut  
Potato Chips  
Truffle & Sea Salt  
5 OZ  
Selected Varieties



**2/\$6**



The Kettle Brand's® Bougiest chip yet, Truffle + Sea Salt is earthy, oaky and downright decadent.

**Pretzel Crisps**  
Pretzel Crisps  
Everything  
7.2 OZ  
Selected Varieties



**2/\$6**



**Terra Chips**  
Sweet Potato  
Chips  
Sweets & Beets  
6 OZ  
Selected Varieties



**2/\$7**



**From The Ground Up**  
Purple Carrot  
Crackers  
Sea Salt  
4 OZ  
Selected Varieties



**\$3.29**



**Newman's Own Organics**  
Fig Newmans  
Low Fat  
10 OZ  
Selected Varieties

**\$4.79**

**Santa Cruz Organic**  
Organic Apple Sauce Cups  
6/4 OZ  
Selected Varieties



**2/\$7**

**Lesser Evil**  
Organic  
Paleo Puffs  
No Cheese  
Cheesiness, 5 OZ  
Selected Varieties



**\$3.79**



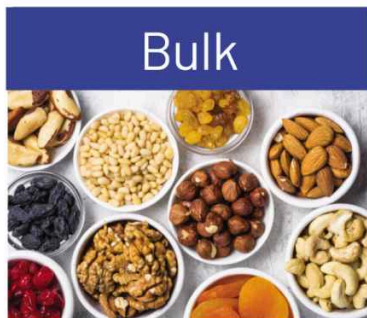
## Great for Trick or Treating



**Angie's**  
Boomchickapop  
Kettle Corn  
Sweet & Salty, 6/1 OZ



**\$4.29**



**Organic  
Flame Raisins**

**2.99/lb**

**100% Organic  
White Royal Quinoa**

**2.39/lb**

**Organic  
Garbanzo Beans**

**2.29/lb**

**Organic Raw Natural  
Sesame Seeds**

**2.79/lb**



Barbara's  
Puffins Cereal  
Peanut Butter  
11 OZ  
Selected Varieties



★  
Featured  
BRAND

2/\$8



Quaker  
Organic  
Instant Oatmeal  
Original  
7.9 OZ



\$7.29



Natierra  
100% Organic Dried  
Mango Cheeks  
8 OZ



\$8.49



88 Acres  
Seed + Oats Bar  
Dark Chocolate Sea Salt  
1.6 OZ



2/\$3



Back To Nature  
Organic  
Dark Chocolate  
Belgian  
3 OZ  
Selected Varieties



2/\$7



Pur Gum  
Sugar-Free  
Chewing Gum  
Bubblegum  
77 GM



2/\$7



Vermints  
Organic Mints  
GingerMint  
1.41 OZ  
Selected Varieties



2/\$5



Swheat Scoop  
Natural  
Cat Litter  
Fast Clumping  
12.3 LB

\$21.29



## Wellness

Divacup  
Menstrual Cup  
Model 2  
CT  
Selected Varieties

\$31.49



Andalou Naturals  
Moisture Rich  
Shampoo  
Argan Oil & Shea  
11.5 FL OZ  
Selected Varieties

\$6.49



Naturtint  
Permanent Hair Color  
5N Light Chestnut  
5.6 FL OZ  
Selected Varieties

\$12.49



Sukin  
Shampoo  
Natural Balance  
16.9 FL OZ  
Selected Varieties

\$6.49



Brain Juice  
Brain Booster Shot  
Peach Mango  
2.5 FL OZ

2/\$7



Amazing Grass  
Superfood Greens  
Blend  
The Original  
8.5 OZ  
Selected Varieties



\$23.49



Traditional Medicinals  
Organic Throat Coat  
Lozenges  
Lemon Ginger Echinacea  
16 CT  
Selected Varieties



2/\$8



Prince Of Peace  
Ginger Chews  
Original  
4 OZ  
Selected Varieties

2/\$5



Bulletproof  
Collagen Protein  
Powder  
Unflavored  
14.3 OZ  
Selected Varieties

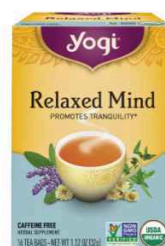
\$30.99



Yogi  
Herbal Tea  
Relaxed Mind  
16 BAG  
Selected Varieties



2/\$8



Onnit Labs  
Alpha Brain Supplement  
Memory & Focus  
90 CT



★  
Featured  
BRAND

\$60.99



Emergen-C  
1000mg Vitamin C  
Immune Support  
Super Orange  
30 PKT  
Selected Varieties

\$12.49



Statements have not been evaluated by the Food and Drug Administration. Products are not intended to diagnose, treat, cure or prevent any disease.  
CBD items may not be available as restrictions vary by state and are subject to change. See store for details.