

# Fatherhood First

DADS ASK THE DOULAS:

PREGNANCY, LABOR, AND POSTPARTUM

Q&A

A virtual event hosted by:

Cathie O'Reilly of Your 4th Trimester

Postpartum specialist with over 30+ years of experience with all things baby and pregnancy in Limerick, Ireland

&

Arianna Dinardi of Arianna Sana LLC

Perinatal Nutritional Educator and Certified Doula in Boston, Massachusetts

September 28th, 2024

3pm EST/8pm IST

