

# Period Products List

1. [Natracare](#) Tampons and Pads
2. [Traditional Medicinals](#) Raspberry Leaf Tea
3. [Glad Rags](#) Reusable Organic Cotton Pads
4. [OrganiCup](#) Menstrual Cup
5. [Peace Love Hormones](#) Soothe Herbal Tincture
6. [Heart and Soil](#) Beef Liver Capsules
7. [Heritage Store](#) Organic Castor Oil
8. [Etsy](#) Microwavable Heating Pad (for non microwave users, electric heated pad or hot water bottle work best)
9. [The Period Company](#) Period Underwear



*Arianna Sana*