I do not think we should go back to the gold standard for various reasons. (Good job! You clearly take a position here) While there are many good things about the gold standard, there are also some things that could cause issues. (You can strengthen your position statement by stating specific reasons for your position. These will be the topics that you will discuss in the body of your essay).

The U.S today moves so fast, I do not think the gold standard could keep up with the people. (This idea is not clearly stated. What do you mean by "keep up with the people?") Between buying houses with credit, to online shopping using a credit card. (This is not a sentence (i.e. fragment) I feel like with the gold standard in place it would be nearly impossible to do those things as often as the American people do. The gold standard would be good today with its stability, and may even create jobs, but I do believe it would be an extremely hard adjustment for the U.S people (I like that you raised the idea of people having to adjust if they switch to the Gold Standard, especially if you are against it. However, you also present benefits of the Gold Standard, which weakens your position since you are against it. You will have a chance to counterargue and rebut, but at this point, you want to strengthen your positon).

Both the gold standard and the flat currency have great pro's and con's, (Wrong punctuation mark). My personal preference is the flat currency, (no comma) because it is all I have known. If given the choice (comma needed) I also believe The American People (apply capitalization rules) would choose the flat currency too, to avoid adjusting their fast-pace lifestyles. (See my previous comment).

Overall, a good attempt! We will begin working on your essay writing skills starting with this topic. I will send you the template and videos.