



September 2018



Dryland Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
					1	2
3 Labour Day	4 First Day of School	5	6 First Dryland Session SVSC 6:00-8:00pm	7	8 Dryland Testing Foote Field 9:30-11:30	9
10	11 Agility/Balance SVSC 6:00-8:00pm	12	13 Strength SVSC 6:00-8:00pm	14	15 Aerobic (Running/Biking) Argyll Fields 9:30-11:30	16
17	18 Agility/Balance SVSC 6:00-8:00pm	19	20 Strength SVSC 6:00-8:00pm	21	22 Aerobic (Running/Biking) Argyll Fields 9:30-11:30	23
24	25 Agility/Balance SVSC 6:00-8:00pm	26	27 Strength SVSC 6:00-8:00pm	28	29 Aerobic (Running/Biking) Argyll Fields 9:30-11:30	30



October 2018



Dryland Calendar

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
1	2 Agility/Balance Kinsmen Field House 6:00-8:00pm	3	4 Strength Kinsmen Field House 6:00-8:00pm	5	6 Aerobic (Running/Biking) Argyll Fields 9:30-11:30	7
8 Thanksgiving	9 Agility/Balance Kinsmen Field House 6:00-8:00pm	10	11 Strength Kinsmen Field House 6:00-8:00pm	12	13 Aerobic (Running/Biking) Argyll Fields 9:30-11:30	14
15	16 Agility/Balance Kinsmen Field House 6:00-8:00pm	17	18 Strength Kinsmen Field House 6:00-8:00pm	19 Snow Valley Racing Silent Auction & Dinner	20 Aerobic (Running/Biking) 9:30-11:30	21
22	23 Agility/Balance Kinsmen Field House 6:00-8:00pm	24	25 Strength Kinsmen Field House 6:00-8:00pm	26	27 Alberta Alpine Physical Testing / SV Testing	28
29	30	31				
All Program Colorado Fall Camp						