

RETURN PLAN **STAGE ONE**

ALBERTA ALPINE SKI ASSOCIATION
MAY // JUNE 2020



COVID-19



SYMPTOMS

Symptoms are similar to those for influenza or other respiratory illnesses.

Anyone exhibiting the following symptoms is legally required to self-isolate and should be tested for COVID-19.

- **Fever**
- **A new cough or chronic cough that is worsening**
- **Sore throat**
- **Runny nose**

COVID-19



TESTING

Everyone (including those under 18 years of age) in mandatory isolation and in need of COVID-19 testing, or critical care for pre-existing medical conditions or emergency care, should carefully follow the rules in the exemption orders.

- Pre-arrange your appointment and leaving your isolation area only on the date and at the time of your appointment.**
- Follow all instructions provided by 811 or health-care providers.**
- Use private transportation where practical.**
- Maintain physical distance from others when shared transportation is necessary – travel directly to your appointment with no stops.**
- Follow instructions provided by 911 if you require emergency care.**

ALBERTA RELAUNCH



APPLICABLE STAGE ONE GUIDELINES

GATHERINGS

- **Outdoor — maximum 50 people**
- **Indoor — maximum 15 people**
- **Must maintain physical distancing of 2M at all times**
- **Sharing of equipment is prohibited**
- **Law enforcement has been granted full authority to inform the public health orders of the Province of Alberta, and can issue fines to individuals in violation.**

CSA GUIDANCE



CANADIAN SNOWSPORTS ASSOCIATION INSURANCE UPDATE

INSURANCE RELATED QUERIES

- **Provided members (clubs, PSO teams, coaches, professional staff) following the posted requirements of their local health authority, there should be no issue defending anyone against a claim of negligence.**
- **Should you travel to another jurisdiction, you must abide by the local/provincial/federal requirements of that area.**
- **Should a member contract COVID-19, they are not covered under this agreement. Therefore, it is a responsibility of each club to ensure any member attending a gathered event (dryland or on-snow programming) has made a reasonable attempt to limit their personal exposure to the virus.**
- **Anyone leading or administering dryland (in-person or online), or on-snow programming should be a professional staff member, and must be currently certified to be administering physical fitness/ski programs. Volunteer lead physical activity is not covered under this agreement.**

WHO CONSIDERATIONS



WORLD HEALTH ORGANIZATION UPDATE FOR SPORTS FEDERATIONS/EVENT ORGANIZERS

The key factors for consideration for each sporting event are included in the WHO COVID-19 mass gathering sports addendum risk assessment tool. These key factors address the specific issues that should be taken into consideration when planning a sporting mass gathering event. The table at the link below provides an overview of and background information on some of these additional factors, including mitigation measures that will also be captured during the risk assessment process.

[WHO Considerations for Sports Federations Assessment Table](#)

RETURN TO HIGH PERFORMANCE SPORT FRAMEWORK



CANADIAN OLYMPIC COMMITTEE // CANADIAN PARA-OLYMPIC COMMITTEE // OWN THE PODIUM

The National Framework is a tool which consists of a minimum baseline of standards from current evidence, and guidelines from the provincial, territorial, and federal health authorities extrapolated into the sporting context by medical experts in infectious diseases and public health. The National Framework focuses on 'how' the reintroduction of sport activity will occur in a cautious and methodical manner from an athlete, coach, and practitioner perspective. Follow the link below for the Framework and Club Assessment & Mitigation Checklist.

[COVID-19 Return to High Performance Sport Framework & Club Risk Assessment & Mitigation Checklist](#)



HELPFUL LINKS

INFORMATION // TESTING // GATHERING // RELAUNCH

Information for Albertans — COVID-19

COVID-19 Self Assessment

Restrictions on Gatherings

Alberta Relaunch Strategy





KEEP SMILING
SEE YOU SOON 