

## September 2019 Dryland Calendar



Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
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2 Labour Day	3	4	First Dryland Session SVSC 6:00-8:00pm	6	7 Dryland Testing Foote Field 8:30-10:30	8
9	Agility/Balance - SVSC - 6:00- 8:00pm	11	12 Strength - SVSC - 6:00-8:00pm	13	Aerobic (Running/Biking) Argyll Fields 9:00-11:00	15
16	Agility/Balance - SVSC - 6:00- 8:00pm	18	19 Strength - SVSC - 6:00-8:00pm	20	Aerobic (Running/Biking) Argyll Fields 9:00-11:00	22
23	24 Agility/Balance - SVSC - 6:00- 8:00pm	25	26 Strength - SVSC - 6:00-8:00pm	27	Aerobic (Running/Biking) Argyll Fields 9:00-11:00	29
30	1 Agility/Balance Kinsmen Field House 6:00-8:00pm	2	3 Strength Kinsmen Field House 6:00-8:00pm	4	Aerobic (Running/Biking) Argyll Fields 9:00-11:00	6



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Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday					
	Agility/Balance Kinsmen Field House 6:00-8:00pm	2	3 Strength Kinsmen Field House 6:00-8:00pm	4	Aerobic (Running/Biking) Argyll Fields 9:00-11:00 Level 3 Offical	6 s Course - SVR					
7	8 Agility/Balance Kinsmen Field House 6:00-8:00pm	9	10 Strength Kinsmen Field House 6:00-8:00pm	11	Aerobic (Running/Biking) Argyll Fields 9:00-11:00	13					
14 Thanksgiving	Agility/Balance Kinsmen Field House 6:00-8:00pm	16	17 Strength Kinsmen Field House 6:00-8:00pm	Snow Valley Racing Silent Auction	Aerobic (Running/Biking) Argyll Fields 9:00-11:00  AA Physical Fi	20 citness Testing					
21	Agility/Balance Kinsmen Field House 6:00-8:00pm	23	24 Strength Kinsmen Field House 6:00-8:00pm	25	Aerobic (Running/Biking) Arevil Fields Level 2 Officals Course - SVR	27  Level 1 RA Course - SVR					
28	29 Agility/Balance Kinsmen Field House 6:00-8:00pm	30	31 Strength Kinsmen Field House 6:00-8:00pm	1	2 Dryland Final Physical Testing - Location and Time TBA	3  AA Officals Update - SVR					