



The Woodies celebrate after defeating Vermont Law School 8 to 6 to win the 2023–2024 B Winter League Championship on March 14.

Hockey at Union Arena

Join the fun

After a season of energetic fun on the ice at Union Arena in Woodstock, the Woodies defeated Vermont Law School 8 to 6 to win the 2023–2024 B Winter League Championship on March 14.

The Woodies, one of four teams based this past season at Union Arena, was started in 2003, the year Union Arena opened. The teams are open to both women and men. “Most leagues are inclusive, welcoming players of all skill levels,” says Ryan Frisch, a member of the Woodies. “This appeals to both seasoned enthusiasts and newcomers and there are

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— Ryan Frisch, the Woodies

usually several levels of play. I enjoy the social interaction and physical activity of playing.”

The Union Arena offers up to three

winter leagues, in A, B, and C levels, ranging from the most advanced to recreational players. The winter league schedule runs from October through March. There is also a summer league, mainly C level but also B leaguers, that runs for six weeks, two nights weekly, beginning the second week of June.

Leagues may be put together by captains of each team who then register with Union Arena. The other option is for individual players (“free agents”) to contact the arena and be put in contact with a team.

For people interested in playing, contact Gunther Sihler, executive director, at gunther@unionarena.net or info@unionarena.net. 📞

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