



Dance Styles Offered

Dance education beginning in early childhood and continuing throughout life benefits the body, mind and spirit.

Dance With Me Ages 18mo-3 years with an adult

Introduction to movement and music for kids with their parent or guardian. This free form class allows for your little one to explore, dance, sing and have fun. Non-performing class. Class length 30 minutes.

Discover Dance Ages 3-5

Exercises are designed to expand creativity while learning ballet terminology, gross motor skills, and coordination. Dancers will perform a Ballet number in our Spring Recital. Class length 30 minutes.

Creative Combination Ages 5-8

Perfect way to experience two styles in one class. Dancers will learn basic technique, gain strength, and increase coordination along with flexibility. Dancers will perform one dance in our recital. Class length 45 minutes.

Ballet

Positions, technique, musicality, strength and flexibility will be explored through exercises to develop dancers' poise, grace and confidence. Ballet is the foundation for all forms of dance and is highly recommended for all dancers no matter what their favorite style is.

Jazz

Style and technique are emphasized in our Jazz curriculum. Classes work on turns, leaps, flexibility, strength and style while learning upbeat choreography to a variety of music styles. Jazz is a wonderful confidence building class for beginner or advanced dancers and is often used in musical theater dance and dance teams.

Hip Hop

Learn trendy dance steps while dancing to trendy music. Perfect for your dancer who can't sit still. Strengthening and conditioning help build a solid foundation for hip hop movement.

Tiny Tappers Ages 3-5

Tiny Tappers is a wonderful way to introduce rhythm, musicality and get your kiddo excited about dance. Tiny Tappers is a Non-Performing ADD ON class. Class length 15 minutes.



Tiny Tumblers Ages 5-8

Tiny tumblers can be added to either Discover Dance or Creative Combination classes. Dancers will gain strength, balance and flexibility. The tiny tumblers add on is non-performing. Class length 15 minutes.

Dancer must be enrolled in Discover Dance or Creative Combination take Tiny Tappers or Tiny Tumblers.

Tap

Tap teaches the most important quality of a dancer, musicality and rhythm. Tap dance helps to increase musicality, agility, strength, and confidence all while making rhythms with your feet. Tap is highly recommended to all dancers.

Contemporary

This class is based in modern dance techniques with a bit of inspiration from jazz and ballet. This style blends expression with technique and artistry.

Acrobatics

Acrobatics is a form of dance gymnastics. Dancers will increase flexibility and strength to perform and execute movements on the floor.

