



# Alice by Heart

**Pre-show Guide**

# What to expect at Footlighters Theater

*Alice by Heart*  
is showing  
at  
Footlighter's  
Theater.



When I get to the theater a volunteer will welcome me and check a list before I go inside.

Some fidgets, communication sheets and headphones will be available in the box office. There are also noise cancelling headphones and sunglasses available if patrons are sensitive to light or sound.



**The theater will be open at 1:30.  
There is open seating, I can  
choose my seat, I will not sit on  
an aisle or front row seat if I do  
not want actors interacting with  
me.**

**The show will begin at 2:00.**

**This show is a musical with  
frequent singing and dancing.**





If I need to take a quiet break during the show, I can go outside and sit on a bench or at the picnic table. I can also go downstairs and sit on a couch or chair.

The show will last about 1 hour and 40 minutes with *NO intermission*. Before the show I can use one of the two bathrooms or buy a drink or snack. I may need to wait in line for my turn. The bathroom and snack bar are both downstairs. The bathrooms are available to use throughout the performance.



# About this Performance



Photo credit: James Weir

*Alice by Heart* is a musical  
with score by Duncan Sheik and Steven Sater

Setting: A London Underground station acting  
as a bomb shelter during World War II.

Characters/Plot: Alice, in denial about her  
friend Alfred's illness, reads from her book to  
keep him with her. The other occupants of the  
shelter become inhabitants of Wonderland  
(White Rabbit, Mad Hatter, Queen of Hearts)



Photo credit: James Weir

## Throughout the performance you can expect

- Singing and Dancing
- Actors playing multiple parts
- Occasional loud sound effects
- Actors occasionally in the aisles
- Flashing and moving lights
- Simulated drug use/smoking



### ***CONTENT WARNING:***

*Alice by Heart* explores themes of death, grief, PTSD, and loneliness. The script contains coarse language and mild sexual themes.

## Some effects to expect

- Sudden sound effects of sirens, explosions/gunfire
- Flashing/moving lights
- Fog/Haze

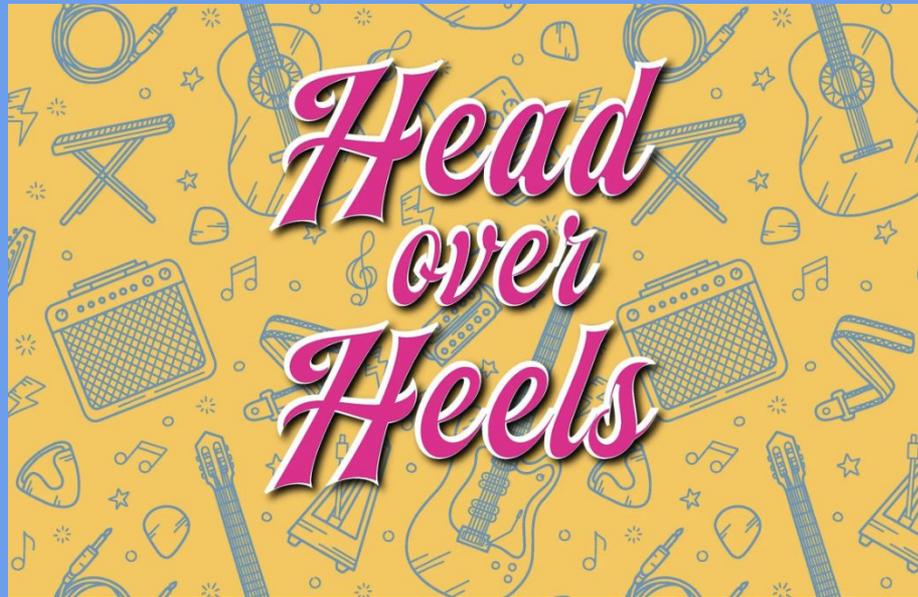




**When the show is over, the cast will come out and take a bow,  
I can expect to hear clapping and cheering.**

Photo credit: James Weir

We hope you enjoy the show and that you'll  
join us for our next  
**Relaxed Performance**



6/6/26 at 2pm