

*Soulful Roots Consulting Group*



# *PEN, PUBLISHED & AI*

Write Like Legacy Depends On It



A photograph of two women sitting on the floor in a meditative pose. The woman on the left is younger with dark hair, wearing a light-colored top. The woman on the right is older with grey curly hair, wearing a green top. They are both looking down with their eyes closed. The background is a simple room with a white wall and a framed picture.

# *Introduction*

## Why This Book Exists

**YOU'RE HOLDING MORE THAN JUST A GUIDE—YOU'RE HOLDING A DECLARATION.**

**THIS BOOK IS FOR THE WOMAN WHO HAS A STORY TO TELL, A MESSAGE TO SHARE, A BUSINESS TO BUILD—AND ISN'T WAITING FOR PERMISSION. IT'S FOR THE DREAMER WHO'S READY TO DO. THE MOTHER, THE MAKER, THE MOGUL IN MOTION.**

**IN THESE PAGES, YOU'LL FIND TOOLS AND TRUTHS. PROMPTS AND POWER. NOT IN THEORY, BUT IN ACTION. BECAUSE WE DON'T NEED ANOTHER MANUAL THAT TALKS DOWN TO US.**

**WE NEED A MANIFESTO THAT SPEAKS WITH US. THIS IS THAT.**

**LET'S BEGIN.**



# *The Power of the Pen*

The pen is not just a tool. It's a torch. It's how women have lit the way—through diaries, declarations, and dreams scribbled in the margins.

You've always had something to say. But maybe you were told to wait. To polish. To get it perfect. To get permission.

No more.

Your pen is your brand. Your words are your strategy. From Instagram captions to launch emails, every line you write builds your legacy.

Start there. Start now.



# *A New Chapter— Meet AI*

AI isn't the villain. It's not the star, either. It's the assistant, the amplifier, the co-pilot.

Imagine brainstorming while you cook. Drafting while you nurse. Planning your content calendar while parked in the school pickup line.

AI lets you do more—but only when you lead with your voice.

Fear the loss of authenticity? Guide it. Want to save time? Train it.

Your lived experience is the engine. AI is just the GPS.



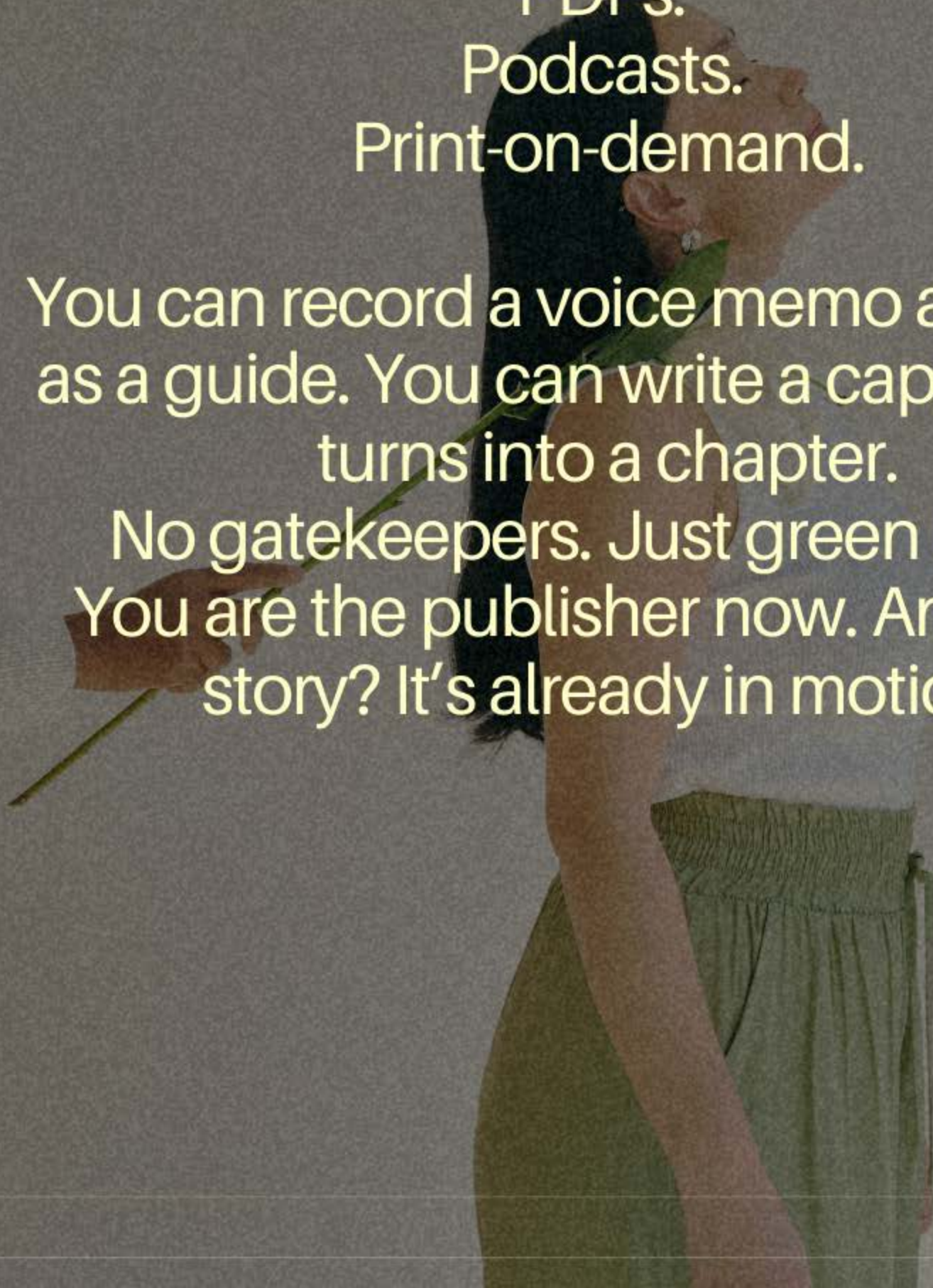
# *From Pen to Published*

Once upon a time, publishing meant agents, rejections, and closed doors.  
Now? You have options.

Kindle.  
PDFs.  
Podcasts.  
Print-on-demand.

You can record a voice memo and sell it as a guide. You can write a caption that turns into a chapter.

No gatekeepers. Just green lights.  
You are the publisher now. And your story? It's already in motion.





# *Keira's First Prompt*

Keira sat at her laptop, blinking at a blank page. Her brand felt flat. Her About page sounded like every other startup. She scrolled through competitor sites—polished, confident, clean. She sighed.

"Maybe I'm not a storyteller."  
Then her AI tool gave her this: "Describe your business as a fairy tale."  
She rolled her eyes. Then smirked.

"Once upon a hustle, there was a woman who wore every hat—founder, janitor, customer whisperer..."  
The story poured out. Funny. Real. Relatable. It didn't just tell her brand's story. It became it.



# *Her Breakthrough*

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Keira's fairy tale didn't just get clicks. It created connections.

A new customer messaged: "I read your About page and felt seen."

That week, Keira made more sales than the month before.

It wasn't magic. It was truth. AI didn't write her story. It helped her unlock it.

Now her brand is a beacon—not because it's perfect, but because it's hers.





# *Writing with AI—Your Digital Wingwoman*

Let's talk tools. Not as saviors. As sidekicks.

- ChatGPT: Stuck on your launch headline? Need 5 ways to say "Buy now"? It's your late-night copywriting buddy.
- Copy.ai When you need punch and polish, Copy.ai adds personality to your promos.
- Claude: Ideal for emotional clarity. Whether you're writing with joy, grief, or grit, Claude gently helps organize your thoughts with care.

Use them. Guide them. Never let them speak louder than you.



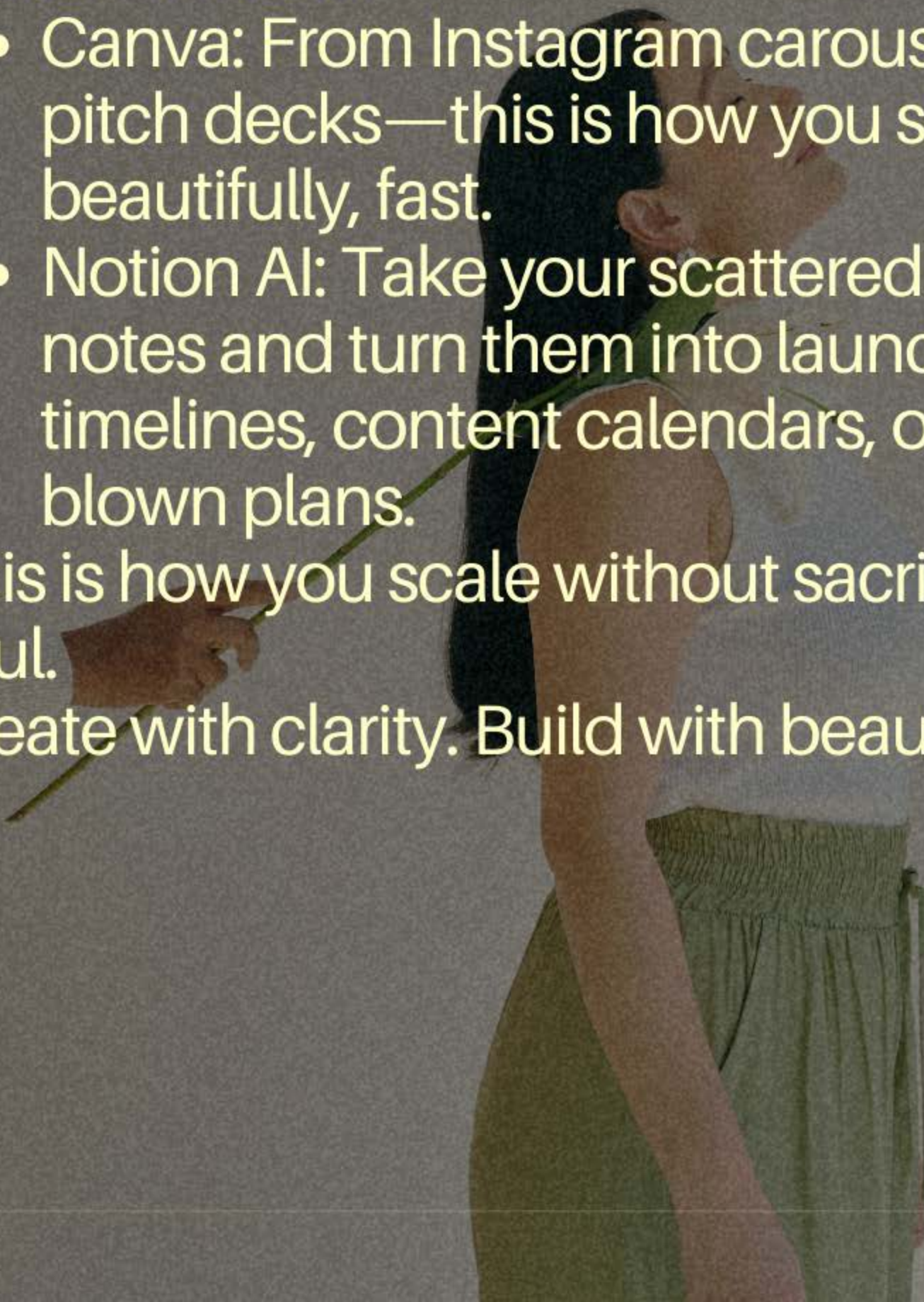
# *Design & Strategy—Visuals and Vision*

You don't need a design degree. You need tools with taste.

- Canva: From Instagram carousels to pitch decks—this is how you show up beautifully, fast.
- Notion AI: Take your scattered voice notes and turn them into launch timelines, content calendars, or full-blown plans.

This is how you scale without sacrificing soul.

Create with clarity. Build with beauty.





# *The Story Within*

Let's name the fear: "If I use AI... am I still a real writer?"

Yes. You are the writer. AI is just the pen cap.

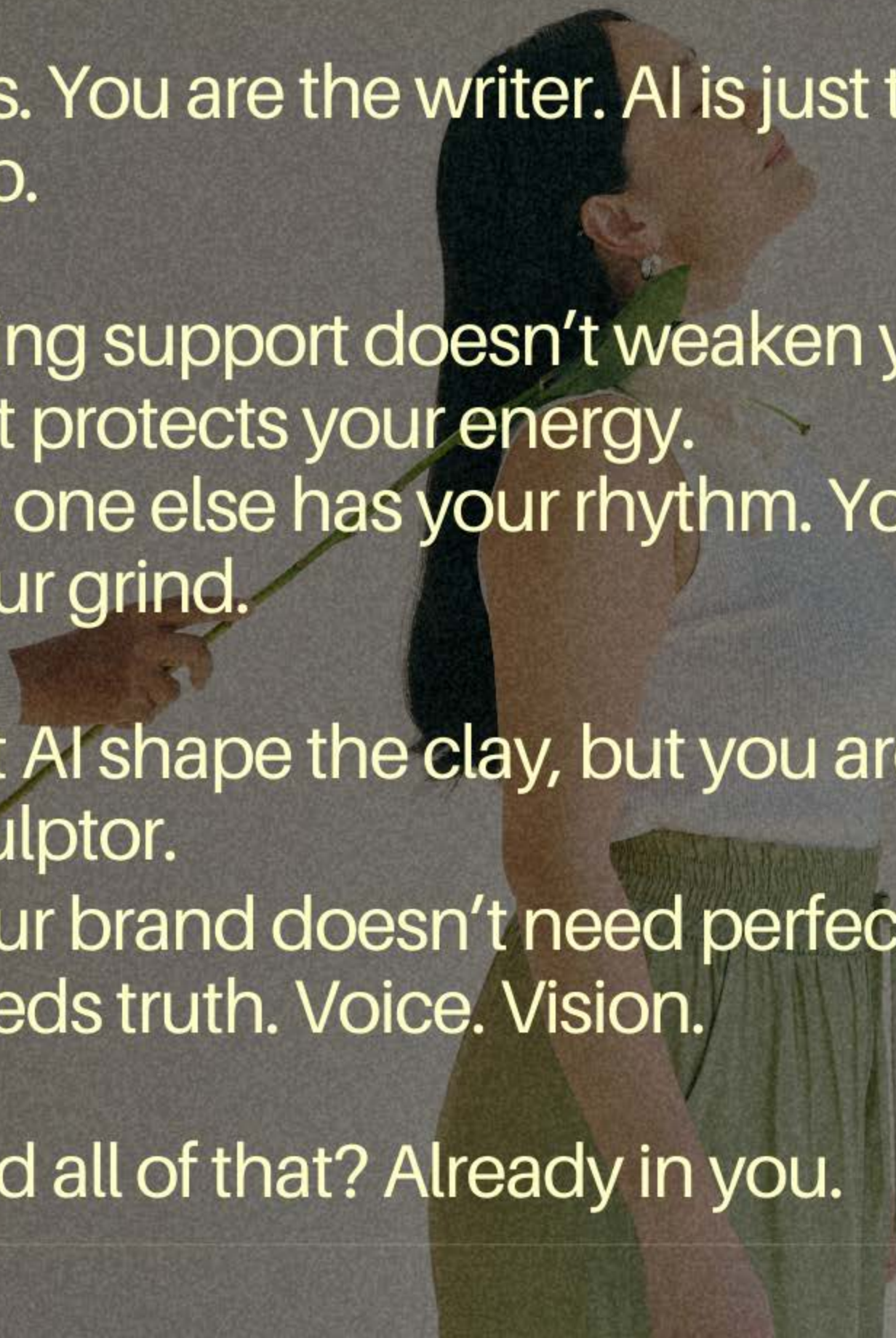
Using support doesn't weaken your voice —it protects your energy.

No one else has your rhythm. Your grief. Your grind.

Let AI shape the clay, but you are the sculptor.

Your brand doesn't need perfection. It needs truth. Voice. Vision.

And all of that? Already in you.





# *Final Prompts + Your Next Moves*

Prompt: If the girl I used to be could see me now, what would she say?

Other prompts:

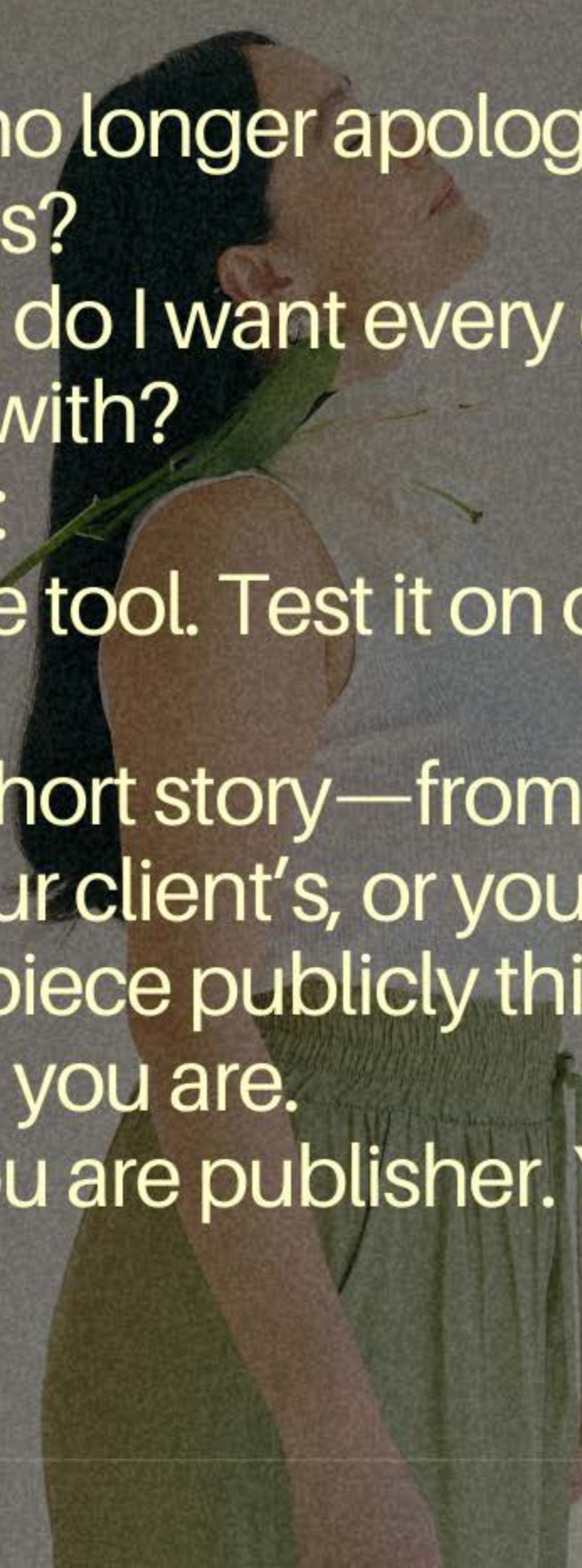
- What am I no longer apologizing for in my business?
- What belief do I want every client to walk away with?

Your next steps:

1. Choose one tool. Test it on one real task.
2. Write one short story—from your journey, your client's, or your mission.
3. Share one piece publicly this week.

Start where you are.

You are pen. You are publisher. You are proof.





# *The Legacy You're Writing*

***You started with a pen. Now you have a platform.***

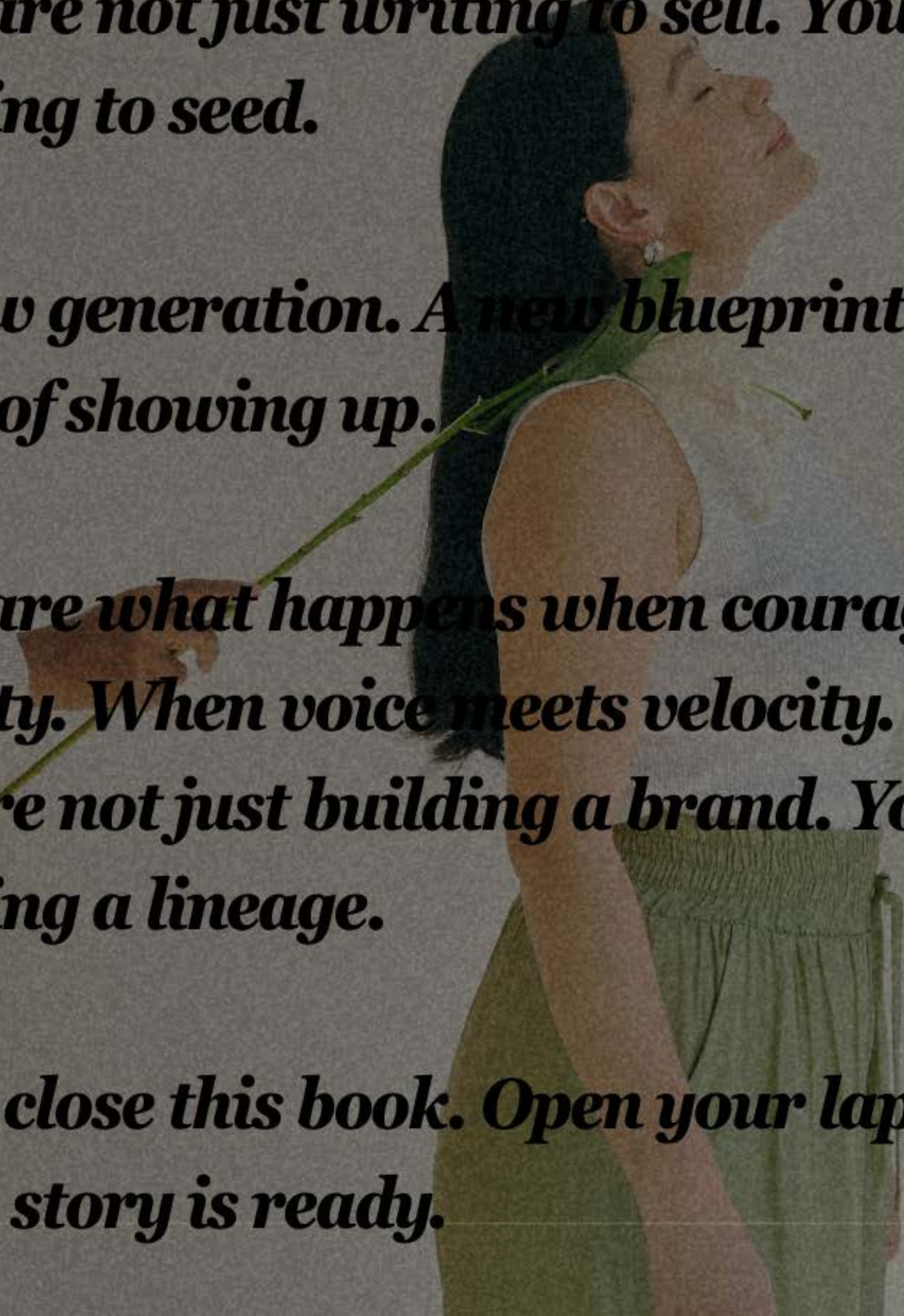
***You are not just writing to sell. You are writing to seed.***

***A new generation. A new blueprint. A new way of showing up.***

***You are what happens when courage meets clarity. When voice meets velocity.***

***You're not just building a brand. You're writing a lineage.***

***Now close this book. Open your laptop. Your story is ready.***





How to Order Copies for Your Community  
Want to share this message with your clients,  
audience, or group?  
Bulk orders and speaking engagements are  
available.

 Visit: [www.soulfulrootsllc.com](http://www.soulfulrootsllc.com)

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With love and gratitude,

Linda 'Lynne' Porter