

October 2022

Nolalu's **GRASSROOTS**

NCC NEXT MEETING:

Election Meeting
Monday October 17
@7:30pm

ALL meetings are at
the NCC and open to
the community.

LSB NEXT MEETING

Budget Meeting
Tuesday October 25
@7:30pm at the NCC

NEST NEXT MEETING

Thursday October 13
@7:30pm
All meetings are at the
west firehall and open
to the public

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Nolalu Community Centre

HALLOWEEN DANCE



- INDOOR - OUTDOOR - FIRE - DJ -
- FOOD - DRINKS - PRIZES -
- CASH ONLY EVENT -

- OCTOBER 29 7PM - 1AM -

19 PLUS EVENT	\$5 ENTRY	PLEASE DRINK RESPONSIBLY
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DD UPON REQUEST  **COSTUME ENCOURAGED**

2266 Highway 588



Catherine and Terry Niemi
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768-5357 or 633-2949
therustybucket@tbaytel.net

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Tractor Services – brush hogging, fence post holes, wood chipping...

Emergency Phone Numbers

Nolalu Fire & Ambulance: 807-473-5200

Ontario Provincial Police: 1-888-310-1122

For information during an emergency for the Nolalu area, call: 807-475-4441

For Road information call: 511

NCC Volunteer Board

President			
Vice President	Angela Woodhouse-Wild		807-475-8968 or text 807-630-6061
Secretary	Mary Ellen Scott		
Treasurer	Elizabeth Pszczolko	Nolalucctreasurer@gmail.com	
Events Coordinators	Emma Allgood	tritree@outlook.com	Text to 519-410-8733
	Breanne Neufeld	breanne.neufeld@lakeheadu.ca	
Kitchen Coordinator	Rob Houle	roberthoule66@gmail.com	807-632-1922
Volunteer Coordinator	VACANT		
GrassRoots Editor	Odette Houle	grassroots@tbaytel.net	807-630-9442

NEXT NCC MEETING:
Monday, October 17 @ 7:30 pm
Annual Meeting with Elections
for the Board

ALL NCC meetings are open to the community.

Nolalu Dump WINTER Hours
October 1—April 30

ADRIAN LAKE

Sundays 12 pm - 3 pm

HARDWICK

Sundays 4 pm - 6 pm



~Announcing that we are now your go to for Dirt Track

Race Car Parts !



4 X 10 Coloured Aluminum Sheets

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Can Repair or Rebuild Bert or Chevy Power Glide Trans

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If we don't stock it we Can get it – call Wayne 629-4888

****We are a Local Amsoil Distributer with huge Inventory ****



"The First in Synthetics"®

Also note: We now have a Gold Certified Polaris Technician on Site for your toy Repairs! Call our Service Dept to book your appointment or for more info 622-2829.

Blast from the Past

Below are some excerpts from past Grassroots editions; 1987, 1988, 1985, 1982, 1983

- ◆ First ladies wine & cheese party held
- ◆ Fire Stokers are back. A volunteer lights the woodstove in the firehall each day in order to save on hydro bills. Thanks to Waino Marttinen for the wood donation
- ◆ Chimney brushes available to borrow from the Fireteam
- ◆ Paper Tole course available
- ◆ Hunter safety course set for March
- ◆ Congratulations to Mr. & Mrs. Brian Tenkula on the arrival of 2 baby girls
- ◆ How to talk so your kids will listen course set for March
- ◆ Knitting course available Mondays
- ◆ We have had a fire free winter, keep those chimneys cleaned
- ◆ Library open anytime the Centre is open. Come borrow a book.
- ◆ Keeping trim after middle-age is like cooking pudding, you get lumps if you don't keep stirring
- ◆ Kelly Erickson now doing Courtesy. If you know of anyone who is new to the community, sick, or in hospital, please phone and let her know so a card can be sent
- ◆ Dancercise is having a fantastic turnout
- ◆ Nolalu's Country Kitchen Cookbook is doing very well. (Does anyone have one they would part with, I'd love to make use of the old recipes. I have one from 1975, was that the only one? Odette)
- ◆ Memberships to support your Fire Team are available for \$5.00
- ◆ Playschool open every Wednesday from 10am to 11:30am, cost is \$1.00
- ◆ Playschool having a film day in February, \$1.00 per family, popcorn supplied
- ◆ Confederation College to have a meat cutting course in October
- ◆ Nolalu Community Centre t-shirts available for \$6.00 adults & \$5.00 kids
- ◆ First Haunted House for the kids on October 31, 1982
- ◆ Tickets for New Years Eve Dinner & Dance available for \$17.50each
- ◆ Dave Matson new leader of the Nolalu Cub pack
- ◆ Crib night on December 17
- ◆ New preschool program call Wiggles and Giggles
- ◆ Women's Program to have a craft hour including macrame and doll making. Also to have fitness hour including ballet stretching, aerobics, dance, and yoga
- ◆ 1981 accomplishments include addition to the Centre for storage, new hockey building with electric heat, new 200 amp service, new hot water tank, 20 new chairs to replace worn out ones, and a new floor and rug in the kitchen
- ◆ 1982 Firehall progress report. Fire fighting equipment is here, hall is up, floor is in, hydro is installed, sign is being made, door is almost in, vehicle is purchased and waiting for conversion to fire truck, building insulation and chipboard is here waiting for installation.
- ◆ Bus seats for sale, left and right handed ones, green in colour, \$2.50 each
- ◆ Sulo Ranta gets a 29 hand in cribbage
- ◆ Magaretha & Roger Hunnako celebrate their 22nd anniversary

Stay tuned for more Blast From the Past excerpts

Are you experiencing a louse-y situation? Let me make this Lice'N'Easy for you! Hi, I'm Irene and I am here to help you alleviate the stress of a nit-picky circumstance. As a fully licensed Head Lice Technician, through the Lice Treatment Center, I have been trained to search for and eliminate the unwelcomed guests residing in your hair and on your scalp. Using my trained techniques, I will ensure your satisfaction guaranteed. I will achieve this by coming to the comfort of your home and meticulously combing through every inch of your hair and scalp while using 100% natural products.



LICE N EASY
Thunder Bay , Ontario
Lice Removal Service
Call or Text 807-708-6950
Irene Levesque
Professional Head Lice Technician

Fees: - \$75*/first hour (one hour minimum) - \$50/every additional hour - Additional charges may apply for out of boundary destinations

Call or text me today to make your life Lice'N'Easy!! To give you an idea of how much time it may take, here are some common examples of what my services have seen:

- 1 hour for short hair - 1.5 - 2 hours for medium length hair - 2 hours for long hair - 2.5 + hours for exceptionally long hair

All of these times may vary, depending on thickness of hair and how severe the infestation may be

Kakabeka Legion News

Sunday, October 9th — BUFFET BREAKFAST 8:30- 12:00 noon.

All you can eat, Canadian and Finn Pancakes, bacon, sausages, scrambled eggs, hash browns, coffee, tea, juice, toast and jam or try our "Made just for you" omelette, adults \$15 ,seniors \$12, and children under 10, \$8. Join the breakfast club and after 10 paid breakfasts you get a free breakfast.

Saturday, September 17th — DANCE to the music of Quest 7 p.m.-10 p.m.

Admission \$8 per person includes Sandwiches, desserts and coffee and tea.

Sunday October 16th — Jam Session 7-9:30 pm

Saturday, October 29th — Hal'o'ween Dinner/Dance

Call Gary for reservations 708-0411.

Call 473-9122 to confirm events

For more information Call the Event Hotline at 473-9122 to confirm dates. They sometimes change.



**Kakabeka Falls
and
Rural District
Branch 225**



Canadian Thanksgiving started in 1859 when Protestant leaders called on the colonial government to create a day for giving thanks. As many Canadians gather this weekend to enjoy a feast with loved ones, some Indigenous households are reclaiming the holiday and practicing Indigenous gratitude instead. The name Thanksgiving is unique to the U.S. and Canada. No other English-speaking countries celebrate a holiday with that name. Harvest celebrations, however, are nothing new. For the First Nations people who lived in North America before European settlers came, harvest celebrations were an important annual ritual.

Foods traditionally served at Thanksgiving include roasted turkey, roast beef, ham, stuffing, mashed potatoes with gravy, sweet potatoes, cranberry sauce, sweet corn, various autumn vegetables including various kinds of squashes, but also Brussels sprouts, pumpkin pie, apple pie, and glazed yams.

"Gratitude unlocks the fullness of life. It turns what we have into enough, and more. It turns denial into acceptance, chaos to order, confusion to clarity. It can turn a meal into a feast, a house into a home, a stranger into a friend. Gratitude makes sense of our past, brings peace for today and creates a vision for tomorrow." Melodie Beatie

No matter what is going on in your life there is always something to be grateful for.



Winner of the Fire Department 50/50 Draw was Hailey Simmons. Winning over \$2200.00.

Thank-you to all that supported this draw, we truly appreciate it.

We can't build a much needed new firehall without all the support from the community.

Get your tickets now for our next draw happening in December. They make great Christmas gifts.



AUTUMN



Heating your Home

Most Important!

- Check all smoke and carbon monoxide detectors to make sure they work and change the batteries. It is the law for all Ontario homes to have a working smoke alarm on every storey and outside all sleeping areas. This covers single family, semi-detached and town homes, whether owner-occupied or rented.
- Have a useable fire extinguisher available.

Fireplaces and Woodstoves

- Have heating appliances serviced and chimney flues examined for defects.
- Have fireplaces and fireplace dampers checked.
- Fireplaces should be equipped with an appropriate screen or glass enclosure to prevent sparks from flying out.
- Wood burning stoves should be examined and the flue and chimney checked for creosote buildup. Creosote is a deposit from smoke that can build up in a chimney and can start a fire.
- Use only seasoned woods, and avoid soft woods like Pine, etc.
- Never use a flammable liquid to start a fireplace.
- Never overload the hearth with wood or artificial logs, the resulting fire may be too large for the unit.
- Put all ashes outdoors and away from the house in a metal container.

Space Heaters

- Make sure that any space heaters are surrounded by at least three feet of empty space.
- Never place clothing or any other objects on a space heater to dry.
- Do not place space heaters near furniture or drapery.
- Turn space heaters off when you leave the house or go to bed.
- Avoid storing any combustible items near heaters.

Nolalu Emergency Services Team

Hall 807-475-4441

RR1 Nolalu ON

Nolalufirechief@gmail.com

P0T 2K0



Emergency 807-473-5200

This is a call out for all who love the Tough Boating Fish Derby. We need volunteers!!! Help with set up, weigh in, canteen, and runners to pick up prizes. If we can't find enough people to help out we will only be able to do a kids Derby once again for 2023. Contact Patrick with all your interests at Tritree@outlook.com



We need your help for our Halloween dance. It's a big party night and it takes many volunteers to make it all happen, please text Emma if you are available 519-410-8733. Our spots are for 7pm to 10pm And 10pm to 1am We need people on cash People with smart serve on bar And people for set up at 6pm And help cleaning up the next day

Currently we are seeking a volunteer coordinator for NCC events, a president of the NCC, and volunteers for various events. If you are interested in any of these positions or would like to volunteer for an event please contact us at one of the emails on page 3. Even if you just want some information before you decide, please drop us a line. Remember this is your community and you make it great.



RURAL READERS
BOOK CLUB

Rural Readers Book Club

October's Selection—Algernon Blackwood's acclaimed 'weird' novella, "THE WILLOWS."

Join us the first Monday of the month—next meeting: Nov. 7th, 7:00pm @ the NCC.

Join the online discussion: www.facebook.com/groups/ruralreadersbookclub

Text/call (807) 632 - 3950

HOPPER'S VARIETY

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7:00 am to 9:00 pm

Sunday to Saturday

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LCBO CONVENIENCE OUTLET

**7:00 AM TO CLOSING UNLESS
OTHERWISE POSTED**

LAUNDROMAT

ST. URHO'S GOLF COURSE

ANDY'S EATS



BOTTLE RETURN DEPOT



PARCEL PICKUP DEPOT



**CALL TO BOOK YOUR APPOINTMENT
SNOW REMOVAL, SAND & GRAVEL
CONSTRUCTION/FLOATING**

****FREE QUOTES****



Queen Elizabeth II History

- ◆ Elizabeth Alexandra Mary; 21 April 1926 – 8 September 2022
 - ◆ Queen of the United Kingdom and other Commonwealth realms from 6 February 1952 until her recent death.
 - ◆ Her reign of 70 years and 214 days is the longest of any British monarch, the longest recorded of any female head of state in history, and the second-longest verified reign of any sovereign in history.
 - ◆ Elizabeth was born in Mayfair, London, as the first child of the Duke and Duchess of York (later King George VI and Queen Elizabeth).
 - ◆ She was educated privately at home and began to undertake public duties during the Second World War, serving in the Auxiliary Territorial Service.
 - ◆ In November 1947, she married Philip Mountbatten, a former prince of Greece and Denmark, and their marriage lasted 73 years until his death in April 2021. They had four children: Charles, Anne, Andrew, and Edward.
 - ◆ The number of her realms varied over time as territories gained independence and some realms became republics.
 - ◆ Her many historic visits and meetings include state visits to China in 1986, Russia in 1994, and the Republic of Ireland in 2011, and meetings with five popes.
 - ◆ The Queen visited Thunder Bay in 1951 before her coronation, 1959, & 1973
 - ◆ Significant events include Elizabeth's coronation in 1953 and the celebrations of her Silver, Golden, Diamond, and Platinum jubilees in 1977, 2002, 2012, and 2022, respectively.
 - ◆ She was served by more than 170 prime ministers across her realms. Throughout her lifetime, support for the monarchy in the United Kingdom remained consistently high, as did her personal popularity.
 - ◆ Elizabeth died aged 96 at Balmoral Castle, Aberdeenshire, on 8 September 2022, and was succeeded by her eldest son, Charles III.
-

Did Ya Know?

Want to find out what local people in the area or what your neighbours have to offer?

Need your saws and chainsaws sharpened? Bandsaw blade \$10.00 each and chainsaw chain for \$6.00 each. Contact Brad or Sonya at 807-630-9430, 2195 Hwy 588, Nolalu

Looking for something green, try Green Love by Janet Goss, 807-475-8048, They grow all natural produce and flowers year round. They dry our own herbs to make mixes such as soups and dips, and have medicinal herbs as well. 331 Second Rd, Nolalu. Janet.goss@yahoo.ca

If you would like to have your home business mentioned just drop me a line.
grassroots@tbaytel.net

Looking for old feed bags in fair condition. Please drop off at 2195 Hwy 588, Nolalu or call 807-630-9430 for pick up.

Local Lawyer Olivia Pietrangelo Moves to Nolalu & Does House Calls For Wills & Estates

As a Nolalu local, Lawyer Olivia Pietrangelo now offers house calls for Wills, Powers of Attorney & Estate Administration from Murillo to Hymers, South Gillies & Nolalu.

I DO HOUSE CALLS IN NOLALU!

You Deserve Peace of Mind.

Lets Talk About Your Estate Plan & Create a Will and Powers of Attorney Today.

Olivia's Practice Areas:

+Wills & Powers of Attorney +Estate Planning
+Estate Administration +Real Estate



Olivia Pietrangelo

Text: 807-356-6714

Call: 807-285-7777 x 155

www.larsonlawyers.com



Why Make a Will & Powers of Attorney?

**DISCOUNT
COUPON**

5% OFF
Wills For You
& Your Family

***Must Live In NOLALU To
Claim**

If you don't have a will, your family won't have instructions to deal with your body or assets when you pass. As a result, they are more likely to fight after you pass away, and may become estranged. If there is a family fight over assets, your estate may be depleted during litigation.

Making a Will & Powers of Attorney will give loved ones of your choosing the legal authority to deal with your estate and assets according to your specific directions.

"I have seen far too many families torn apart by not properly planning their estates. Contact me today to make your plan."

Let's secure your family's inheritance together"

- Olivia Pietrangelo

Thank You

We are so lucky to have such amazing volunteers helping out recently at our Community Centre.

Operation Snake-Out: Very special thanks to Jason McRury, who used 3 machines and spent about 10 hours at the NCC digging out and later backfilling/landscaping around the Nolalu Community Centre...and then refused payment! Angela Woodhouse-Wild learned concrete work from YouTube and patched holes to try to stop vermin getting in the building. Bob Katajamaki donated gravel to backfill, and Andrew Piilo used his truck to haul it and advised on the foundation digging. All finished before the heavy rain!!

M.E. Scott and Phyllis Poirier did some deep cleaning and junk-purging this summer, with the help of the Houle family. Liz Pszczolko and Larry Watson made many interior repairs to the NCC, and got the window repaired.

It takes a village, and ours is a pretty fantastic one.

Nolalu Emergency Services Team



50/50 Fundraising Raffle

Nolalu Emergency Services Team (NEST) is excited to announce that with your support we will be building a new fire hall!

SCAN ME



Scan the QR code for a direct link
Tickets available online only at:

www.rafflebox.ca/raffle/nest

Follow us on Facebook for more info

<https://www.facebook.com/NolaluEmergencyServicesTeam>



See Clearly

QHHT PAST LIFE REGRESSION

Do you ever wonder what your life's purpose is? Well take a journey into your past lives to find out and to receive answers to any other questions you might have as we tap into your higher consciousness. Allow me to help you, heal yourself!

Cathy See - Level 2 QHHT Practitioner (Quantum Hypnosis Healing Technique) as taught by Dolores Cannon.

For more information or to book a session, please Call 807-628-9535 or e-mail seeclearlyqhht@yahoo.com More information also available at www.qhhtofficial.com

Cooking & Baking Hints from Nolalu Community Cookbook 1975

- ◆ When cutting hot bread, use a piece of common twine instead of a knife and it will not crumble
- ◆ Brown leftover bread pieces in the oven and dry thoroughly. Then roll or grind up fine, add seasonings such as paprika, salt, pepper, or seasoned salt. Store in a tightly covered jar. Use for baked chicken, fish, or meat
- ◆ When preparing lettuce for the table, place it in a dry linen bag or fold it into a cloth & shake for a minute. This absorbs the moisture
- ◆ Never place potatoes where the sun shines on them, as the light will give them a queer, unpleasant flavour. Also the green from too much sun on the potatoes is poisonous
- ◆ Dip an onion in boiling water and then begin peeling at the root and peel upwards. Less tears.
- ◆ To freshen old or wilted vegetables soak them in very cold water for two to three hours before cooking
- ◆ Stuffed prunes make a delicious salad when stewed, then chilled, and seeded. Stuff with cream and nuts
- ◆ When you need to cook vegetables quickly add a pinch of baking soda to the boiling water, it will hasten the cooking
- ◆ If you wet your hands before touching fish, you will find that the odour will come off readily when you are through preparing it

GrassRoots Business & Ad Fees

📄 **Business card ad:** \$5.00

📄 **¼ page ad:** \$10.00

📄 **½ page ad:** \$15.00

📄 **Full page ad:** \$25.00

📄 **Community notices:** Free

📄 **Non-business classified ads:** Free



The GrassRoots submission deadline is the 15th of the month prior to your ad appearing in an issue of Grassroots.

Please email submissions to: grassroots@tbaytel.net in PDF or WORD format

Please make all cheques payable to Nolalu Community Centre.

Invoices will be issued for payments not received up front.

From the Editor's Desk

The temperatures are getting cooler, the leaves are changing colour, and everyone is getting their homes ready for winter. Around our house that means more campfires, walks in the crisp air, and the harvesting of many plants and herbs. Tinctures, cold infused oils, salves, and balms are being made. I have been so fortunate to learn about the local plant life and all it can do for you, and continue to research about each new plant or weed I have found. It is amazing that what was once called a weed and was culled out of the garden, I now seek out for home remedies. Over the past few weeks we have been busy preserving our harvests. We have made strawberry, raspberry, black currant, and peach jams. We did up some apple butter and some pickled beets. We also made some bread and butter pickles, and my favourite peach chutney. We haven't done any canning in many years so it was nice to get back to basics and get supplies ready for winter. We also froze some blueberries, carrots, zucchini, and corn off the cob. It will be great to have yummy vegetables throughout the cold months.

This past month we have been busy with renovations of our basement. It was supposed to be done by the end of the month but plumbing issues have held back the progress. We are hoping it will be done sometime in October as we have a lot of stuff piled on the deck that needs to go back into the basement. I know my daughter and grandson will be happy when they have more space, and so will we.

This September was monumental in our house as my grandson had his first day of school. His birthday is at the end of the year so he is the youngest in his class but he was definitely ready for school. He has been going to the playgroup at the NCC and was excited to go to school. I don't think my daughter was ready for him to be so eager to go. His first day went off without a hitch and he was happy to join in with the class. We all went with him to the door and were prepared to stay but he quickly said bye and went to play with all the kids. He only got upset when we picked him up at the end of the day and he found out he wasn't going on the bus that first day. He has since got on the bus every morning and afternoon, and loves the ride. He is one little tired boy when he gets home, but is happy and full of stories about his day.

Odette

Yae Reiki

Creating Balance and Harmony Within

So You Can Become Your Best Version of YOU

Catherine Niemi

Registered Holy Fire JJJ Reiki Master

Registered Holy Fire JJJ Karuna Reiki Master

807-768-5357 or 807-630-6132

Located at 51 Delints Road, Nohalu

Also found on Facebook @ Yae Reiki



© Kian Krasbesky

CONSTRUCTION/ LOGGING EQUIPMENT FOR SALE

TIMBERJACK 360 CABLE SKIDDER --- \$21,000.00 OBO

TRAILER MOUNTED TOOL/WORK SHED -- \$2500.00

TRAILER MOUNTED HYDRAULIC WOOD SPLITTER C/W HONDA ENGINE \$2000.00

MILLER WELDER TRUCK MOUNTED (TRUCK NEEDS WORK) – \$1500.00

ALLIS CHALMERS TRACTOR (RUNNING) \$2000.00

GASOLINE OPERATED PORTABLE CEMENT MIXER ON TRAILER WHEELS \$1500.00

POLARIS INDY 700 SKIDOO \$1000.00

Misc. tools. Have a look and make an offer.

CONTACT: VINCE PATCHESON @

vpatch@tbaytel.net

807-621-7120

Kids Colouring Page



Halloween Cryptograms



Can you solve these fiendishly difficult cryptograms?
The answers are some spooky jokes for Halloween.

A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
1														9									21		

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A _ _ _ O W _ _ A _ _ ? _ _ O _ _ _ _ _ !
1 25 6 9 21 26 1 6 20 10 9 25 24 13 11 24 22



A	B	C	D	E	F	G	H	I	J	K	L	M	N	O	P	Q	R	S	T	U	V	W	X	Y	Z
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_ O A _ _ ? _ _ E _ _ A _ _ _ E _ _ E _ _ A _ _ _ O _ _
4 11 26 19 18 23 7 26 3 15 23 13 23 13 2 19 22 11

_ _ _ _ _ !
6 3 1 15

Come Trick OR Treat

At the NCC

On October 31st

5:00pm to 7:30pm



PLAY GROUP

Come on out and have some fun.

Meet other children and parents in the community.

Play group is open to all on the 2nd Wednesday of every month
at the Nolalu Community Centre

1:00pm to 3:00pm

Hope to see you there



Unsafe, Unacceptable, and Deteriorating Quickly

Rural Roads of Lybster Township!

At the Local Roads Board Annual Meeting, held Sept 21, 2022 there was a majority consensus that the roads of Lybster Township are Unsafe, Unacceptable and Deteriorating quickly. There has been minimal repairs and maintenance done to our local roads and the question as to why was presented to the local board and MTO representative. Here is what we learned... During the reading of the financial report, it was evident that the community has significant funding available to do maintenance and repairs on our local roads but over the past two years very little has been done. This raised the question Why?

We have a local roads board, we have an annual meeting, the roads board has shown due diligence by completing their annual inspection of the Lybster Township roads, these findings are presented to the Ministry of Transportation and from this meeting a work program is set in place, and then...Nothing!!!

The work program is to be managed and supervised by the MTO and this is where the system breaks down. In an area that once had 22 employees there are now 3; three people to manage, organize, and supervise work projects across the NorthWest Region Municipal Section. If you concerned about the condition of our roads, the lack of maintenance, the lack of repairs and the empty promises made from year to year the call for help from the board and concerned citizens at the meeting went out. Please email, call, or mail letters. Express your personal experiences and concerns, ask the question why and demand answers and action; let them know that our roads are Unsafe, Unacceptable and Deteriorating Quickly.

Contact Information for Government Representatives that can make a change:

Honorable Caroline Mulroney, Minister of Transportation
minister.mto@ontario.ca
416-327-9200
Ministry of Transportation, 5th Floor, 777 Bay Street, Toronto ON M7A 1Z8

Kevin Holland, MPP Thunder Bay – Atikokan
kevin.holland@pc.ola.org
807-623-6702
409 George Street, Thunder Bay ON P7E 5Y9

In addition, elections were also held and below are the names and contact information for the newly elected Rural Roads Board for Lybster Township for 2023

Catherine Niemi - Chairman
bigbosschicken@yahoo.ca
807-768-5357 | 807-630-6132

Jason Audette – Trustee
audettejp@gmail.com
807-632-5182

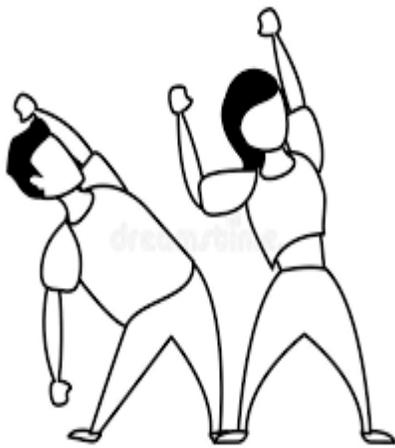
Brandon Abernethy – Trustee
babernethy@tbaytel.net
807-633-6688

Any issues relating to Lybster Roads (not highways) may be directed to them.

Sheree O'Malley — Secretary-Treasurer
somalley1977@gmail.com
807-475-3640

FALL HARVEST

The Rural Cupboard Foodbank thanks all those who have donated their excess garden vegetables, in the past years. If you have anything to donate this year, feel free to drop them off at the Food Bank located at the Conmee Community Centre, October 17 & 18 (day time or evening).



Drop-in Exercise

(Pilates/weights type)

Mondays and Fridays in October, 9:30 am.

(Except Thanksgiving).

Bring mat, weights, stretchy band.

FREE, all welcome.

Contact Shirley Legros for more information

475-7288

LOCAL SERVICES BOARD OF NOLALU



2022

October 25, 2022

7:30 pm Budget Meeting

Nolalu Community Centre

RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex

19 Holland Rd, Kakabeka Falls P0T1W0

807-285-0836

We sincerely thank all those that continue
to support us during COVID-19.

Your donations enable the food bank
to remain open

Next Food Bank

Wednesday, October 19th

Registration 9 am to 11 am

Drive-Thru Pick-up

Thank
You

To Evergreen Pharmacy for participating in the distribution of the Bingo Cards and to Hagi for their generous donation to the Rural Cupboard Foodbank.

NOLALU COMMUNITY CENTRE: HALL RENTAL

July 2022 Contact any NCC Executive for hall availability and bookings.

- Package A: **Occasional daytime functions**
e.g., birthday parties, showers
Minimal use of kitchen e.g. fridge, **\$30**
Full use of kitchen, e.g. burgers on stove, **\$50**
- Package B: **Meetings of Community/Service groups**
Minimal use of kitchen
\$25 part day / **\$50** full day
- Package C: **Major day or evening functions**
e.g., weddings, family reunions
With liquor if required, plus full use of kitchen
Renter is responsible for obtaining and posting liquor license if required
\$100 (and up, at the discretion of the NCC, depending on function, risk, familiarity with kitchen equipment)
- Package D: **Memorial Service for community member**
Refreshments (sandwiches, pickles, desserts, tea, coffee) can be provided
Specialty foods, e.g. suolakala, not included
\$40 plus the cost of food supplies
- Package E: **Businesses/Vendors Use**
e.g., Craft Fair, Marketplace, indoor/outdoor Yard Sale
Minimal use of kitchen, e.g. fridges
Use of washrooms for patrons
\$10 per table rental
\$5 per parking lot space rental

Table/Chair rental available: (max 17 8' tables, max 101 chairs)

At the discretion of the NCC Board
\$5/table, \$2/chair for the event.
Renter provides transportation and returns in clean condition.
Chairs are upholstered so must remain dry

Set-up charge for tables and chairs, if requested, additional **\$25**.

Clean-up charge, **if necessary**, additional **\$25+** at the discretion of the NCC.

The facility is to be left in a clean, tidy condition

NCC Events - October 2022

Sun	Mon	Tue	Wed	Thu	Fri	Sat
2	3. Drop-in Exercise 9:30 am, free	4	5	6	7 Drop-in Exercise 9:30 am, free Rural Readers 7:00pm	8
9	Chairs & Tables rented	10 Chairs & Tables rented	11 Chairs & Tables rented	12 Playgroup 1-3pm, free Chairs & Tables rented	13	14 Drop-in Exercise 9:30 am, free
16	17 Drop-in Exercise 9:30 am, free NCC Annual Meeting, Elections 7:30 pm.	18 Hardwick Local Roads Board Annual Meeting, 7:00 pm	19	20	21 Drop-in Exercise 9:30 am, free	22
23	24 Drop-in Exercise 9:30 am, free	25 Nolalu Local Services Board 7:30 pm	26 Marks Local Roads Board Annual Meeting, 7:00 pm	27	28 Drop-in Exercise 9:30 am, free	29 Hallowe'en Dance 7 pm - 1 am
30	31 Drop-in Exercise 9:30 am, free Hallowe'en treats for kids outdoors at the NCC 5:30pm - 8 pm.					



Kakabeka Falls Clinic

**WE'RE
OPEN**

For Booked Appointments

**For more information or to book an
appointment call (807) 473-5528**