

NCC NEXT MEETING:

Monday Oct 16
@7:30pm

ALL meetings are at the
NCC and open to the
community.

LSB NEXT MEETING

Tuesday Oct 24
@7:30pm

ALL meetings are at the
NCC and open to the
community.

NEST NEXT MEETING

Thursday Oct 12
@7:30pm

All meetings are at the
west firehall and open to
the community

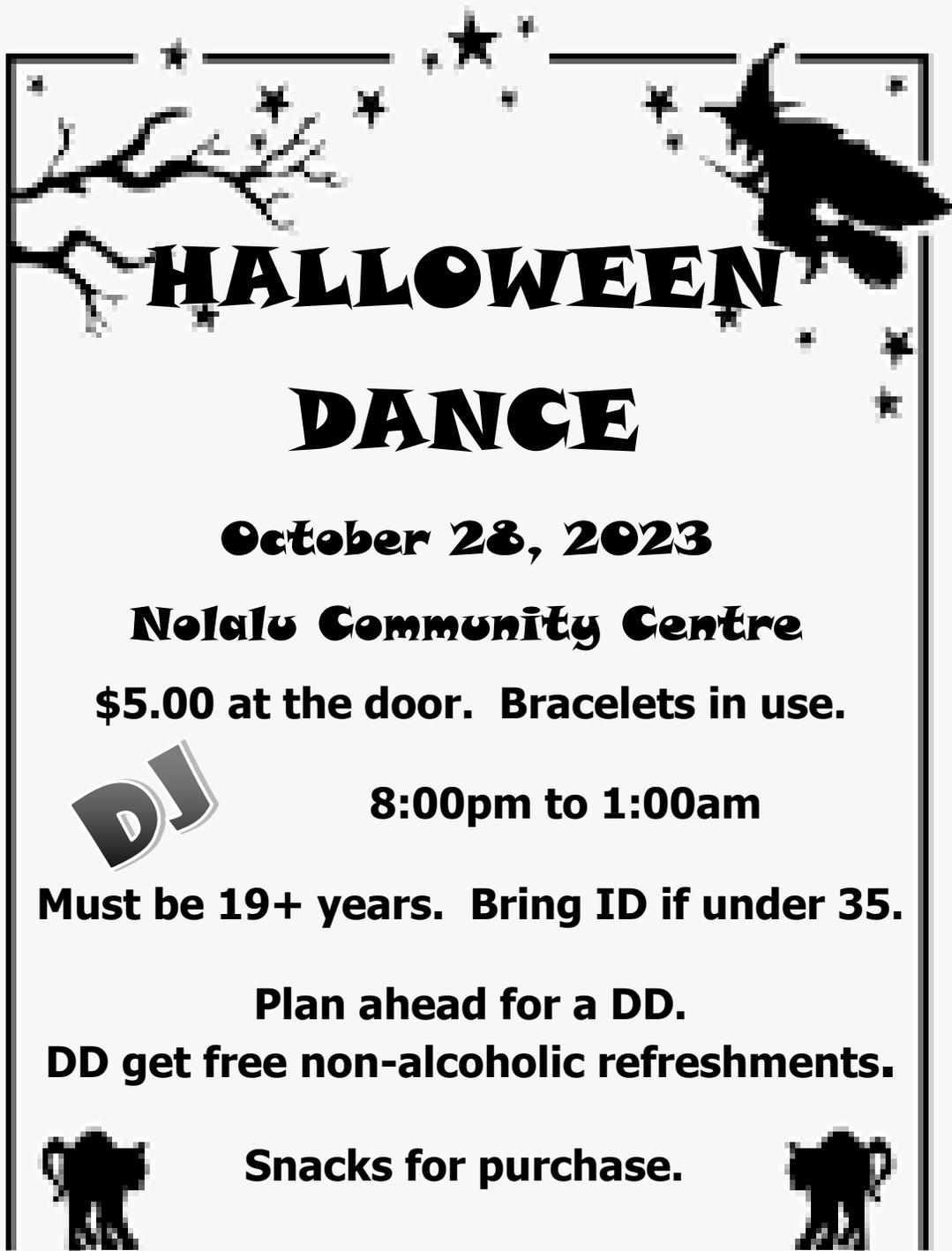
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October 2023

Nolalu's

GRASSROOTS



HALLOWEEN

DANCE

October 28, 2023

Nolalu Community Centre

\$5.00 at the door. Bracelets in use.

DJ **8:00pm to 1:00am**

Must be 19+ years. Bring ID if under 35.

Plan ahead for a DD.

DD get free non-alcoholic refreshments.

Snacks for purchase.



Catherine and Terry Niemi

51 Delints Road, Nolalu

768-5357 or 633-2949

therustybucket@tbaytel.net

Proudly Servicing our Rural Area with Quality Workmanship and Service at a Fair Price!

Parts, Service and Repairs of small engines – including Champion Power Equipment and Yard Works

Tire Repairs – 6-17” rims

Quality work on utility, horse, and stock trailers.

Mobile Welding Services

Rough Lumber Sales - Onsite inventory and Custom Orders

Live Edge Pieces 1-3 inches thick and a variety of widths

Dry 8’ Firewood Slabs sold by the truckload

Dry Stove Length Slabs sold by the truckload

Rustic Fence Slabs sold by the truckload

Cedar Fence Posts – peeled and ready 8’ length with 3-6” tops

Tractor Services – brush hogging, fence post holes, wood chipping...

Emergency Phone Numbers

Nolalu Fire & Ambulance: 807-473-5200

Ontario Provincial Police: 1-888-310-1122

For information during an emergency for the Nolalu area, call: 807-475-4441

For Road information call: 511

NCC Volunteer Board

President	Breanne Neufeld	prez.ncc@gmail.com	807-629-5385
Vice President	Angela Woodhouse-Wild		807-475-8968 or text to 807-630-6061
Secretary	Mary Ellen Scott		
Treasurer	Elizabeth Pszczolko	nolalucctreasurer@gmail.com	
Events Coordinator	Emma Allgood	nccevents@outlook.com	Text to 519-410-8733
Kitchen Coordinator	VACANT		
Volunteer Coordinator	VACANT		
Media Coordinator	VACANT	nolalu.media@gmail.com	
GrassRoots Editor	Odette Houle	nolalu.grassroots@gmail.com	807-630-9442

NEXT NCC MEETING:
Annual General Meeting
Monday October 16, 2023
@ 7:30pm

ALL NCC meetings are open
to the community.

*"Caring has the gift of making the ordinary special."
~~George R. Bach~~*

Nolalu Dump WINTER Hours
October 1—April 30

ADRIAN LAKE

Sundays 12 pm - 3 pm

HARDWICK

Sundays 4 pm - 6 pm

HOPPER'S VARIETY

The Everything Store



7:00 am to 9:00 pm

Sunday to Saturday

475-8804 OR 475-8814



AUTOMOTIVE
REPAIRS
TIRE REPAIRS
ALUMINUM &
STEEL WELDING



LCBO CONVENIENCE OUTLET

7:00 AM TO 9:00 PM

LAUNDROMAT

ST. URHO'S GOLF COURSE

Call For Appointment & Quote

Senior Discount on Shop Labour for Age 55+



BOTTLE RETURN DEPOT



PARCEL PICKUP DEPOT

VARIOUS MATERIAL AVAILABLE

FOR PICK UP OR DELIVERY

TOPSOIL BY THE YARD, SAND & GRAVEL

CONSTRUCTION/FLOATING

****FREE QUOTES****



PLAY GROUP

October 11, 2023

Nolalu Community Centre

****12:00pm to 2:00pm**

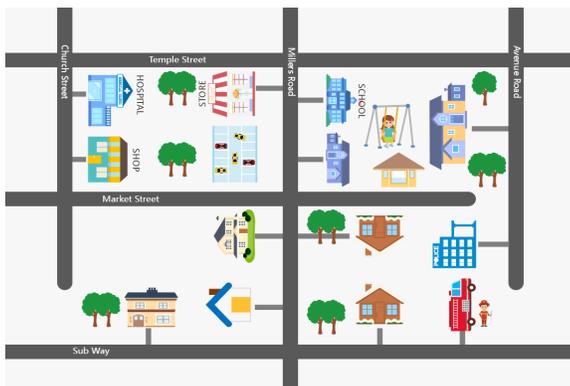
****Note the new time**



Come on out and have some fun.

Meet other children and parents in the community.

Play group is open to all on the 2nd Wednesday of every month at the Nolalu Community Centre



"Want Trick or Treaters at Your Door?"

Let us know! Send an email to tritree@outlook.com by October 15 and we will add your house to a map of the community. Maps will be available at the NCC on October 31 after 5:00pm

Please remember to stop by the NCC on Halloween night to get some goodies and the list for others that are shelling out.





~Announcing that we are now your go to for Dirt Track



Race Car Parts !

4 X 10 Coloured Aluminum Sheets

Steering/Suspension Parts

Transmission/Differentials

Can Repair or Rebuild Bert or Chevy Power Glide Trans

Hoosier Tires

If we don't stock it we Can get it – call Wayne 629-4888

*****We are a Local Amsoil Distributer with huge Inventory *****



"The First in Synthetics"®

Also note: We now have a Gold Certified Polaris Technician on Site for your toy Repairs! Call our Service Dept to book your appointment or for more info 622-2829.

Helpful Hints from the Senior Citizen Centre 2001

- ◆ Add a little milk to the water when cooking cauliflower and it will stay white
- ◆ Beets require less cooking time when vinegar has been added to the cooking water. Add 1 teaspoon to a quart of beets. Cook beets with their skins on to help them retain their colour and flavour
- ◆ Cooking vegetables with their skins on retains more minerals
- ◆ Shape leftover mashed potatoes into a long roll; wrap in plastic film and refrigerate. The next day slice and fry patties in butter
- ◆ To remove stains from clothing rub salt into the stain immediately and wash as soon as possible
- ◆ Use toothpaste to get a mustard stain out of clothing. A small amount will do it
- ◆ Keep toilet bowls clean with a homemade solution of baking soda and vinegar. Using a toilet brush scour for a fresh and deodorized toilet bowl
- ◆ Vinegar in the rinse cycle of your laundry not only eliminates lint, it cuts down on the soap film so your clothes are completely clean. They are also softer and fresher
- ◆ Don't use the side of the can to remove excess paint from your brush. Use a straight piece of wire coat hanger fastened across the opening of the can. To hold it in place bend the wire at right angles, inserting the ends in two nail holes punched at opposite sides of the rim
- ◆ Heat lemons in hot water or in a warm oven, before squeezing, you'll get more juice
- ◆ At home or the cottage, baking soda poured down a toilet or drain, creates a favourable pH environment for faster bacterial action. One 500g. Box per month is recommended
- ◆ Diaper pre-soak, to remove stains and reduce odours, put 1/4 cup of washing soda in a pail and dissolve with some hot water. Fill the pail with cold water, add diapers and soak
- ◆ To remove pet urine smells from carpets, pour white vinegar on the soiled area. Wipe with a dry cloth
- ◆ Grass stains can be removed with vinegar
- ◆ A tablespoon of castor oil chased by water brings sick plants out of their slump
- ◆ Your African violets will bloom longer, prettier, and more abundantly, if you stick a few rusty nails in the soil alongside them

Rural Readers Book Club

Celebrating our ONE YEAR anniversary!

Gathering the first Monday of the month,

7:00pm—9:00pm at the Nolalu Community Centre (2266 Hwy. 588).

October 2nd: "Decoding The Heavens" by Jo Marchant

November 6th: "The Turn Of The Screw" by Henry James

Join online: www.facebook.com/groups/ruralreadersbookclub

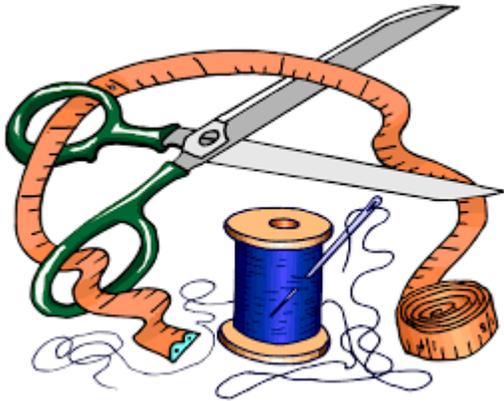
Questions? Call or text Marisa (807) 632 - 3950



RURAL READERS

BOOK CLUB

BARB'S PROFESSIONAL SEWING



ZIPPERS ZIPPERS ZIPPERS

Hems on pants, dresses, curtains and more

Alterations, mending, patching

13 years doing alterations at EVAS BRIDAL

7 years at THE WHOLE NINE YARDS

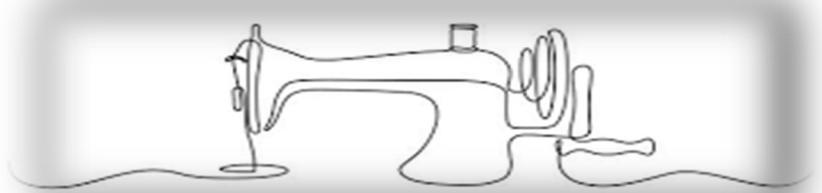
Doing repairs, alterations, wedding parties

QUICK SERVICE

REASONABLE RATES

bbbarbbelanger@hotmail.ca

807-475-9687



Are you experiencing a louse-y situation? Let me make this Lice'N'Easy for you! Hi, I'm Irene and I am here to help you alleviate the stress of a nit-picky circumstance. As a fully licensed Head Lice Technician, through the Lice Treatment Center, I have been trained to search for and eliminate the unwelcomed guests residing in your hair and on your scalp. Using my trained techniques, I will ensure your satisfaction guaranteed. I will achieve this by coming to the comfort of your home and meticulously combing through every inch of your hair and scalp while using 100% natural products.

LICE N EASY

Thunder Bay , Ontario

Lice Removal Service

Call or Text 807-708-6950

Irene Levesque

Professional Head Lice Technician



Fees: - \$75*/first hour (one hour minimum) - \$50/every additional hour - Additional charges may apply for out of boundary destinations

Call or text me today to make your life Lice'N'Easy!!To give you an idea of how much time it may take, here are some common examples of what my services have seen:

- 1 hour for short hair - 1.5 - 2 hours for medium length hair - 2 hours for long hair - 2.5 + hours for exceptionally long hair

All of these times may vary, depending on thickness of hair and how severe the infestation may be

Seniors Potluck Lunch

(For those 'wanna be' Seniors too, All ages welcome)

****October 16, 2023**

****Note the new day**

**Lunches will now be on the
3rd Monday of each month**

11:00am-1:00pm

11:00am coffee/tea

11:30am lunch served

**Bring a small side dish, veggie, or
dessert**

OR

pay \$10 at the door

The NCC will provide the entrée, buns and beverages.



**If you are available to Volunteer for the event, remember Volunteers eat
free! Contact Breanne if you are interested in helping out.**

Contact prez.ncc@gmail.com



**We need a few people to help at the door,
set up/take down, and in the kitchen.**

**If you would like take-out please bring
your own containers**

NCC Winter Yard Maintenance:

The NCC is looking for bids for winter yard maintenance. This would include keeping the parking lot cleared and shoveling walkways to main doors. Bid price should be per visit. Sand and salt not needed. Submit bids to prez.ncc@gmail.com by October 15, 2023



Avista Realty Group Ltd.
640 Beverly St., Thunder Bay, ON P7B 0B5
(807) 344-3232 Office
(807) 344-5400 Fax
1-888-837-6926 Toll Free
bmcewen@avistarealty.ca



Barb McEwen
Salesperson
(807) 626-3860 CELL

www.avistarealty.ca

Kakabeka Legion News

October 8th	Buffet Breakfast	8:30am-noon
October 14th	Exec/Gen meeting	2:30/3:00pm
October 14th	Dance with Quest	7:00pm-10:00pm
October 16th	Jam Session	7:00pm-9:30pm
October 18th	Dinner/Dance with the Fugitives	5:30pm-10pm
Call Gary for reservations 807-708-0411		
October 27th	Rural 60+ luncheon	12pm-1pm
October 28th	Halloween Dinner/Dance	5:30pm-10pm
Call Gary for reservations 807-708-0411		
October 29th	Afternoon of music	2pm-4pm



Kakabeka Falls
and
Rural District
Branch 225

As always, check the hotline 473-9122 for any changes.

—Yoga—

All Levels Hatha Flow

Autumn Session

@ The Nolalu Community Centre

Wednesdays 7:00pm—8:15pm

October 4th – December 6th

\$110.00 Course – \$12.00 Drop-in

Contact Marisa CYT 200HR

(807) 632 - 3950

wildblueyoga@gmail.com



Do you like to dress up for Halloween and have a few hours to help out? We are looking for volunteers!



Have you been considering getting involved but don't want to commit more than a few hours? We hear you!

We are looking for a Kitchen Coordinator for our upcoming Halloween dance on October 28. The menu doesn't have to be complicated, and you will have assistants! The Event Coordinators will work with you in planning – you won't be alone!



We are also looking for an Events Coordinator Apprentice for the Halloween dance. This person will job shadow the Events Coordinator to learn the ropes and support the role as needed before and during the event.

Must be 19+ years.

Reach out to Emma (nccevent@outlook.com) if you are interested or if you have any questions.

From "The Scoble Cookbook Almanac 1983"

Spicy Pumpkin Loaf (Avril Dufault)

1 & 1/2 cups flour	2 eggs	1 tsp baking powder
3/4 cup sugar	1 tsp baking soda	1/4 cup corn syrup
1/2 tsp salt	1/2 cup oil	1 tsp cinnamon
1 cup pumpkin puree	1/2 tsp ground cloves	1/2 cup raisins
3/4 tsp ginger	1/2 cup chopped nuts	1/2 tsp nutmeg

Beat eggs. Add sugar, syrup, oil, and pumpkin and beat thoroughly. Put dry ingredients in a larger bowl and stir. Make a hole in the centre of the dry ingredients and pour the liquid ingredients in, all at once. Stir until well mixed. Add raisins and chopped nuts. Pour into a well greased loaf pan. Bake in a preheated oven at 350F for 80 minutes, or until tester (needle or toothpick) comes out clean. Remove from pan and cool well before wrapping.

Zucchini Soup

3 cups milk	2 cans chicken broth or 2 & 1/2 cups homemade chicken stock	
2 medium onions, chopped	1/2 cup butter	3lbs zucchini, chopped or sliced
1/4 tsp nutmeg	1/2 tsp basil	desired quantity of egg noodles

Bring ingredients to a boil and then add egg noodles and zucchini. Be sure not to overcook.

"If you really want to make a friend, go to someone's house and eat with him...the people who give you their food give you their heart."

~~Cesar Chavez~~

AVOID A RECIPE FOR DISASTER THIS FIRE PREVENTION WEEK

Fire Prevention Week (FPW) runs from October 8-14, 2023 and NEST is urging everyone in Nolalu to practice fire safety while cooking with some simple tips and reminders when in the kitchen.

Cooking remains the leading cause of residential loss fires in Ontario but by following a fire safe recipe, disaster can be avoided. Adding an ounce of prevention is the not-so-secret ingredient that will ensure your meal is one to remember.

Unattended cooking, distractions, and being under the influence of alcohol or other substances leaves you unprepared to act in the event of fire. It's also recommended to avoid a cluttered workspace around the stove and loose-fitting clothes that can easily lead to items catching fire. Consider creating a prep station away from the stove, avoid cooking under the influence of alcohol or other drugs, and secure loose hair or clothing.

We urge you to never leave the kitchen when the stove is on, not even for a minute. A fire can start fast and an unattended pot on fire will spread before you are even aware. If you must leave the cooking area, turn off the stove. Unattended cooking is not an accident and can be avoided by staying by the stove.

Distractions, unattended cooking, cooking while intoxicated, cooking utensils too close to a stove, and loose-fitting clothes are all a recipe for disaster. Fire safety in the kitchen starts with prevention and being prepared.

Ensure a working smoke alarm is installed on every storey of the home and tested at least once a month. Have a home fire escape plan that is practiced by everyone in the home for a safe escape in an emergency once the smoke alarm sounds.



Congratulations to Rose Jardine the winner of our September raffle.

Rose has won \$1725.00!!!

Would you like to be next? Our next raffle is LIVE! Tickets can be purchased at www.nolalu5050.ca

Nolalu Emergency Services Team

Hall 807-475-4441

RR1 Nolalu ON

Nolalufpo@gmail.com

P0T 2K0

Emergency 807-473-5200





Nolalu Emergency Services Team

When donating aluminum cans to the drop off area beside the Nolalu firehall, please do not drop off garbage or recycling.



Please take other cans and metal and plastics to the dump or Recycling centre.



We do ACCEPT any LCBO returns

WE Thank You for your continued support in this great fundraiser for us

Nolalu Emergency Services Team



50/50 Fundraising Raffle

Nolalu Emergency Services Team (NEST) is excited to announce that with your support we will be building a new fire hall!

SCAN ME



Scan the QR code for a direct link
Tickets available online only at:

www.rafflebox.ca/raffle/nest

Follow us on Facebook for more info

<https://www.facebook.com/NolaluEmergencyServicesTeam>



A great big thank you to

Linda Brandt

*who is retiring after almost
30 years on the department.*

Linda served not only as a firefighter, but also as a first responder, and eventually the first response coordinator. Linda will be greatly missed by all of us, and leaves behind big shoes to fill.



RURAL CUPBOARD FOOD BANK

FALL HARVEST

October 5 & 6 from 4 - 8 pm
October 7th from 8 am to 4 pm

Please drop in at The Odena, Kakabeka Falls
and make a monetary or food donation

Help us stock up our shelves for the winter ahead
Tax receipts for any monetary donation over \$10.00

Neighbours Helping Neighbours

RURAL CUPBOARD FOOD BANK

Neighbours Helping Neighbours

Conmee Municipal Complex
19 Holland Rd, Kakabeka Falls P0T1W0
807-285-0836

We sincerely thank all those that continue
to support us.

Your donations enable the food bank
to remain open

Next Food Bank

Wednesday, October 18th

Registration 9 am to 11 am

Drive-Thru Pick-up

RURAL 60 PLUS

Monday Carving – 10am to 3pm
Monday Disking – 1pm to 3 pm
Tuesday Weaving – 10am to 3pm
Tuesday Knitting – 10am to 3pm
Wednesday Cribbage – 1pm to 3pm
Wednesday Quilting – 10am to 3pm
Wednesday Beginners Carving – 10am to 3pm
Thursday Weaving – 10am to 3pm
Thursday Knitting – 10am to 3pm
Thursday Yoga – 10am to 11am
Craft Room is open Monday to Friday – 10am to 3pm



Did Ya Know?

Want to find out what local people in the area or what your neighbours have to offer?

Check out: Yae Reiki, 807-768-5357, Catherine Niemi

If you would like to have your home business mentioned just drop me a line.
nolalu.grassroots@gmail.com

Please check out our regular supporters in the Grassroots such as; Barb McEwen, Avista Realty Group

Volunteering

Looking for a way to spice up your Mondays? Do you have a few hours to help out? We are looking for volunteers!

Seniors' lunches will be taking place on the 3rd Monday of the month starting September 18. If you would be interested in helping at one or more of these events, we are looking for support in these roles:

Kitchen Coordinator – plan and prepare the Entrée and soup. Patrons will bring potluck dishes.

Kitchen Coordinator job shadow – assist in planning and preparing the meal.

Morning crew (10:00am - 12:00pm) – assist in setting up tables, putting out food and beverages.

Afternoon crew (12:00 - 2:00pm) – assist in cleaning up, taking down tables.

Note: Volunteers eat free!

Reach out to Breanne (prez.ncc@gmail.com) if you are interested or if you have any questions.

LOCAL SERVICES BOARD OF NOLALU



Tuesday October 24 @ 7:30pm

ALL meetings are at the NCC and open to the community.

NOLALU COMMUNITY CENTRE



ALL meetings are at the NCC and open to the community.

Annual General Meeting

Monday October 16 @ 7:30pm

'It's never too late to be what you might've been.' ~~George Eliot~~

Drop-in Exercise

(Pilates/weights type)



Starting October

Mondays and Fridays,

9:30am—10:30am

Bring mat, weights, stretchy band.

FREE, all welcome.

FUN group.

We have extra equipment if needed

Blast from the Past

Below are some excerpts from past Grassroots editions; 1992, 1993, 1994

- ◆ Gerry & Diane Harris announce the arrival of Kirsti Lynn, Jan 5/92
- ◆ Anita Moyst(nee Ilkka) went to Bangkok, Laos, Burma, & Thailand for four weeks
- ◆ Thank-you to Gary Edwards & Peter Pizzolato for changing Angela's tire
- ◆ The new telecommunication system for the O.P.P. is now in service
- ◆ To mark Finland's 75th year of independence, 1992 has been set aside for a year long celebration of Finnish achievements in areas of culture, sports, technology, and trade
- ◆ 10 acres in the city limits features 3 plus 3 bedrooms, 2 full baths, hot tub, formal dining room. \$138,900.00
- ◆ Proposal for renting the kitchen of the NCC to a private business to be discussed at next meeting
- ◆ Oil change & grease job, including 5 litres of bulk oil and filter \$24.95
- ◆ Contest for the new logo of the Nolalu Volunteer Fire Team
- ◆ Nolalu Pizza available at the NCC
- ◆ Line dancing on Wednesday nights, must have a good sense of humour
- ◆ Second annual snow machine poker run to be held Jan. 22/94
- ◆ Peter & Sylvie Rusnick welcome home new baby girl, Lena, 1994
- ◆ Welcome to the area Morris Stinhoffs
- ◆ Cynthia & Andreas Lichtblau welcomed Allison Lavery, 7lbs 14oz, April 1, 1994
- ◆ Grass cutting job available at the centre, pays \$100.00 for the season
- ◆ Drop in to Lady Lumberjack to see part of Nolalu's past history from the 1900's
- ◆ M.T.O. compiling a list of available equipment that is available for road work. To get your equipment on the list please submit it to the Hymers Patrol Yard
- ◆ Thank-you for the fundraiser support for the expansion of the new part of Nolalu Cemetery

Does anyone have access to issues of the Grassroots from 1995 to 1999? They seem to be missing from the collection I have. I have one copy of March 1998, December 1999, and then it goes to all of 2000. Nothing for 1995, 1996, 1997, and only one each from 1998 & 1999. If you can help me out it would be greatly appreciated. I will search again

*"You've gotta dance like there's nobody watching, love like you'll never be hurt, sing like there's nobody listening, and live like it's heaven on earth."
~~William W. Purkey~~*

Gillies Community Centre



October Events

Corn Hole League Begins – October 12th at 7pm

Monday Gentle Flow Yoga 7–8pm

Tuesday Playgroup 10–12pm

October 21st – Halloween Family Parties

October 29th – Waldorf Parent & Child Gathering

Be sure to follow along on the Gillies Community Centre Facebook page for ALL the events happening this month!

Beware Blasto!

A friend of mine has a camp in this area, and a lovely young retriever dog. He sent me this message:

“Just a little FYI. Our dog tested positive for Blasto last week . Vet has seen more cases from Nolalu, Whitefish and Arrow. Presents itself with skin lesions, cough or wheezing . Keep a watch on your dog for early signs . Same with people working with old wood piles and damp shaded dirt . This is my public service announcement LOL . Enjoy the fall.”

Blasto is short for Blastomycosis, which is a potentially deadly fungal infection, often affecting the lungs, picked up from spores from damp soils and woodpiles. It can affect animals and humans.

This was quite coincidental, as I spent Thursday morning in emerg, having had a wicked cough for over a week. I asked them to rule out blastomycosis, as I’ve been digging in the dirt putting skirting on a building. After X-rays I seem to be ok, but it’s not to be taken lightly, as a neighbour’s dog died from Blasto a few years ago, and my friend lost a young retriever to Blasto last year. It’s definitely in the neighbourhood.

So beware, and wear a mask if you’re digging in old damp dirt. Go to emerg or the vet (whichever is appropriate) right away if symptoms appear.

Angela Woodhouse-Wild

Nolalu Community Centre Elections

The NCC board elections are coming up in October. If you are interested in seeing what we've been up to and how you might be able to get involved - why not come out to our meeting on October 9, 2023 at 7:30pm?

We are sad to be losing the lovely M.E. Scott who has been filling the role of Secretary for the past 2 years. We are SO grateful to her for serving in this role and for keeping us on track.

We will be electing new and returning board members, summarizing the 2022-2023 year and sharing ideas for the year ahead. We've had interest in the secretary role. We are looking forward to having a full board again this year while we maintain the Community Centre building and plan social events for the year ahead.



The Nolalu Community Centre (NCC) Annual General Meeting (AGM) is happening Monday, October 16 @ 7:30pm. Anyone who lives in the Nolalu community has a vote and a voice! We'd love to see you there!

Kakabeka

NorWest Community Health Centre



4785 ON-11 Unit B, Kakabeka Falls,
ON P0T 1W0

Tel: (807) 473-5528

Fax: (807) 473-4584

WALK-IN HOURS

October 5: 8:30am to 4:30pm

October 12: 8:30am to 4:30pm

October 26: 8:30am to 4:30pm

Nurse practitioner will see clients on a first-come, first-served basis. No appointment is necessary and you do not need to be a client of NorWest Community Health Centres.

These clinics are not for medical emergencies. Anyone with a life-threatening illness or injury should go directly to the closest emergency department or call 911.

COLOURING PAGE



GrassRoots Business & Ad Fees, As of January 2023

- ◆ **Business card ad:** \$6.00
- ◆ **¼ page ad:** \$15.00
- ◆ **½ page ad:** \$20.00
- ◆ **Full page ad:** \$30.00
- ◆ **Community notices:** Free
- ◆ **Non-business classified ads:** Free



The GrassRoots submission deadline is the 15th of the month prior to your ad appearing in an issue of Grassroots. All ads need to have white backgrounds. If you would like a colour background or pictures for the online version please send it separately from the greyscale version for print

Please email submissions to: nolalu.grassroots@gmail.com in PDF or WORD format

Please make all cheques payable to Nolalu Community Centre. Etransfer available at nolalucctreasurer@gmail.com with a brief description of what the payment is for.

Invoices will be issued for payments not received up front, and sent out quarterly.

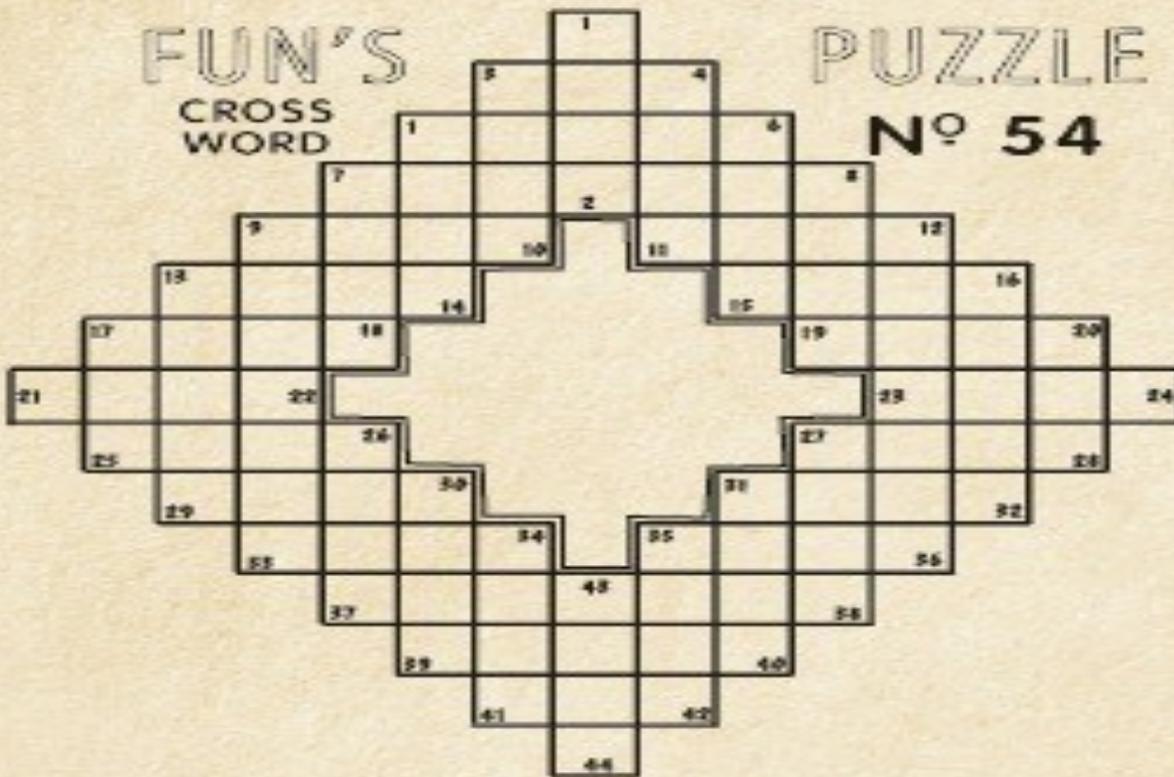
From the Editor's Desk

As I sit and type I gaze out my window to watch the birds at the feeders, we just started putting out feed this week and they are back in full numbers. The blue jays are full of life and noisy, such a beautiful spectacle. The chickadee, the sparrow, and the swallow all clean up the mess the blue jay makes while making their sweet sounds. The hummingbird has left for the season, along with the Canada geese. We have watched the grackles, the blackbirds, the crows, and the ravens throughout the summer as they dive and swoop and announce their arrival to everyone. We were fortunate to see some eagles and hawks this summer, they are so majestic in flight. We've had woodpeckers, robins, some quail, and spotted a few grouse too. But the one I have been looking for has eluded me since we've been up here, my favourite, the snowy owl. I hope I am lucky enough to spy one again sometime.

Did you attend the fair? It was a glorious weekend for it. My grandson participated again this year, not as much as last year, but he had fun entering his items. We attended on the Saturday morning and I'm glad we did because by 1:00pm it was so hot that we headed home. It was great to see all the exhibits and visit with the vendors. There won't be too many weekends like that now that autumn is upon us. Autumn is my favourite time of year, with its beautiful colours, crisp weather, and great campfire time. Fall is also a busy time of year with harvesting the garden, doing canning, picking apples, pears, plums and whatever else you might find. Putting away the summer furniture, and making sure everything is ready for the snow, yes I said it, snow, it will be here before you know it. Make sure your weatherproofing is done around the home, barns and sheds are secure, and don't forget to get your vehicle ready too. Don't forget to test your generator so it's ready for our once a month power outage. Once your work is done be sure to take a walk and enjoy this fine time of year. Do some foraging, many people are mushroom hunting at this time of year, it will soon be time to harvest chaga and rose hips. Look around and see what nature is doing at this time of year, gather pine boughs for decoration or for making elixirs or tinctures, plant fall seeds and bulbs so you have beauty come the spring.

Our little farm has grown over the summer, we now have two more chickens thanks to a broody hen. One is a rooster though so he will be leaving as soon as we find a place for him. Our ducks have stopped laying already. One was attacked by the neighbour's dog and we nursed her back to health but neither one has laid anything since the attack. Sadly we lost a chicken that day too, but the chickens resumed laying after about a week. We are looking for a good home for our pet rabbits. My grandson doesn't have much interest in them and we would like them to have a place where someone pays attention to them. Oh we feed them and clean them and give them treats, and talked to them when we are near but no one plays with them the way we had hoped.

Odette



MRS. MAY HURST of Third Avenue, New York City, who sent in the original of to-day's crossword puzzle, my not readily recognize it as her own. It has been enlarged. Fill in the small squares with words corresponding to the list of clues and definitions given herewith. The solution will appear in next week's FUN.

Can You Solve This One?

- | | |
|----------------------------|--------------------------------|
| 3-4 Atmosphere. | 39-40 Peeled. |
| 5-6 To concur. | 41-42 One month. |
| 7-8 Ease of speech. | 1-2 A conflagration. |
| 9-10 A holiday. | 3-10 A chill. |
| 11-12 Not this. | 5-14 Between tenor and treble. |
| 13-14 An extinct bird. | 7-18 A baseball league. |
| 15-16 Minerals. | 9-33 Shaping. |
| 17-18 Now fashionable. | 13-29 Indian millet. |
| 19-20 An action. | 17-25 Not thin. |
| 21-22 Injury. | 26-37 A great bustard. |
| 23-24 A young woman. | 30-39 An open-handed blow. |
| 25-26 Three together. | 34-41 The first man. |
| 27-28 To bind. | 43-44 The kingdom of Persia. |
| 29-30 Insects. | 4-11 A tear. |
| 31-32 Used in the kitchen. | 6-15 A reflected sound. |
| 33-34 A monster. | 8-19 It has three feet. |
| 35-36 A conceited person. | 12-36 Overflowing. |
| 37-38 A hollow flattery. | 16-32 Cauterizes. |

New York World, January 1, 1915. The dimensions of early 20th century crosswords varied dramatically. This week was 15 x 15. The previous week was 38x38 (the square count or dimension of the puzzle).

NOLALU COMMUNITY CENTRE: HALL RENTAL

Contact NCC Vice-President for hall availability and bookings. Text 807-630-6061

Package A: **Occasional daytime functions** e.g., birthday parties, showers

- ◆ Minimal use of kitchen e.g. fridge, **\$30**
- ◆ Full use of kitchen, e.g. burgers on stove, **\$50**

Package B: **Meetings of Community/Service groups**

- ◆ Minimal use of kitchen, e.g. fridge
- ◆ **\$25** part day / **\$50** full day

Package C: **Major day or evening functions** e.g., weddings, family reunions

- ◆ With liquor if required, plus full use of kitchen
- ◆ Renter is responsible for obtaining and posting liquor license if required
- ◆ **\$100** (and up, at the discretion of the NCC, depending on function, risk, familiarity with kitchen equipment)

Package D: **Memorial Service for community member**

- ◆ Refreshments (sandwiches, pickles, desserts, tea, coffee) can be provided
- ◆ Specialty foods, e.g. suolakala, not included
- ◆ **\$40** plus the cost of food supplies

Package E: **Businesses Day Use** For meetings, training, workshops, retreats, etc.

- ◆ Minimal use of kitchen, e.g. fridge **\$100**

Table/Chair rental available: (max 16 8' tables, max 100 chairs)

- ◆ At the discretion of the NCC Board
- ◆ **\$5/table, \$2/chair** for the event.
- ◆ Renter provides transportation and returns in clean condition.
- ◆ Chairs are upholstered, therefore cannot get wet

Set-up charge for tables and chairs, if requested, additional **\$25**.

Clean-up charge, **if necessary**, additional **\$25+** at the discretion of the NCC.

The facility is to be left in a clean, tidy condition

Please make all cheques payable to Nolalu Community Centre. Etransfer available at nolalucctreasurer@gmail.com with a brief description of what the payment is for.

NCC Events—October 2023

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Drop-in Exercise 9:30am to 10:30am FREE Rural Readers 7:00pm to 9:00pm	3	4 YOGA 7:00pm to 8:15pm	5	6 Drop-in Exercise 9:30am to 10:30am FREE	7
8	9	10	11 PLAY GROUP 12:00pm to 2:00pm YOGA 7:00pm to 8:15pm	12 NEST Meeting 7:30pm at West Firehall	13 Drop-in Exercise 9:30am to 10:30am FREE	14
15	16 Drop-in Exercise 9:30am to 10:30am FREE SENIORS LUNCH 11:00AM to 1:00pm NCC Annual General Meeting 7:30pm	17	18 YOGA 7:00pm to 8:15pm	19	20 Drop-in Exercise 9:30am to 10:30am FREE	21
22 Private Rental	23 Drop-in Exercise 9:30am to 10:30am FREE	24 LSB Annual General Meeting 7:30pm	25 Hardwick Local Roads Board Annual General Meeting 7:00pm	26	27 Drop-in Exercise 9:30am to 10:30am FREE	28 Halloween Dance 8:00pm to 1:00am
29	30 Drop-in Exercise 9:30am to 10:30am FREE	31 Halloween Treats for the kids 5:00pm				