

Thank You!

In celebration of National Volunteer Week, April 15 – 21, 2018, the NCC Board would like to recognize and say thank you to all of the wonderful people who help with events & activities in our community.

Without the support of Volunteers, there would be fewer events, activities & social opportunities in our secluded community.

“No act of kindness, no matter how small, is ever wasted.”

Aesop

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Mailing Address:

Nolalu Community Centre
2266 Hwy 588
RR 1
Nolalu, ON P0T 2K0
T: 807-475-8806

Message from NCC President

It's nice to see the sun shining for a change. The snow is slowly melting and that's a good thing. We sure don't want any spring flooding. I am already seeing some of the first signs of spring. I saw a skunk in town last week. Also, potholes are becoming more noticeable and you can't help but hit a few when out driving. Next, we'll see the robins migrating back to our land of plenty. We don't really get spring as it seems to go from winter to rain, then summer! This time of year has me thinking about gardening. I am counting on planting earlier in my gardens this year. Last year, I planted later because of the rains and had later crops, but because of all the rains we got during August I lost a lot of my bush bean plants due to mould. My cucumbers weren't affected though, as I grow them on fencing, so they climb and stay off the ground. And last year I grew pole beans for the first time. I think I will continue with them because they were so successful. This spring the first thing I should see coming up in my vegetable garden is my garlic. I planted around 300 cloves last fall so we will have a good supply of garlic come this fall. I also love using the garlic scapes in cooking etc. Garlic scape basil pesto is one of my favorites, ideal with pasta. But enough of me and my gardening.

I would like to thank everyone who participated in our **26th Annual Tough Boating Fish Derby**. We had some wonderful sponsors again this year, and let's not forget all the volunteers who helped out to make this fish derby a great success. There were some terrific prizes won and this year a \$1,000 cash prize was awarded to the mystery weight in the adult fishing categories, and \$200 in the children's perch category. Thank you as well to all the participants in the derby and congratulations to all the winners. It was a great weekend weather wise so many people were out fishing. We hope to see everyone out again for next year's fish derby.

So, with that, I wish everyone a Very Happy Easter and take care until we meet again.

Phyllis Garton, President

**Emergency phone number for
Nolalu Fire & Ambulance: 473-5200**

NCC Board Members

President	Phyllis Garton	phylsfrills@gmail.com	473-9819
Vice President	Mike Stevens	mcstevens@tbaytel.net	939-2279
Secretary	Kami Bishop	mrsbishop2u@gmail.com	356-1056
Treasurer	Rhonda Heerschap	rhonda.heer@gmail.com	935-2399
Kitchen Coordinator	Rob Kitson	rikrals@gmail.com	623-2236
Events Coordinator	Vacant	Volunteer Needed	
GrassRoots Editor	Amy Silvaggio	aasilvaggio@gmail.com	473-4623

The NCC Board is still seeking a volunteer Events Coordinator. Please contact me to learn more about becoming the NCC Events Coordinator.

Phyllis Garton,
NCC President
473-9819

NCC Financials

Per March NCC Board Meeting

Chequing	
Opening Balance:	\$ 1,344.84
Credits:	\$28,322.95
Transfers:	- \$10,000.00
Debits:	<u>-\$13,303.27</u>
Total:	\$6,364.52

Savings (CLOSED)	
Opening Balance:	\$13,981.66
Debits:	<u>-\$13,981.66</u>
Total:	\$ 0.00

High Interest Savings Account for Emergencies (NEW)	
Opening Balance:	\$10,000.00
Credits:	<u>+\$ 3.51</u>
Total:	\$10,003.51
Funds transferred from chequing.	

Business & Ad Fees



Ad Pricing

Business card ad: \$5.00
 ¼ page ad: \$10.00
 ½ page ad: \$15.00
 Full page ad: \$25.00

Community notices: Free
 Non-business classified ads:
 Free for premium members

*Graphic charges may apply.

The GrassRoots monthly submission deadline is the 15th.

Please email submissions to
 grassroots@tbaytel.net

Please make all cheques payable to
 Nolalu Community Centre.

Other Business

NCC Hall Rental

Interested in renting the NCC Hall for a celebration or event?

Please contact Phyllis at 473-9819 for more information.

NCC Memberships

2018 NCC memberships are now available for purchase. Please contact Kami at 356-1056 to order yours.

Winter Dump Hours

January 1st - April 30th

Adrian Lake

Sundays 12 pm – 3 pm

Hardwick

Sundays 4 pm – 6 pm



Gateway Nolalu

by Leo Hunnakko

Issue # 10

The Hidden Hamlet of Stanley

Less than a half hour drive, about 25.7 km west of Thunder Bay is the hamlet of Stanley. The tiny village there on the shores of the Kaministiquia River strikes me as sort of a hidden hamlet although this was not always the case. I remember when the Stanley Tavern was the place to go. Truckers stopped in for a brewski or two on their way to and from the bush and the mill. The jam-packed tavern on Friday nights was loud with rock 'n roll blasting out of the speakers and the dance floor jumping. This was back in the mid-sixties when I was about nineteen years old.

Later the perfect way to enjoy a hot summer day was to float down the Kam River on a large tube. It was a perfect antidote to the frenzy of the night before and the lingering morning after effects. Just relax for a few hours and take in the natural scenic beauty of the area. River Rat Rentals on Harstone Drive made sure you were well prepared for a safe and secure experience.

The historic significance of Stanley goes back to the 1890's. In fact, it was an important junction of the Port Arthur, Duluth and Western Railway marking the end point of the first section of the rail line. By the end of 1889, the first nineteen miles of track had been laid reaching the Mining Road Bridge. The Mining Road which started in Murillo was built to serve the Rabbit Mountain group of mines and later the Silver Mountain mines. The location for the bridge at Stanley was chosen because of the island which made the eventual crossing easier. The road and bridge were maintained even after the Pee Dee was put through Stanley in 1889/90 and continued to be referred to as the Mining Road. After the Pee Dee route was finalized, a railway bridge was built over the Kam River upstream from the Mining Road bridge. This was above the mouth of the Whitefish River where it terminates at the Kam River less than a kilometre (half mile) west of what is now known as the Stanley Bridge.

Many do not realize that the hamlet of Stanley actually does have something to do with hockey's greatest prize, the Stanley Cup. Lord Stanley of Preston, the Earl of Derby, was one of the first dignitaries to ride the rails on the Pee Dee along with Lady Stanley. It can be said that Frederick Arthur Stanley who originally donated the Stanley Cup, the oldest team trophy in North American sports competition, is responsible for the naming of that tiny hidden hamlet. The locomotive #1 known as "Black Auntie" pulled the train to the end of the new line near Milepost # 19. From there the dignitaries transferred to horse and buggy to tour the underground shafts of the Rabbit Group of silver mines.

The hockey history of the village of Stanley doesn't end there. In 2006 Eric Staal was taking his Carolina Hurricane's winning Stanley Cup to his cottage. As the celebratory gang headed west on Hwy 11/17 and approached Stanley Road (Hwy 588), Eric shouted to pull over. He insisted that, "We've got to get a picture of the Stanley Cup in Stanley". And then he said, "This is where I first played organized hockey" pointing to the Nor-West Rec. Centre nearby. "I've gotta get a shot here with the Cup". And he did, kissing the cup below the sign that says—"Nor-West Arena – Home of the Staal Brothers – Eric, Marc, Jordon, Jared".

Leo Hunnakko is an historian and author. Contact Leo at -- leoh@tbaytel.net or 577-7484.

26th Annual Tough Boating Family Fish Derby

Results - Kids 15 Years & Under

Lake Trout

- | | |
|--------------------|-------|
| 1. Gus Niemi | 4.325 |
| 2. Brooke Lankinen | 4.320 |
| 3. Holly Weisflock | 3.960 |
| M. Gus Neimi | |

Pickereel

- | | |
|------------------|-------|
| 1. Emily Niemi | 4.340 |
| 2. Lexi Fadyshen | 3.230 |
| 3. Gus Niemi | 2.275 |
| M. Emily Niemi | |

Pike

- | | |
|------------------------|-------|
| 1. Lexi Fadyshen | 7.170 |
| 2. Ariella Thomas | 4.690 |
| 3. Kendra Tienhaara | 3.815 |
| M. Bryjette Dibendetto | |

Speckled Trout

- | | |
|-----------------|-------|
| 1. Alden Conrad | 1.290 |
| 2. Alden Conrad | 1.230 |
| 3. Alden Conrad | 1.030 |
| M. Chase Kivi | |

Perch - \$200 Cash Prize

- | | |
|---------------------------|-------|
| 1. Macy Matson | 1.555 |
| 2. Spencer Matson | 1.455 |
| 3. Graham Deans | 1.135 |
| M. Chris Belmore | |
| M.W. Emily Niemi smallest | |



Results - Adults

Lake Trout

- | | |
|--------------------|--------|
| 1. Armas Kuster | 10.995 |
| 2. Bill Williamson | 9.045 |
| 3. Armas Kuster | 8.665 |

Pickereel

- | | |
|------------------|-------|
| 1. Gino Tesolin | 7.665 |
| 2. Gayle Johnson | 3.900 |
| 3. Denise Owens | 3.670 |

Pike

- | | |
|----------------------|--------|
| 1. Katelyn Dennhardt | 20.915 |
| 2. Jason Lester | 15.695 |
| 3. Gary Nummikoski | 6.750 |

Speckled Trout

- | | |
|--------------------|-------|
| 1. Norm Stajkowski | 1.980 |
| 2. Brian Stecky | 1.825 |
| 3. Shawn Wood | 1.780 |

Mystery Weight Prize

Drum roll please ...

And, the adults' mystery weight \$1,000 prize goes to the fish closest to 1.47 lbs.

Gino Tesolin entered a pickereel on Saturday March 10 at 3:01 pm that **weighed in at 1.470 lbs.** Congratulations Gino!

Fish Derby Fun Fact

This year we weighed in 254 fish, an increase of 27 fish from previous years. Thank you to everyone who participated in this year's *Tough Boating Fish Derby*.

Thank You!

On behalf of the
**26th Annual Tough Boating
 Family Fish Derby**
 Organizing Committee

Thank you to all who participated in this year's *Tough Boating Family Fish Derby*. Beautiful weather combined with a great turn out made for a terrific weekend event. Warmest thanks and appreciation are extended to all of our Sponsors, Donors & Volunteers who helped make this the most successful *Tough Boating Family Fish Derby* yet. We couldn't have done it without you!

Sponsors

A & A Timber ~ Adex Marketing ~ AJ's Trading Post ~ Al & Sharon Scott ~ Allana Miller ~ Amy Graham ~ Best Western ~ Boston Pizza ~ Brian Maki ~ Cal Eyolfson ~ Canada Games Complex ~ Canadian Tire, Arthur St. W. ~ Canadian Tire, Fort William Rd. ~ Chaltrek Geological Supplies Inc. ~ Come by Chance Resort ~ D & R Sporting Goods ~ Danielle & Blair Young ~ Debbie Davidson, RMT ~ Domino's Pizza, James St. ~ Don & Jane Melynk ~ Eclipse Hair Design ~ European Meats ~ Fantasy Falls ~ Grandma's Restaurant ~ Grassia Auto Body Ltd. ~ Green Acres Variety ~ Home Hardware, Memorial Ave. ~ Home Hardware, Rosslyn ~ Hopper's Variety ~ J & J Sports ~ Jack & Shirley Erickson ~ Jenks Lake Camp & Outfitters ~ Joey's Only Seafood ~ Judy Tienharra ~ Kakabeka Depot ~ Kakabeka IDA Pharmacy ~ Karen Stecky, Avon ~ Kilred Windings ~ Larry's Baits ~ Levitt Safety ~ Liuna Local 607 ~ M & M Platnick Timber ~ Maki's Resort ~ Mario's Bowl ~ Marostica Motors ~ McDonalds ~ Metro, Arthur St. ~ Metro, James & River St. ~ Mr. Sub ~ Murray Scott & Sue Backstrom ~ Musselwhite Mines ~ Norman Ruttan ~ Norm's Boating Centre Inc. ~ North Country Cycle & Sports ~ Odena Foods ~ Order Up ~ Phyllis Garton & Doug Niemi ~ Pizza Hut, Red River Rd. ~ Red Cross Thunder Bay ~ Rocky's Resort ~ Russ Stecky ~ Ryden's Border Store ~ Ryden's Gas Bar ~ Sandra & Fred Mazur ~ Santorelli's Truck Stop ~ Skuttlebutt Studio & Gift ~ Smith's RV Centre ~ South Neebing Variety ~ SPI Safety ~ Subway, Northwood ~ Suomi General Store ~ T & A Powervac Services ~ Tackle Unlimited ~ The Deans Family ~ Tim Horton's, Arthur St. W. ~ Tim Horton's, Red River Rd. ~ Vanderwees Greenhouse ~ Whitefish Lake Resort ~ Whitefish Lake Variety ~ Woody's Trailer World

Volunteers

Kami Bishop ~ Pat and Russ Burgess ~ Daryle Cano ~ Marg Cliff ~ Jack and Shirley Erickson ~ Cal Eyolfson ~ Phyllis Garton ~ Gail Granroos ~ Caroline Halvorsen ~ June Hansen ~ Barb Harju ~ Andy Heerschap ~ Bill & Alice Hickman ~ Leo Hunnako ~ Rob Kitson ~ Bobbi Kivi ~ Chick Knox ~ Cathy LeBrun ~ Bob Lorenz ~ Sharon Low ~ Lauren Malo-Hamilton ~ Sandra Mazur ~ John and Sheree O'Malley ~ Uho Piilo ~ Norm Ruttan ~ Mike Stevens ~ Teasha Syrjanen ~ Judy Tienhaara ~ Aira Wiebe



**RURAL CUPBOARD FOOD BANK
CONMEE MUNICIPAL COMPLEX
NEIGHBOURS HELPING NEIGHBOURS
19 Holland Road West, R. R. #1,
Kakabeka Falls, ON POT 1WO**

By Gladys Grant, Public Relations

HAPPY EASTER! Enjoy Your time with family and friends. Spring is in the air! The food bank had a very busy Holiday Season with 4,300 lbs of food donations and with that amount 700 lbs was outdate and could not be handed out to the clients. Please check the dates on the food you are donating as we are unable to pass on outdated food to the clients. **A BIG THANK YOU** to our warehouse manager Laurie Millington and her volunteers for sorting through all these food items and stocking the shelves. Task well done. Lots of hours put in for this project. **A BIG THANK YOU** to all our dedicated Volunteers for their hard work in every department at the food bank. The food bank would not be able to operate without them.

The Food Bank will be open on Wednesday, April 18th and May 16th with (Intake) Registration being from 9 A.M. to 11 A.M. and Hampers being handed out starting at 10 A.M. Clients must be there to register between 9 A.M. and 11 A.M. or they will have to phone for an emergency hamper, which is only given out once a year! Volunteers will stay until all hampers are distributed.

On Monday, April 16th and Monday, May 14th volunteers will be at the food bank from 6:15 p.m. to 7:45 p.m. preparing for food bank day and Tuesday, April 17th and Tuesday, May 15th volunteers will be there in the afternoon from 1 p.m. to 2 p.m. You are welcome to bring items to the food bank at those times.

Food and bags can be dropped off at the Rapport Credit Union in Kakabeka Village, both the Murillo and Rosslyn Oliver Paipoonge Libraries, Odena Foods and the O'Connor Municipal Office and Neebing Municipal Office during business hours.

THE FOOD BANK NUMBER IS 285-0836. Call if you have any questions or concerns and someone will get back to you as soon as possible. Our Web site is raisethefoodbank.com
CHECK US OUT ON FACEBOOK!

Next meetings are Wednesday, April 4th at 6:30 p.m. and May 2nd in the Council Chambers at Conmee Complex.

Have You Heard?

The Rural Cupboard Food Bank is a non-profit charitable organization and provides hunger relief for people living in the rural areas around Thunder Bay. This wide area includes all the incorporated & unincorporated municipalities from Pass Lake in the northeast, the US border in the south, and Upsala in the west. They are the only Food Bank that provides this service to the rural residents who struggle to put food on the table.

When the Rural Cupboard Food Bank first launched, they provided five hampers per month. **Today, they distribute between 70 and 100 hampers per month, feeding approximately 2,000 rural residents every year.** Monthly hampers contain one week's worth of food, tailored to the needs of each family as much as possible. Please visit <http://www.raisethefoodbank.com> to learn more about **Raise the Food Bank**, or to donate.

Donations of \$10 or more are eligible for a tax receipt.

Birthdays & Anniversaries

Happy birthday to NCC member:

Bill Zschetzsche	April 7
Stuart Crawford	April 16
Andrew Piilo	May 15

There are no Anniversaries this month.



May 13, 2018

PAINTING WITH DEE FUNDRAISER

at
ST. JAMES ANGLICAN CHURCH
(John St. Rd. at Calvert Rd. Murillo)
In MORROW HALL

Proceeds to Rural Cupboard Food Bank
Children's School Lunch Program

Saturday, May 12th from 1 P.M. to 4 P.M.



\$50.00 PER PERSON

For more Information, call
Carolyn at 474-3983 or Patty at 935-2879

Snacks included with refreshments.

Watch for more happenings at St. James!

Plant Sale & Dessert Tea Thursday May 31st
Willow Chair Workshop Saturday June 9th

Events will take place at St. James Anglican Church, John St. Rd. at Calvert Rd. Murillo in Morrow Hall. For more information, call Carolyn at 474-3983 or Patty at 935-2879.

Looking to Rent

Looking to rent 1 or more bedroom place. I am a professional female, very adept at country living. Can work a woodstove, cut wood, work the land. I do have 2 dogs, one small, one bigger, and a cat.

I'm not looking for anything overly fancy. I enjoy a simple way of life and just want something I can make my home. I do not party, and enjoy the peace and quiet of a country life. I'm open to renting a place that hasn't been occupied for awhile, possibly sharing space, or doing some work around the place, if need be. Open to creative ideas.

If you know of someone, or have been considering renting that country property you have, please contact Amie at (807) 623-8121.

Diner's Club Updates

Please note **there will not be Diner's Club Suppers in April & May**, so the Diner's Club Lunch dates have been moved to the middle of the month.

Effective April 1st, the Victorian Order of Nurses (VON) is taking over the meals program and starting in September it will be 'pay as you go', costing each diner \$5 each at the door.

Diner's Club Suppers will resume in September.

Thoughts of Kindness

"Those who bring sunshine into the lives of others cannot keep it from themselves."

James M. Barrie

"The only people you should get even with are those who have helped you."

John Southard

"Volunteers don't get paid, not because they're worthless, but because they're priceless."

Sherry Anderson

From the NEST

NEST MEETINGS

- The NEST Annual Meeting and Election of 2018 Directors will be held at West Fire Hall on April 12, 2018 at 7:30 pm.
- NEST monthly meetings are held on the 2nd Thursday of each month at West Fire Hall at 7:30 pm.

NEST ANNOUNCEMENT

Recently, Bob Payne resigned his position as Fire Chief. Bob gave dedicated service to this position for seven years. The NEST Auxiliary and the Community want to Thank Bob for his commitment, hard work and for the very professional way he represented us and the Community of Nolalu at both the Municipal and Provincial levels. Thank you Bob and we extend our warmest wishes to you and Karen.

Wayne Ahola, Deputy Chief, also left his position this past fall. The NEST Auxiliary would like to extend a big Thank You to Wayne for his years of volunteer service and dedication to our Community. We would also like to thank Wayne's wife Edith, who served as a volunteer responder for several years. We wish both all the best for the future.

Bob and Wayne are leaving big shoes to fill. It is with confidence that NEST introduces Sarah Shoemaker, our new Fire Chief and Mike Neudorf, our new Deputy Chief. We thank them for voluntarily accepting these responsibilities and wish them every success.

Thank you,

Loraine Turcotte
NEST Secretary

Community Spotlight

NEST stands for **Nolalu Emergency Services Team Inc.** NEST is comprised of a Volunteer Fire Department & a First Responders team. Within the Fire Department, there is a fully trained and certified First Response Team. Sarah Shoemaker is the Fire Chief, Mike Neudorf the Deputy Chief, and Gary Shoemaker is the Acting Fire Prevention Officer. Val Warner is the First Response Coordinator and is responsible for the First Response Training.

Currently there are 18 people on the Volunteer Fire Department. NEST train every Tuesday for 2-3 hours as well as the occasional Saturday training. They also take advantage of whatever training they can receive from the Ontario Fire College which often means travel outside our community. Most of these courses are 4-5 days. Since December, Sarah, Mike and Gary have each received 150 hours of training on top of their regular Tuesday evening training with the rest of the Nolalu Emergency Services Team. **Last year, NEST received 40 first response and 16 fire department calls.**

On behalf of our community, the NCC Board extends our heartfelt thanks and gratitude for these dedicated volunteers. Please remember to follow the MNR regulations for burning or you could face a fine for illegal burning through the MNR. Also, if a forest fire results from the illegal burn you will be held responsible for the cost of putting out that fire. See page 9 for basic rules of burning in Nolalu.

NEST is always looking for volunteers to join the team. **If you're interest in learning more about becoming a volunteer email Sarah at nolalufirechief@gmail.com or call the Fire Hall at 475-4441. You may also call Sarah at 708-3757.**

Burning Guidelines for Unincorporated Nolalu

The Ministry of Natural Resources (MNR) strongly suggests composting or using a chipper to dispose of woody debris or grass. If you must burn, the MNR and NEST would like to remind you that there are regulations that must be followed.

These regulations are in effect from April 1st to October 31st each year.

A person failing to burn safely can be held responsible for the cost of putting out the fire (should it escape) and for any property damage.

No open burning is permitted under any circumstance in a Restricted Fire Zone.

Brush Piles

You can burn piled wood, brush, leaves or wood by-products without a fire permit provided the following conditions are met:

1. The fire is ignited no sooner than two hours before sunset and extinguished no later than two hours after sunrise.
2. Only a single pile is burned at any one time.
3. The pile is not more than two metres in diameter and less than two metres high.
4. The fire is at least two metres from any flammable materials.
5. You have tools or water adequate to contain the fire to the fire site.
6. A responsible person tends the fire until it is extinguished.

Incinerators

You can burn piled wood, brush, leaves or wood by-products in an incinerator, without a fire permit, provided all of the following conditions are met:

1. The incinerator is an enclosed device constructed entirely of non-combustible material.
2. The incinerator is covered by a screen having a mesh size of not more than five millimetres.
3. The incinerator is at least five metres from any forest or woodland.
4. The incinerator is at least two metres from any flammable material.
5. A responsible person monitors the fire until it is extinguished.

Grass Burning

You can burn areas of grass or leaf litter on land you lawfully occupy or give permission to burn grass and leaf litter on land you lawfully occupy, without a fire permit, provided all of the following conditions are met:

1. The fire is ignited no sooner than two hours before sunset and extinguished no later than two hours after sunrise.
2. The total area to be burned does not exceed one hectare.
3. The flaming edge of the fire does not exceed 30 metres in length.
4. A responsible person tends the fire until it is extinguished.
5. You have tools or water adequate to contain the fire to the fire site.

We at NEST strongly suggest that if you are going to be doing a large burn to contact us in advance as we are obligated to investigate any calls receive regarding burns we are not aware of.

Emergency phone number for Nolalu Fire & Ambulance: 473-5200

Kakabeka Legion Events

The following events are taking place throughout the month of April & May.

- Wed. Apr. 4:** Bingo, Early Birds start at 6:45 pm
- Fri. Apr. 6:** Dance with Quest, 8 pm -11 pm, \$8 per person
- Sat. Apr. 7:** Crib, 1:00 pm
- Sun. Apr. 8:** Monthly Buffet Breakfast 8:30 am - noon
- Wed. Apr. 11:** Bingo, Early Birds start at 6:45 pm
- Sat. Apr. 14:** --- No Crib ---
- Wed. Apr. 18:** Bingo, Early Birds start at 6:45 pm
- Fri. Apr. 20:** Dance with Quest from 8 pm -11 pm \$8 per person
- Sat. Apr. 21:** Crib, 1:00 pm
- Sat. Apr. 21:** General Meeting 3:00 pm
- Wed. Apr. 25:** Bingo, Early Birds start at 6:45 pm
- Sat. Apr. 28:** Crib, 1:00 pm
- Sat. Apr. 28:** Dance with Jack Nelson from 8 pm -11 pm \$8 per person
- Sun. Apr. 29:** An Afternoon of Music from 2 pm – 4 pm

- Wed. May 2:** Bingo, Early Birds start at 6:45 pm
- Sat. May 5:** Crib, 1:00 pm
- Wed. May 9:** Bingo, Early Birds start at 6:45 pm
- Sat. May 12:** Crib, 1:00 pm
- Sun. May 13:** Monthly Buffet Breakfast 8:30 am – noon. **Mother's Day!**
- Wed. May 16:** Bingo, Early Birds start at 6:45 pm
- Sat. May 19:** Crib, 1:00 pm
- Wed. May 23:** Bingo, Early Birds start at 6:45 pm
- Sat. May 26:** Crib, 1:00 pm
- Wed. May 30:** Bingo, Early Birds start at 6:45 pm

May Dances will be posted on the Legion Sign.

Students needing volunteer hours can get them at any of the Legion events. Call Gary for more details, 473-9631.

Oliver Paipoonge Public Library

Winter Hours of Operation

	Murillo Branch	Rosslyn Branch
Sunday	Closed	Closed
Monday	10 am – 8 pm	Closed
Tuesday	Closed	10 am – 8 pm
Wednesday	10 am – 8 pm	Closed
Thursday	Closed	10 am – 8 pm
Friday	Closed	Closed
Saturday	10 am – 2 pm	1 pm – 5 pm

Murillo Branch
4569 Oliver Rd.
Murillo, ON
T: 807-935-2729

Rosslyn Branch
3405 Rosslyn Rd.
Rosslyn, ON
T: 807-939-2312

Email: oplibrary@tbaytel.net

Have you picked up your 2018 NCC membership?

Membership Fees

Individual \$10

Family \$25

Receive ½ price entry to any NCC event with an NCC membership.

It's a great value for families!

April 2018 Nolalu Community Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
Easter Sunday April Fool's Day	Easter Monday	Fire Team Training		NCHC Mobile Health Clinic		
8	9	10	11	12	13	14
		Fire Team Training		NCC General Meeting NEST Annual Mtg & Elections	Youth Games Night	
15	16	17	18	19	20	21
		Diner's Club Lunch Fire Team Training		NCHC Mobile Diabetes Clinic		
22	23	24	25	26	27	28
Earth Day		Fire Team Training LSB Meeting				
29	30					

Nolalu Community Events Calendar

- April 3:** Fire Team Training, 7:00 pm at the East Fire Hall
- April 5:** NCHC Mobile Health Clinic, 9:30 am – 4:00 pm at the NCC
- April 10:** Fire Team Training, 7:00 pm at the East Fire Hall
- April 12:** NCC General Meeting 7:00 pm at the NCC
- April 12:** NEST Annual Meeting & Elections, 7:30 pm at the West Fire Hall
- April 13:** Youth Games Night, 7:00 pm – 9:30 pm at the NCC
- April 17:** Diner's Club Lunch, 12:30 pm at the NCC
- April 17:** Fire Team Training, 7:00 pm at the East Fire Hall
- April 19:** NCHC Mobile Diabetes Clinic, 9:30 am – 4:00 pm at the NCC
- April 24:** Fire Team Training, 7:00 pm at the East Fire Hall
- April 24:** LSB Meeting, 7:30 pm at the NCC

If you have a community event taking place in June you'd like advertised, please email your submission to grassroots@tbaytel.net by May 15th, 2018.

Diner's Club Suppers

Please note there will not be Diner's Club Suppers in April & May.

Diner's Club Suppers will resume in September.

May 2018 Nolalu Community Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1	2	3	4	5
		Fire Team Training		NCHC Mobile Health Clinic		
6	7	8	9	10	11	12
		Fire Team Training		NCC General Meeting NEST Meeting	Youth Games Night	
13	14	15	16	17	18	19
Mother's Day		Diner's Club Lunch Fire Team Training		NCHC Mobile Diabetes Clinic		
20	21	22	23	24	25	26
	Victoria Day	Fire Team Training LSB Meeting				
27	28	29	30	31		
		Fire Team Training		NCHC Mobile Health Clinic		

Nolalu Community Events Calendar

- May 1:** Fire Team Training, 7:00 pm at the East Fire Hall
- May 3:** NCHC Mobile Health Clinic, 9:30 am – 4:00 pm at the NCC
- May 8:** Fire Team Meeting, 7:00 pm at the East Fire Hall
- May 10:** NCC General Meeting 7:00 pm at the NCC
- May 10:** NEST Meeting, 7:30 pm at the West Fire Hall
- May 11:** Youth Games Night, 7:00 pm – 9:30 pm at the NCC
- May 15:** Diner's Club Lunch, 12:30 pm at the NCC
- May 15:** Fire Team Training, 7:00 pm at the East Fire Hall
- May 17:** NCHC Mobile Diabetes Clinic, 9:30 am – 4:00 pm at the NCC
- May 22:** Fire Team Training, 7:00 pm at the East Fire Hall
- May 22:** LSB Meeting, 7:30 pm at the NCC
- May 29:** Fire Team Training, 7:00 pm at the East Fire Hall
- May 31:** NCHC Mobile Health Clinic, 9:30 am – 4:00 pm at the NCC

If you have a community event taking place in June you'd like advertised, please email your submission to grassroots@tbaytel.net by May 15th, 2018.

Diner's Club Suppers

Please note there will not be Diner's Club Suppers in April & May.

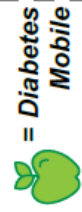
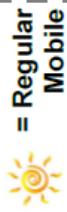
Diner's Club Suppers will resume in September.

NORWEST COMMUNITY HEALTH CENTRES – MOBILE HEALTH SERVICES



April 2018

Mon	Tue	Wed	Thu	Fri
2 ARMSTRONG 1 –7pm NorWest CHC Clinic	3 MURILLO 9:30am-4pm Community Centre (CHW and foot care only) ARMSTRONG 8:30am-12:30pm	4	5 NOLALU 9:30am-4pm Community Centre	6
9 KAMINISTQUIA 9am—3:30pm Community Centre	10	11	12 UPSALA 10am-3:30pm Community Centre O'CONNOR 12-6pm Community Centre	13
16	17 NEEBING 1-7pm Municipal Office (NP, Footcare Nurse & CHW) Blake Hall (CHW & Dietitian)	18	19 NOLALU 9:30am-4pm Community Centre	20
23 KAMINISTQUIA 9am—3:30pm Community Centre	24 SHEBANDOWAN 9:30am-4pm Community Centre	25	26 O'CONNOR 12-6pm Community Centre UPSALA 10am-3:30pm Community Centre	27
30 ARMSTRONG 1 –7pm NorWest CHC Clinic	Nurse Practitioner: We accept walk-in's based on availability of appointments. For more information or to book an appointment, call 807.626.8474			



NorWest CHCs is located at 525 Simpson St Thunder Bay, ON P7C 3J6
 Tele: 807.622.8235
 TF: 1.866.357.5454
www.norwestchc.org



Note
Apr 26th CHW, Dietitian and RN services available in Upsala

NORWEST COMMUNITY HEALTH CENTRES – MOBILE HEALTH SERVICES



May 2018

= Regular Mobile

= Diabetes Mobile

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525 Simpson St
Thunder Bay, ON
P7C 3J6

Tele: 807.622.8235
TF: 1.866.357.5454
www.norwestchc.org

Find us on facebook

Note
May 10th Footcare CHW & NP services available in **Upsala** on this day
May 16th Booked Appointments Only in **O'Connor**
May 24th Footcare and CHW services available in **Upsala** on this day
May 26—Rural Health Fair @ KBF Legion

Mon	Tue	Wed	Thu	Fri
	1 MURILLO 9:30am-4pm Community Centre ARMSTRONG 8:30am-12:30pm NorWest CHC Clinic	2	3 NOLALU 9:30am-4pm Community Centre	4
7 KAMINISTQUIA 9am-3:30pm Community Centre	8	9	10 UPSALA 10am-3:30pm Community Centre O'CONNOR 12-6pm Community Centre	11
14	15 NEEBING 1-7pm Municipal Office (NP, Footcare Nurse & CHW) Blake Hall (CHW & Dietitian)	16 O'CONNOR 10am-3pm Community Centre (Booked Appointments Only)	17 NOLALU 9:30am-4pm Community Centre DORION 9:30am-3:30pm Municipal Office (foot care only)	18
21 VICTORIA DAY	22 SHEBANDOWAN 9:30am-4pm Community Centre KAMINISTQUIA 9am-3:30pm Community Centre	23	24 O'CONNOR 12-6pm Community Centre UPSALA 10am-3:30pm Community Centre	25
28 ARMSTRONG 1-7pm NorWest CHC Clinic	29 MURILLO 9:30am-4pm Community Centre ARMSTRONG 8:30am-12:30pm NorWest CHC Clinic	30	31 NOLALU 9:30am-4pm Community Centre	
<p>Nurse Practitioner: We accept walk-in's based on availability of appointments. For more information or to book an appointment, call 807.626.8474</p>				

