



**Mailing Address:**

Nolalu Community Centre  
2266 Hwy 588  
RR 1  
Nolalu, ON P0T 2K0  
T: 807-475-8806

## Message from NCC President

Hello one and all,

This being the season of dog day afternoons and construction, I hope everyone is out enjoying this beautiful summer. It sure was nice to see a good turnout for our Volunteer Appreciation Supper in June. It's great to see everyone having a good time and was well worth the effort the board put into holding this event. We hope to continue this tradition for many years to come. Our volunteers give so much of themselves and this is our way of saying "Thank You for a job well done".

There have been a few changes around the Centre this summer to note. Thanks to Mike and Cathy, who held a clean-up of the grounds and shed, things are looking tidier. We are installing a recycle bin outside for all the recyclables, so this will help to keep things organized and tidy.

The July 1<sup>st</sup> celebrations went well despite rain for the second year. The good people of Nolalu know how to have fun and the children especially enjoyed the day, from games and activities to rides in the fire truck. Everyone enjoyed a burger or sausage on a bun and the cake was beautiful and tasted delicious. Thank you to NEST for all the work putting this day together.

One thing to note, along with our general maintenance of the Centre we are installing security cameras at the Centre to deter vandalism. In years past it has been a bit of an issue. We assume it has been rambunctious teenagers bored and looking to get into mischief, but with the installation of the cameras we will know exactly who trespasses and causes minor damage to the Centre and hopefully this will put a stop to it.

With that in mind, I want to wish everyone a safe and happy summer and we'll see you in the fall once our activities pick up again.

Phyllis Garton, President

### Newsletter Highlights

NCC Business	2
Gateway Nolalu	3
Volunteers Needed	4
NEST Fire Safety Tips	5
Bits & Bites	6
Community Events	7
Local Business	8
Community Spotlight	9
Rural Cupboard	10
NCC Calendar	11
NCHC Calendar	12



**Emergency phone number for  
Nolalu Fire & Ambulance: 473-5200**

The NCC Board is seeking a new Kitchen Coordinator and a new Secretary. Please contact Sharon, if you're interested in learning more about these volunteer positions.

## NCC Board Members

<b>President</b>	Phyllis Garton	phylsfrills@gmail.com	473-9819
<b>Vice President</b>	Mike Stevens	mcstevens@tbaytel.net	939-2279
<b>Secretary</b>	<b>Vacant</b>		
<b>Treasurer</b>	Rhonda Heerschap	rhonda.heer@gmail.com	935-2399
<b>Kitchen Coordinator</b>	<b>Vacant</b>		
<b>Events Coordinator</b>	Cathy Stevens	mcstevens@tbaytel.net	939-2279
<b>Volunteer Coordinator</b>	Sharon Low	phone calls preferred	577-8296
<b>GrassRoots Editor</b>	Amy Silvaggio	grassroots@tbaytel.net	473-4623

## NCC Financials

Per July NCC Board Meeting

<b>Chequing</b>	
Opening Balance:	\$11,335.16
Credits:	\$ 2,536.00
Debits:	<u>- \$ 1,921.36</u>
<b>Total:</b>	<b>\$11,949.80</b>

<b>Emergency Fund</b>	
Opening Balance:	\$10,023.70
Credits:	<u>\$ 0.00</u>
<b>Total:</b>	<b>\$10,023.70</b>

## Business & Ad Fees



### Ad Pricing

Business card ad: \$5.00

¼ page ad: \$10.00

½ page ad: \$15.00

Full page ad: \$25.00

Community notices: Free

Non-business classified ads:

Free for premium members

\*Graphic charges may apply.

**The GrassRoots monthly submission deadline is the 15<sup>th</sup>.**

Please email submissions to [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net)

**Please make all cheques payable to Nolalu Community Centre.**

## Other Business

### NCC Hall Rental

Interested in renting the NCC Hall for a celebration or event?

Please contact Phyllis at 473-9819 for more information.

### NCC Memberships

2018 NCC memberships are available for purchase. Please contact Phyllis at 473-9819 to order yours.

### Summer Dump Hours

Effective May 1<sup>st</sup>

#### Adrian Lake

Wed.: 6 pm to 8 pm

Sun.: 2 pm to 5 pm

#### Hardwick

Wed.: 3 pm to 5 pm

Sun.: 6 pm to 8 pm



## *Gateway Nolalu*

by Leo Hunnakkko

Issue # 13

### **Homesteaders of Nolalu Ontario Canada**

The following is the result of many months of hard work by Jouni Alkula and Eldon Oja in researching, compiling and recording information on early Nolalu homesteaders. I, along with Harold Alanen and Lynn Piilo among others have had the opportunity to contribute as able. It gives a good brief overview of our community of Nolalu.

“Nolalu is a community about 48 km southwest of Thunder Bay, Ontario, Canada. With the Government of Canada advertising for homesteaders and with the advent of the Port Arthur, Duluth and Western (PeeDee) Railway around the turn of the century, the first Finnish homesteaders along with a few Anglo-Saxon pioneers began to settle in Lybster, Strange, Marks and Gillies townships. Around 1900, Archie Bishop owned and operated a sawmill and a small store. The name ‘Nolalu’ originates from the name of Archie’s sawmill business --‘The NOrthern LAnd & LUmber Co.’.

In 1909 a group of Finnish farmers, feeling that a co-operative store would be to their benefit, formed the ‘Farmers’ Mercantile’. Among the founders were Henry Pelto, who is considered the first Finnish settler in Nolalu, Gust Maki, John Arola, John Oja, Sam Rajala and Hjalmar Seppala. Postal services began in 1903 as a catch post service, in which mail was simply dropped from a moving train, but by 1905 an actual post office was opened. The first school in Nolalu was S.S. #1 Lybster. It was a log structure built in 1910 across the river from the Farmers’ Mercantile.

New immigrants became farmers raising livestock and growing potatoes, certain vegetables and some grains. However, the land, often hard red clay and otherwise rugged terrain in need of clearing from stumps and rocks, was not fertile enough to provide a living by itself. Some found work in, for example, road maintenance but most became bush workers.

This project documents the original Nolalu area homesteaders and offers a glimpse into their family’s history and attempts to track their ancestral roots.

The primary scope of this project is the farmers who owned land in the area and their spouses. For each person a link to his / her Geni profile is provided, where other family members and further lineage can be found. The area in scope is Lybster Township, Marks Township, and Strange Township, but individuals outside of this area can be included when relevant. For the purpose of land distribution, the townships were subdivided into lateral "concessions" and vertical "lots", each concession/lot further into north and south halves, for which settlers could apply for a land grant.”

For an extensive list of early Nolalu homesteaders go to – [geni.com/homesteaders of Nolalu](http://geni.com/homesteaders%20of%20Nolalu).

Special Thanks to genealogists Jouni Alkula of Finland and Eldon Oja of Thunder Bay.

*Leo Hunnakkko is an historian and author. Contact Leo at -- [leoh@tbaytel.net](mailto:leoh@tbaytel.net) or 577-7484.*

## Volunteers Needed for Nolalu Community Centre

### The NCC is seeking a Kitchen Coordinator

**Main Functions:** Coordinate the NCC Kitchen.

**Reports to:** The Community Centre Board

**Duties:**

- Check regular supplies in kitchen and shop for replacements as necessary (e.g. coffee, tea, sugar, salt, ketchup, mustard, relish, etc.).
- Check shopping list on side of refrigerator every 2 weeks and shop for requested items.
- Submit to the treasurer receipts for all purchases, with notation as to purpose of purchase.
- Plan menu for Seniors' Luncheons (1x per month September to June inclusive) and shop for necessary supplies. [Lunches should be simple and can be prepared the same morning by the lunch volunteers.]
- Direct and assist preparation of Seniors' Luncheons.
- Ensure that required records for Seniors' Luncheons are completed and ready for submission to V.O.N.
- In conjunction with the NCC Board, plan canteen menu for special events and shop for necessary supplies (e.g. Hallowe'en Dance, Poker Run, Fish Derby, etc.)
- May be asked to direct and assist kitchen preparation and service for special events.
- Attend annual general meetings and general meetings of the NCC board.

Interested applicants are asked to submit a résumé via email to NCC President, Phyllis Garton at [phylsfrills@gmail.com](mailto:phylsfrills@gmail.com) on or before August 24<sup>th</sup>, 2018.

### The NCC is seeking a Secretary

**Main Functions:** The Secretary keeps and maintains records of the corporation.

**Reports to:** The Community Centre Board and the Local Services Board

**Duties:**

- Keep and maintain records of the corporation, including the registry of officers and directors, the registry of members, the minutes of the general meetings and the meetings of the board, the by-laws and resolutions.
- Have custody of corporate seal
- Certify copies of any registry, by-law, resolution of minutes.
- Give notices of the annual general meeting, general meetings and meeting of the board of directors.
- To be the channel for all correspondence to and from the board, with the approval of the board.
- Other duties which the board may, from time to time assign.
- Attending annual general meetings, general meetings and meeting of the board;
- Recording and distributing minutes to the board members in a timely manner following each meeting, and post minutes in the community centre.

Please contact  
**Sharon Low** at  
**577-8296** for more  
information about  
either position.



# BUTT OUT SMOKING FIRES



SMOKING IS THE #1 CAUSE OF FATAL HOME FIRES

## WHAT'S THE RISK?

Smoking fires account for **8%** of all home fires.

**One in 10** smoking fires results in an injury or death.

**One in four** home fire fatalities are caused by smoking.

**65%** of smoking fires are caused by "**improper discarding**" of smoking materials.

The average dollar loss per smoking fire is **\$37,000**.

**A Dangerous Mix:  
Alcohol is a factor in many  
smoking-related fires**

Statistics for Ontario between 2010-2014.  
Provided by the Office of the Fire Marshal  
and Emergency Management

## How do I prevent a smoking fire?

- ❖ Encourage smokers to smoke outside.
- ❖ Do not extinguish cigarettes in plant pots, which may contain a mixture of peat moss, shredded wood and bark that can easily ignite.
- ❖ Never smoke in bed.
- ❖ Use large, deep ashtrays that cannot be knocked over.
- ❖ Empty ashes into a metal container – not the garbage can – and put it outside.
- ❖ If people have been smoking in your home, check behind chair and sofa cushions for cigarette butts before going to bed.



Install smoke alarms on every storey of your home and outside all sleeping areas.

Office of the Fire Marshal & Emergency Management  
[www.ontario.ca/firemarshal](http://www.ontario.ca/firemarshal)

## From the NEST

Are you interested in volunteering for the Nolalu Emergency Services Team (NEST)? NEST is comprised of a Volunteer Fire Department & a First Responders team. NEST train every Tuesday for 2-3 hours as well as the occasional Saturday. **If you're interested in volunteering for NEST, contact Sarah Shoemaker at [nolalufirechief@gmail.com](mailto:nolalufirechief@gmail.com) or call the Fire Hall at 475-4441.**

Please remember to follow the MNR regulations for burning or you could face a fine for illegal burning through the MNR. Also, if a forest fire results from the illegal burn you will be held responsible for the cost of putting out that fire.

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For information on local fire safety and outdoor burning, contact:



Nolalu Emergency Services Team  
RR1  
Nolalu, ON P0T 2K0

**Hall 807-475-4441**  
[Nolalufirechief@gmail.com](mailto:Nolalufirechief@gmail.com)

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## Correction

Please note in the July Issue of GrassRoots we said Viola Saarinen, who has helped with ground's maintenance in the past, will be taking over for long time volunteer Joan Saario; however, this is not correct. **We apologize for any confusion this may have caused.** As such, Leeper Cemetery is still seeking a volunteer to help with ground's maintenance.

**If you're interested in volunteering for the Leeper Cemetery, please call Jack Erickson at 577-1366.**

## Brain Stretchers?

1. Do you know what is unique about the following sentence?

The five boxing wizards jumped quickly.

2. A farmer rode to the stable on Sunday, stayed 3 days and left on Friday. How is this possible?
3. Almost everyone needs it, asks for it, gives it, but almost nobody takes it. What is it?
4. Forward I'm heavy, but backwards I'm not. What am I?

### Answers:

1. This sentence contains every letter of the modern English alphabet.
2. The farmer's horse's name is Friday.
3. Advice.
4. Ton. If you spell 'ton' backwards, it would spell 'not'.

## Birthdays & Anniversaries

### Happy birthday to NCC member:

Pat Burgess	August 6
Angela Woodhouse-Wild	August 6
Dawn Ruttan	August 13



## Kakabeka Legion Events - August

### BINGO

- Every Wednesday - Payout to a maximum of \$1,555.00
- Doors open at 5 pm. Early birds begin at 6:45 pm
- For more information call Gary at 473-9631.

### KAKABEKA FARMERS MARKET

- Every Saturday 9:30 am – Noon
- Market Breakfast 9:00 am – Noon
- Meet your neighbours and friends at the market - have breakfast then shop for 'everything made local' at your neighbourhood farmers' market. Interested in becoming a vendor?
- For more information email [contact@kakabekafarmersmarket.ca](mailto:contact@kakabekafarmersmarket.ca)

### Friday, August 10<sup>th</sup>

- DANCE to the music of Quest 8 pm - 11 pm
- Admission \$8 per person includes Sandwiches, desserts and coffee and tea.

### Saturday, August 11<sup>th</sup>

- Executive Meeting - 2:00 pm
- Next General Meeting September 8<sup>th</sup>

### Sunday, August 12<sup>th</sup>

- Breakfast 8:30 am – Noon
- All you can eat, Canadian and Finn Pancakes, bacon, sausages, scrambled eggs, hash browns, coffee, tea, juice, toast and jam or try our "Made for you" Omelette.
- Adults \$12, seniors \$11 and children's pricing as well. Join the breakfast club and after 10 paid breakfasts you get a free breakfast.

### Friday, August 17<sup>th</sup>

- DANCE with Jack Nelson 8 pm - 11 pm
- Admission \$8 per person includes Sandwiches, desserts and coffee and tea.

### Sunday, August 19<sup>th</sup>

- Kakabeka Legion Half Marathon
- [www.runkbfalls.com](http://www.runkbfalls.com)

### Saturday, August 25<sup>th</sup>

- New Ontario Shooters Association Gun Show
- 9 am – 4 pm

### Sunday, August 26<sup>th</sup>

- Gymkhana
- 9 am – ?

**Students needing volunteer hours can earn them at any Legion event.  
Please call Gary for more details, 473-9631.**

# **Insert Your Ad Here**

**If you're reading this, so are your potential customers.**

## **Ad Pricing**

Business card ad: \$5.00

¼ page ad: \$10.00

½ page ad: \$15.00

Full page ad: \$25.00

Non-business classified ads: Free for premium members

Community notices: Free

\*Graphic charges may apply.

**The GrassRoots monthly submission deadline is the 15<sup>th</sup> of the month prior to the issue your ad will appear in.**

Please email submissions to [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net)

**Please make all cheques payable to the Nolalu Community Centre.**

## Community Spotlight:

**Do you know of a local organization, club, person, or business that we can highlight in our Community Spotlight section?** This is not an ad but an opportunity for members of our community to learn more about the people, places, and activities in our community.

Please email your ideas to the GrassRoots Editor at [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net) or call Amy at 473-4623.

## GETTING TO KNOW OUR RURAL



### Library Hours

#### Oliver Paipoonge Public Library

**Murillo Branch**  
4569 Oliver Rd.  
Murillo, ON  
T: 807-935-2729

**Rosslyn Branch**  
3405 Rosslyn Rd.  
Rosslyn, ON  
T: 807-939-2312

E: [oplibrary@tbaytel.net](mailto:oplibrary@tbaytel.net)

#### Branch Hours of Operation

	Murillo Branch	Rosslyn Branch
Sunday	closed	closed
Monday	10 am – 8 pm	closed
Tuesday	closed	10 am – 8 pm
Wednesday	10 am – 8 pm	closed
Thursday	closed	10 am – 8 pm
Friday	closed	closed
Saturday	10 am – 2 pm	1 pm – 5 pm

### Nolalu LSB

#### Nolalu Local Services Board

ANNUAL GENERAL MEETING  
AND ELECTIONS

will be held at the  
**Nolalu Community Centre**  
**on Tuesday, September 25, 2018**  
**at 7 p.m.**

There will be a number of vacancies  
on the **Board** which **need YOU!**

Come on out and volunteer and vote!



## RURAL CUPBOARD FOOD BANK NEIGHBOURS HELPING NEIGHBOURS

By Gladys Grant, Public Relations

We **HOPE** everyone is getting to enjoy the beautiful hot summer we are having! Hunger never stops in our communities and we are so thankful to everyone for their continued support of the Food Bank.

Donations of fresh **GARDEN VEGETABLES** are greatly appreciated for food bank day! The clients look forward to the extra tasty vegetables to help them make ends meet.

### FOOD BANK HOURS

Volunteers will be at the food bank **Monday, August 13<sup>th</sup>** from 6:15 p.m. to 7:45 p.m. preparing for food bank day. **You're welcome to bring items to the food bank at this time.** You are welcome to bring items to the food bank at this time.

**The food bank will be open on Wednesday, August 15<sup>th</sup>** with (intake) registration from 9 a.m. to 11 a.m. and hampers being handed out starting at 10 a.m. Clients must be there to register between 9 a.m. and 11 a.m. or they will have to phone for an emergency hamper, which is only given out once a year! Volunteers will stay until all hampers are distributed.

### SCHOOL LUNCH PROGRAM

is still active & we need & appreciate donations of school lunch foods including nut free snacks such as crackers, granola bars and cookies, fruit snacks, fruit cups, apple sauce & juice boxes, for this much need effort.

We are in need of items for the **BIRTHDAY BAGS** which are given out to children up to 14 years old who are registered with the food bank. Cake mixes, icing, candles, serviettes, & medium sized bags are appreciated.

**PLEASE NOTE Plastic and reusable bags are always welcome. Food and bags can be dropped off** at the Rapport Credit Union in Kakabeka Falls Village, both the Rosslyn and Murillo Oliver Paipoonge Library, Odena Foods, The Neebing Municipal Office and The O'Connor Municipal Office during business hours.

**Please check to see that the donated food items are not expired** as we cannot give them to our clients.

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**A BIG THANK YOU** to the following for your recent support of the Rural Cupboard Food Bank. Your support is greatly appreciated!

**Murillo Bakery** for their continued support of donating fresh made bread every food bank day for our clients. They have been doing this since the beginning of our food bank in May of 2000. We are now into our 19th year of operation. We are so grateful for their kindness!

**St. James Anglican Church, Murillo** for their two cash donations - one to the School Lunch Program and the Seniors and Singles Christmas Hampers.

**Parish of West Thunder Bay, St. Marks and St. James Anglican Churches** for their kind cash donation to the School Lunch Program.

**RAFFLE** Not many raffle tickets left, so if you want some please contact Lorna Kreig 577-1035, Gladys Grant 935-2202 or see Trudy Buyers at the Farmers Market at the Kakabeka Legion on Saturdays. Tickets are also available at the Kakabeka Hotel. Raffle is being held on September 30<sup>th</sup> at Conmee Hall. Proceeds raised in support of the Rural Cupboard Food Bank. **Tickets are \$5.00 each or 3 for \$10.00. 1st Prize:** 2 tickets to anywhere West Jet Flies; **2nd Prize:** \$500 Meat Package from Stoney Ridge Farm; **3rd Prize:** 2 Nights at Red Pine Canoe Outfitters (prize includes boat, motor & gas).

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**A TAX RECEIPT** will be issued for donations of \$10.00 or more for as we are a registered Non-Profit Charity! The Building Fund is always accepting donations also to help pay off our mortgage on the new Building.

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There are no meetings in August.

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**CHECK US OUT ON FACEBOOK!**  
**Our Web site is**  
raisethefoodbank.com.

Rural Cupboard Food Bank  
Conmee Municipal Complex  
19 Holland Road West  
RR 1  
Kakabeka Falls, ON POT 1WO  
T: 807-285-0836

## August 2018 Nolalu Community Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
5	6	7 Fire Team Training	8	9 NCHC Mobile Diabetes Clinic  NCC Board Meeting	10	11
12	13	14 Fire Team Training	15	16	17	18
19	20	21 Fire Team Training	22	23 NCHC Mobile Health Clinic	24	25
26	27	28 Fire Team Training	29	30	31	

### Nolalu Community Events Calendar

**August 7:** Fire Team Training, 7:00 pm at the East Fire Hall

**August 9:** NCHC Mobile Diabetes Clinic, 9:30 am – 4:00 pm at the NCC

**August 9:** NCC Board Meeting, 7:00 pm at the NCC

**August 14:** Fire Team Training, 7:00 pm at the East Fire Hall

**August 21:** Fire Team Training, 7:00 pm at the East Fire Hall

**August 23:** NCHC Mobile Health Clinic, 9:30 am – 4:00 pm at the NCC

**August 28:** Fire Team Training, 7:00 pm at the East Fire Hall

If you have a community event taking place in September you'd like advertised, please email your submission to [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net) by August 15<sup>th</sup>, 2018.

#### Diner's Club

Please note there will not be Diner's Club Lunches or Suppers in August.

Diner's Club Lunches & Suppers will resume in September.

# NORWEST COMMUNITY HEALTH CENTRES – MOBILE HEALTH SERVICES



NorWest Community Health Centres  
Centres de santé communautaire NorWest

## August 2018

= Regular Mobile

= Diabetes Mobile

NorWest CHCs is located at  
525 Simpson St  
Thunder Bay, ON  
P7C 3J6  
Tele: 807.622.8235  
TF: 1.866.357.5454  
www.norwestchc.org



**Note**

**Aug 2 & 30—Upsala**  
NP, Footcare and CHW Services Available

**Aug 16th—Upsala**  
Footcare and CHW Services Available

Mon	Tue	Wed	Thu	Fri
		1	2 UPSALA 10am-3:30pm Community Centre O'CONNOR 12-6pm Community Centre	3 
6 Civic Holiday	7 NEEBING 12-6 pm Municipal Office (NP, Footcare Nurse & CHW) Blake Hall (CHW & Dietitian)	8	9 NOLALU 9.30am-4pm Community Centre	10 
13	14 SHEBANDWAN 9.30am-4pm Community Centre	15 O'CONNOR 10am—3pm Community Centre (Booked Appointments Only)	16 O'CONNOR 12-6pm Community Centre UPSALA 10am-3:30pm Community Centre	17 
20	21 MURILLO 9.30am-4pm Community Centre (CHW and foot care only) ARMSTRONG 1-7pm	22 ARMSTRONG 8:30am-12:30pm NorWest CHC Clinic	23 NOLALU 9.30am-4pm Community Centre	24 
27 KAMINISTQUIA 9am—3:30pm Community Centre	28	29	30 UPSALA 10am-3:30pm Community Centre O'CONNOR 12-6pm Community Centre	31 





