

### Save the Date

**26<sup>th</sup> Annual  
Tough Boating  
Family Fish Derby**

March 10<sup>th</sup> & 11<sup>th</sup>

**NEW** this year!

**Prize for Adults  
\$1,000 cash prize for  
a mystery weight.**

**\$200 cash prize for  
kids! Perch category  
only.**

### PLUS

**Other great prizes to  
be won!** 1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> for  
all categories & mystery  
prizes for kids only (ages  
15 & under).

See pg. 4 for more info.

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### Mailing Address:

Nolalu Community Centre  
2266 Hwy 588  
RR 1  
Nolalu, ON P0T 2K0  
T: 807-475-8806

## Message from NCC President

Well, the days are getting longer, and we are having more sunshine, which we all look forward to. Here at the NCC, things are gearing up for our biggest event of the year. This year will be our **26<sup>th</sup> Annual Tough Boating Family Fish Derby**. It is a two-day event with lots of prizes for the adults and children. This year we have a special \$1,000 prize over and above the others and anyone entering the derby qualifies to win. You need to attend the fish derby to find out more!

We had our first **Children's Game Night** at the NCC February 16<sup>th</sup> and it was great to see all the children out enjoying themselves. We hope to have more children for March as this can only get better. A big Thank You to Teasha Syrjanen and Kami Bishop for helping out and keeping the children busy, they both did a great job.

As was mentioned in the February GrassRoots, there is now a jigsaw puzzle exchange at Hopper's. Leave a puzzle, take a puzzle. If you have any puzzles at home that you've already finished and want to exchange, then now is your chance to get new ones to work on.

Our Red Cross Diner's Club meals are going well. We sure can't complain about going hungry with the great food that is offered up. If you are over 55 years of age and want to join, call the Red Cross today and register. Unfortunately, the Red Cross will be giving up this program and it will be taken over by the Victorian Order of Nurses. So now is the time to register. As of January 1<sup>st</sup>, we can't bring guests any more and everyone has to be registered. This transition starts in March so don't put it off.

Before we know it, Easter will be here and with the low amount of snow this winter I predict an early spring. I just hope we don't get the rain we did last year. Surely it can wait until things start sprouting from the soil. But Mother Nature has a quirky sense of humor so it's just a case of wait and see. With that, I will just wish everyone a warm and sunny March and let's all enjoy every day we can. Any day you can get out of bed is a good day!

Phyllis Garton, President

**Emergency phone number for  
Nolalu Fire & Ambulance: 473-5200**

## NCC Board Members

<b>President</b>	Phyllis Garton	phylsfrills@gmail.com	473-9819
<b>Vice President</b>	Mike Stevens	mcstevens@tbaytel.net	939-2279
<b>Secretary</b>	Kami Bishop	mrsbishop2u@gmail.com	356-1056
<b>Treasurer</b>	Rhonda Heerschap	rhonda.heer@gmail.com	935-2399
<b>Kitchen Coordinator</b>	Rob Kitson	rikrals@gmail.com	623-2236
<b>Events Coordinator</b>	<b>Vacant</b>	<b>Volunteer Needed</b>	
<b>GrassRoots Editor</b>	Amy Silvaggio	aasilvaggio@gmail.com	473-4623

The NCC welcomes Kami Bishop, Secretary and Amy Silvaggio, GrassRoots Editor, to the team. We are still seeking a volunteer Events Coordinator. Please contact me to learn more about becoming the NCC Events Coordinator.

Phyllis Garton,  
NCC President  
473-9819

## NCC Financials

January 2018 Financial Statement

<b>Chequing</b>	
Opening Balance:	\$9,741.68
Credits:	+\$ 286.15
Debits:	<u>-\$4,432.05</u>
<b>Total:</b>	<b>\$5,595.78</b>

<b>Savings</b>	
Opening Balance:	\$13,981.66
Interest:	<u>+\$ 9.50</u>
<b>Total:</b>	<b>\$13,991.16</b>

## Business & Ad Fees



### Ad Pricing

Business card ad: \$5.00

¼ page ad: \$10.00

½ page ad: \$15.00

Full page ad: \$25.00

Community notices: Free

Non-business classified ads:

Free for premium members

\*Graphic charges may apply.

**The GrassRoots monthly submission deadline is the 15<sup>th</sup>.**

Please email submissions to [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net)

Please make all cheques payable to Nolalu Community Centre.

## Other Business

### NCC Hall Rental

Interested in renting the NCC Hall for a celebration or event?

Please contact Phyllis at 473-9819 for more information.

### NCC Memberships

2018 NCC memberships are now available for purchase. Please contact Kami at 356-1056 to order yours.

### Winter Dump Hours

January 1<sup>st</sup> - April 30<sup>th</sup>

#### Adrian Lake

Sundays 12 pm – 3 pm

#### Hardwick

Sundays 4 pm – 6 pm



## Gateway Nolalu

by Leo Hunnako

Issue # 9

### Port Arthur News Chronicle – Local News Highlights

In the mid-1920's, most rural communities had someone report to the Port Arthur News Chronicle local breaking news, that is to say, significant news highlights in their community.

Here are some actual 'STOP THE PRESSES!!' News!... selected more or less at random.

Dateline –

#### ● **Marks** – May 20, 1925

“Henry Shoefelt made a trip to Nolalu Monday on business.”

“John and Mrs. Pelto with several others, motored up from Nolalu to take in the dance at the school house on Friday night.”

#### ● **Hymers** – November 16, 1925

“George Sitch was very pleasantly surprised Saturday night when quite a number invaded his home to wish him many happy returns of his birthday.”

“Miss May Forest, who is attending Collegiate in town, spent the weekend with her mother.”

“E.W. Hymers and E. Sitch spent the weekend at their homes here, returning to their trapping lines Monday.”

#### ● **Silver Mountain**—March 16, 1927

“Mr. and Mrs. Jacob Valimaa returned home from the city.”

“Quite a number of young people attended the basket social held in Wolfe school, Saturday.”

“Mrs. Denysek and daughter Dora went into the Twin Cities Monday.”

#### ● **South Gillies** – Sept. 5, 1927

“Wesley Curry of Port Arthur and Bill Faircloth of Fort William spent Saturday at J. Woods.”

“Mr. Senn and friends of Port Arthur passed through South Gillies on Friday.”

“S. North and William Barrett spent Monday at Suomi.”

“M. Tissari has purchased a new hay press.”

#### ● **Silver Mountain** – Nov. 25, 1927

“Roy McClusky returned Saturday from the West where he spent the past three months with his uncle and aunt, Mr. and Mrs. J.R. Sanders of Hanna, Alberta.”

“George E. Smith, Harry and Ede Oja were evening guests of Mr. and Mrs. A. Thomas listening in on the radio.”

#### ● **Nolalu** – January 4, 1928

“Misses Lillian and Elma Seppala returned home Monday after spending the weekend with friends in town.”

“R.R. Burrows, who is working in Mr. McKechnie's camp at Hymers, drove to his home at Hillside on Sunday.”

“A dance was held at the Labor Hall, Saturday night, and an enjoyable time was spent, although a rather small crowd was present on account of the cold weather.”

“Matt Ylatalo and Jaarli Maki from South Lybster visited Victor Maki's on Sunday.”

**RURAL CUPBOARD FOOD BANK  
NEIGHBOURS HELPING NEIGHBOURS**

By: Gladys Grant PR

**THE SCHOOL LUNCH PROGRAM:**

Support is always needed for this program for school age users of the food bank. Each child registered with the food bank will receive enough supplies for one week of every month of the school year. It is given out monthly on food bank day. A donation of \$50.00 covers the school year. Any amount towards this program is gratefully appreciated. A tax receipt for a donation to the food bank of \$10.00 or more will be issued as we are a Registered Non-Profit Organization.

On Monday, March 19th volunteers will be at the food bank from 6:15 p.m. to 7:45 p.m. preparing for food bank day and Tuesday, March 20th volunteers will be there in the afternoon from 1 p.m. to 2 p.m. You are welcome to bring items to the food bank at those times.

Food and bags can be dropped off at the Rapport Credit Union in Kakabeka Village, both the Murillo and Rosslyn Oliver Paipoonge Libraries, Odena Foods, the O'Connor Municipal Office and The Neebing Municipal Office during business hours.

**The Food bank will be open on Wednesday, March 21st with (Intake) Registration being from 9 A.M. to 11 A.M. and Hampers being handed out starting at 10 A.M. Clients must be there to register between 9 a.m. and 11 a.m. or they will have to phone for an emergency hamper, which is only given out once a year!! Volunteers will stay until all hampers are distributed.**

**THE FOOD BANK PHONE NUMBER IS 285-0836.**

Call if you have any questions or concerns and someone will get back to you as soon as possible.

**CHECK US OUT ON FACEBOOK!**

Our website is [raisethefoodbank.com](http://raisethefoodbank.com)

Next meeting is Wednesday, March 7th at 6:30 P.M. in the Council Chambers at Conmee Complex.

## Have You Heard?

There's a new puzzle exchange at Hoppers.

This year, April 1<sup>st</sup> is both April Fools' Day & Easter Sunday.

Bring one, swap one.

## Birthdays & Anniversaries

### Happy birthday to NCC member:

Bill Hickman

March 6

**There are no Anniversaries this month.**

## With Thanks

**Thank you  
(Lorna Blaikie)**

Thanks to all for the outpouring of love and support the family has received after news of Lorna's passing. Thank you for the flowers, the baking, the cards, the telephone calls, and the personal condolences. We would like to extend a personal thank you to the O'Connor Community Club for putting on a beautiful lunch at Lorna's remembrance service. Also, a great big thank you to the O'Connor Volunteer Fire Department and the First Responders for their compassion and professionalism over these past few years.

Most of all we want to say how absolutely humbling it has been to see the outpouring of support Leanne has received on her Go Fund Me page ([GoFundMe.com/Legupforleanne](http://GoFundMe.com/Legupforleanne)) not just in memory of Lorna but also through our family, our friends, our community, and the surrounding communities. From the bottom of our hearts we thank you all.

It's been a difficult winter, but spring always comes.

From the Blaikie/Richard/Parker families

## 26<sup>th</sup> Annual Tough Boating Family Fish Derby

Kick off your march break with this year's **Tough Boating Family Fish Derby!**

### Event Info

#### Saturday March 10<sup>th</sup> & Sunday March 11<sup>th</sup>

at the Nolalu Community Centre  
2266 Hwy 588, Nolalu, ON

#### Entry Fees

Adults: \$3 per fish

Kids 15 & under: \$2 per fish

#### Categories

1. Lake Trout
2. Pike
3. Pickerel
4. Speckled Trout
5. Perch (kids only)

#### Weigh-In

Saturday March 10<sup>th</sup> 3:00 pm - 6:00 pm

Sunday March 11<sup>th</sup> 12:00 pm - 6:00 pm

### Prizes

#### NEW Prize for Adults

**\$1,000 cash prize for a mystery weight!**

#### NEW Prize for Kids

**\$200 cash prize! Perch category only.**

PLUS

#### Other great prizes to be won!

1<sup>st</sup>, 2<sup>nd</sup>, 3<sup>rd</sup> for all categories &  
mystery prizes for kids only.

Food, refreshments & licensed bar available all weekend.

**For more information and rules, contact  
Andy Heerschap at (807) 935-2399.**

To volunteer for the event, please contact  
Sharon Low at (807) 577-8296.



### Daylight Saving 2018

The time moves ahead 1 hour at 2 am on **Sunday March 11**. Don't forget to adjust your clocks.

It's also a good time to change the batteries in your smoke alarms.

## Volunteers Needed!

Do you need volunteer hours for high school? Are you interested in being involved in the **26<sup>th</sup> Annual Tough Boating Family Fish Derby**, but don't fish?

The organizers of the **26<sup>th</sup> Annual Tough Boating Family Fish Derby** are seeking volunteers, high school age and up, to help with various roles throughout the event on

**Saturday March 10<sup>th</sup> between 2:30 pm – 6:30 pm and/or  
Sunday March 11<sup>th</sup> between 11:30 am – 6:00 pm.**

High school students will receive credit towards volunteering hours. Students should bring any paperwork they will need signed, on event day.

**If you're interested in volunteering for this event, please contact Sharon Low at 577-8296.**

## Kakabeka Legion Events

The following events are taking place at the Kakabeka Legion throughout the month of March.

- Sat. Mar. 3:** Crib, 1:00 pm  
**Sat. Mar. 3:** Dance with Quest, 8 pm -11 pm, \$8 per person  
**Wed. Mar. 7:** Bingo, Early Birds start at 6:45 pm  
**Fri. Mar. 9:** Dance with Road Worn Chaps, 8 pm -11 pm, \$8 per person  
**Sat. Mar. 10:** Crib, 1:00 pm  
**Sat. Mar. 10:** Executive Meeting 2 pm, General Meeting 3 pm  
**Sun. Mar. 11:** TIME CHANGE. Set your clocks ahead 1 hour to make the breakfast on time.  
**Sun. Mar. 11:** Monthly Buffet Breakfast 8:30 am - noon  
**Wed. Mar. 14:** Bingo, Early Birds start at 6:45 pm  
**Fri. Mar. 16:** St. Patrick's or St. Urho's Dinner 6:30 pm - 8 pm \$25 per person includes the dance. **Call Gary at 473-9631 before March 14th to reserve your seat.**  
**Fri. Mar. 16:** Dance with Quest from 8 pm -11 pm \$8 per person  
**Sat. Mar. 17:** Crib, 1:00 pm  
**Wed. Mar. 21:** --- No Bingo ---  
**Wed. Mar. 21:** Annual Spring Soil & Crop Conference  
**Thur. Mar. 22:** Annual Spring Conference continued  
**Sat. Mar. 24:** Crib, 1:00 pm  
**Sat. Mar. 24:** Dance with Quest, 8 pm -11 pm, \$8 per person  
**Sun. Mar. 25:** *Afternoon of Music.* Admission by donation. All proceeds to the Rural Cupboard Food Bank.  
**Wed. Mar. 28:** Bingo, Early Birds start at 6:45 pm  
**Sat. Mar. 31:** Crib, 1:00 pm  
**Sat. Mar. 31:** Dance with the Model A's 8 pm -11 pm, \$8 per person, includes sandwiches and desserts.

Students needing volunteer hours can get them at any of the Legion events. Call Gary for more details, 473-9631.

## Oliver Paipoonge Public Library

### Winter Hours of Operation

	Murillo Branch	Rosslyn Branch
Sunday	Closed	Closed
Monday	10 am – 8 pm	Closed
Tuesday	Closed	10 am – 8 pm
Wednesday	10 am – 8 pm	Closed
Thursday	Closed	10 am – 8 pm
Friday	Closed	Closed
Saturday	10 am – 2 pm	1 pm – 5 pm

**Murillo Branch**  
4569 Oliver Rd.  
Murillo, ON

T: 807-935-2729

**Rosslyn Branch**  
3405 Rosslyn Rd.  
Rosslyn, ON

T: 807-939-2312

Email: oplibrary@tbaytel.net

*Have you picked up your 2018 NCC membership?*

### **Membership Fees**

*Individual \$10*

*Family \$25*

*Receive ½ price entry to any NCC event with an NCC membership.*

*It's a great value for families!*

## March 2018 Nolalu Community Events

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1	2	3
					Blue Grass Jam & Adults Game Night	
4	5	6	7	8	9	10
		Diner's Club Supper		NCHC Mobile Health Clinic		
		Fire Team Meeting		NCC General Meeting		
11	12	13	14	15	16	17
Daylight saving (clocks ahead 1 hr)		Fire Team Meeting		NEST Meeting	Youth Games Night	
18	19	20	21	22	23	24
		Diner's Club Lunch		NCHC Mobile Diabetes Clinic		
		Fire Team Meeting				
25	26	27	28	29	30	31
		Fire Team Meeting				
		LSB Meeting				

### Nolalu Community Events Calendar

- March 2:** Blue Grass Jam & Adults Game Night, 7:00 pm – 10:00 pm, the NCC
- March 6:** Diner's Club Supper, 4:30 pm – 6:00 pm at the NCC
- March 6:** Fire Team Meeting, 7:00 pm at the East Fire Hall
- March 8:** NCHC Mobile Health Clinic, 9:30 am – 4:00 pm at the NCC
- March 8:** NCC General Meeting 7:00 pm at the NCC
- March 13:** Fire Team Meeting, 7:00 pm at the East Fire Hall
- March 15:** NEST Meeting, 7:30 pm at the West Fire Hall
- March 16:** Youth Games Night, 7:00 pm – 9:30 pm at the NCC
- March 20:** Diner's Club Lunch, 12:30 pm at the NCC
- March 20:** Fire Team Meeting, 7:00 pm at the East Fire Hall
- March 22:** NCHC Mobile Diabetes Clinic, 9:30 am – 4:00 pm at the NCC
- March 27:** Fire Team Meeting, 7:00 pm at the East Fire Hall
- March 27:** LSB Meeting, 7:30 pm at the NCC

If you have a community event taking place in April or May you'd like advertised, please email your submission to [grassroots@tbaytel.net](mailto:grassroots@tbaytel.net) by March 15<sup>th</sup>, 2018.

#### Daylight Saving 2018


















The time moves ahead 1 hour at 2 am on **Sunday March 11**. Don't forget to adjust your clocks.

It's also a good time to change the batteries in your smoke alarms.

# NORWEST COMMUNITY HEALTH CENTRES – MOBILE HEALTH SERVICES



## March 2018

Mon	Tue	Wed	Thu	Fri
<p><b>Nurse Practitioner:</b> We accept walk-in's based on availability of appointments. For more information or to book an appointment, call <b>807.626.8474</b></p>				
<p>5 <b>ARMSTRONG</b> 1-7pm NorWest CHC Clinic</p> 	<p>6 <b>SHEBANDOWAN</b> 9:30am-4pm Community Centre <b>ARMSTRONG</b> 8:30am-12:30pm NorWest CHC Clinic</p>  		<p>1 <b>O'CONNOR</b> 12-6pm Community Centre <b>UPSALA</b> 10am-3:30pm Community Centre</p>  	<p>2</p>
<p>12 <b>KAMINISTQUIA</b> 9am-3:30pm Community Centre</p> 			<p>8 <b>NOLALU</b> 9:30am-4pm Community Centre</p> 	<p>9</p>
<p>19</p>	<p>20 <b>NEEBING</b> 1-7pm Municipal Office (NP, Footcare Nurse &amp; CHW) Blake Hall (CHW &amp; Dietitian)</p>  		<p>15 <b>UPSALA</b> 10am-3:30pm Community Centre <b>O'CONNOR</b> 12-6pm Community Centre</p>  	<p>16</p>
<p>26 <b>KAMINISTQUIA</b> 9am-3:30pm Community Centre</p> 	<p>27 <b>MURILLO</b> 9:30am-4pm Community Centre (CHW and foot care only)</p> 		<p>22 <b>NOLALU</b> 9:30am-4pm Community Centre <b>DORION</b> 9:30am-3:30pm Municipal Office (foot care only)</p>  	<p>23</p>
			<p>29 <b>O'CONNOR</b> 12-6pm Community Centre <b>UPSALA</b> 10am-3:30pm Community Centre</p>  	<p>30 GOOD FRIDAY</p>



= Regular Mobile



= Diabetes Mobile

NorWest CHCs is located at 525 Simpson St Thunder Bay, ON P7C 3J6

Tele: 807.622.8235  
TF: 1.866.357.5454  
www.norwestchc.org



**Note**

**Mar 1st** Footcare CHW and Dietitian services available in **Upsala** on this day

**Mar 29th** Footcare CHW and Dietitian services available in **Upsala** on this day

