All smoothies are made with fresh fruit and never any added sugar or mixes

ADD-ONS .99¢

BERRY BLAST loaded with blueberries, strawberries. organic acai, and banana, blended with almond milk

PARADISE SMOOTHIE this very refreshing smoothie is made with mango, pineapple, fresh ginger and fresh mint, blended with Coconut water or almond milk

THE FAVE you can't go wrong with this nutritious delicious smoothie. Made with blueberries, spinach, bananas, vegan protein powder, blended with almond milk

**THE GEORGE** our tribute to George of the jungle, this smoothie has dark cocoa powder, banana, almond butter, cinnamon, and a touch of honey, blended with almond milk

MEAN GREEN our favorite green smoothie with mango, pineapple, banana, fresh ginger, and spirulina, blended with orange juice

MERMAID JUICE fresh coconut, banana, and pineapple blended with blue green spiruling and almond milk or coconut water

RASPBERRY DELIGHT raspberries, acaí, blueberries with almond mylk

PRETTY IN PINK dragon fruit, pineapple, and mango with coconut water

# Cold Pressed Juices

Fluid, Fruity & Refreshing!

**BELLY BALANCER** 

JUICE apple, ginger, cucumber, celery, papaya powder, love

**MUSCLE MENDER** JUICE pineapple, carrot,

apple, spinach, kale, cucumber, apple, carrot, spinach, kale, celery, happiness

**IMMUNITY MONSTER** JUICE lemon, ainaer, apple. parsley, joy

LIVER LOVER JUICE

beet, apple, lemon, ginger, tamarind, inspiration

### **DETOX DOCTOR**

JUICE spinach, kale. cucumber, celery, parsley, apple, ginger, lemon, gratitude

**EVERYDAY ENERGIZER JUICE** beet.

cucumber, celery, ainger, love

HAPPY BEET JUICE

beet, lemon, apple, ainaer, filtered water, happiness

**GINGERELLA** pineapple. ginger, apple, parsley, gratitude

### RETURN BOTTLE TO RECEIVE A \$1 OFF YOUR PURCHASE

warning: this product is not pasteurized and, therefore may contain harmful bacteria that can cause serious illness in children, the elderly, and persons with weakened immune systems. This product is produced in a facility that also process tree nuts · Keep Refrigerated · 16 fl oz/473 ml

## Smoothie Bowls 14.25

Smoothie bowls are all topped with homemade granola nuts and seasonal fresh fruits, a drizzle of honey and shredded coconut

### GLUTEN FREE OPTION +\$.75

COCO PLUM ACAI BOWL organic acai, banana fresh coconut a touch of honey and blended with coconut water

CHOCOLATE HONEY CUP banana, organic dark cacao powder, almond butter, cinnamon, honey blended with almond mylk, and topped with nuts

SUNRISE BOWL banana, mango, pineapple fresh coconut and blended with coconut water topped with organic coconut flakes

SUPERFOOD BOWL blueberries, spinach, banana, spiralina, and a vegan protein powder blended with almond mylk and topped with chia seeds and topped with nuts

**BALI DAZE BOWL** butterfly pea extract, blue green alages, blueberries, coconut meat, bananas and coconut mylk, topped with home made aranola, fruit and coconut flakes

BERRY BOWL açaí, strawberries, raspberries, banana, and orange juice

PITAYA BOWL dragon fruit, pineapple, mango, and coconut water

STRAWBERRY DREAMS acai and strawberries blended with Nutella and almond mylk (not vegan)

----- ADD-ONS 99¢ ----PROTEIN POWDER, ALMOND BUTTER, PEANUT BUTTER,

NUTELLA, MACA POWDER, CHIA SEEDS, MIXED NUTS, FRUIT

At COCO PLUM PLACE we believe that health and happiness is a choice. This choice is at the very core of our mission. Every decision we make, product we carry, and meal that is prepared is meant to help enhance your health and happiness. It is also our belief that you cannot live a happy and healthy life if you are harming and polluting our environment, this is why COCO PLUM PLACE has chosen to use recyclable, sustainable, renewable, and environmentally friendly materials and ingredients whenever possible. The products we use and ingredients we choose cost more, are harder to find and take more time to prepare. We feel this is a choice and not a sacrifice. We humbly believe that by making this decision together we are serving a higher purpose to not only ourselves but also our community and our environment.

A 15% service fee will be added to all food orders to ensure exceptional quality and service.

**1 DAY CLEANSE** \$64.99 **3 DAY CLEANSE** \$175





98275 Overseas Hwy, Key Largo, FL 33037

305-453-6934

www.cocoplumplaceandcafe.com #cocoplumplace

# Coffee

### PRO • CAFF • EI • NA • TION

(noun) the tendency to not start anything until you've had a cup of coffee

	SMALL	LARGE
HOUSE ROASTED COFFEE	\$2.99	\$3.99
LATTE	\$4.99	\$5.99
CAPPUCCINO	\$4.99	\$5.99
MOCHA	\$5.25	\$6.25
AMETHYST CHAI	\$4.95	\$5.45
MYLK & HONEY LATTE	\$5.25	\$6.25
COCOPLUM LATTE	\$5.25	\$6.25
Butterfly pea powder with steamed milk vanilla syrup and espresso		
MATCHA	\$5.25	\$6.25
ICED STRAWBERRY MATCHA		\$6.50
WHITE CHOCOLATE MOCHA	\$5.25	\$6.26

All drinks are made with almond milk unless otherwise requested. Whole Milk ... \$.99

## Tea, Tonics and Elixirs

E • LIX • IR (noun)
a magical or medicinal potion

**SUMMER TEA** lemon grass, fresh grated ginger, fresh lemon juice and a touch of honey ... \$5.25

**YOGI TEA** a home brewed recipe of herbs, spices, and roots. This tea not only tastes great but it helps aid in digestion . . . \$5.99

**BUTTERFLY PEA ELIXIR** an infused drink that boasts an array of healing benefits . . . \$6.99

**CUP OF HOT TEA** ... \$3.50 **CHAI** ... small \$4.25 / large \$5.25

**TURMERIC TEA** turmeric, ginger and spices with coconut mylk...\$5.99

### PLEASE CHECK THE SPECIALS BOARD FOR MORE DRINK OPTIONS

"Come let us have some tea and continue to talk about happy things" - Chaim Potok

## Frappe

FRAP · PÉ (adjective)
Don't worry, be frappe

PEANUT BUTTER & CHOCOLATE ... \$6.25

**VANILLA** ... \$5.95

VANILLA & CARAMEL ... \$6.25

"Each one of us can make a difference. Together we make change." - Barbara Mikulski

# Toast & Breakfast

"All happiness depends on a leisurely breakfast" - John Gunther

**AVOCADO TOAST** fresh avocado mixed with garlic aioli topped with tomatoes, vegan cheese, arugula and spicy seeds all on top of our toasted whole wheat bread. bagel +\$.99, vegan edd +\$1.99...\$12.50

**SEEDS THE DAY TOAST** creamy almond butter topped with oats, seeds, granola and sliced bananas finished with a drizzle of honey ... \$12.50

**HUMMUS TOAST** homemade hummus topped with seeds cucumber tomato and spinach . . . \$11.99

**NONNI'S FAVORITE** delicious Nutella spread over our homemade toast topped with fresh strawberries and crushed almonds with a drizzle of honey . . . \$11.99

**VEGAN BREAKFAST BURRITO** sautéed tofu with vegan sausage and vegan cheese wrapped in a tortilla, comes with side salad...gluten free option +\$.99...\$12.50

**BOWL OF GRANOLA** Lyndsey's homemade chocolate and vanilla granola served with a side of almond milk . . . \$10

**VEGAN BREAKFAST BOWL** sautéed tofu with vegan sausage and vegan cheese with fresh avocado and tomatoes ... \$11.99

# Salads & Wraps \$14.50

"CHICKEN" SALAD THE WORLDS BEST VEGAN CHICKEN SALAD tempe with creamy curry sauce, sweet mango chutney and salty olive, served over greens or as a wrap

**PROTEIN PACKER SALAD** organic quinoa with chick peas, assorted seeds, tomatoes, cucumbers, tempe and our homemade hummus served over greens

**HUMMUS SALAD** homemade hummus with tomatoes, and cucumbers served over greens or as a wrap

**VEGAN TEMPE WRAP** tempe with tomatoes, cucumbers, olives, avocado, vegan cheese, vegan mayo and arugula

**VEGAN BLACK BEAN BURGER** homemade hummus, tomatoes, cucumbers, and greens

**HUMMUS PLATTER** homemade hummus with veggies and pita bread

# Bakery Items

Healthy D'lite pastries (Gluten free sugar free and vegan options)

BARS ... \$7.25 CHEESECAKE SLICES ... \$7.99 LOAF SLICES ... \$5.99 VEGAN CHOCOLATE CHIP COOKIE \$2.99

LARGE COOKIE ... \$3.99

SPINACH AND FETA CROISSANT ... \$7.99 CHOCOLATE CROISSANT ... \$6.99

PROTEIN BALLS ... \$6.99

**HAM EGG & CHEESE CROISSANT ... \$7.99** 

**ALMOND CROISSANT ... \$6.99** 

**ASSORTED SCONES** ... \$4.99

**BROWNIES** ... \$3.99

**JUMBO MUFFINS** ... \$5.99

Chocolate comes from coco which is a tree, that makes it a plant . . . Chocolate is a salad!