



PASTA SAUCE		NUTRITIONAL INFORMATION	COST																														
		Nutritional Information Serves per pack – 4 Serve size – 120g <table><tr><td></td><td>Per Serve</td><td>Per 100g</td></tr><tr><td>Energy</td><td>182kj</td><td>152kj</td></tr><tr><td>Protein</td><td>1.6g</td><td>1.4g</td></tr><tr><td>Fat:</td><td></td><td></td></tr><tr><td> Total</td><td>1.6g</td><td>1.3g</td></tr><tr><td> Saturated</td><td>0.2g</td><td>0.2g</td></tr><tr><td>Carbohydrate:</td><td></td><td></td></tr><tr><td> Total</td><td>4.0g</td><td>3.3g</td></tr><tr><td> Sugars</td><td>3.3g</td><td>2.8g</td></tr><tr><td>Sodium</td><td>13mg</td><td>11mg</td></tr></table>		Per Serve	Per 100g	Energy	182kj	152kj	Protein	1.6g	1.4g	Fat:			Total	1.6g	1.3g	Saturated	0.2g	0.2g	Carbohydrate:			Total	4.0g	3.3g	Sugars	3.3g	2.8g	Sodium	13mg	11mg	\$6.95/JAR
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RED CHILLI ONION RELISH		NUTRITIONAL INFORMATION	COST																														
		Nutritional Information Serves per pack – 10 Serve size – 34g <table><tr><td></td><td>Per Serve</td><td>Per 100g</td></tr><tr><td>Energy</td><td>353kj</td><td>1038kj</td></tr><tr><td>Protein</td><td>0.6g</td><td>1.7g</td></tr><tr><td>Fat:</td><td></td><td></td></tr><tr><td> Total</td><td>1.7g</td><td>4.9g</td></tr><tr><td> Saturated</td><td>0.2g</td><td>0.7g</td></tr><tr><td>Carbohydrate:</td><td></td><td></td></tr><tr><td> Total</td><td>16.0g</td><td>47.2g</td></tr><tr><td> Sugars</td><td>15.7g</td><td>46.1g</td></tr><tr><td>Sodium</td><td>17mg</td><td>49mg</td></tr></table>		Per Serve	Per 100g	Energy	353kj	1038kj	Protein	0.6g	1.7g	Fat:			Total	1.7g	4.9g	Saturated	0.2g	0.7g	Carbohydrate:			Total	16.0g	47.2g	Sugars	15.7g	46.1g	Sodium	17mg	49mg	\$7.45/JAR
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SALT SKIP CHEDDAR 150g		NUTRITIONAL INFORMATION	COST																														
		Nutritional Information Serves per pack – 6 Serve size – 25g <table><tr><td></td><td>Per Serve</td><td>Per 100g</td></tr><tr><td>Energy</td><td>360kj</td><td>1440kj</td></tr><tr><td>Protein</td><td>6.7g</td><td>26.8g</td></tr><tr><td>Fat:</td><td></td><td></td></tr><tr><td> Total</td><td>6.5g</td><td>31.2g</td></tr><tr><td> Saturated</td><td>4.4g</td><td>21.6g</td></tr><tr><td>Carbohydrate:</td><td></td><td></td></tr><tr><td> Total</td><td><0.1g</td><td><0.1g</td></tr><tr><td> Sugars</td><td><0.1g</td><td><0.1g</td></tr><tr><td>Sodium</td><td>32mg</td><td>128mg</td></tr></table>		Per Serve	Per 100g	Energy	360kj	1440kj	Protein	6.7g	26.8g	Fat:			Total	6.5g	31.2g	Saturated	4.4g	21.6g	Carbohydrate:			Total	<0.1g	<0.1g	Sugars	<0.1g	<0.1g	Sodium	32mg	128mg	\$8.30
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