



PRESS RELEASE

ANCESTRAL GUILT AND THE SEASONING PROCESSES! **Africa-Centered Ancestral Healing**

Orisade Awodola is Standing on the Shoulders of her ggg-grandfather, James W.C. Pennington, who said, "I have faith in the hand that has dealt with us so strangely, that all our remaining (family) members will, in time be brought together; and then the case may merit a reviewed and enlarged edition of this tract when other important matter will be inserted," (Pennington, 1850, p.54)

SEATTLE, WA – IMMEDIATE RELEASE: On August 1, 2023, the Institute of African-Centered Thought (IACT) will release the book Africa-Centered Ancestral Healing, the basis of the ACAH series to focus on African Centered healing modalities in mental health, mental-dysfunctions and social justice among the African people throughout the Diaspora. Orisade Awodola, an ACAH Practitioner, adds to Pennington’s book (tract), **The Fugitive Blacksmith**, as he predicted. She also provides an **African-Centered Ancestral Healing Experience** in the book, on its upcoming YouTube Channel Series, and at [patreon.com/ancestral healing](https://patreon.com/ancestralhealing). Dr. E. Bruce Bynum, Clinical Psychologist, acknowledges Awodola’s work is necessary to have a meaningful discussion about moving forward from the seasoning processes.

“This book chronicles how perfidy seeped into the innermost recesses of African familial consciousness and how it traumatized ancestral memory; how it manifests today in contemporary explicit societal and internalized racism is almost too painful to witness. The reader will find the beginnings of that necessary process displayed in this powerful work,” **E. Bruce Bynum, Ph.D.**, author of **An African Unconscious, The Dreamlife of Families, and Root Transcendence.**

ORDER YOUR COPY TODAY AND RECEIVE A 15 PERCENT DISCOUNT ON an ACAH CONFERENCE TICKET. SEE DETAILS AT www.iactnow0119.com. For more information, contact Angela M. Davis at iact0119@gmail.com