



Author Orisade Awodola is Standing on the Shoulders of James W.C. Pennington, when he wrote in his book, the Fugitive Blacksmith, “I have faith in the hand that has dealt with us so strangely, that all our remaining (family) members will, in time be brought together; and then the case may merit a reviewed and enlarged edition of this tract when other important matter will be inserted,” (Pennington, 1850, p.54)

The Ancestral Healing Model

“An African-Centered Modality”

“...and they ate us,” Frederick Douglass, 1883

SEATTLE, WA – IMMEDIATE RELEASE: On Juneteenth, June 19, 2023, the Institute of African-Centered Thought (IACT) is releasing **An African-Centered Ancestral Healing Experience** by Orisade Awodola on its upcoming *YouTube Channel AH Series*, “*Let us Make Them in Our Image*” and *AH Series Interviews* at [patreon.com/ancestral healing](https://patreon.com/ancestralhealing). The ACAH Series will focus on African Centered healing modalities in mental health, mental dysfunctions, and mental disorders among the African Hybrid throughout the Diaspora.

This book chronicles how its perfidy seeped into the innermost recesses of African familial consciousness and how it traumatized ancestral memory; how it manifests today in both contemporary explicit societal and internalized racism is almost too painful to witness. The reader will find the beginnings of that necessary process manifest in this powerful work,” **Bruce Bynum, Ph.D.**, author of **An African Unconscious, The Dreamlife of Families**, etc.

The mental disorders discussed by Awodola address the entire cultural panoramic involvement in this trauma-filled society. No matter what ethnicity, we are all impacted and must be involved in the healing process. **T. Owens Moore, Ph.D.**, author of **Pigment Power, Why Darkness Matters, the Power of Melanin in the Brain**, etc.

Long-awaited, this book about the psychological ramifications suffered by African descendants enslaved established groundbreaking perspectives supported by empirical data from scholars in the field of Black Psychology. **Oloye Baba Ifa Karade**, author of **The Handbook of Yoruba Religious Concepts, The Ifa/Orisha Religious Tradition: A New Global Perspective**, etc.

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