



COURSE-PATH GUIDE 2022-23

"When I discover who I am I will be FREE,"

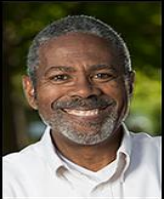
Ralph Ellison





Path Facilitators 2023

Root Psychology, Ancestral Healing, African Spirituality and Social Worker Course Programs



Dr. Edward Bynum, Ph.D., is a psychologist practicing in Amherst, MA. The Bynum Series for this Path includes his books the “Family Unconscious and African Unconscious” series. (*Root Psychology*)



Linda James Myers, Ph.D., specializes in psychology and culture; moral and spiritual identity development; and intersections of race, gender, and class. she will be teaching Optimal Psychology on this Path. (*Root Psychology*)



T. Owens Moore, Ph.D., is trained as a Physiological Psychologist. He will be teaching “The Melanin Series” www.drmoore.com (*Root Psychology*)



Orisade Awodola, Ph.D., is a Root Psychologist, Author, Lecturer, Founder of The Institute of African Centered Thought (IACT) and the Ancestral Healing Identity Model. (*Ancestral Healing*)



Oloye Baba Karade is a professor of English and author of African Traditional Beliefs several books in this area. He continues to develop speculative fiction center on African religion, culture and worldviews. (*Spirituality*)



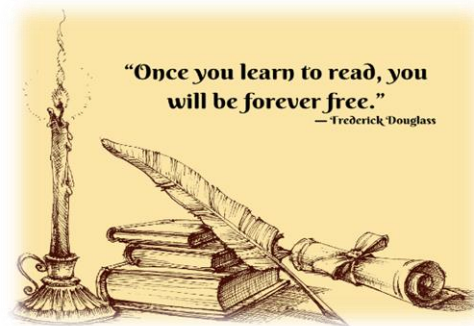
Dr. Charles Finch, M.D., has conducted independent studies in African antiquities, comparative religion, and ANCIENT science since 1971. He will be teaching, The African Background of Medical Science and Science and Symbol in Egyptian Medicine (*Spirituality*)



Ashley McGirt, LICSW, is a psychotherapist and founder of the Washington Therapy Fund Foundation. Ashley has received a Master of Social Work from the University of Washington. Her focus is primarily on *Racial Trauma*. (*Social Work*)



Michael Childress, B.S., is a Social Worker in Southwestern Michigan and works with low-income families in a pre-school setting, counselor in substance abuse and suicide prevention with 40 years in the field of mental health and education. (*Social Work*) independent studies in African



Courses contingent upon Learner Registration.



www.lactnow0119.com • iact0119@gmail.com

“The vice of the soul is ignorance, and the virtue of a soul is knowledge,” Imhotep

The **Institute of African-Centered Thought** believes that prejudices are to be uprooted, false views are to be corrected, and truth must be unveiled and permitted to walk forth by creating specializations that enhance an academic environment in psychology based on African-Centered thought. IACT’s goal is to improve cultural understanding and communication through education, conferences, seminars, summits/debates, partnerships, and collaborations of like-minded organizations to strengthen the social fabric of communities and improve relationships that will empower and motivate an optimistic human condition.

African Centered Thought is based on cosmic and natural experiences of African primordial energy, traditional and cultural beliefs that result in balanced holistic approaches within the mental, physical, and spiritual aspects of conscious awareness.

IACT recognizes that accredited general psychology programs are based on Eurocentric thought and lacks diverse and cultural resources to provide public information, education, and advocacy for targeted ethnic groups based on African-Centered Thought. As a result, IACT is committed to provide debates, open inquiries, uniqueness, and inclusiveness in the fields of psychology, social work, and community programs to bridge the gap in services and education through its platforms.

After fifteen years of evaluations in these areas, evaluations further depicted that there is a lack of cultural comprehension and lack of knowledge relative to African-Centered Thought paradigms as it relates to mental health, addiction disorders, external/social environments and psychology among trained professionals and educators that result in misdiagnoses. On the other hand, client and student outcomes, retention and registration rates improved dramatically, when an African-Centered approach are utilized with the Black population.

After some examination and investigation, results depicted that the national academic system psychology curriculums, including HBCUs, accreditation and credentialing institutions including Licensing, approvals are based upon the Eurocentric academic value system that lacks cultural sensitivities and neglects cultural learning models based on values, hypotheses, and theories. IACT has considered and reviewed most of these psychology systems that were primarily proposed by a white male dominated field and therefore, aims to improve curriculums and enhance the field through its African-Centered Thought based specialization certificate programs.



IACT Registration Policy

IACT does not discriminate based on age, gender, race, creed, sexual orientation, disability, national or ethnic origin of its admission or educational policies.

APPLICATION

Early application is encouraged, admissions will be considered on a space-available basis. **Maximum Learner capacity is Ten (10).**

VIRTUAL EARLY REGISTRATION

December 11, 2022

- **Noon to 3 PM**

VIRTUAL REGULAR REGISTRATION

January 3, 2023

- **Noon to 3 PM**

Scholarship – Currently Closed will resume Spring 2023

1. Ancestral Healing Holistic Healer

All awards are based on financial need, essay and a 15-minute video interview and presentation. You may submit your proposal to be considered in Spring 2023

Contact IACT via website email at www.iactnow0119.com **for updates**

- **Financial Need**

1. A one-page, two paragraph financial statement that reflects a reason(s) for scholarship

- **Applicant Criteria – Two (2) page Essay**

1. Current or previous field of study in Social Sciences
2. Bachelor's Degree in fields of Education, Psychology, Social Work
3. Essay on African Centered Thought/Black Community needs
4. Aspirant Goals
5. How will any of IACT's programs support your endeavors?

- **Zoom Video Presentation**

1. Selected candidates will be contacted
2. Presentation question is "What Is Your Purpose?" In your words, "Define how African Centered Thought

PATH REGISTRATION

- A Registration form and **20% deposit is due at Registration**



- Registration on a first come first serve basis, **maximum is ten (10) Learners**
- Investment commitments are due at Registration
- Virtual Early Registration is on **December 11, 2022**, from **Noon to 3 pm**
- Regular Registration is **January 3, 2023, Noon to 3 pm**
- Investment payments are processed through Cash-AP and Zelle. No checks.

ATTENDANCE

All **PATHS** are ten-weeks except where stipulated. Learner Participants are expected to arrive on time for and to attend all online-computer sessions. If a Learner is unable to attend a session, faculty must be contacted in advance except in emergency cases. Specialization programs are offered on an annual basis, unlike traditional institutions, one course continues Cycle to Cycle until its full term is completed. Therefore, if a Learner Participant begins a Cycle and misses the consecutive quarter, the Learner will not move on until the previous Cycle is complete.

EVALUATIONS

Learner Participants are interviewed upon Cycle Completion and required to submit an online assessment of their experience to complete the program. Once the assessment is completed, a Certificate is granted at an in-person Certificate Presentation program where professional goals are recognized. **PATH** requirements include, but are not limited to, demonstrated understanding of reading assignments and theory, demonstrated competence in the performance of healing work, satisfactory completion of written work, satisfactory attendance and participation in course and other field experiences.

GRIEVANCES

Learners who wish to file a grievance regarding an academic or administrative decision may do so in writing to the president within ten days of the event or decision and can expect a meeting or response from the president within two weeks.

PATH Courses are certified as an **INDEPENDENT STUDY, LIFE EXPERIENCE CREDIT** and/or **CONTINUING EDUCATION** depending on your institution criteria and policies. IACT is an independent non-degree granting institution in the State of Washington. The Institute offers a Certificate of Completion.

TRANSCRIPTS

Transcripts are required during the first semester for the Root Psychology Program. An undergraduate or graduate degree in social work, psychology or education is required for this program.



FACILITIES

All **PATH Courses** are Virtual Learning.

LIBRARY

IACT's **Sojourner Truth Black Online Library** will be available in January 1, 2023. All Learners have free access Ancestral Healing TV Series.

AH Convention 2023

All actively enrolled **PATH Course Learners** will receive a 25% discount off Convention Package and free access to workshops/lectures only.

P-Positive A-Action will T-Transform H-Humanity PATH Certificate Programs 2023

| | |
|---------------------|-----------------------------|
| Winter Cycle | January 11 to February 19 |
| Spring Cycle | March 21 to May 14 |
| Fall Cycle | September 12 to November 11 |

Root Psychology (1) – *Social Science Degree required, preferably Psychology*

This **PATH** contrasts foundational and general psychological theories with Black psychology theories and healing modalities based on African-Centered thought and the Ancestral Healing Identity Theory. It provides a basis of cultural understanding to help strengthen opportunities and alliances for Black Psychologists, Ancestral Healing Practitioners and Mental Health clinicians who work with Black populations.

Curriculum Six-Month Program

| Course | Weeks |
|---------------------------|--------------|
| Black Psychology Theories | 5 |
| Root Transcendence | 5 |
| The Seasoning | 5 |
| Optimal Psychology | 5 |
| Pigment Power | 5 |

Root Psychology (2)

Root Psychology 1 is a prerequisite for this **PATH** and is a continuum of studies that examine the rudimentary cultural belief systems, patterns and traditions influences that



have impacted the beliefs and human behavior. It provides opportunities to examine the self and discuss emergent factors of discipline and understanding and considering how dormant behavior between automation and human interaction contribute to acculturation and assimilation.

Curriculum Twelve Month Certificate Program

| Course | Weeks |
|---------------------------------|-------|
| Root Psychology | 4 |
| Optimal Psychology | 5 |
| Melanin Series | 5 |
| The Family Unconscious | 5 |
| African Centered Healing Models | 5 |

Ancestral Healing Holistic Healer Twelve-Month Program

Family history helps current generations discover information about their biological lineages. More than genealogy, yet inclusive of genealogy, this **PATH** is an in-depth study of family history and recognition of patterns of negative and positive behavior and genetic influence resulting in physical and mental challenges with a primary focus of the inner self, identity and purpose.

| Course | Weeks |
|---------------------|-------|
| The Seasoning | 4 |
| Genealogy | 5 |
| Generational Trauma | 5 |
| Ancestral Healing | 5 |
| Genetics | 5 |

African Spirituality is a Nine-Month Program and consists of (3) Cycles

This **PATH** is created to dispel a myriad of myths that were derived about African spiritual beliefs, rituals, mystery systems and its influence as an intrinsic motivational source that strengthens life processes.

Social Work Six-Month Program



This program addresses addiction and mood disorders in general as a challenge to a healthy lifestyle. It helps to provide social workers, chemical dependency counselors and mental health counselors who work with this population how to identify the needs of their clients and refer them appropriately. *Completion Certificate granted.*

Healing Circle Facilitator Ten-Week Program

The **AH Healing Circle Workshop Facilitator** training is based on African-Centered Thought. IACT believes that Healing Circles are key in helping families and individuals cope and meet a variety of the mental and emotional challenges that impact mental wellness, especially as a key to a balanced lifestyle among Black families post-Covid-19. The purpose of the AH Circles is to provide safe spaces for participants to vent and share internal and external experiences that impede the progression of mental wellness in their environments. There is no degree requirement for this Training. Community *Certificate granted*

Community Liaison

This is a community program to provide and discuss with community leaders the importance to and how to engage with families and grass_roots organizations to effectively integrate established programs and provide resources. Available May 2023.

See our Research site:

www.illuminationorg.info and www.patreon.com/ancestralhealing



AHA!

ANCESTRAL HEALING ASSOCIATES

IDENTITY AND PURPOSE

PATH COURSE INVESTMENT

| Registration 2022 | Course Start Date | Course | 10-Week Cycles | Investment Per Cycle |
|----------------------|--------------------------------|--|----------------|----------------------|
| December 11 | January 9, 2023 Mondays | Root Psychology <i>Social Science Degree Required</i> | 4 Cycles | \$699 |
| December 11 | January 11, 2023 Wednesdays | Ancestral Healing Holistic Healer | 4 Cycles | \$600 |
| December 11 | January 12, 2023 Thursdays | African Spirituality | 2 Cycles | \$300 |
| October 1 - 3 | October 11 – December 10 | Ancestral Healing Circle Workshop Facilitator Training <i>Community Program</i> | 10 Weeks | \$175 |
| Not available | May 2023 | Community Liason | 6 Weeks | \$150 |