



AFRICA CENTERED ANCESTRAL HEALING

"SPIRIT WITHOUT FORM DOES NOT EXIST"

ACAH COURSE-PATH GUIDE 2024-25

"If you keep your soul clean, you'll wind up a much healthier person, and if you feel good about yourself you usually look it." Eartha Kitt



ACAH Path Course Facilitators 2024-25

Africa-Centered Ancestral Healing (ACAH) Mental Wellness/Education Programs



Joye W. Hardiman, Ph.D. author, cultural activist, and professor emeritus, has conducted independent studies in African antiquities, comparative religion, and ANCIENT science since 1971. Former Executive Director of Evergreen State College's Tacoma Campus from 1991-2008 where she instituted a value-based-inclusivity, hospitality, reciprocity, and civility infrastructure



DeReef Jamison, Ph.D., research attempts to demonstrate the connections between Africana intellectual history and social science that are often seen as disconnected. Dr. Jamison's research interests include Africana intellectual history diasporic connections of Africana psychology, and the psychology of race and racism. He specializes in the works of Frantz Fanon, the first Black Psychiatrist and author of *Black Skin/White Masks*.



Luisah Teish is an author of African and African-diaspora spiritual cultures. She also is an affluent ritualist, keynote speaker, and spiritual advisor on a global scale. Primarily known for her book, *Jambalaya*, she has contributed to 40 anthologies, most notably *Spiritual Guidance Across Religions Professionals Providing Counsel to People of Differing Faith*



T. Owens Moore, Ph.D., is trained as a Physiological Psychologist. For more than twenty years, he has served as a college professor, a biomedical researcher, and an African-centered scholar/activist. He is the Chairperson of the Department of Psychology at Clark Atlanta University. His specialty courses are both in the field of Neuroscience and African-Centered Psychology. He will be teaching "The Melanin Series."

www.iactnow0119.com • iact0119@gmail.com

"The vice of the soul is ignorance, and the virtue of a soul is knowledge," Imhotep

The **Institute of African-Centered Thought (IACT)** believes that prejudices are to be uprooted, false views are to be corrected, and truth must be unveiled and permitted to walk forth by creating specializations that enhance an academic environment in psychology based on African-centered thought. IACT's goal is to improve cultural understanding and communication through education, conferences, seminars, summits/debates, partnerships, and collaborations of like-minded organizations to strengthen the social fabric of communities and improve relationships that will empower and motivate an optimistic human condition.

After some examination and investigation, results depicted that the national academic system psychology curriculums, including HBCUs, accreditation and credentialing institutions including Licensing, approvals are based upon the Eurocentric academic value system that lacks cultural sensitivities and neglects cultural learning models based on values, hypotheses, and theories. IACT has considered and reviewed most of these psychology systems that were primarily proposed by a white male-dominated field and therefore, aims to improve curriculums and enhance the field through its African-centered thought-based specialization certificate programs.

Contact IACT via website email at www.iactnow0119.com

- **Root Psychology Criteria – Two (2) page essay**
 1. Current or previous field of study in Social Sciences
 2. Bachelor's Degree in fields of Education, Psychology, and Social Work
 3. Essay on African-Centered Thought
 4. Black Community needs
 5. Aspirant Goals
 6. How will any of IACT's programs support your endeavors?

- **Zoom Video Presentation required**

The presentation question is "What Is Your Purpose?" In your words, "Define how African-Centered Thought is related to your purpose."

PATH REGISTRATION

- A Registration form and **50% deposit is due at Registration**
- Registration on a first come first serve basis, **maximum is ten (15) Learners**

NOTE: Unfortunately, due to the course participant size refunds not available, however, in the case of unforeseeable circumstances, credit is offered and may be applied to future course selections at future registrations within two years.

ATTENDANCE

All **PATHS** are four to ten-week classes except where stipulated. Learner Participants are expected to arrive on time for and to attend all online virtual sessions. If a Learner

cannot attend a session, faculty must be contacted in advance except in emergency cases. Specialization programs are offered on an annual basis, unlike traditional institutions, one course continues Cycle to Cycle until its full term is completed. Therefore, if a Learner Participant begins a Cycle and misses the consecutive quarter, the Learner will not move on until the previous Cycle is complete.

EVALUATIONS

Learner Participants are interviewed upon Cycle Completion and must submit an online assessment of their experience to complete the program based on an understanding of reading assignments and theory, demonstrated competence in the performance of healing work, satisfactory completion of written work APA style, and course participation. Once the assessment is completed, Learner participants will be recognized and granted a **Course Specialized Certificate** at the IACT 2025 Conference.

Depending on your institution's criteria and policies, PATH Courses are certified as an Independent Study, Life Experience Credit, and Clock Hours are available. IACT is an independent enhancement specialized non-degree-granting institution in the State of Washington. The Institute offers a Certificate of Completion with IACT and Instructors' signatures.

TRANSCRIPTS

Transcripts are required during the first semester of the Root Psychology Program. Prerequisite: This program requires an undergraduate or graduate degree in social work, psychology, or education and will be offered Fall 2025.

FACILITIES

All **PATH Courses** are Hybrid Learning.

ACAH Conference 2025: March 14 to 16 at Evergreen College Tacoma

All actively enrolled PATH Course Learners will receive a 25% discount off the Conference Package and 10% to access local workshops/lectures.

P-Positive A-Action will T-Transform H-Humanity PATH Certificate Programs 2024-25

Winter Cycle	January to March
Spring Cycle	April to June
Fall Cycle	August to November

Root Psychology (1) September 27, 2025

This **PATH** contrasts foundational and general psychological theories with Black psychology theories and healing modalities based on African-centered thought and the Ancestral Healing Identity Theory. It provides a basis of cultural understanding to help

strengthen opportunities and alliances for Black Psychologists, Ancestral Healing Practitioners, and Mental Health clinicians who work with Black populations.

Curriculum Six-Month Program

Course	Weeks	Clock Hours
Black psychology theories	5	4
Root Transcendence	5	4
The Seasoning	5	4
Optimal Psychology	5	4
Pigment Power	5	4

Root Psychology (2)

Root Psychology 1 is a prerequisite for this **PATH** and is a continuum of studies that examine the rudimentary cultural belief systems, patterns, and traditions influences that have impacted the beliefs and human behavior. It provides opportunities to examine the self-discuss emergent factors of discipline and understanding and consider how dormant behavior between automation and human interaction contributes to acculturation and assimilation.

Curriculum Twelve Month Certificate Program

Course	Weeks	Clock Hours
Root Psychology	4	5
Optimal Psychology	5	3
Melanin Series	5	4
The Family Unconscious	5	4
African-Centered Healing Models	5	5

ACAH Practitioner Twelve-Month Program

Family history helps current generations discover information about their biological lineages. More than genealogy, yet inclusive of genealogy, this **PATH** is the study of family history and recognition of patterns of negative and positive behavior that have influenced and motivated healthy and unhealthy family lifestyles.

Course	Weeks	Clock Hours
The Cultural Custodian	4	3
Genealogy/Genetics	5	3
Generational Trauma	5	4
African Centered thought	5	4
Ancestral Codes	5	4

African Spirituality is a Nine-Month Program and consists of (3) Cycles

This **PATH** is created to dispel a myriad of myths that were derived about African spiritual beliefs, rituals, mystery systems, and its influence as an intrinsic motivational source that strengthens life processes. Independent Study and Clock Hours are available.

Course	Weeks
The Black Church	4
African Traditions	5
African Spiritual Beliefs	5
Religion	5
Myths	5

Social Work Six-Month Program (4) Cycles

This program addresses addiction and mood disorders in general as a challenge to a healthy lifestyle. It helps to provide social workers, chemical dependency counselors, and mental health counselors who work with this population how to identify the needs of their clients and refer them appropriately. ***Clock Hours and Completion Certificate granted.***

Healing Circle Facilitator Community Ten-Week Program

The **AH Healing Circle Facilitator** training is based on African-centered thought. IACT believes that Healing Circles are key in helping families and individuals cope and meet a variety of the mental and emotional challenges that impact mental wellness, especially as a key to a balanced lifestyle among Black families post-COVID-19. The purpose of the AH Circles is to provide safe spaces for participants to vent and share internal and external experiences that impede the progression of mental wellness in their environments. There is no degree requirement for this Training. Community *Certificate granted*

Community Liaison

This is a community program to provide and discuss with community leaders the importance of engaging with families and grassroots organizations to effectively integrate established programs and provide resources.

IACT Registration Policy

IACT does not discriminate based on age, gender, race, creed, sexual orientation, disability, or national or ethnic origin of its admission or educational policies.

APPLICATION

Early registration is encouraged to reserve space. Space is limited to 15 registrants. See schedule below.

ACAH PATH COURSE TUITION 2024

Register for all PATH Courses at Eventbrite beginning on Registration dates or contact IACT via www.iactnow0119.com or via email inquiry: iact0119@gmail.com. Courses not listed on the schedule below will be offered Fall 2025.

Registration	Course Start Date and Cycles	Course	Cycle	Investment
Instructor	3 Cycles	Joye W. Hardiman, Ph.D.		
July 15 – August 15	August 20	Cultural Custodian	Cycle 1	
Instructor	2 Cycles	Luisah Teish, Ph.D.		
July 15- August 9 Limited to 50 in-person only	September 13 Hybrid	Ancestral Codes	Cycle 1	\$395 per cycle
Instructor	4 Cycles	Orisade Awodola, Ph.D.		
January 3, 2025	February 7-28, 2025	ACAH Practitioner Introduction/Overview	Cycle 1	\$295 per cycle
Instructor	3 Cycles	DeReef Jamison, Ph.D.		
March 1, 2025	March 15 – April 15, 2025	What is African-centered Thought	Cycle 1	\$395 per cycle
Instructor	3 Cycles	Orisade Awodola and Angela M. Davis		
Spring 2025	TBD	ACAH Circle Facilitator	Cycle 1	\$195 per cycle