



AFRICA CENTERED ANCESTRAL HEALING

"SPIRIT WITHOUT FORM DOES NOT EXIST"

ACAH COURSE-PATH GUIDE 2024

*"If you keep your soul clean, you'll wind up a much healthier person,
and if you feel good about yourself you usually look it."*

Eartha Kitt



ACAH Path Course Facilitators 2024

Africa-Centered Ancestral Healing (ACAH) Mental Wellness Programs: These are rotating programs; some terms are longer depending on the curriculum requirements and course offerings.



Joye W. Hardiman, Ph.D. author, cultural activist, and professor emeritus, has conducted independent studies in African antiquities, comparative religion, and ANCIENT science since 1971. Former Executive Director of Evergreen State College's Tacoma Campus from 1991-2008 where she instituted a value-based-inclusivity, hospitality, reciprocity, and civility infrastructure.



DeReef Jamison, Ph.D., research attempts to demonstrate the connections between Africana intellectual history and social science that are often seen as disconnected. Dr. Jamison's research interests include Africana intellectual history diasporic connections of Africana psychology, and the psychology of race and racism. He specializes in the works of Frantz Fanon, the first Black Psychiatrist and author of *Black Skin/White Masks*.



Yeye Luisah Teish, is a teacher and author most notably of *Jambalaya and Carnival of Spirit*. She was a member of Katherine Dunham's dance group, where she learned and performed traditional African and Caribbean dances. Thereafter, she became a choreographer in St. Louis and led the dance troupe of the Black Artists Group (BAG). She will be teaching Ancestral Codes beginning



T. Owens Moore, Ph.D., is trained as a Physiological Psychologist. For more than twenty years, he has served as a college professor, a biomedical researcher, and an African-centered scholar/activist. He is the Chairperson of the Department of Psychology at Clark Atlanta University. His specialty courses are both in the field of Neuroscience and African-Centered Psychology. He will be teaching "The Melanin Series."

www.iactnow0119.com • iact0119@gmail.com

“The vice of the soul is ignorance, and the virtue of a soul is knowledge,” Imhotep

The **Institute of African-Centered Thought** believes that prejudices are to be uprooted, false views are to be corrected, and truth must be unveiled and permitted to walk forth by creating specializations that enhance an academic environment in psychology based on African-centered thought. IACT’s goal is to improve cultural understanding and communication through education, conferences, seminars, summits/debates, partnerships, and collaborations of like-minded organizations to strengthen the social fabric of communities and improve relationships that will empower and motivate an optimistic human condition.

After some examination and investigation, results depicted that the national academic system psychology curriculums, including HBCUs, accreditation and credentialing institutions including Licensing, approvals are based upon the Eurocentric academic value system that lacks cultural sensitivities and neglects cultural learning models based on values, hypotheses, and theories. IACT has considered and reviewed most of these psychology systems that were primarily proposed by a white male-dominated field and therefore, aims to improve curriculums and enhance the field through its African-centered thought-based specialization certificate programs.

IACT Registration Policy

IACT does not discriminate based on age, gender, race, creed, sexual orientation, disability, or national or ethnic origin of its admission or educational policies.

APPLICATION

Early application is encouraged, admissions will be considered on a space-available basis since there is a **10 Slot** maximum.

Register at Eventbrite Beginning May 10, 2024

VIRTUAL REGULAR REGISTRATION

May 19, 2024

- **Noon to 3 PM**

Contact IACT via website email at www.iactnow0119.com

- **Applicant Criteria – Two (2) page essay**
 1. Current or previous field of study in Social Sciences
 2. Bachelor’s Degree in fields of Education, Psychology, and Social Work
 3. Essay on African-Centered Thought
 4. Black Community needs
 5. Aspirant Goals
 6. How will any of IACT’s programs support your endeavors?

- **Zoom Video Presentation Scheduled When Register**

The presentation question is “What Is Your Purpose?” In your words, “Define how African-Centered Thought is related to your purpose.

PATH REGISTRATION

- A Registration form and **50% deposit is due at Registration**
- Registration on a first come first serve basis, **maximum is ten (10) Learners**

ATTENDANCE

All **PATHS** are four to ten-week classes except where stipulated. Learner Participants are expected to arrive on time for and to attend all online virtual sessions. If a Learner cannot attend a session, faculty must be contacted in advance except in emergency cases. Specialization programs are offered on an annual basis, unlike traditional institutions, one course continues Cycle to Cycle until its full term is completed. Therefore, if a Learner Participant begins a Cycle and misses the consecutive quarter, the Learner will not move on until the previous Cycle is complete.

EVALUATIONS

Learner Participants are interviewed upon Cycle Completion and must submit an online assessment of their experience to complete the program. Once the narrative evaluation is completed, a Certificate is granted at an in-person Certificate Presentation program where professional goals are recognized. **PATH** requirements include, but are not limited to, demonstrated understanding of reading assignments and theory, demonstrated competence in the performance of healing work, satisfactory completion of written work, satisfactory attendance and participation in the course, and other field experiences.

GRIEVANCES

Learners who wish to file a grievance regarding an academic or administrative decision may do so in writing to the president within ten days of the event or decision and can expect a meeting or response from the president within two weeks.

Depending on your institution's criteria and policies, PATH Courses are certified as an Independent Study, Life Experience Credit, and Clock Hours are available. IACT is an independent non-degree-granting institution in the State of Washington. The Institute offers a Certificate of Completion which the Facilitators of their program sign.

TRANSCRIPTS

Transcripts are required during the first semester of the Root Psychology Program. An undergraduate or graduate degree in social work, psychology, or education is required for this program.

FACILITIES

All **PATH Courses** are Virtual Learning.

ACAH Conference 2025

All actively enrolled PATH Course Learners will receive a 25% discount off the Convention Package and free access to workshops/lectures only.

P-Positive A-Action will T-Transform H-Humanity PATH Certificate Programs 2024

Winter Cycle January 30 to March 5
Summer Cycle June to July

Root Psychology (1) January 30, 2025

This **PATH** contrasts foundational and general psychological theories with Black psychology theories and healing modalities based on African-centered thought and the Ancestral Healing Identity Theory. It provides a basis of cultural understanding to help strengthen opportunities and alliances for Black Psychologists, Ancestral Healing Practitioners, and Mental Health clinicians who work with Black populations.

Curriculum Six-Month Program

Course	Weeks	Clock Hours
Black psychology theories	5	4
Root Transcendence	5	4
The Seasoning	5	4
Optimal Psychology	5	4
Pigment Power	5	4

Root Psychology (2)

Root Psychology 1 is a prerequisite for this **PATH** and is a continuum of studies that examine the rudimentary cultural belief systems, patterns, and traditions influences that have impacted the beliefs and human behavior. It provides opportunities to examine the self-discuss emergent factors of discipline and understanding and consider how dormant behavior between automation and human interaction contributes to acculturation and assimilation.

Curriculum Twelve Month Certificate Program

Course	Weeks	Clock Hours
Root Psychology	4	5
Optimal Psychology	5	3
Melanin Series	5	4
The Family Unconscious	5	4
African-Centered Healing Models	5	5

ACAH Practitioner Twelve-Month Program

Family history helps current generations discover information about their biological lineages. More than genealogy, yet inclusive of genealogy, this **PATH** is the study of family history and recognition of patterns of negative and positive behavior that have influenced and motivated healthy and unhealthy family lifestyles.

Course	Weeks	Clock Hours
The Cultural Custodian	4	3
Genealogy/Genetics	5	3
Generational Trauma	5	4
African Centered thought	5	4
Ancestral Codes	5	4

African Spirituality is a Nine-Month Program and consists of (3) Cycles

This **PATH** is created to dispel a myriad of myths that were derived about African spiritual beliefs, rituals, mystery systems, and its influence as an intrinsic motivational source that strengthens life processes. Independent Study and Clock Hours are available.

Course	Weeks
The Black Church	4
African Traditions	5
African Spiritual Beliefs	5
Religion	5
Myths	5

Social Work Six-Month Program

This program addresses addiction and mood disorders in general as a challenge to a healthy lifestyle. It helps to provide social workers, chemical dependency counselors, and mental health counselors who work with this population how to identify the needs of their clients and refer them appropriately. ***Clock Hours and Completion Certificate granted.***

Healing Circle Facilitator Community Ten-Week Program

The **AH Healing Circle Facilitator** training is based on African-centered thought. IACT believes that Healing Circles are key in helping families and individuals cope and meet a variety of the mental and emotional challenges that impact mental wellness, especially

as a key to a balanced lifestyle among Black families post-COVID-19. The purpose of the AH Circles is to provide safe spaces for participants to vent and share internal and external experiences that impede the progression of mental wellness in their environments. There is no degree requirement for this Training. Community *Certificate granted*

Community Liaison

This is a community program to provide and discuss with community leaders the importance of engaging with families and grassroots organizations to effectively integrate established programs and provide resources.

ACAH PATH COURSE TUITION 2024

Registration	Course Start Date	Course	Cycles	Investment
May 10 to May 19	June 8	ACAH Practitioner Introduction/Overview		\$695 per cycle
		What is African-centered Thought Dr. DeReef Jamison	1 Cycle	
August 13	August 13	Cultural Custodian Dr. Joye Hardiman	1 Cycle	
September 13	September 13	Ancestral Codes Luisah Teish	2 Cycles	
December 1	January 7, 2024	Ancestral Healing Facilitator Orisade Awodola	8 Weeks	\$395