



July 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chicken Divan Sweet Potatoes California Veggie Blend Tropical Fruit Salad Rye Bread Rice Pudding	2 BBQ Pulled Pork Macaroni & Cheese Succotash Creamy Coleslaw Sandwich Bun Apple Pie	3 Beef Hotdogs Potato Salad Yellow Corn w/Peppers Mixed Fruit Salad Hot Dog Buns Vanilla Ice Cream Cup	4 Closed For 4th of July 	5 Salami & American Cheese Italian Bread Potato Salad Fruit Cup Vanilla Pudding
6 Turkey & Swiss Cheese Kaiser Roll Cucumber Onion Salad Sliced Apples Brownie	7 Cheese Ravioli w/Sauce Meatballs w/Sauce Broccoli & Cauliflower Garden Salad w/Drsg Italian Bread Seedless Grapes	8 Pork Loin w/Gravy Cornbread Stuffing Red Cabbage w/Apples Caesar Salad w/Drsg Raisin Bread Cinnamon Coffee Cake	9 Glazed Chicken Thighs Wild Rice Mixed Vegetables Tossed Salad w/Drsg Dinner Roll Oreo Sandwich Cookies	10 Baked Cod Filet Au Gratin Potatoes Stewed Tomatoes Creamy Coleslaw Wheat Bread Apricot Halves	11 Chili Con Carne White Rice Green & Yellow Squash Garden Salad w/Drsg Corn Muffin Jello Cup	12 Tuna Salad Wheat Bread Macaroni Salad Diced Pears Fig Bar
13 Turkey, Ham & Provolone Cheese Hoagie Roll Carrot Raisin Salad Mandarin Orange Cup Oatmeal Raisin Cookie	14 Turkey Sausage Pierogies w/Sauerkraut Carrot Coins & Peas Beet Onion Salad Wheat Dinner Roll Apple	15 Orange Glazed Chicken Red Beans & Rice Zucchini Garden Salad w/Drsg Dinner Roll Banana	16 Baked Ham w/Glaze Sweet Potatoes Green Bean Casserole Swiss Salad w/Drsg Dinner Roll Chocolate Cake w/Icing	17 Vegetable Frittata Hash Brown Potatoes Tomato & Okra Mixed Fruit Salad Oat Bran Muffin Frozen Yogurt	18 Pot Roast with Gravy Garlic Mashed Potatoes Peas & Carrots Cucumber Onion Salad Wheat Bread Sponge Cake	19 Liverwurst with Onion Rye Bread Cottage Cheese Pineapple Chunks Shortbread Cookie
20 Breaded Chicken Filet Sandwich Bun Macaroni Salad Fruit Salad Chocolate Chip Cookies	21 Roasted Turkey w/Gravy Mashed Sweet Potatoes Brussel Sprouts & Carrots Applesauce Dinner Roll Plum	22 Italian Sausage w/Sauce Baked Ziti with Sauce Italian Green Beans Antipasto Salad w/Drsg Italian Bread Seedless Grapes	23 Pepper Steak Brown Rice Oriental Veggie Blend Pineapple Chunks Dinner Roll Jelly Donut	24 Chicken Paprikash Egg Noodles Mixed Vegetables Tropical Fruit Salad Dinner Roll Tapioca Pudding	25 Ham & Leek Quiche O'Brien Potatoes Creamed Spinach Fruit Salad Croissant Jello Cup	26 Turkey & Provolone Cheese Kaiser Roll Pasta Veggie Salad Diced Peach Cup Pound Cake
27 Seafood Salad Wheat Bread 3 Bean Salad Diced Peaches Donut	28 Salisbury Steak w/Gravy Mashed Potatoes Glazed Carrots Spinach Salad w/Drsg Dinner Roll Melon Chunks	29 Lemon Chicken Roasted Red Potatoes Capri Veggie Blend Beet Onion Salad Rye Bread Pear	30 Fish Filet in Garlic Butter Sauce Parmesan Risotto Baby Peas Creamy Coleslaw Pumpernickel Bread Banana Pudding	31 Turkey Meatloaf with Gravy Mashed Potatoes Green Beans Beet Onion Salad Dinner Roll Apple Crisp w/Oatmeal Topping		

Alternate Menu
Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 to order.

**Please place an ICE PACK in
the COOLER.**
**Ice keeps the cold portion of
your food cold.**
Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.