April 2021

Volunteer Appreciation Month!

Suggested donation is $5.25 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				1 Blended Juice Baked Ham w/Glaze Mashed Sweet Potato Green Bean Casserole Beet Onion Salad Spitz Roll Pound Cake	2 **CLOSED** 	3 Apple Juice Egg Salad Wheat Bread Cucumber Onion Salad Mandarin Orange Chocolate Chip Cookie Milk
4 Orange Pineapple Juice Turkey & Provolone Rye Bread 4 Bean Salad Diced Pears Granola Bar Milk	5 Cranapple Juice Beef Stroganoff Buttered Bowties Glazed Baby Carrots Chickpea Onion Salad Rye Bread Seedless Grapes	6 Grape Juice Eggplant Parmesan Rigatoni w/Sauce Italian Veggie Blend Caesar Salad w/Drsg Garlic Bread Tiramisu	7 Blended Juice Polynesian Chicken Rice Pilaf Oriental Veggie Blend Pineapple Chunks Hawaiian Roll Tapioca Pudding	8 Orange Pineapple Juice Crab Cakes Macaroni & Cheese Okra & Stewed Tomato Minced Coleslaw Wheat Bread Banana	9 Apple Juice Pot Roast w/Gravy Baked Potato Capri Veggie Blend Swiss Salad w/Drsg Raisin Bread Coffee Cake	10 Blended Juice Chicken Salad Croissant Broccoli Slaw Apple Slices Chocolate Pudding Milk
11 Grape Juice Liverwurst w/Onion Rye Bread Cottage Cheese Pineapple Chunks Jello Cup Milk	12 Apple Juice Roast Turkey w/Gravy Sweet Potato Bake Harvard Beets Tropical Fruit Salad Bridge Roll Vanilla Ice Cream Cup	13 Blended Juice Salisbury Steak w/Gravy Scalloped Potatoes Succotash Mixed Green Salad Buttermilk Biscuit Apricots	14 Orange Pineapple Juice Sausage Frittata Hash Brown Potatoes Creamed Spinach Citrus Fruit Salad Raisin Bread Fruited Muffin	15 Cranapple Juice Stuffed Green Pepper Pasta Spirals Scandinavian Veggies Cucumber Onion Salad Wheat Bread Fresh Apple	16 Grape Juice Vegetable Lasagna Meatballs in Sauce Italian Green Beans Antipasto Salad Italian Bread Fruited Yogurt	17 Apple Juice Tuna Salad Wheat Bread Potato Salad Clementine Vanilla Pudding Milk
18 Cranapple Juice Salami & Provolone Italian Hoagie Baby Carrots Pear Fruit Cup Oreo Cookies Milk	19 Apple Juice Pepper Steak Brown Rice California Veggie Blend Beet Onion Salad Rye Bread Apple Fruit Pie	20 Orange Pineapple Juice Shredded BBQ Pork Hot Potato Salad Succotash Mixed Green Salad Sandwich Roll Mandarin Orange	21 Cranapple Juice Chicken Cordon Bleu Fettucine Alfredo Brussel Sprouts Applesauce Raisin Bread Sliced Peaches	22 Blended Juice Stuffed Cabbage Mashed Potatoes Mixed Vegetables Spinach Salad w/Drsg Wheat Dinner Roll Apple Crisp	23 Grape Juice Pork Loin w/Gravy Cornbread Stuffing Red Cabbage w/Apples Deluxe Fruit Salad Wheat Bread Oatmeal Cookie	24 Orange Pineapple Juice Seafood Salad Kaiser Roll Lettuce/Tomato Orange Fig Bar Milk
25 Blended Juice Ham & Provolone Rye Bread Macaroni Salad Apple Slices Jello Cup Milk	26 Apple Juice Turkey Chili Saffron Rice Green & Yellow Squash Mixed Green Salad Cornbread Chocolate Chip Cookie	27 Grape Juice Italian Sausage Baked Ziti w/Sauce Italian Veggie Blend Caesar Salad w/Drsg Italian Bread Chocolate Ice Cream	28 Cranapple Juice Meatloaf w/Gravy Mashed Potatoes Sugar Snap Peas Cucumber Onion Salad Buttermilk Biscuit Fruited Yogurt	29 Orange Pineapple Juice Stuffed Flounder Cheesy Grits Ratatouille Creamy Coleslaw Rye Breaad Shortbread Cookie	30 Blended Juice Chicken Marsala Penne Pasta Broccoli & Cauliflower Beet Onion Salad Spitz Roll Vanilla Cake	**<u>Alternate Menu</u>** **Meatloaf substitution is offered Monday through Friday.** **Please call the office to order 908-284-0735**