



August 2025



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					Beef Stew w/Gravy Diced Potatoes Peas, Carrots & Onions Chickpea Salad Buttermilk Biscuit Chocolate Pudding ¹	Liverwurst with Onion Rye Bread Cottage Cheese Pineapple Chunks Oatmeal Raisin Cookie ²
Chicken Salad Wheat Bread Macaroni Salad Mandarin Orange Cup Soft Granola Bar ³	Orange Glazed Chicken ⁴ Red Beans & Rice Zucchini & Squash Swiss Salad w/Drsg Whole Wheat Bread Melon Chunks	Meatballs w/Sauce ⁵ Baked Ziti with Sauce Italian Green Beans Antipasto Salad w/Drsg Italian Bread Fruit Danish	Boneless Pork Chop ⁶ Lyonnaise Potatoes Green & Yellow Squash Tomato Onion Salad Raisin Bread Mini Eclair	Crab Cakes ⁷ Macaroni & Cheese Sugar Snap Peas Tossed Salad w/Dressing Wheat Dinner Roll Banana	BBQ Pulled Chicken ⁸ Scalloped Potatoes Okra & Stewed Tomatoes Fruit Salad Hamburger Bun Chocolate Chip Cookie	Turkey & Swiss Cheese ⁹ Kaiser Roll 3 Bean Salad Sliced Apples Brownie
Egg Salad ¹⁰ Rye Bread Cucumber Onion Salad Diced Peaches Blueberry Muffin	Beef Bourguignon ¹¹ Roasted Potatoes Baby Lima Beans Applesauce Raisin Bread Peaches	Vegetable Lasagna ¹² Meatballs in Sauce Italian Green Beans Antipasto Salad w/Drsg Italian Bread Fruited Yogurt	Cranberry Dijon Chicken ¹³ Parmesan Risotto Cauliflower & Broccoli Mixed Fruit Salad Pumpernickel Bread Rice Pudding	Eggplant Parmesan ¹⁴ Penne with Sauce Italian Veggie Blend Caesar Salad w/Drsg Garlic Knot Pears	Meatloaf with Gravy ¹⁵ Mashed Potatoes Capri Veggie Blend Beet Onion Salad Dinner Roll Apple Pocket	Breaded Chicken Filet ¹⁶ Sandwich Bun Macaroni Salad Diced Pears Jello Cup
Seafood Salad ¹⁷ Wheat Bread 3 Bean Salad Diced Peaches Powdered Donut	Chicken Marsala ¹⁸ Mashed Potatoes Baby Peas Mixed Fruit Salad Pumpernickel Bread Sugar Cookies	Stuffed Green Pepper ¹⁹ Rice Pilaf Mixed Vegetables Tossed Salad w/Dressing Rye Bread Seedless Grapes	Breaded Whitefish ²⁰ Filet Twice Baked Potato Stewed Tomatoes Creamy Coleslaw Raisin Bread Ice Cream Cup	Baked Ham w/Glaze ²¹ Mashed Sweet Potatoes Green Bean Casserole Garden Salad w/Drsg Dinner Roll Chocolate Cake	Cheese Manicotti ²² w/Sauce Sliced Italian Sausage Italian Flat Beans Caesar Salad w/Dressing Italian Bread Shortbread Cookie	Salami & American ²³ Cheese Wheat Bread Potato Salad Mixed Fruit Cup Vanilla Pudding
Turkey, Ham & Provolone Cheese ²⁴ Hoagie Roll Carrot Raisin Salad Mandarin Orange Cup Oatmeal Cookie	Roasted Turkey ²⁵ Sweet Potato Chunks Brussel Sprouts & Carrots Applesauce Raisin Bread Carrot Pound Cake	Fish Filet in Garlic ²⁶ Butter Sauce Wild Rice Pilaf Corn w/Red Peppers Creamy Coleslaw Dinner Roll Banana Pudding	Pot Roast with Gravy ²⁷ Potato Pancakes California Veggie Blend Cucumber Onion Salad Dinner Roll Melon Chunks	Turkey Meatloaf ²⁸ with Gravy Garlic Mashed Potatoes Ratatouille Mixed Fruit Salad Rye Bread Chocolate Ice Cream	Chicken Francese ²⁹ Tortellini Baby Peas Swiss Salad w/Dressing Italian Bread Lemon Pocket	Tuna Salad ³⁰ Wheat Bread Veggie Pasta Salad Diced Pears Fig Bar
Bologna & American ³¹ Cheese Rye Bread 4 Bean Salad Fresh Orange Vanilla Pudding						

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 by 12:00 pm
the day before to order.

**Please place an ICE PACK in
the COOLER.
Ice keeps the cold portion of
your food cold.
Milk and juice served daily.**

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.