

August 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<u>Alternate Menu</u> Meatloaf substitution is offered Monday through Friday. Please call 908-284-0735 by 12:00 pm the day before to order.						1 Seafood Salad Croissant Carrot Raisin Salad Diced Pears Sandwich Cookies
2 Turkey & Swiss Rye Bread Cucumber Onion Salad Apple Slices Granola Bar	3 Salisbury Steak w/Gravy Macaroni & Cheese Roasted Veggie Blend Deluxe Fruit Salad Bridge Roll Rice Pudding	4 Chicken Cacciatore Creamy Polenta California Veggie Blend Caesar Salad w/drsg Italian Bread Apricot Halves	5 Crab Cakes Parmesan Risotto Roasted Zucchini & Squash Chick Pea Onion Salad Rye Bread Vanilla Pudding	6 Beef Stroganoff Egg Noodles Roasted Brussel Sprouts & Carrots Beet & Onion Salad Wheat Dinner Roll Ice Cream Cup	7 Eggplant Parmesan Penne Pasta w/sauce Italian Veggie Blend Antipasto Salad w/drsg Garlic Knot Vanilla Cake	8 Roast Beef & Cheddar Wheat Bread Potato Salad Peach Fruit Cup Granola Bar
9 Liverwurst Rye Bread Sliced Onions Cottage Cheese Mandarin Orange Cup Fruited Danish	10 Vegetarian Chili Yellow Rice Parslied Cauliflower Tossed Salad w/Drsg Cornbread Rice Pudding	11 Polynesian Chicken Saffron Rice Roasted Veggie Blend Tropical Fruit Salad Hawaiian Dinner Roll Coconut Cake	12 Pulled Pork Macaroni & Cheese Roasted Corn Creamy Coleslaw Sandwich Roll Apple Pocket	13 Chicken Alfredo Penne w/sauce Glazed Carrots Spinach Salad w/drsg Italian Bread Sugar Cookies	14 Beef Meatballs Spaghetti w/sauce Italian Green Beans Antipasto Salad w/drsg Italian Bread Seedless Grapes	15 Chicken Salad Wheat Bread 3 Bean Salad Mixed Fruit Cup Glazed Donut
16 Cold Meatloaf Kaiser Roll Creamy Coleslaw Applesauce Lemon Pound Cake	17 Pot Roast w/Grvy Oven Roasted Potatoes Succotash Cucumber/Onion Salad Wheat Roll Rice Pudding Clementine	18 Beef Bourguignon w/ gravy Brown/Wild Rice Blend Peas w/pimento Garden Salad w Drsg Raisin Bread Fresh Pear	19 Baked Ham w/Glaze Scalloped Potatoes Broccoli Florets Creamy Coleslaw Wheat Roll Ice Cream Cup	20 Sesame Chicken Basmati Rice Roasted Veggie Blend Cabbage Salad w/drsg Bridge Roll Seedless Grapes	21 Boneless Pork Chop Lyonnaise Potatoes Green & Yellow Squash Tomato/Onion Salad Raisin Bread Mini Eclair	22 Ham & Provolone Rye Bread Pasta Salad Mixed Fruit Cup Graham Crackers
23 Tuna Salad Croissant Red Skin Potato Salad Diced Peach Cup Oreo Cookie	24 Beef Stew Baby Potatoes Peas/Onions/Carrots Chick Pea Onion Salad Buttermilk Biscuit Apple Crumble	25 Roasted Pork Loin w/grvy Cornbread Stuffing Brussels Sprouts Swiss Salad w/drsg Raisin Bread Rice Pudding	26 Chicken Francese Whipped Potatoes Capri Veggie Blend Deluxe Fruit Salad Spitz Dinner Roll Tapioca Pudding	27 Stuffed Cabbage Rice Pilaf Mixed Veggies Mixed Lettuce Salad w/drsg Rye Bread Lemon Pocket	28 Haddock Florentine Cheesy Grits Baby Peas Citrus Fruit Salad Pumpernickel Bread Iced Brownie	29 Egg Salad Wheat Bread Pasta Veggie Salad Diced Pear Cup Granola Bar
30 Pastrami & Swiss Rye Bread Creamy Coleslaw Sliced Apples Lemon Pocket	31 Roast Turkey w/grvy Sweet Potato Casserole Green Beans Lettuce Salad w/drsg Knotted Dinner Roll Rice Pudding	Please place an ICE PACK in the COOLER. Ice keeps the cold portion of your food cold. Milk and juice served daily. Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.				