

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	BBQ Pulled Pork Macaroni & Cheese Ratatouille Creamy Coleslaw Rye Bread Clementine	Chicken Piccata Creamy Risotto Green & Yellow Squash Deluxe Fruit Salad Pumpernickel Bread Rice Pudding	Beef Stew Baby Potatoes Peas & Onions & Carrots Beet Onion Salad Buttermilk Biscuit Holiday Sugar Cookie	Pork Loin w/Gravy Herbed Bread Stuffing Mixed Veggies Deluxe Fruit Salad Raisin Bread Oatmeal Cookie	Veggie Frittata Oven Browned Potatoes Sauteed Spinach Citrus Fruit Salad Croissant Butterscotch Pudding	Chicken Salad Kaiser Roll 3 Bean Salad Diced Pear Cup Vanilla Wafers	6
Turkey & Swiss Cheese Rye Bread Creamy Coleslaw Fresh Clementine Vanilla Cake	Turkey Sausage Pierogies w/Sauerkraut California Veggie Blend Creamy Coleslaw Rye Bread Rice Pudding	Pot Roast w/ Gravy Mashed Potatoes Roasted Brussels Sprouts & Carrots Cucumber Onion Salad Spitz Roll Fresh Plum	Sweet & Sour Chicken Brown Rice Oriental Veggie Blend Pineapple Chunks Raisin Bread Tapioca Pudding	Fish Filet w/Garlic Butter Rice Pilaf Okra & Tomatoes Creamy Coleslaw Bridge Roll Apple Strudel	Eggplant Rollatini Baked Ziti w/ Sauce Italian Veggie Blend Caesar Salad w/Drsg Italian Bread Eclair	Cold Meatloaf Rye Bread Creamy Coleslaw Fruit Cup Granola Bar	13
Egg Salad Wheat Bread Potato Salad Apple Slices Shortbread Cookies	Honey Dijon 15 Boneless Pork Macaroni & Cheese Red Cabbage w/Apples Chickpea Onion Salad Rye Bread Pound Cake	Meatballs w/Sauce Cheese Lasagna Italian Veggie Blend Antipasto Salad w/Drsg Italian Bread Rice Pudding	Lemon Chicken Smashed Red Potatoes Capri Veggie Blend Cucumber Onion Salad	Stuffed Cabbage Roll 18 Saffron Rice Veggie Blend Garden Salad w/Drsg Wheat Bread Apple Crisp w/Oatmeal topping	Salisbury Steak w/Gravy Lyonnaise Potatoes Succotash Spinach Salad w/Drsg Raisin Bread Apple	Liverwurst Rye Bread Sliced Onions Cottage Cheese Diced Pears Jelly Donut	20
Pastrami & Provolone Rye Bread 3 Bean Salad Mango Applesauce Vanilla Pudding	Beef Bourguignon Roasted Potatoes Peas w/Pimento Garden Salad w/Drsg Raisin Bread Oatmeal Cookie	Tortellini Alfredo French Green Beans Deluxe Fruit Salad Wheat Dinner Roll Rice Pudding	Roast Turkey w/Gravy Mashed Sweet Potato California Veggie Blend Deluxe Fruit Salad Wheat Bread Holiday Sugar Cookie	Closed 25 For Christmas	Closed 26 For Christmas	Bologna & American Wheat Bread Coleslaw Apple Slices Chocolate Pudding	27
Seafood Salad Croissant Cucumber Onion Salad Diced Peach Cup Chocolate Chip Cookies	Citrus Fruit Salad	Chicken Marsala Wide Egg Noodles Petite Peas Beet & Onion Salad Hoagie Roll Rice Pudding	Meatloaf w/Gravy Whipped Potatoes Mixed Veggies Swiss Salad w/Drsg Wheat Dinner Roll Iced Chocolate Cake				

<u>Alternate Menu</u>

Meatloaf substitution is offered Monday through Friday. Please call 908-284-0735 by 12:00 pm the day before to order. Please place an ICE PACK in the COOLER. Ice keeps the cold portion of your food cold.

Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to change without notice. Milk and margarine/butter are included with each meal. No additional salt is added to any recipe. Diabetic desserts are available. Meals provide 1/3 recommended Dietary Reference Intakes (DRIs) for older adults. This program is partially funded by Title III of the Older Americans Act.