



February 2026



| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|---|---|--|---|---|--|--|
| 1 Roast Beef & Cheddar Wheat Bread Potato Salad Peach Fruit Cup Soft Granola Bar | 2 Sesame Chicken Macaroni & Cheese Oriental Veggie Blend Pineapple Chunks Dinner Roll Rice Pudding | 3 Haddock Florentine Cheesy Grits Creamy Coleslaw Spinach Salad w/Drsg Wheat Roll Chocolate Pudding | 4 Salisbury Steak w/Gravy Whipped Sweet Potatoes Parslied Cauliflower Tri-Color Lettuce Salad Rye Bread Baked Apple Slices | 5 Stuffed Green Pepper Roasted Potatoes Scandinavian Veggies Chickpea Onion Salad Wheat Dinner Roll Ice Cream Cup | 6 Italian Sausage w/Sauce Cheese Lasagna Green Beans Antipasto Salad w/Drsg Italian Bread Clementine | 7 Turkey & Provolone Wheat Bread Creamy Coleslaw Applesauce Iced Cupcake |
| 8 Seafood Salad Croissant 3 Bean Salad Diced Pear Cup Iced Brownie | 9 Pot Roast w/Gravy Roasted Red Potatoes Capri Veggie Blend Spinach Salad w/Drsg Spitz Roll Seedless Grapes | 10 Chili con Carne w/Beans Brown Rice Peas & Carrots Spinach Salad w/Drsg Cornbread Muffin Lemon Pound Cake | 11 Citrus Glazed Ham Sweet Potatoes Baby Peas Cucumber Onion Salad Raisin Bread Banana | 12 BBQ Pulled Chicken Red Beans and Rice Broccoli Florets Mixed Lettuce Salad Sandwich Roll Apricots | 13 Beef Stew Egg Noodles Green & Yellow Squash Chickpea Onion Salad Pumpernickel Bread Valentine's Day Cupcake | 14 Ham & Cheddar Italian Bread Macaroni Salad Fruit Cup Soft Granola Bar |
| 15 Egg Salad Wheat Bread Pasta Veggie Salad Sliced Apples Vanilla Pudding | 16 Closed for President's Day | 17 Oven Roast Turkey w/Gravy Cornbread Stuffing Green Bean Casserole Deluxe Fruit Salad Buttermilk Biscuit Rice Pudding | 18 Meatballs w/Sauce Stuffed Shells Italian Veggie Blend Caesar Salad w/Drsg Garlic Knot Plum | 19 Crab Cakes Brown/Wild Rice Blend Butternut Squash Citrus Fruit Salad Sandwich Roll Chocolate Chip Cookies | 20 Lemon Chicken Fettucine Alfredo Succotash Tri-Color Lettuce Salad Wheat Bread Fruited Danish | 21 Cold Meatloaf Rye Bread Macaroni Salad Diced Pear Cup Chocolate Pound Cake |
| 22 Tuna Salad Pumpernickel Bread Cucumber Onion Salad Mixed Fruit Cup Cream Filled Donut | 23 Turkey Meatloaf w/Gravy Macaroni & Cheese Mixed Veggies Beet Onion Salad Wheat Bread Ice Cream Cup | 24 Beef Stroganoff Egg Noodles w/Sauce Stewed Tomatoes Spinach Salad w/Drsg Pumpernickel Bread Rice Pudding | 25 Polynesian Chicken Saffron Rice Broccoli & Cauliflower Lettuce Salad w/Drsg Rye Bread Mandarin Oranges | 26 Stuffed Cabbage Roll Pasta w/oil and seasoning Brussels Sprouts/Carrots Cucumber Onion Salad Wheat Roll Jello Cup | 27 Pork Loin w/Gravy Roasted Potatoes Red Cabbage w/Apples Swiss Salad w/Drsg Raisin Bread Granola Bar | 28 Turkey & Swiss Wheat Bread Potato Salad Sliced Apples Fruited Danish |
| 1 Liverwurst Rye Bread Sliced Onions Cottage Cheese Diced Peach Cup Oreo Cookies | | | | | | |

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 by 12 PM the
day before to order.

**Please place an ICE PACK in
the COOLER.
Ice keeps the cold portion of
your food cold.
Milk and juice served daily.**

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.