



February 2026



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 Roast Beef & Cheddar Wheat Bread Potato Salad Peach Fruit Cup Soft Granola Bar	2 Sesame Chicken Macaroni & Cheese Oriental Veggie Blend Pineapple Chunks Dinner Roll Rice Pudding	3 Haddock Florentine Cheesy Grits Creamy Coleslaw Spinach Salad w/Drsg Wheat Roll Chocolate Pudding	4 Salisbury Steak w/Gravy Whipped Sweet Potatoes Parslied Cauliflower Tri-Color Lettuce Salad Rye Bread Baked Apple Slices	5 Stuffed Green Pepper Roasted Potatoes Scandinavian Veggies Chickpea Onion Salad Wheat Dinner Roll Ice Cream Cup	6 Italian Sausage w/Sauce Cheese Lasagna Green Beans Antipasto Salad w/Drsg Italian Bread Clementine	7 Turkey & Provolone Wheat Bread Creamy Coleslaw Applesauce Iced Cupcake
8 Seafood Salad Croissant 3 Bean Salad Diced Pear Cup Iced Brownie	9 Pot Roast w/Gravy Roasted Red Potatoes Capri Veggie Blend Spinach Salad w/Drsg Spitz Roll Seedless Grapes	10 Chili con Carne w/Beans Brown Rice Peas & Carrots Spinach Salad w/Drsg Cornbread Muffin Lemon Pound Cake	11 Citrus Glazed Ham Sweet Potatoes Baby Peas Cucumber Onion Salad Raisin Bread Banana	12 BBQ Pulled Chicken Red Beans and Rice Broccoli Florets Mixed Lettuce Salad Sandwich Roll Apricots	13 Beef Stew Egg Noodles Green & Yellow Squash Chickpea Onion Salad Pumpernickel Bread Valentine's Day Cupcake	14 Ham & Cheddar Italian Bread Macaroni Salad Fruit Cup Soft Granola Bar
15 Egg Salad Wheat Bread Pasta Veggie Salad Sliced Apples Vanilla Pudding	16 Closed for President's Day 	17 Oven Roast Turkey w/Gravy Cornbread Stuffing Green Bean Casserole Deluxe Fruit Salad Buttermilk Biscuit Rice Pudding	18 Meatballs w/Sauce Stuffed Shells Italian Veggie Blend Caesar Salad w/Drsg Garlic Knot Plum	19 Crab Cakes Brown/Wild Rice Blend Butternut Squash Citrus Fruit Salad Sandwich Roll Chocolate Chip Cookies	20 Lemon Chicken Fettucine Alfredo Succotash Tri-Color Lettuce Salad Wheat Bread Fruited Danish	21 Cold Meatloaf Rye Bread Macaroni Salad Diced Pear Cup Chocolate Pound Cake
22 Tuna Salad Pumpernickel Bread Cucumber Onion Salad Mixed Fruit Cup Cream Filled Donut	23 Turkey Meatloaf w/Gravy Macaroni & Cheese Mixed Veggies Beet Onion Salad Wheat Bread Ice Cream Cup	24 Beef Stroganoff Egg Noodles w/Sauce Stewed Tomatoes Spinach Salad w/Drsg Pumpernickel Bread Rice Pudding	25 Polynesian Chicken Saffron Rice Broccoli & Cauliflower Lettuce Salad w/Drsg Rye Bread Mandarin Oranges	26 Stuffed Cabbage Roll Pasta w/oil and seasoning Brussels Sprouts/Carrots Cucumber Onion Salad Wheat Roll Jello Cup	27 Pork Loin w/Gravy Roasted Potatoes Red Cabbage w/Apples Swiss Salad w/Drsg Raisin Bread Granola Bar	28 Turkey & Swiss Wheat Bread Potato Salad Sliced Apples Fruited Danish
1 Liverwurst Rye Bread Sliced Onions Cottage Cheese Diced Peach Cup Oreo Cookies						

Alternate Menu

Meatloaf substitution is offered
Monday through Friday.
Please call 908-284-0735 by 12 PM the
day before to order.

**Please place an ICE PACK in
the COOLER.
Ice keeps the cold portion of
your food cold.**

Milk and juice served daily.

Suggested donation is \$5.50 a meal. All menus are subject to
change without notice. Milk and margarine/butter are included
with each meal. No additional salt is added to any recipe.
Diabetic desserts are available. Meals provide 1/3 recommended
Dietary Reference Intakes (DRIs) for older adults. This program
is partially funded by Title III of the Older Americans Act.